



CalFresh Healthy Living, UC FFY 2024 Annual Report San Luis Obispo & Santa Barbara County

A. CalFresh Healthy Living, UC Program Overview

i. Key Integrated Work Plan Activities

- Direct education reaching 3,282 youth and 48 adults.
- Indirect education reached 23,755 community members, of whom 2,087 were estimated as new reach.
- Engaged 41 community partners in CalFresh Healthy Living, UCCE programming including agricultural partners, schools, food banks, nonprofit organizations and parks and recreation centers.
- Participated in 5 multi-sector coalitions across counties to address food security and equitable access
 to policies, systems, and environments supportive of health and wellness. Sectors represented on
 these coalitions include agriculture, education, government, community-based organizations and public
 health.
- PSE supports implemented at 18 sites, reaching 18,691 community members including:
 - Supported the adoption of 76 nutrition, 12 physical activity and 3 nutrition and physical activity supports across both counties for a total of 91 PSE changes adopted or actively maintained.
 - o Conducted 3 needs assessments and staff readiness assessments.
 - Delivered additional programs in support of PSEs including Harvest of the Month (HOTM),
 Rethink your Drink (RYD), Gardens, PowerPlay and the 4-H Student Nutrition Advisory Council (4-H SNAC) guide.
 - Of the sites implementing or maintaining PSE changes, a majority also offer complementary strategies such as staff training (91% in SLO, 100% in SB), parent/community involvement (27% SLO, 71% SB) and evidence-based education (9% in SLO, 86% in SB).
 - For sustainability of PSE changes, 100% in SLO and 86% in SB report a sustainability mechanism is planned, in process or in place.

ii. Major Achievements/Outcomes

- Strengthened partnerships with teacher extenders, school administration, district staff, parents, and students at participating elementary schools to provide comprehensive nutrition education and PSE support on-site and through in-person lessons.
- When asked to complete the Teacher Observation Tool (TOT) to report changes to student health compared to the beginning of the school year, extenders reported various improvements in student health including:
 - 100% (n=16) of teachers agreed or strongly agreed that more students can now identify healthy food choices and 100% of teachers agreed or strongly agreed that more students are willing to try new food choices.

- Some teacher comments included: "This is a very important program for my students. The way they are spaced throughout the year reminds me to keep the importance of healthy nutrition and exercise in the forefront every day", "it is a great program and very accessible to students", and "love this program and love the facilitators".
- When 4th grade students (n=223) were asked to complete the Eating and Activity Tool for Students (EATS), increases in physical activity, fruit and vegetable consumption, water consumption and decreases in sugar-sweetened beverage consumption was reported from pre survey to post survey.

Table 2. I credit of occurring with improved blet and I hysical Activity behaviors							
BEHAVIOR		MET CFHL, UC SMART OBJECTIVE	PERCENT IMPROVED				
Ate Fruit (with 100% Juice) Yesterday	214	30% or more increase frequency	40%				
Ate Vegetables (with Beans) Yesterday	205	30% or more increase frequency	43%				
Drank Sweetened Beverages (with Flavored Milk) Yesterday	194	30% or more decrease frequency	47%				
Days with 60+ Minutes of Physical Activity Last Week	211	35% or more increase	49%				

