



HEALTHY SOIL and COVER CROPPING REFERENCES

Selected Plant and Soil Laboratories in Northern and Central California

<https://ucanr.edu/sites/default/files/2024-03/394837.pdf>

SAREP Website <https://sarep.ucdavis.edu/covercrop>

<https://www.sare.org/wp-content/uploads/10-ways-cover-crops-enhance-soil-health.pdf>

<https://class.ucanr.edu/sites/default/files/2025-02/408001.pdf>

<https://ucanr.edu/sites/default/files/2017-11/117129.pdf>

<https://www.sare.org/wp-content/uploads/Cover-Crops-at-Work-Increasing-Soil-Organic-Matter.pdf>

<https://barron.extension.wisc.edu>

<https://nrcs.usda.gov/wps/portal/nrcs/main/soils/health/>

Tiller, J.T. *The Ultimate Guide to Soil Health – Mastering Soil Science for Thriving Vegetable Gardens*. IPC Marketing LLC, 2024.

Hess, Anna. *Homegrown Humus: Cover Crops in a No-Till Garden*. Wetknee Books, 2013.

Miessler, Diane. *GROW YOUR SOIL! Harness the Power of the Soil Food Web to Create Your Best Garden Ever*. Storey Publishing (eBook), 2020.