

DECEMBER Vegetable Planting Guide

Peg Smith, UC Master Gardener, Yolo County

December is the month to start researching and planning for bareroot perennial vegetables, which are usually available the end of December, January, and February. In designing the vegetable garden adequate growing area needs to be set aside on a permanent basis so that the perennials develop and produce a crop year after year. Not every garden has room for perennials, a healthy artichoke can cover an area up to four feet by four feet. Perennial vegetables can also be planted into ornamental beds. Important considerations when adding perennial vegetables to the ornamental garden is making sure there is adequate sun exposure and ease of harvest. Many of them have interesting foliage or flowers.

...

YOLO COUNTY VEGETABLES RECOMMENDED FOR DECEMBER

Vegetable	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Beans (Fava)	Seed			
Broccoli		Seed – GH* or inside	Seed – GH* or inside	Seed – GH* or inside
Cabbage			Seed – GH* or inside	Seed – GH* or inside
Cauliflower		Seed – GH* or inside	Seed – GH* or inside	Seed – GH* or inside
Lettuce			Seed	Seed
Onion			Seed	Seed

ADDITIONAL SACRAMENTO AREA RECOMMENDED VEGETABLES FOR DECEMBER

Vegetable	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Artichoke	Bareroot & transplants	Bareroot & transplants	Bareroot & transplants	Bareroot & transplants
Asparagus	Crowns	Crowns	Crowns	Crowns
Bok Choy	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Broccoli (Raabe)	Seed	Seed	Seed	Seed
Chard	Seed	Seed	Seed	Seed
Cilantro	Seed	Seed	Seed	Seed
Garlic	Cloves	Cloves		
Kale	Seed & transplants	Seed & transplants	Seed & transplants	Seed & transplants
Lettuce (Leaf)	Transplants	Transplants	Transplants	Transplants
Mustard	Seed	Seed	Seed	Seed
Onion (Sets)	Sets	Sets	Sets	Sets
Radicchio	Seed	Seed	Seed	Seed
Radish	Seed	Seed	Seed	Seed
Rhubarb	Bareroot	Bareroot	Bareroot	Bareroot
Spinach	Seed	Seed	Seed	Seed
Strawberries	Bareroot	Bareroot	Bareroot	Bareroot

*GH – Greenhouse