Table 2: Percent of Students with Improved Diet and Physical Activity Behaviors

- Developed partnerships with the Santa Maria Bonita School District after school program specialist and supervisor of family outreach to expand partnerships and support from the school district.
- Continued to expand partnership with UC Master Food Preservers (MFP) to provide food preservation lessons in collaboration with nutrition education lessons and after-school 4-H SNAC clubs.
- Continued to expand partnership with UC MFP and UC Master Gardeners of Santa Barbara County to provide 5 educational workshops for youth, and 1 educational workshop for adults at the Lompoc Library.
- Provided a four-hour training to 10 Santa Barbara County UC Master Gardeners on working with youth, basic classroom management and implementing TWIGS lessons.
- Provided TWIGS curriculum training to 10 teacher extenders at Liberty Elementary to increase extender confidence in delivering garden-enhanced nutrition education.
- Provided training and technical assistance to Liberty Elementary with the design and development of a newly constructed 14 bed garden with ADA pathways with funding provided by the school district.
- Continued to maintain, plant, harvest and teach in school gardens, resulting in the donation of approximately 100 pounds to fresh produce to school meals. Continued to host garden workdays to encourage family and school involvement.
- Further established partnership with One Cool Earth, a garden education nonprofit to provide garden support, garden-enhanced nutrition education lessons and recipe demonstrations using produce from the school garden at Grover Beach Elementary.
- Continued to partner with teacher extenders to implement after school 4-H SNAC clubs. Partnering with an enrolled extender allows UCCE staff to streamline efforts, while allowing extenders to assist with CFHL programming beyond the classroom setting. See <u>Success Story</u>.
- Engaged 61 student leaders in four 4-H SNAC clubs across four sites in leadership training, health promotion, and teens-as-teaching activities around healthy eating and active living reaching 1,172 youth, families and community members.

- Hosted the 4-H SNAC Culinary Academy
 - 20 students from three different school sites attended the full-day event focused on learning various culinary skills, culturally relevant recipes and cultural backgrounds.
 - Collaborated with UC MFP volunteers to provide students with the opportunity to learn how to make pesto and ricotta cheese.
 - 19 students responded to the "What Did You Learn" survey and reported themes of learning how to prepare new foods. Students stated, "I learned how to cook food and work



- with people I don't know" and "I learned there are many ways to make food." When asked what students would do differently as a result of participating in the Culinary Academy students responded, "I will start to cook by myself" and "cook things differently and try things before saying things".
- Engaged 46 student leaders at Hapgood Elementary to become garden leaders and conduct gardenenhanced nutrition education and peer-to-peer teaching activities reaching 200 students.
 - Youth Leader Survey results (n=35) demonstrated that student's comfort in leading group discussions increased from 35% (pre) to 86% (post), and their ability to teach others increased from to 47% (pre) 95% (post) rating themselves as having "good or excellent" abilities. Additionally, their ability to plan programs increased from 34% (pre) to 68% (post) rating themselves as having "good or excellent" abilities.
 - 100% of respondents strongly agreed/agreed that they can make a difference in their community through community service, that they are more confident in helping others and that they received ongoing training and support from adult leaders from their time participating as a youth leader.
- Expanded partnership with the Community Action Partnership of San Luis Obispo County (CAPSLO)
 with implementing a USDA Farm to School grant. UCCE provided training and technical assistance to
 17 teen leaders and CAPSLO, and school staff on garden-enhanced nutrition education and teaching
 TWIGS curriculum to elementary school students. See <u>Success Story</u>.
 - Sprouts leaders traveled to various elementary school sites and delivered twenty TWIGS lessons, reaching approximately 500 elementary school students.
 - Results from the Youth Leader Survey indicate that all respondents (n=8) strongly agreed or agreed that because of participating in this program they gained skills through serving their community that will help them in the future, they acted as a mentor to others, they are more confident in helping others and more confident in themselves.
- Partnered with the Santa Maria Bonita School District (SMBSD) Family
 Outreach program to implement Spanish parent education classes at
 the Adam Elementary Family Resource Center. SMBSD staff promoted
 and recruited families to attend classes, reducing workload for CFHL,



UCCE staff. Additional class series for FFY25 have been scheduled at other school sites. See <u>Success</u> Story.

- Results from the Healthy, Happy Families survey (n=8) revealed that parents made improvements to child feeding practices. Before participating, all parents (n=8) responded that
 - they "sometimes", "often", or "very often" warn their child that if they do not eat, they will not receive a treat. However, after participating in the program, only 2 of 8 parents responded "sometimes," while the other 6 parents answered "no" or "rarely" to warning their child they will not receive a treat if they do not eat.
- Before the program, 6 of 8 parents responded that they "very often" or "often" beg their child to eat. However, after participating in the program, all 8 parents responded they "sometimes" or "no/rarely" beg their child to eat.



