

CHOCOLATE CHIP CARROT COOKIES



Ingredients:

1 cup sugar
¼ cup butter, softened
¼ cup applesauce
1 egg
1 teaspoon of baking soda
½ teaspoon salt
1 teaspoon cinnamon
2 cups of whole wheat flour
1 cup oatmeal
1 cup grated carrots
½ cup chocolate chips

Equipment:

Grater
mixing bowl
measuring cups and spoons
mixing spoon
cookie sheet

Directions:

1. Using smaller holes on the grater, grate carrots and measure 1 cup. Set aside.
2. Mix together sugar, butter, apple sauce and egg.
3. Combine baking soda, salt, cinnamon, flour and oatmeal.
4. Gradually add dry ingredients to applesauce mixture, alternating with grated carrots.
5. Once all ingredients are well combined, fold in chocolate chips
6. Drop tablespoons of cookie dough onto a greased cookie sheet.
7. Take cookie sheet to kitchen for baking.

