



4-H NEWS ROUNDUP

University of California
Agriculture and Natural Resources

Lassen County Cooperative Extension

707 Nevada Street, Susanville, CA 96130
(530) 251-8285 * sfortin@ucanr.edu

NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN LASSEN COUNTY

Calendar of events...

October 2025

OCTOBER

- 1-2 4-H office closed-Attending Inservice
- 3 Quilting Project mtg, Janesville Fire Hall, 6 pm
- 4 Harvest Hootenany at Wemple's Pumpkin Patch (see flyer)
See Scholarship opportunity due Oct. 11th
- 5 Achievement Night, 5:00 pm @ Smith Family Farms
- 5 Countywide Shooting Sports Rifle Meeting
- 10 Cards/Letters/Items due to Blue Star Moms
- 10 Countywide Shotgun Project Meeting (see flyer)
- 5-11 National 4-H Week
- 11 LARP Scholarship due on line
- 17 National 4-H week Proclamation Thank you notes due to 4-H office
- 19 Countywide Rifle Project Meeting (.22 Rifles)
- 23 VMO (formerly Council) meeting, 6:00 pm, 4-H office
- 24 Countywide Dog meeting
- 28 Countywide Fly Fishing meeting
- 31 Happy Halloween



NOVEMBER

- 4 Favorite Foods Day Registration & Recipes due for Recipe book, 5 pm, 4-H Office
- 4 Record Book Training (Club and Project Leaders & Interested Parents) 5:30 pm, LHS-Mrs. Ammon's room
- 8 Countywide Shotgun Meeting 2:00 pm
- 12 Countywide Air Rifle—Continuing members 12-2 pm,
First year 2-4 pm
- 15 Favorite Foods Day, 10:00-1:00, Westwood Community Center (see flyer and links)
- 17 Countywide Fly Fishing Project Meeting
- 18 VMO (Council Meeting), 6:00 pm, 4-H Office
- 27 Thanksgiving





University of California

Agriculture and Natural Resources

National & State 4-H News

<https://ucanr.edu/program/california-4-h>

For more information from the STATE 4-H Office:

Join 4-H: [Join 4-H - UCCE Lassen County](#)

4-H Project Sheets: [CA 4-H Resource Center - Projects](#)

4-H Volunteer Leader and Member Resources:

[CA 4-H Resource Center](#)

<https://ucanr.edu/statewide-program/university-california-4-h-youth-development-program/events>

'25-26 4-H Community Club Leaders:

Doyle/South County

Moriah Allen (775)636-1700, Amy Idzinski (530) 260-1233

Dyer Mountain

Cassie Lemaster (530) 258-6987

Johnstonville 4-H

Cody Waltman (530) 310-1366

Lake 4-H

Nancy Hemphill (530) 640-1096, Mandie Jaso (707)845-2610,

Milford 4-H

Chris Hallmark (530) 310-2661, Lacy Music (530) 351-8908

Richmond 4-H

Jessica Jones (530)249-5969, Linda Von Helf (760) 221-4471

Standish 4-H

Virginia Bartholomew (530) 310-1993,
Cindy Weimer (530) 254-6802

Thompson Peak 4-H

Jason Meadows (530) 310-4169

The Roundup Newsletter is published by the Lassen County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. The Roundup is a monthly newsletter for 4-H members, leaders, parents, and friends of 4-H in Lassen County.



Please submit Articles and/or photos by the 3rd Thursday of each month to:

Sandy Hutchens

4-H Community Education Specialist

sfortin@ucanr.edu

(530) 251-8285

4-H Youth Program Office

707 Nevada Street

Susanville, CA 96130

Tuesday & Thursday 9-12 & 1-5

or by appointment

Cooperative Extension Office

707 Nevada Street

Susanville, CA 96130

Monday—Friday 8-12 & 1-5

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<https://ucanr.edu/sites/anrstaff/files/390107.pdf>

Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, Univ. of California, Davis, Agriculture & Natural Resources, 2801 Second St, Davis, CA 95618-7774,

Welcome!