- Partnered with Hapgood Elementary to implement virtual Family Cook Nights and received involvement from student leaders leading the recipe demonstration in two of the four sessions.
 - Results from the Healthy, Happy Families survey (n=8) revealed that parents made improvements to child feeding practices. Before participating, 3 of 8 parents responded "very often" that they prepare at least one food their child will eat. After participating, this increased to 6 of 8 parents responding, "very often" to preparing at least one food their child will eat.
- Partnered with Santa Maria Recreation and Parks to provide a summer culinary camp for teens with the opportunity for participants to obtain ServSafe certification.
 - Ten students who responded to the "What Did You Learn" open-ended survey, reported the theme of increasing culinary skills including "I learned how to cut things I normally do not cut such as pineapple, cabbage, etc." and "adding veggies can make a recipe taste better and new ways to cut things". When asked what students will do differently as a result of these classes, many reported increasing their consumption of healthy foods such as "add more whole grains to recipes" and "add healthy things to recipes".
- Partnered with the Boys and Girls Club of South San Luis Obispo County to implement lessons at winter and summer day camps and after-school lessons at Grover Beach Elementary reaching a total of 80 students.
- Trained 20 Santa Maria Recreation and Parks staff to deliver CATCH lessons during school breaks at local neighborhood parks in the city of Santa Maria and provided ongoing training and technical assistance. See <u>Success Story.</u>
- Continued to establish relationships with new Farmers Market managers, promote nutrition incentive programs at Farmers Markets and send direct mailers reaching over 3,750 families in San Luis Obispo and Northern Santa Barbara Counties.
- Led efforts to celebrate National Farmers Market Week (NFMW) including:
 - Attended 4 San Luis Obispo County Farmers Markets to promote CalFresh, Market Match and National Farmers Market Week.
 - Distributed over 300 promotional items including seasonal recipes, children's farmers market activities, and informational flyers on using CalFresh and other nutrition incentive programs at

- local farmers markets. Partnered with SLO Food Bank to provide additional outreach materials such as tote bags and CalFresh flyers.
- Submitted a press release to local news stations resulting in media coverage on 2 media outlets.
- Launched a social media campaign that reached approximately 600 individuals focused on promoting NFMW, benefits of shopping locally and information on nutrition incentive programs.
- Received the California State Association of Counties (CSAC), Challenge Award for Cross-sector Partnerships for Food and Nutrition Security and was recognized by the CSAC CEO at the County Board of Supervisors meeting.
- Hosted two Cal Poly dietetic interns for community nutrition rotations where they had the opportunity to shadow and teach lessons, develop educational materials and presentations, and attend community outreach events.
- Promoted one staff member to a Community Education Specialist IV to serve San Luis Obispo, Santa Barbara,



Kern, Kings, and Tulare counties to further expand garden work throughout the region and identify best practices that can be elevated to the state level. CES IV has met with counties to discuss training needs and is developing plans for training implementation in FFY25.

B. Summary FFY2024 Program Activities from PEARS

i. FFY 2024 Direct Education Participants Reached by Age Group and Setting – tables to be provided by the State Office based on PEARS data

Table 1: Direct Education Participants - Youth

County	Youth Total	0-4	5-17	5-7	8-10	11-13	14-17
San Luis Obispo	249	-	249	89	160	-	-
Santa Barbara	3,033	48	2,985	1,275	1,281	386	43

Table 2: Direct Education Participants - Adults, Prefer Not to Respond, Unknown

County	Adult Total	18-59	60+	60-75	76+	Prefer not to Respond	Unknown
San Luis Obispo	-	-	-	-	-	-	-
Santa Barbara	48	47	1	1	-	3	18

Table 3: Direct Education Participants - Total

County	Total Participants
San Luis Obispo	249
Santa Barbara	3,102
Grand Total:	3,351

Table 4: Direct Education Participants by IWP Setting: Schools

County(s)	0-4	5-17	Youth	18-59	60+	Adults
San Luis Obispo	-	145	145	-	-	-
Santa Barbara	48	2,793	2,841	47	1	48

