



OCTOBER Vegetable Planting Guide

Peg Smith, UC Master Gardener, Yolo County

October is a transitional month between the summer and winter vegetables. Weather can range from hot to cool. As day length and temperatures change summer vegetable production slows and the fall/winter vegetables establish good root and vegetative systems.

Any vegetable area not planted for the winter is an ideal place for 'green manure' plantings to replenish the nitrogen in the soil. Green manure plantings also help prevent soil erosion and compaction from heavy winter rains. Nitrogen fixing plants to grow from seed are fava beans, bell beans, vetch, peas, and red clover.

YOLO COUNTY VEGETABLES RECOMMENDED FOR OCTOBER

Vegetable	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Lettuce	Seed	Seed		
Spinach	Seed	Seed	Seed	Seed
Beans (Fava)		Seed	Seed	Seed
Peas				Seed

ADDITIONAL SACRAMENTO AREA RECOMMENDED VEGETABLES FOR OCTOBER

Vegetable	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Arugula	Seed	Seed	Seed	Seed
Beans (Fava)	Seed	Seed	Seed	Seed
Beets	Seed	Seed	Beets	Beets
Bok Choy	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Broccoli	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Cabbage	Transplants	Transplants	Transplants	Transplants
Carrots	Seed	Seed		
Cauliflower	Seed	Seed	Seed	Seed
Chard (Swiss)	Seed	Seed	Seed	Seed
Cilantro	Seed	Seed	Seed	Seed
Collards	Seed	Seed	Seed	Seed
Dill	Seed	Seed	Seed	Seed
Endive	Seed	Seed	Seed	Seed
Fennel (Florence)	Transplants	Transplants	Transplants	Transplants
Garlic	Cloves	Cloves	Cloves	Cloves
Kale	Transplants	Transplants	Transplants	Transplants
Kohlrabi	Transplants	Transplants	Transplants	Transplants
Leeks	Seed	Seed		
Lettuce	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Mustard	Seed	Seed	Seed	Seed
Onion (Bulbing)	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Onion (multiplier)	Divide clumps	Divide clumps	Divide clumps	Divide clumps
Onion (Seed)	Transplants	Transplants	Transplants	Transplants
Parsley	Seed	Seed	Seed	Seed
Parsley Root	Seed	Seed	Seed	Seed
Radicchio	Seed	Seed	Seed	Seed
Radish	Seed	Seed	Seed	Seed
Radish (Daikon)	Seed	Seed		
Shallots	Seed	Seed	Seed	Seed
Spinach	Seed	Seed	Seed	Seed
Turnips	Seed	Seed		