Welcome to all new and returning families to 4-H. This newsletter, The RoundUp, comes out monthly and is an important tool to keeping up with the numerous activities available to 4-H members.

In addition, the Lassen County 4-H website contains lots of helpful information—including how to Join 4-H! Be sure to check it out at

[Lassen County 4-H Program | UC Agriculture and Natural Resources](#)



Stay current with 4-H Information!
Check out our Lassen County 4-H Face book Page!
Check out your club 4-H Face book Page!



Fair Premium Checks are available!

Don't forget to pick yours up at the fair office!

**Building
a Ready
Generation
in a World of
Change.**







**Beyond
Ready**





We equip youth with skills for the future while meeting them where they are today. Through 4-H, we offer opportunities and experiences that shape youth into their full, authentic selves, enabling them to shine both now and in the future.



4-H.org
#4HBeyondReady

 **ENROLL
TODAY**
4-H is for YOU !
4-H is for FUN !

Reminder:

All returning and new members must be approved and "active" members before participating in 4-H activities. This means enrollment in Zsuite is complete and enrollment dues have been paid.

All returning and new volunteer leaders must also be approved and "active" leaders before holding meetings and activities. Please be sure you have completed all the enrollment steps (see Lassen County 4-H website). A project plan must also be on file in the 4-H office. Please contact the 4-H office (530) 251-8285 if you have any questions.



LARP CO-OP PRESENTS

2025 LASSEN CO. GROWN

Harvest Hootenanny

A CELEBRATION OF LASSEN COUNTY'S LOCAL FOOD, LOCAL FOLKS, & THE LAND THAT FEEDS US

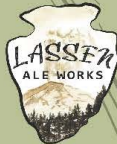
Saturday
OCTOBER
4TH
2-8PM

@ WEMPLE'S
Pumpkin Patch
450-525 WEMPLE LANE
MILFORD

Come enjoy

LOCAL PRODUCER MARKET
FARMER RESOURCE FAIR
FARM TOUR & DEMONSTRATIONS
FAMILY FRIENDLY FUN
FARM TO FORK BURGER BAR
LOCAL BEER
LIVE MUSIC

IN COLLABORATION WITH:



Free Admission

FOR DINNER TICKETS,
PLEASE PURCHASE AT THE QR CODE
OR VIA THE LINK BELOW

A LIMITED NUMBER OF TICKETS WILL BE AVAILABLE DAY OF



FOR MORE INFORMATION, PLEASE VISIT WWW.LASSENCOGROWN.COM
WWW.CALAGTOUR.ORG/CALIFORNIA_OPEN_FARM_PASSPORT/

If you are interested in helping set up for the dinner or participating in our 4-H display area, please contact Sandy Hutchens at the 4-H Office (530) 251-8285!

For information about the LARP scholarship please visit [Scholarships — LARP Co-Op](#)
Scholarships are available now and due October 11, 2025.



Game Together Grow Together

4-H ACHIEVEMENT NIGHT

Community Service -
Please bring a nonperishable food
item

Please bring a dessert

Costumes - Game Characters

SUNDAY, 10/5/25 @ 5:00 P.M.

Smith Family Farms

472-750 Richmond Rd. Susanville

4 - H FAVORITE FOODS DAY



Nov. 15th

**Special Ingredient:
Apples**

Categories

Main Dish
Salad/Side
Dessert

Entries Due
November 4th
@ 5pm

Any **beef dish**
will be eligible
for the
Cattlegirls's
award.

Don't forget to sign up for the additional
table setting competition!

Location: Westwood Community Center

Participants set-up @ 10am

Judging starts @ 11am

From Orchard to Award!
4-H Apples Shine!



