



A Garden Runs Through It

October 2025

Whether it's a vegetable garden, houseplants or a landscape...

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Upcoming Events



Arbuckle Pumpkin Festival

Date: Sunday, October 5

Time: 10:00 am - 2:00 pm

Location: LaVanche Hursh Park
5th and Hall Streets in Arbuckle

Pumpkin and gourd crafts, food vendors, and fall fun for everyone. Stop by our booth for pumpkin coloring pages and ask us your gardening questions! There will be trick or treating at every booth!

Senior Spread

Date: Friday, October 10

Time: 11:00 am - 1:00 pm

Location: Trinity Friendship Hall

511 Oak Street in Colusa

Are you a senior citizen in Colusa County, looking for something to do on a Friday?

We will be partnering with Colusa UMC for the Senior Spread at the end of August. Please join us to learn more about the Master Gardener program, learn how to pot a succulent, and take one home with you! We hope to see you there!



SENIOR SPREAD
Colusa's Lunch Gathering for Senior Citizens

2ND AND 4TH FRIDAYS

DOORS OPEN **11 AM TO 1 PM** LUNCH **12 PM**
TRINITY FRIENDSHIP HALL 511 OAK STREET

SUGGESTED DONATION **\$5**

In Memory of Hizi Yoshimura
United Women in Faith
Oak & 5th
Colusa UMC.ORG/SENIOR-SPREAD



PUMPKIN CENTERPIECE Workshop

THURSDAY, OCTOBER 16
6:00-8:00pm
CIP Conference Room
\$30 per person

Sign up on our website or come by our office
100 Sunrise Blvd., Ste E, Colusa

Questions? 530-458-0570

UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources UC Master Gardener Program

UCCE Colusa County, 100 Sunrise Blvd., Ste. E, Colusa, Ca 95932, 530-458-0570, cecolusa.ucanr.edu

Pumpkin Centerpiece Workshop

Date: Thursday, October 16

Time: 6:00 pm - 8:00 pm

**Location: CIP Conference Room
100 Sunrise Blvd in Colusa**

Sign up to decorate a beautifully colored pumpkin and take home a gorgeous centerpiece that will last you all through fall, and possibly until Christmas! Our workshop was so much fun last year, and we would love to see you there! Bring your friends!

[Click here to sign up](#)

CCOE Day for Dads

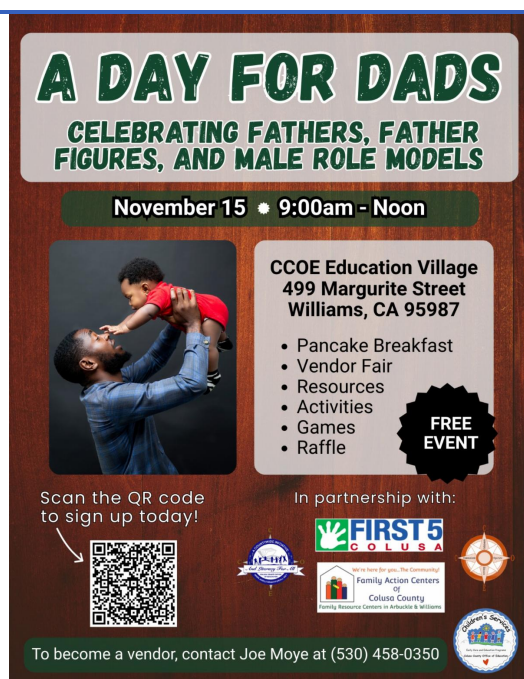
Date: Saturday, November 15

Time: 9:00 am - 12:00 pm

**Location: CCOE Education Village
499 Margurite Street in Williams**

Are you a dad, grandpa or father figure looking for something fun to do with your little one? Come see us at the Colusa County Office of Education Day for Dads! There will be a pancake breakfast, vendor fair, resources, activities, games and a raffle. Weather permitting, we will be outside giving garden tours and will have a booth set up with activities for children and gardening resources for dads.

[Click here to sign up](#)



A DAY FOR DADS
CELEBRATING FATHERS, FATHER FIGURES, AND MALE ROLE MODELS

November 15 • 9:00am - Noon

**CCOE Education Village
499 Margurite Street
Williams, CA 95987**

- Pancake Breakfast
- Vendor Fair
- Resources
- Activities
- Games
- Raffle

FREE EVENT

Scan the QR code to sign up today!

In partnership with:

TO BECOME A VENDOR, CONTACT JOE MOYE AT (530) 458-0350

Plant of the Month

Glorybower Shrub



Glorybower Shrub -- *Clerodendrum trichotomum*

I've recently been introduced to the Glorybower shrub – it's a native of China and Japan, member of the Lamiaceae family, and could be exactly what you need to fill in a spot asking for late-blooming characteristics. Most of our shrubs seem to spend themselves by early summer and then offer little but background for the remainder of the year. Glorybower loves the zone 9 location but does need some consistent water to stay healthy – not excessive but consistent. Sunlight doesn't bother it much but our hot summers may find it happier in a partially shaded area of the landscape. 'Carnival' variety has variegated foliage and the 'Flaming' variety can take more direct sunlight. They are great attractors of bees.

[Click here to learn more](#)

Submitted by Cynthia White

Activities at the Donna Critchfield Demonstration Garden

499 Margurite Street in Williams





Harvesting

Our summer harvesting season has come to an end, and we have removed all of the tomato plants (bottom right image). There are a few pepper plants that are still producing, and the cucumber and eggplants are starting to dry up so those will all be removed early this month.

