

[Date]

A Snapshot of CalFresh Healthy Living in [county/city]

About [LHD] CalFresh Healthy Living

CalFresh Healthy Living (CFHL) promotes healthy lifestyles through nutrition and physical activity interventions delivered in low-income communities across California. This brief report provides an overview of the CFHL program activities implemented by [LHD] during Federal Fiscal Year (FFY) 20xx to inform decision-making, program development, and future initiatives to support the health and well-being of communities in [county/city].

Among [county/city's] XXXXXX residents, **XX% live in low-income households** that are eligible for CalFresh Healthy Living programming. These residents are more likely than higher-income residents to experience barriers to good health. Among low-income residents of [county/city]:

- XX% have access to a nearby supermarket
- XX% report that fresh fruits and vegetables are always affordable
- XX% can always find fresh fruits and vegetables
- XX% report being food secure

During FFYXX, [LHD's] CFHL interventions reached **XXXX individuals** through a combination of [Policy, Systems, and Environmental (PSE) change efforts, Direct Education (DE), and Indirect Education (IE) activities].

CFHL Transforms Communities through Policy, Systems, & Environmental (PSE) Changes

PSE interventions aim to transform communities by increasing access to healthy food and expanding opportunities for physical activity, creating conditions that enable SNAP-eligible populations to make healthy choices. In FFYXX, [LHD] planned and implemented PSE activities at **XX sites** in low-income communities. **XX (XX%)** of these sites reported **XX PSE changes adopted**, reaching **XXXX individuals**. The most common PSE approaches used were: [top 3 PSE change topics].

PSE change topic 1

LHDs implemented **XX [PSE change topic] changes** adopted at **XX sites**.

[PSE change topic] interventions were most commonly implemented in:

- List of most common settings
- List of most common settings
- List of most common settings

Key focus areas for [PSE change topic] interventions included:

- List of most common PSE changes adopted

- List of most common PSE changes adopted

PSE change topic 2

LHDs implemented **XX [PSE change topic] changes** adopted at **XX sites**.

[PSE change topic] interventions were most commonly implemented in:

- List of most common settings
- List of most common settings
- List of most common settings

Key focus areas for [PSE change topic] interventions included:

- List of most common PSE changes adopted
- List of most common PSE changes adopted

PSE change topic 3

LHDs implemented **XX [PSE change topic] changes** adopted at **XX sites**.

[PSE change topic] interventions were most commonly implemented in:

- List of most common settings
- List of most common settings
- List of most common settings

Key focus areas for [PSE change topic] interventions included:

- List of most common PSE changes adopted
- List of most common PSE changes adopted

CFHL Education Gives Individuals the Knowledge and Skills to Make Healthy Choices

CFHL provides education through classes that actively engage participants (direct education or 'DE') as well as distribution of health education materials (indirect education or 'IE').

In FFYXX, [LHD] delivered **XX DE activities** in **XX sites**, reaching **XXX individuals**.

Youth Direct Education

Direct education reached **XXX youth ages 0-17 years** (XX% of DE reach). Youth education classes covered a variety of healthy lifestyle topics, including nutrition (XX%), physical activity (XX%), or a combination of the two (XX%). Settings where children were commonly reached include:

- Setting 1: XX% of children
- Setting 2: XX% of children
- Setting 3: XX% of children

Youth DE activities were most often delivered in a **[single session/series of 2 or more lessons]** (XX%). The remaining activities were delivered as a **[single session/series of 2 or more lessons]**. The most common curricula used for DE with children were:

- Curriculum 1 (XX%)
- Curriculum 2 (XX%)
- Curriculum 3 (XX%)

Adult Direct Education

Direct education reached **XXX adults aged 18 years and over** (XX% of DE reach). Adult education classes covered a variety of healthy lifestyle topics, including nutrition (XX%), physical activity (XX%), or a combination of the two (XX%). Settings where adults were commonly reached include:

- Setting 1: XX% of adults
- Setting 2: XX% of adults
- Setting 3: XX% of adults

Adult DE activities were most often delivered in a **[single session/series of 2 or more lessons]** (XX%). The remaining activities were delivered as a **[single session/series of 2 or more lessons]**. The most common curricula used for DE with adults were:

- Curriculum 1 (XX%)
- Curriculum 2 (XX%)
- Curriculum 3 (XX%)

Indirect Education

 [LHD] reached **XXX individuals** with health education messaging through **XX indirect education (IE) activities** delivered via **XX information channels**.