'24-'25 Lassen County 4-H Favorite Foods Day Guidelines & Information

Enter any Favorite Salad,
Main Dish, or Dessert

Special Awards for Best
Dish with Beef

Special Awards for Best
Dish using Apples

DATE: Saturday, November 15, 2025
WHERE: Westwood Community Center, Westwood, CA
TIME: 10-10:45 AM Check-in and Set-up entries
10:30 AM Judges' Orientation
11:00 AM Judging begins in all divisions
HOSTS: Dyer Mountain 4-H Club & Standish 4-H Club
SPECIAL INGREDIENT CATEGORY: Apples

Members can make their favorite salad/side, main dish, or dessert. They do not need to include beef or apples. Food with Beef or Apples are eligible for additional Special Awards.

ENTRY DEADLINE: Friday, November 4th by 5:00 PM

Late entries **will not** be accepted!

[Register online here:](#)

[Important Guidelines, Information, Rules, and Judging Information click here.](#)

Information and guidelines must be read and are also available at the 4-H office.

Open to any 4-H member, Ages 5 to 18

AWARDS! AWARDS! AWARDS! AWARDS!

There will be cash prizes for the Beef and Apple Categories! Members receiving a gold seal will receive a Favorite Foods Day medal. Primary members are not eligible for cash prizes.

Best BEEF dish (salad, main dish, or dessert) - - 1st \$100, 2nd \$75, 3rd \$50

Best Special Ingredient -Apple (salad, main dish, or dessert) -- 1st \$75, 2nd \$50, 3rd \$30

Civic Engagement Opportunity

If you didn't do this at your club meeting- Don't Miss Out!



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources | 4-H Youth Development Program

Civic Engagement *Skill Building: Communicating with Legislators*

National 4-H Week

Assembly Majority Leader Cecilia Aguiar-Curry sponsored an Assembly Resolution HR 66 recognizing October 5-11 as National 4-H Week. This is the second time in recent history that we have had a State Assembly-sponsored House Resolution adopted to recognize National 4-H Week in California.

Why Write a Thank You Note?

Elected officials and their staff are public servants who work tirelessly to improve their constituents' lives. As a show of appreciation for the efforts of these public servants, you are invited to send a customized thank you note to Majority Leader Aguiar-Curry.

Thank Majority Leader Aguiar-Curry

If you would like to send a thank you note to Leader Aguiar-Curry, please address it to:

Majority Leader Cecilia Aguiar-Curry
California State Capitol
State Capitol
P.O. Box 942849
Sacramento, CA 94549-0004

Example:

Dear Majority Leader Aguiar-Curry:

Thank you for introducing House Resolution 66 to celebrate and recognize National 4-H Week....

Who Represents You?

Look on these websites to find the names and addresses of elected officials who represent you at the different levels of government.

State Legislator:
findyourrep.legislature.ca.gov

Thank Assembly Members who voted for HR 66, or share impact statements

You are encouraged to write a **handwritten thank you note** to your Assembly representative who voted for the Resolution or an impact statement if they were unable to vote. Go to <https://leginfo.legislature.ca.gov/> to identify your representative and see how they voted. (Note: many members were not present that day and did

not have the ability to cast a vote. A "NVR" or "no vote record" does not necessarily mean they don't support the Resolution.

Letter Content & Style

- Content of the letter should include a "thank you for your support".
- What 4-H means to you. How has it impacted your life and community, i.e.: "Through my 4-H project I have learned how to bake cookies and gave them to a senior center" or "I raised my first rabbit."
- If this is your first letter to a public official let them know:

"As part of National 4-H Week. Oct 5-11, my club is participating in a civic engagement project. As part of this project, I learned how to look up state legislation, identify voting records and find my representative."

- As an alternative you can create a group card and include a photo of your club activities. Really the sky is the limit. It is just about thanking people for their support.