Table 5: Direct Education Participants by IWP Setting: Before and After Schools

County(s)	0-4	5-17	Youth	18-59	60+	Adults
San Luis Obispo	-	80	80	-	-	-
Santa Barbara	-	106	106	-	-	-

Table 6: Direct Education Participants by IWP Setting: Early Childhood Education

County(s)	0-4	5-17	Youth	18-59	60+	Adults
San Luis Obispo	-	24	24	-	-	-
Santa Barbara	-	-	-	-	-	-

Table 7: Direct Education Participants by IWP Setting: Community

County(s)	0-4	5-17	Youth	18-59	60+	Adults
San Luis Obispo	-	-	-	-	-	-
Santa Barbara	-	86	86	-	-	-

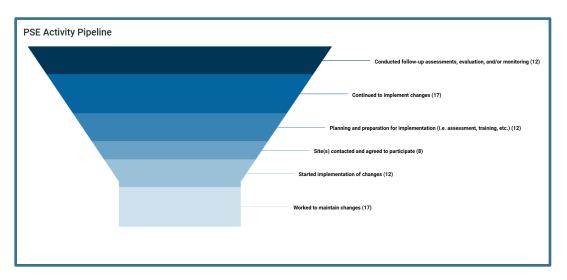
ii. Indirect Education channels and reach (total and new) – to be provided by State Office.

Table 8: Indirect Education Reach by Channel

Indirect Education	San Luis Obispo	Santa Barbara
Unique Reach	13,034	10,721
New Reach	155	1,932
Community events / fairs - participated	-	4
Hard copy materials	7	11

NERI	3	3
Social Media	3	3
Videos	1	1
Food Demonstrations	3	5

iii. PSE sites by stages, needs assessments conducted, reach by settings, changes adopted – information either provided by the State Office or available from PEARS Impact Dashboard SNAP-Ed Highlights.



NEEDS ASSESSMENTS

Number of PSE Assessments and PSE Sites/Organizations with Assessments*

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Number of Assessments and PSE Sites/Organizations with Assessments	Number of Assess- ments (n=0)	Number of Sites (n=11)	Number of Assess- ments (n=3)	Number of Sites (n=7)
Total Needs Assessments / Environmental Scans	0	0	3	2
CFHL, UC School Garden Assessment	0	0	2	1
SLAQ – Elementary School Site-Level Assessment Questionnaire	0	0	1	1
Total Staff Readiness Assessments	0	0	0	0
Total Organizational Readiness Assessments	0	0	0	0

^{*}Reported for all PSE stages.

POLICY, SYSTEMS, AND ENVIRONMENTAL (PSE) SITES AND REACH

Total PSE Sites/Org and Number with One or More PSE Change Adopted and Reach*

	All Stages of Implementation	Only Implementation and Maintenance Stages					
COUNTY	Number of PSE Sites/ Orgs	Schools (elementary, middle, and high)	Early care and education (ECE)	Before/ afterschool programs	Other**	Number of PSE Sites/ Orgs with Changes Adopted	COUNTY REACH TOTALS
SLO	11	1	0	0	10	11	15,109
SB	7	5	0	1	1	7	3,582
SLO/SB	18	6	0	1	11	18	18,691

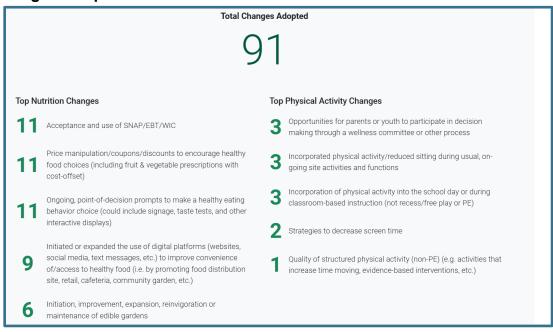
^{*}Summary statistics provided for PSEs in all stages of implementation and for those in the implementation and maintenance stages only.

