

Breakout Room Activity

Round Robin Teaching:

- 8 freezing pointers
- Lead MFP assigns each student a number based on first name order
 - More than 8 students? Restart at #1 with 9th student and continue
 - Less than 8 students? Keep rotating through the questions
- One-by-one, students give a brief explanation of the pointer that can help someone produce higher quality frozen food
 - Explain the *why*

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Freezing Pointers

1. Temp at 0°F or lower
2. Freeze cool foods only
3. Freeze few packages at a time
4. Find coldest spots
5. Space for air circulation
6. Tightly pack already frozen foods
7. Frozen foods inventory
8. Check thermometer

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