Letter Writing Tips

1. Make it personal. "I am a constituent and want to thank you for supporting or recognizing the October 5-11 as National 4-H Week." Explain what 4-H means to you and your community.
2. Be gracious. Express your appreciation. Please speak to your positive experiences with 4-H and National 4-H Week.
3. We recommend you send a **handwritten note**, and even a handmade card! Legislative offices receive a lot of mail and this makes your note stand out to them.
4. Questions? Reach out to Ryan Cleland with California 4-H at rpcleland@ucanr.edu.

Additional Tips

1. Staff or club organizer can supply stationery and set time aside at a monthly meeting to write the thank you notes. Encourage 4-H youth and volunteers to write letters.
2. Assign one individual to collect and bring letters to the County 4-H Office in your UCCE office. County 4-H Staff will send them to the UC ANR State Office for hand delivery to the Capitol.
3. Share how to look up representatives on the web, and the other listed tips with your 4-H Community.

How to Address the Letter

California State Assembly
The Honorable FirstName LastName
California State Assembly, District X
Address
City, State Zi

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Your letters must be unsealed and turned into the 4-H office by October 15th!!!

Project News

Lassen County Dog Project

Dog Leader: Linda von Helf
Cell (760)221-4471

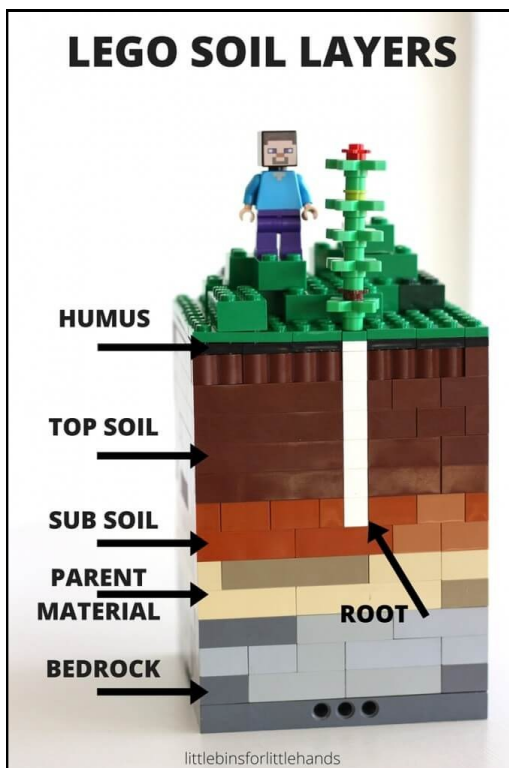




- 4-H'er trains their dog for obedience and showmanship
- Learn parts of the dog, grooming, nutrition...
- Meetings start October 24th, Friday @ 5:00 @ Janesville Park
- No aggressive dogs allowed
- Dogs must have proof of current Rabies vaccination from vet



Lego Project

Leaders: Katherine Swift and Taylor Moore
First meeting coming soon. Contact the 4-H Office (530) 251-8285





Lassen County 4-H **SHOTGUN SHOOTING SPORTS PROJECT**

Join us to learn about our youth shotgun project.

We will cover all project rules, safety protocols, and registration information.

This is a great opportunity to ask questions and meet our instructor, Robert Allen

FRIDAY

OCT 10
4:30-5:30PM

**AT PIZZA FACTORY
IN JANESVILLE**



**MEMBER MUST BE
12 YRS OLD
BY DEC 31, 2025
SHOTGUNS NOT
PROVIDED
MUST BE
ENROLLED IN
4-H**



To join 4-H or for any questions, call the
LASSEN COUTY CO-OP EXT 4-H
at (530) 251-8285



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program

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4-H Fly-Fishing Project



Enroll Now

First meeting 10/28/25
Casting Practice

Bring Fly rod with fly line.
Some rods available if you don't have one.



Contact the 4-H office for location



(530) 251-8285



UCCE Lassen County 4-H Program

[UCCE Lassen County 4-H Program](#)



4-H Youth Development Program
University of California
Agriculture & Natural Resources



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**4-H Youth
Development Program**
University of California
Agriculture & Natural Resources

Youth Cycling Project

The **Bicycle Project** will be basic bike maintenance, setup, skills, fitness and trail maintenance. Learn to ride the local trail system or miles of forest roads around Susanville, Ca.