Number of PSE Sites and Reach by Setting for Implementation and Maintenance Stages *

COUNTY	Schools (K-12 middle, a	•		after-school rams	Farmers	markets	TOTALS	
	PSE Sites	Reach	PSE Sites	Reach	PSE Sites	Reach	PSE Sites	Reach
SLO	1	409	0	0	10	14,700	11	15,109
SB	5	2,250	1	932	1	400	7	3,582
SLO/SB	6	2,659	1	932	11	15,100	18	18,691

^{*}Summary statistics include only those PSEs in the implementation and maintenance stages.

PSE Changes Adopted



iv. Total Partners and Partners by Type and Number of Coalitions and Members by Sectors of Influence) – Tables to be provided by the State Office.

^{**}Other includes Farmers markets.

Table 9: Total Partnership by Partnership Type

Partnerships by Type	San Luis Obispo	Santa Barbara
Total Partnerships	22	19
Agricultural organizations (includes farmers markets)	9	1
Federal governments/agencies	2	1
Food banks/food pantries	1	2
Foundations/philanthropy organizations/nonprofits	3	1
Libraries	-	1
Local governments/agencies	2	1
Organizations that work with people with disabilities	-	-
Parks and recreation centers	1	1
Schools (colleges and universities)	1	-
Schools (preschools, K-12, elementary, middle, and high)	2	9
State governments/agencies	1	2

Table 10: Total Coalitions by County

Coalition	San Luis Obispo	Santa Barbara
Total Coalitions	3	2

C. Success Stories, Challenges and Planned Improvements for FFY 2024

i. Success - See PEARS Success Story entry

Success Story	PEARS ID
Sprouts: Empowering Teens as Teachers in Garden Nutrition Education	40106
Staying Active with CATCH During School Breaks	40110
Nourishing Families: Family Cook Nights at Adam Family Resource Center	40111
Partnering with Teacher Extenders for 4-H Student Nutrition Advisory Council Clubs	40112

ii. Responding to Challenges

The San Luis Obispo and Santa Barbara team continues to demonstrate flexibility and adaptability to challenges while listening to the needs and wants of the community members and partners to guide and shape programming. Throughout the summer months, the SLO/SB team prepared for the upcoming school year by reviewing curriculum, lesson materials and food demonstrations for each grade level and making necessary changes. Additionally, our team spent time developing plans for youth engagement efforts, SNAC clubs and school wide activities. Staff also spent time expanding their knowledge on additional PSE changes with staff attending Smarter Lunchrooms Movement training courses and developing plans to implement at their school sites. At the end of each fiscal year, the SLO/SB team has dedicated time to reflect on the year and collaboratively discuss successes and challenges, identify future goals of the program, and build relationships as team members.

Our team has also adapted to the challenges of having limited members on our team. Some solutions our team has been able to identify include working with extenders to take on additional roles to fill gaps. An example of this is having extenders assist CFHL staff implement weekly after-school 4-H SNAC clubs, partnering with staff at school Family Resource Centers to assist with the promotion and recruitment of families for family education and exploring additional ways to partner with the school district to expand the reach of our program. Additionally, we have continued to collaborate with other UCANR programs including Master Food Preservers and Master Gardener volunteers as partners to assist with implementing quality direct education to participants.

Although we have responded to the above challenges, some ongoing challenges include:

Staff vacancies and staff leave: When staff were asked what the biggest challenge was that impacted programming in FFY24, all staff responded with a lack of staffing. Staffing and filling vacancies has remained a challenge for programming. Last fiscal year we had the opportunity to promote staff to a CES III and this fiscal year had the opportunity to promote staff to a newly developed CES IV role which has adjusted job responsibilities amongst our team. Although we hired a staff member in late September, there was also a staff departure at that time leaving an additional vacancy. The team has maintained flexibility and has identified creative techniques to fill gaps, however not having a full team has impacted our ability to serve clients and partners and expand our programming.