Landscape

The landscape area of the garden truly benefitted from the perennial pruning workshop that we hosted in the winter. The plants have come back lush and full of blooms! We also added a Little Free Library to our landscape area, with hopes of people visiting the garden to borrow a book and sit and enjoy the space we have curated. We've expanded our landscape to include plants around the garden sign. We have planted Mystic Spire salvias, Greek yarrow and Junior Walker catmint nepeta. We are looking forward to them spreading and filling the area with greenery and blooms. We will be expanding the landscape area even further this fall, using inspiration from the Arboretum All Stars Wildlife Attracting Landscape Plan.

Planting

We will be very busy in the garden this month! We are ready to plant broccoli, cauliflower, garlic, onions and leeks from starter plants. We will most likely plant carrots, beets, kale and spinach from seed since they all successfully grew from seed last year! Root vegetables like carrots, beets and radishes grow better when they are direct seeded, because it allows the root system to grow without disturbance but remember to plant in loose well-draining soil for larger vegetables.

Recipe of the Month

"The Good, The Bad and The Ugly"

Three Recipes in One Month!

"The Good, The Bad, and The Ugly"

The "Good" is the good for you. I saw this recipe for spaghetti squash on a Sara Moulton show recently. It is genius and FAST with no oven roasting.

The "Bad" is not really bad for you but a fun game day goodie. I saw this hot dog recipe on The Kitchen recently as an affordable alternative to burnt ends.

Now for "The Ugly" but another way to use up zucchini! There are several versions of this out there, but none of them are pretty.

[Click here for the full recipe](#)



Gardener's Travels

Pacific Flyway



It's time to remember local treasure – the Wildlife Refuge

We are quickly entering the time of year when the days shorten and we start seeing and hearing the return of the birds who migrate through the Pacific Flyway. Instead of talking about a park somewhere I thought you might like to be reminded of the wonderful gift we have living in the Sacramento Valley.

[Click here to read the full article.](#)

Submitted by Cynthia White

Thinking Safe and Green

Master Gardener Program

Avoiding Stooped Posture

In a 2008 survey of the University of California Master Gardener Program, respondents indicated the posture of more than 250 Master Gardeners was repeatedly or constantly stooped either at weekly or monthly intervals when pursuing gardening activities. Information from the National Institute for Occupational Safety and Health indicates stooped posture is closely associated with a high incidence of low back disorders, including injuries to muscles, nerves, discs, and ligaments of the low back. The following provides information about how to prevent lower back disorders by avoiding stooped posture when gardening.

[#26 Avoiding Stooped Posture](#)



Gardening Guide

UC Master Gardener Program of Colusa County

Zones 8 and 9

	October	November	December
Planting	<p>What to plant:</p> <p>Cool-weather annuals like pansies, violas, snapdragons can be transplanted now.</p> <p>Also, you can direct seed cornflower, nasturtium, poppy, nigella, portulaca and sweet peas.</p> <p>If you don't have a winter garden, consider planting a cover crop to be tilled in next spring.</p> <p>Direct seed peas, spinach, radishes, lettuce, and carrots.</p> <p>Early in the month you should buy your new bulbs and refrigerate them for six weeks before planting them in the garden.</p>	<p>You can still sow seeds of wildflowers this month. Plant California poppy, calendula, clarkia, and sweet peas.</p> <p>In the veggie garden plant seeds for lettuce, mustard, spinach, radishes, and peas.</p> <p>If you didn't get your new tree planted last month, it is not too late to take advantage of the fall root growth that will give your new tree a strong start in the spring.</p> <p>Also, this is the time to plant the chilled bulbs, and the spring flowering tubers and corms.</p>	<p>Plants and seeds make awesome holiday, hostess and mystery gifts</p> <p>What to plant:</p> <p>Bare-root roses</p> <p>Bulbs</p> <p>Camellias</p> <p>Cyclamen</p> <p>Hellebore</p> <p>Living Christmas trees</p> <p>Bare-root fruit and landscape trees</p>
Maintenance	<p>October is a good time to consider reducing the size of your lawn. You can still rejuvenate a lawn with over-seeding.</p> <p>Put your spent annuals and vegetables (disease-free, of course) in your compost pile.</p> <p>Add compost to the beds that had the annuals and vegetables you are pulling out, before re-planting in those beds.</p> <p>If you had glads, dahlias or tuberous begonias they should be dug up and cleaned after the foliage dies. Store the corms and tubers in a cool, dry place.</p>	<p>Look at your camellias and remove excess buds to get larger flowers.</p> <p>In the middle of the month fertilize the veggies and flowers that were planted in October.</p>	<p>Adjust your irrigation</p> <p>Protect citrus and other sensitive plants</p> <p>Apply dormant spray</p> <p>Add mulch to beds</p> <p>Divide perennials</p> <p>Throw out fallen rose leaves</p>
Prevention	<p>This is also the month to dig, divide, and re-plant overgrown perennials that have finished blooming. Be sure to clear out any weeds that developed in the perennial bed.</p> <p>Check azaleas, gardenias and camellias for leaves yellowing between the veins. Apply chelated iron if this condition is present.</p> <p>Be sure to deadhead your roses following the October bloom.</p> <p>Keep your compost bin covered with a plastic tarp</p>	<p>Clean up all the fallen/falling leaves and other plant debris and dispose of diseased materials.</p>	<p>Catalogs are arriving to get you excited about what to plant next year. You might want to consider removing some lawn area and creating a new planting bed to make room for all the new plants in the catalogs.</p>

Science Word of the Month

Broadleaf Evergreen:

Broadleaf evergreen – A shrub or tree with green leaves (as opposed to needles) that hold their foliage all year long.

Examples: *Euonymus fortunei* (winter creeper), Southern magnolia, Sweetbay magnolia



Advice to Grow By ... Ask Us!



In today's fast paced, social media way of life, fake news has become normal. This includes fake gardening advice.

UC Master Gardeners use cutting edge, research-based information to help you garden better. We are practical, connected and trusted.



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