

County Record Book County Evaluation – Check List for Competition

A **4-H Record Book** is a standard record of your activities in 4-H - your projects, activities, events, skills development, and learning experiences. The 4-H Record Book helps you improve your skills in record keeping, goal management and reflection on your achievements and growth in 4-H. You can submit your record book for evaluation at the county and state (Senior members only) levels. [CA 4-H Resource Center - Record Books \(google.com\)](https://ca4h.org/resource-center/record-books)

County Competition: Members may submit their 4-H record book for county competition. Books are evaluated on the member's work, leadership and citizenship development, and personal growth. County level evaluation is based on the Danish system. Evaluators provide a critique and suggestions for future growth and involvement.

- **Members must preregister for the county level Record Book competition.**
- **Record Books must be submitted with the County Record Book Evaluation Check List.**
- **Record Books must be received by the deadline.**

Why you should enter:

- Receive feedback and encouragement on your 4-H experiences.
- Recognition for your outstanding work and participating in the 4-H program.

Member:	Club:
Age (as of December 31, 2024):	Years in 4-H as a non-primary member:
Current Star Rank:	<input type="checkbox"/> Printed Book <input type="checkbox"/> Electronically submitted to ecparadis@ucanr.edu

Historical Record Book with Star Ranks – Only for 4-H members who have previously earned at least a Silver Star prior to the 2024-2025 Program year. This form must accompany your record book for County evaluation. Please follow the current Record Book Manual for the Star Ranks Path. Books can be submitted electronically or printed.

Record Book Order of Assembly	Completed
Formatting for printed books pg. 6-7 , 4-H record book folder (Acco fastener) or 3-ring binder (1" or less).	
Section 1: Preliminary Information pg. 8-9 <ul style="list-style-type: none"> • Title Page (Limited to one page) • Table of Contents (Include section titles and page numbers) 	
Section 2: Personal Development Report (PDR) pg. 10-17 <ul style="list-style-type: none"> • Previously earned at least a Silver Star. If not, you must complete the Record Book for Achievement Program. • Complete Categories 1-8. Events and activities are listed only once and in the appropriate categories. Participating in a variety of 4-H events, leadership roles/opportunities, community service, and community service activities. 	

<p>Section 3: 4-H Story pg. 18</p> <ul style="list-style-type: none"> • Follow the minimum word count and formatting guidelines. • Reflect on your 4-H experiences that focuses on the current 4-H year. Learning experiences, leadership experiences and working with other members, citizenship/community service, overall growth and share parks inside and outside of 4-H. 	
<p>Section 4: Annual Project Reports (APR) pg. 19-20</p> <ul style="list-style-type: none"> • Complete an APR for every project you have completed. A minimum of six (6) hours of project instruction or more, as required by the project leader. • Complete the required information. Date, time, level, and location. • Show a variety of project experiences. Describes activities and experiences, what skills were learned, and financial records. • Include one expression page for each APR completed. The expression page teaches the reader something that you learned that was interesting to you or how you built your spark(s) through this project. 	
<p>Section 5: Collection of Work pg. 21</p> <ul style="list-style-type: none"> • Followed the collection of works guidelines. • Show a variety of examples that represent the current experiences and activities. Your Spark is illustrated in your collection of work. 	
<p>Section 6: Leadership Development Report (LDR) pg. 22-24</p> <ul style="list-style-type: none"> • To meet the criteria for gold and platinum stars, you must hold significant leadership roles that required 20 hours or more of leadership contribution. The LDR must be completed to receive credit for these roles. • Describe your leadership roles, areas of development, goals, strategies, and reflection of your leadership growth and experiences. 	
<p>Section 7: Resume (Senior members 14-18) pg. 25</p> <ul style="list-style-type: none"> • Should have a professional and creative design that shows your strengths, skills, talents, and creativity. • Include a personal development statement. • Describe skills gained through leadership and citizenship/community service experiences. 	