If you're not currently set up for the project, some loaner bikes may be available depending on size, or do you have an older bike you want to update, Join the project.

Minimum age 7. Family is welcome to attend.

Earn team points for attendance, progress, events, cycling community service for prizes.

Let us know your interest or if you have any questions, please contact
Lassensabajr@gmail.com



LASSEN COUNTY 4-H 2025-26 MASTER CALENDAR

July 2025

- 4 UCCE Office Closed-Independence Day
- 8 JLA Promotion Day & Radio Spots ●●
- 15 4-H BBQ ●●
- 16-20 Lassen County Fair ●●●●●●●●

August 2025

- 12 4-H Fair Review●
- 19 4-H Promotion Event Tractor Supply ●●●●●
- 19 Carcass Contest ●●
- 30 Club Financial Reports Due

September 2025

- 1 UCCE Office Closed-Labor Day
- 2 All Around 4-Her Application Due
- 4 Officer Training ●
- 11 VMO Planning Meeting
- 15 County Record Book Evaluations
- 15 Club Year End Reports Due
- 26 County Leadership Council ●
- 30 UCCE 4-H Office Closed State Inservice

October 2025

- 1-2 UCCE 4-H Office Closed State Inservice
- 4 Hootenany @ Wemple's Pumpkin Patch
- 5 Achievement Night ●●●●●●●●
- 5-11 National 4-H Week ●●●●●●●●
- 23 VMO/County Leadership Council ●●

November 2025

- 4 Record Book Training
- 11 Veteran's Day Parade
- 15 Favorite Foods Day ●●●●●●●●
- 18 County Leadership Council ●●
- 27 Thanksgiving
- 28-30 Tractor Supply Paper Clover Campaign●

December 2025

- 1-14 Tractor Supply Paper Clover Campaign●
- 13 Chico State Youth Livestock Ed Day ●●●●
- 23-Jan 2 UCCE Office Closed Winter Holidays
- 31 Last day to enroll in 4-H market project

January 2026

- 18 Home Arts Extravaganza ●●●●●●●●
- 19 UCCE Office Closed Martin Luther King
- 22 County Leadership Council ●●

February 2026

- 16 UCCE Office Closed Presidents' Day
- 22 County Presentation Day ●●●●●●●●
- 26 County Leadership Council ●●
- 31 UCCE Office Closed-Cesar Chavez Day

March 2026

- 1 8-11am Mandatory Beef Tagging
- 26 County Leadership Council ●●
- 28 Regional Presentation Day ●●●●●●●●
- 29 Small Animal Skills Day

April 2026

- 4-10 Spring Break
- 23 County Leadership Council ●●
- 26 Horticulture Day ●●●●●●●●

May 2026

- 2 LC Children's Fair ●●●●
- 9 8-11am Mandatory Goat, Sheep, Swine Tagging
- 10 Mother's Day
- 16 Large Animal Skills Day ●●●●●●●●
- 23 4-H State Field Day ●●●●●●●●
- 25 UCCE Office Closed-Memorial Day
- 28 County Leadership Council ●●

June 2026

- 19 UCCE Office Closed-Juneteenth
- 21 Father's Day
- TBA State Classic Horse Show ●●●●●●●●
- 25 County Leadership Council ●●

July 2026

- 4 UCCE Office Closed-Independence Day
- 7 Promotion Day ●●
- 14 4-H BBQ ●●
- 15-19 Lassen County Fair ●●●●●●●●
- TBA 4-H Youth State Leadership Conference ●●

August 2026

- TBA Fair Review ●●
- TBA 4-H Promotion Event ●●
- TBA Carcass Contest ●●
- 27 County Leadership Council ●●
- TBA Member and Volunteer Leader Enrollment

