

# Managing Insects When They Eat Your Plants

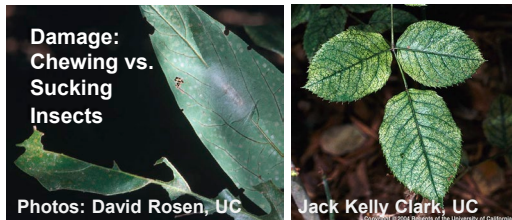
Some adult or larval stage insects eat your plants. What do you do?

**Integrative Pest Management (IPM)** is a guideline to managing pest insects without harming other insects, wildlife, or plants.

Some of the guidelines are:

## Identify the problem:

- **Find** the insect
- **Observe** the type of damage
- **Look** for insect clues (wax, molts, eggs, honeydew, poop, etc.)
- **Note** which plant is damaged as some insects only feed/lay eggs on certain types of plants; noting which plant provides additional clues.



## Try less harmful ways to remove the pest first:

- **Remove** damaged leaves
- **Spray** damaged area with water
- **Plant** resistant cultivars
- **Keep** plants healthy
- **Use** insecticidal soaps, Neem oil and chemical sprays if the above actions are not enough or damage is too great; follow directions on the container

## More Resources for Help

### Websites

**Integrative Pest Management**

<https://ipm.ucanr.edu>

**Bug Guide** <https://bugguide.net>

**Plant and Pest Guide**

**Los Angeles State Historic Park**

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### Books

**Extraordinary Insects**

by Anne Sverdrup-Thygeson

**Insects of the Los Angeles Basin**

by Charles L. Hogue



*The life cycle of ladybugs, officially known to entomologists as ladybird beetles.*

*Photos: University of CA*



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources  
UC Master Gardener Program



MASTER GARDENER ASSOCIATION  
of San Diego County

Our **Advice to Grow By**

## Incredible Insects



**Hotline: 858-822-6910**  
[MasterGardenerSD.org](http://MasterGardenerSD.org)  
[Help@MasterGardenerSD.org](mailto:Help@MasterGardenerSD.org)

# Fun Facts About Incredible Insects

## Insects have:

- **Diverse** shapes, types and lifestyles
- **Large** populations (some)
- **Fast** reproduction rate – lots of eggs
- **Short** lives but can have more than one hatch per year

Use **color patterns** to confuse predators.

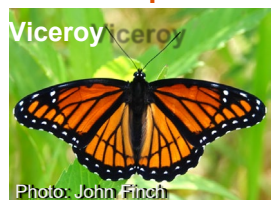


Photo: John Finch

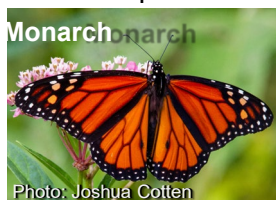


Photo: Joshua Cotten

Can **safely** eat toxins, and even use them for their own protection!

Use **mimicry and camouflage** to protect themselves.



Photo: David Rosen, UC



Photo: Ian Flemming

Have **modified body** parts to protect themselves and survive:

- **Mouth parts** - chewing, sucking, siphoning
- **Legs** – jumping, walking, gasping
- **Antennae** – used to sense environment and predators better

Have diverse **food habits** and they may change over their lifetime:

- **Herbivore** – only eats plants
- **Predator** – eats other insects
- **Parasite** – lives and feeds on a host
- **Omnivore** – eats plants in one stage and insects in another



Lady beetle larvae (predator) and parasitoid wasp eggs on a caterpillar (herbivore).



## Insects Are Seasonal

**Many insects in San Diego County respond to our seasons:**

- **Spring** – Most insects lay their eggs in the spring when plants are blooming and food is abundant.
- **Summer** – Larvae hatch and feed on plants.
- **Autumn** - Many larvae develop into pupae and no longer feed. Other populations, like ants, start to die out.
- **Winter** – Most populations are gone or dormant. Some, like native bumble bees, overwinter in leaf litter.

**Knowing about insect life cycles helps you manage insects that feed on your plants.** If it is late in summer, you can treat the insects by less harmful means because the population will soon decline naturally.

## How Insects Help Your Garden

Over 90% of insects are **beneficial** in your garden. It is important to know what insects cause damage to plants, and which help manage other insects.

**Many native insects do certain tasks in your garden:**

- **Pollinate** flowers and crops, including buzz pollination by bumble bees.
- **Recycle** nutrients by eating plant material. Example - larvae of green fig beetles eat decaying plant material in the soil, recycling the plant nutrients.
- **Produce** a variety of products we use for food, inks, waxes, medicines, etc.
- **Food** for beautiful birds, lizards and other visitors to our gardens.



Honeybees pollinate flowers and crops and produce honey and wax we use for food and products.

**All of these fun facts are why insects are important in your garden and help keep it healthy. Eliminating “pest” insects means there may be no food for all the beneficial insects who help you, and are part of the larger food web.**