- A lack of bilingual CFHL, UCCE staff and lack of translation services poses a challenge for parent and community engagement and education. In the next open recruitment, we will be seeking bilingual candidates to assist with this need.
- School staff and teachers continue to lack the capacity to schedule meetings and take on additional
 responsibilities that support student health. This remains an ongoing challenge as school staff have
 various competing priorities. CFHL, UCCE staff work to provide refreshers of expectations when
 participating in programming at the beginning of each school year and work with extenders to meet
 their needs.

iii. Planned Improvements

CFHL, UCCE in San Luis Obispo and Santa Barbara Counties continuously seeks to modify and improve programming to best meet the needs of the youth, families, extenders and community partners served. Planned improvements include:

- Continue to promote staff development opportunities and training opportunities to increase staff skill sets.
- With the approval of ANR and the state office open internal recruitments for CES III positions to promote internal staff to expand PSE work in SLO/SB.
- Continue to strengthen relationships and identify collaboration opportunities with other UCANR programs including UC Master Food Preservers, UC Master Gardeners and 4-H.
- Work to successfully pilot the MG and CFHL, UCCE partnership in Santa Barbara County.
- Continued further partnership with the Santa Maria Bonita School District including utilizing paid teachers to assist with the implementation of 4-H SNAC clubs and family outreach services to promote and recruit for parent education to further enhance program sustainability.
- Work to develop a working relationship with the new food service director for Santa Maria Bonita School District and attend school wellness policy committee meetings.
- Increase the sharing of evaluation results with school administration, extenders and community partners to further demonstrate the impact of CFHL, UCCE at their site.
- Increase the amount of TTT surveys collected to improve evaluation results and better identify preferred foods of students. Review past TTT results to better identify preferred foods of students.
- Continue to work with 4th grade extenders to ensure that the minimum amount of program sessions is reported to collect pre-post evaluation surveys.
- Continue to gather qualitative feedback from families, parents and other stakeholders for decision making processes related to parent education to increase buy in.
- Explore additional ways to implement peer-to-peer teaching in CFHL, UCCE programming.
- Host various training for extenders on Smarter Lunchrooms Movement, nutrition and physical activity curriculum to increase extender capacity and skill set and promote sustainability.
- Attend the BEPA 2.0 training from the state office to then train enrolled extenders in curriculum to increase physical activity opportunities during the school day.
- As our SLO CNAP remains on a pause, we continue to connect with LIA partners and other nutrition security partners to identify shared goals and establish plans to reinstate meetings through another food security work group.

- CES IV staff will train other CFHL, UCCE staff in various counties to build capacity surrounding
 gardening initiatives and identify and develop innovative projects related to gardening initiatives and
 work to expand these efforts.
- Work to expand partnerships and collaboration amongst LIA's in San Luis Obispo and Santa Barbara
- Once fully staffed, partner with an additional school site in San Luis Obispo County to expand programming.
- Hire and train a new educator to expand the reach of programming in SLO/SB.

D. Presentations, Publications and Awards

i. Conference Presentations and Posters, Publications

Conference and Invited Presentations

Hong, K. (2023) Promoting Healthy Eating, UC Delivers Blog [invited presentation] UC ANR Town Hall. October 2023

Hong, K. (2024) Youth Led Taste Tests in San Luis Obispo and Santa Barbara Counties [invited presentation] Rethinking Farm to School Webinar, Center For Eco Literacy. July 2024

Marrs, A. (2024) Harvesting Connections: Growing and Nourishing Communities, CalFresh Healthy Living Promising Practices Summit. July 2024

Marrs, A. (2024) Rethinking Farm to School, Center for Eco Literacy. August 2024

Journal Articles

Hong, Kelly; Costa, Mishelle, et al. (2024). Building Capacity for Authentic Youth Engagement. <u>Journal of Trauma-Informed Community Health, Nutrition, and Physical Activity</u>. 2:1. January. https://j-tich.org/index.php/jtich

Vargas, Rosa; Costa, Mishelle, et al. (2024). Farmers Market Navigator Program Increases Access to Healthy, Local Foods. *Journal of Trauma-Informed Community Health, Nutrition, and Physical Activity*. 2:1, 24. January. https://j-tich.org/index.php/jtich

Klisch, S.A.; Soule, K.E. *Schools as Hubs of Health*: A Comprehensive Supplemental Nutrition Assistance Program—Education Model for Promoting Wellness in Low-Income Communities. *Children* 2024, *11*, 525. https://doi.org/10.3390/children11050525

Marrs, Abbi; Costa, Mishelle, et al. (2024). SPROUTS: Teens as Teachers in the Garden. <u>Journal of Trauma-Informed Community Health, Nutrition, and Physical Activity</u>. 2:1, 29. January. https://j-tich.org/index.php/jtich

Posters

UC ANR Blogs (Food Blogs, Communities, etc.)