The most commonly used channels for delivering IE:

- Channel 1
- Channel 2
- Channel 3

Key settings for IE:

- Setting 1
- Setting 2
- Setting 3

CFHL Partnerships & Coalitions Support System-wide Change Efforts

[LHD's] CFHL program engages in partnerships and coalitions to leverage resources and enhance sustainability. These collaborations are especially important for supporting PSE change efforts.

Partnerships occur formally or informally between LHDs and other entities involved in CFHL programming during a given year.	Coalitions are groups of individuals and/or organizations who commit to joint action over an extended period.
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Partnerships

During FFYXX, [LHD] engaged with **XX partners**. These partners reflect the settings where CFHL are implemented and organizations that support these efforts. **Common partners** include:

- Partner type 1
- Partner type 2
- Partner type 3

As mutually beneficial partnerships, [LHD] provided assistance to their partners as well as received assistance in return. Assistance commonly included:

Assistance Provided

- Assistance Provided 1 (XX%)
- Assistance Provided 2 (XX%)
- Assistance Provided 3 (XX%)

Assistance Received

- Assistance Received 1 (XX%)
- Assistance Received 2 (XX%)
- Assistance Received 3 (XX%)

Multi-sector Coalitions

In FFYXX, [LHD] participated in [name of coalition]. This coalition aims to [insert a description, mission, vision statement, etc.]. The coalition included **X members** from **X diverse sectors**, demonstrating the ways [LHD] works together with other sectors to collectively impact the health and wellbeing of community members. The sectors represented were:

- Sector 1
- Sector 2
- Sector 3

In FFYXX, [LHD] participated in **X multi-sector coalitions** with two or more members. These coalitions included:

- Consider listing the names of all coalitions, if space permits
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- Consider listing the names of all coalitions, if space permits

These coalitions ranged from **X to XX members** and in combination represented **XX diverse sectors**. The most common sectors represented in these coalitions were:

- Sector 1
- Sector 2
- Sector 3

CFHL Efforts are Making a Difference in [county/city]

During FFYXX, [LHD's] CFHL program accomplished [summarize one or two high-level accomplishments]. For example:

- Example 1 of one of the following:
 - New partner, program, or setting, or expanded reach of a program
 - Program recognition, awards, or press/media coverage
 - Improved community capacity to sustain PSE change
- Example 2 of one of the following:
 - New partner, program, or setting, or expanded reach of a program
 - Program recognition, awards, or press/media coverage
 - Improved community capacity to sustain PSE change

LHD partners work towards creating healthier environments!

In FFY24, the **greatest adoption of best practices** amongst the CFHL sites that partner with [LHD] were related to:

- [Placeholder SLAQ section] in [placeholder SLAQ setting] (xx/100; n=XX)
- [Placeholder SLAQ section] in [placeholder SLAQ setting] (xx/100; n=XX)
- [Placeholder SLAQ section] in [placeholder SLAQ setting] (xx/100; n=XX)

Compared to a prior year, **XX** sites in [LHD] demonstrated greater implementation of best practices overall. Specifically, they demonstrated improvements in:

- Practices related to [placeholder SLAQ section] in XX [placeholder SLAQ setting]
- Practices related to [placeholder SLAQ section] in XX [placeholder SLAQ setting]

LHD's CFHL programming is making a difference for participants!

Among **youth** participating in school-based interventions, improvements were found in:

- XX% increase/decrease in [behavior]
- XX% increase/decrease in [behavior]

Among **adults** participating in series-based direct education, improvements were found in:

- XX% increase/decrease in [behavior/outcome]
- XX% increase/decrease in [behavior/outcome]

Highlights from [LHD's] FFYXX CFHL programming are evident in feedback we receive from our [partners/participants].

- [Insert quotes or a summary of other feedback from partners or participants]
- [Insert quotes or a summary of other feedback from partners or participants]
- [Insert quotes or a summary of other feedback from partners or participants]