

# **BOURBON APPLE PIE JAM**

Made with Pomona's Universal **Pectin** 

#### **INGREDIENTS**

Makes 5 cups.

Note: I usually quadruple batch.

9-12 apples—cored, peeled and sliced 1/4 cup water 2 tsp. calcium water 1/4 cup bottled lemon juice 1 tsp. lemon zest ½ tsp. ground cinnamon 1/4 tsp. ground nutmeg 1/4 tsp. ground allspice 3 Tbsp. Bourbon Whiskey 2 tsp. Bourbon vanilla or regular vanilla 1/4-3/4 cup brown sugar 1/4-3/4 cup white sugar 2 tsp. Pomona's Universal Pectin

#### INSTRUCTIONS

- Before you begin, prepare calcium water. Combine ½ tsp. calcium powder (in the packet in your box of pectin) with ½ cup water in a small clear jar with a lid. Shake well—you will need to shake again before using.
- **2.** Wash jars, lids and bands. Place jars in a canner, fill 3/3 full with water and bring to a boil. Turn off heat, cover and keep jars in hot water until ready to use.
- **3.** Peel, core, and slice your apples. Consider using a apple corer/peeler tool and, if you are preparing a lot of jam, think about hooking a drill up to the shaft to make this easier.
- Put the apples and water into a sauce pan. Simmer until the apples are soft enough to cut through with a fork.

- Add calcium water, lemon juice, lemon zest, cinnamon, nutmeg and allspice. Mix well.
- Measure the amount of sugar you think you will need (1/4-3/4 cup each of white and brown sugar) into a bowl and add pectin. Mix well.
- **7.** Bring fruit mixture to a boil, add pectin sugar mixture. Cook for 1-2 minutes to dissolve pectin. Stir well and taste. If you think it needs more sugar add that now.
- **8.** Just before canning, add the Bourbon Whiskey and vanilla. Once jam reaches another full boil, it is ready to can.
- **9.** Fill hot jars to ½ inch from the top. Wipe rims clean. Screw on 2 piece lids to finger-tip tight. Can using a steam canner or boiling water bath canner for 10 minutes.
- **10.** Remove canner from heat and allow to set an additional 5 minutes. Remove jars and place on a dish towel. Let jars cool.
- **11.** Check seals. If any jars don't seal, put them in the refrigerator for use within 3 weeks. Date the jars with the day, month and year and plan on using within 1 year. Jam keeps for 3 weeks once open kept in the refrigerator.

#### REFERENCES

Adapted from a recipe by Kim Pedley, Browns Valley, CA at pomonapectin. com.

### LOCAL CONTACT

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