Costa, M., Klisch, S., Murrietta, M. (October 2023) From Garden to Pantry to Plate: UCCE Improves Community Health and Wellness

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy_youth_families_and_communities_blog/?blogpost=58145&blogasset=135697

Klisch, S. (December 2023) Hunger and Food Insecurity is Rising: COVID-19 Taught us A Lot About How to Fix It

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy youth families and communities blog/?blog post=58518&blogasset=135697

Costa, M. (April 2024) Students and Families Cook Together: Virtual Family Cook Nights at Hapgood Elementary

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy youth families and communities blog/?blog post=59406&blogasset=135697

News Coverage – Print and Electronic Media (include Active News Beet CFHL, UC In Action articles)

Rice, P. (April 2024) Celebration Corner: CSAC honors UCCE San Luis Obispo team

https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=59599

News Coverage - Broadcast Media

August 3, 2023: Paso Robles News *Downtown SLO Farmers' Market hosts event for National Farmers'* Week

https://pasoroblesdailynews.com/downtown-slo-farmers-market-hosts-event-for-national-farmers-week/195581/

August 8, 2023: KSBY 25th annual Farmers Market Week honors Farmers across the country

https://www.ksby.com/news/local-news/25th-annual-farmers-market-week-honors-farmers-across-the-country?fbclid=lwY2xjawEiHPtleHRuA2FlbQIxMQABHa5LPHqy6eZ8AJdx5mB4Guu7a0JlpghpQMBHWXyl3tbmePIPfmjeWmPbnw aem 6-idspfiPcxAnShrYIMdDw

April 3, 2024: KSBY Students build cooking skills at Culinary Academy in Santa Maria

https://www.ksby.com/news/local-news/students-build-cooking-skills-at-culinary-academy-in-santa-maria

April 3, 2024: Santa Maria Times Culinary Academy teaches Santa Maria spring breakers how to cook

https://santamariatimes.com/news/local/culinary-academy-teaches-santa-maria-spring-breakers-how-to-cook/article 4a69f7cd-6d2e-5dcb-a67e-906dba025956.html

April 10, 2024: KSBY County of San Luis Obispo wins Challenge Award for making fresh produce more accessible

https://www.ksby.com/news/local-news/county-of-san-luis-obispo-wins-challenge-award-for-making-fresh-produce-more-accessible

April 10, 2024: KEYT County of San Luis Obispo honored during Supervisors meeting for farmers market program

https://keyt.com/news/san-luis-obispo-county/2024/04/10/county-of-san-luis-obispo-honored-during-supervisors-meeting-for-farmers-market-program/

June 12, 2024: Santa Maria Times Santa Maria teens can explore food preparation, nutrition and menu planning during free course

https://santamariatimes.com/lifestyles/santa-maria-teens-can-explore-food-preparation-nutrition-and-menu-planning-during-free-course/article 003207d3-7082-5628-add5-4cd34d559e32.html?utm campaign=blox&utm source=facebook&utm medium=social&fbclid=lwY2xjaw G65xdleHRuA2FlbQlxMQABHX3GW2TRqCihYUAuAhM1MmENtr0phb68HFxPYi42D1tlb1yPGThcuyusr Q aem VMGDKyxS7VHTOVPyK6u2Yw

Statewide Leadership/Collaboration

Participated:

- Youth Engagement: Hong, K., Marrs, A.
- Physical Activity: Rorabough, M.
- Garden: Marrs, A.
- CalFresh Healthy Living, UCCE Regional Managers: Vargas, R.

ii. Awards Received

California State Association of Counties, Challenge Award: Cross-sector Partnerships for Food and Nutrition Security, 2023