September 2026

- 7 UCCE Office Closed-Labor Day
- TBA Officer Leadership Training ●●

- Events Attended ●
- Skill Activities ●
- Leadership ●
- Community Service ●
- Communications ●
- Honors & Recognition ●



**By John Ammon and Abigail Hemphill
2025-2026 Lassen County 4H Ambassadors**

**John Ammon's Report
National 4H Week**

National 4-H week is from October 5th to October 11th. During National 4-H Week, we will have our Achievement Night on October 5th at 5:00 p.m. at Smith Family Farms off Richmond Road. The theme is Game Together! Grow Together! Please come dressed in your favorite game character.

The 4-H activities for the week are Monday – Go Green (wear green), Tuesday – Give a Clover, Wednesday – Show Gratitude (thank a 4-H staff person or volunteer), Thursday – 4-H for Good (share the ways you are supporting your community with 4-H), Friday – Flashback Friday (4-H alumni, families and friends: share your favorite 4-H memory), and Saturday – Grow Green (plant a seed or seedling).

Poster Contest

From September 15th to October 3rd, there is an individual poster contest where members of every club are encouraged to make a poster about 4-H or "Why Join 4-H" and hang it up in a local business. The member will then take a photo of himself/herself with the poster. Send the picture to jlmallery@yahoo.com. (Please write poster contest in the subject line). The winners of the poster contest will receive a prize at Achievement Night.

Window Display Contest

From September 15th to October 3rd, we will also have a window display contest. Clubs or individual members from clubs will go around and paint windows of local businesses that have agreed to participate in this contest. The windows will be painted to promote 4-H.

One club will receive a prize and will be announced at Achievement Night. Be sure to look on the Lassen County 4-H Facebook page to see what businesses want their windows painted. When you finish painting a window, please take a picture and send it to jlmallery@yahoo.com (please write window display in the subject line).

**Abbie Hemphill's Report
Carcass Contest**

The carcass contest was a big success for many 4-Hers! That night, 4-Hers received their checks from the sale of their project animals. They were recognized for all the hard work they put into their projects this year. First place for each division received belt buckles. Congratulations to the following beef exhibitors: Alaina Ingram, Owen Giese, and Russell Mallery. Congratulations to Jonah Jaso for winning the Rate of Gain contest for beef. She also earned Best Placing Hereford along with Best Bred and Fed Hereford.

Congratulations to the following sheep exhibitors: Samantha Medvin, Lily Ammon, and Megan Vonhelf. Congratulations to Belen Sanchez for winning the Rate of Gain contest for sheep.

Congratulations to the following swine exhibitors: Carlee Parker, Mesa Waltman, and Avarie Pratt. Congratulations to Mary Gallagher for winning the Rate of Gain contest for swine.

Congratulations to the following goat exhibitors: Carlee Parker, Paige Parker, and Aspen Borba. Congratulations to Carlee Parker for winning the Rate of Gain contest for goats. Congratulations to Kacee Howe for receiving the gold seal for the Carcass of Merit.

Congratulations to the following beef exhibitors who received a Carcass of Merit: Ashley Vonhelf, Paige Parker, Alex Van Meter, Koyle Hatfield, Peyton Pratt, and Broc Ferreira.

Open House

4-H Open House had a big turnout at Tractor Supply on August 19th. Members from South County, Lake, Thompson Peak, Milford, Standish, and Richmond participated in this event.

The clubs had examples of all the projects they offer and highlighted activities and community services they do within their clubs. The ambassadors gave out root beer floats and informed new families about 4-H.

Officer Training

Officer Training went very well with many officers in attendance. Thank you to Cindy Weimer, Tamia Sanders, Julie Mallery, Molly Dickson, John Ammon, and Abbie Hemphill for teaching the upcoming officers about their positions.

We also learned meeting basics such as how to put an agenda together and how to properly make a motion. After completing officer training, we enjoyed pizza and drinks.