

# *Codling Moth Identification & Organic Management*

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**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources

**UC Cooperative Extension**

*Codling Moth IPM Webinar  
Jan. 28, 2026*

# Codling Moth (*Cydia pomonella*)

- Codling moth is the most destructive pest of apple and pear globally. Also, key pest in walnuts.
- Other major hosts include crabapple, quince, hawthorn, peach, apricot, etc.
- Larvae feeding on the fruit and causes damage

Adults (moths) are 1/2 inch long, mottled gray and brown



Damage to:



Apple



Pear

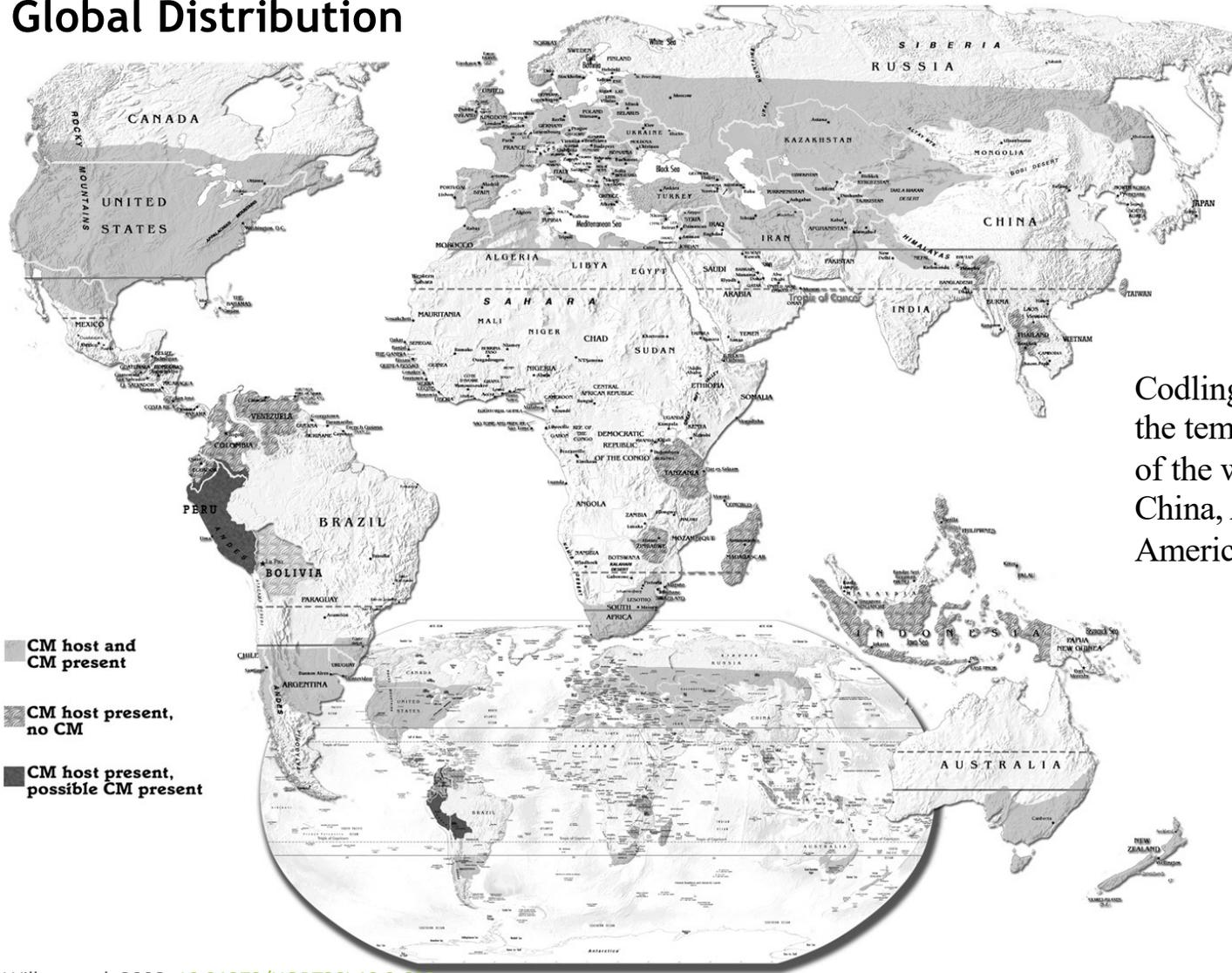


Walnut

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# CM Global Distribution



Codling moth (CM), is found in most of the temperate fruit-growing regions of the world, including Europe, China, Australia, New Zealand, South America, and North America

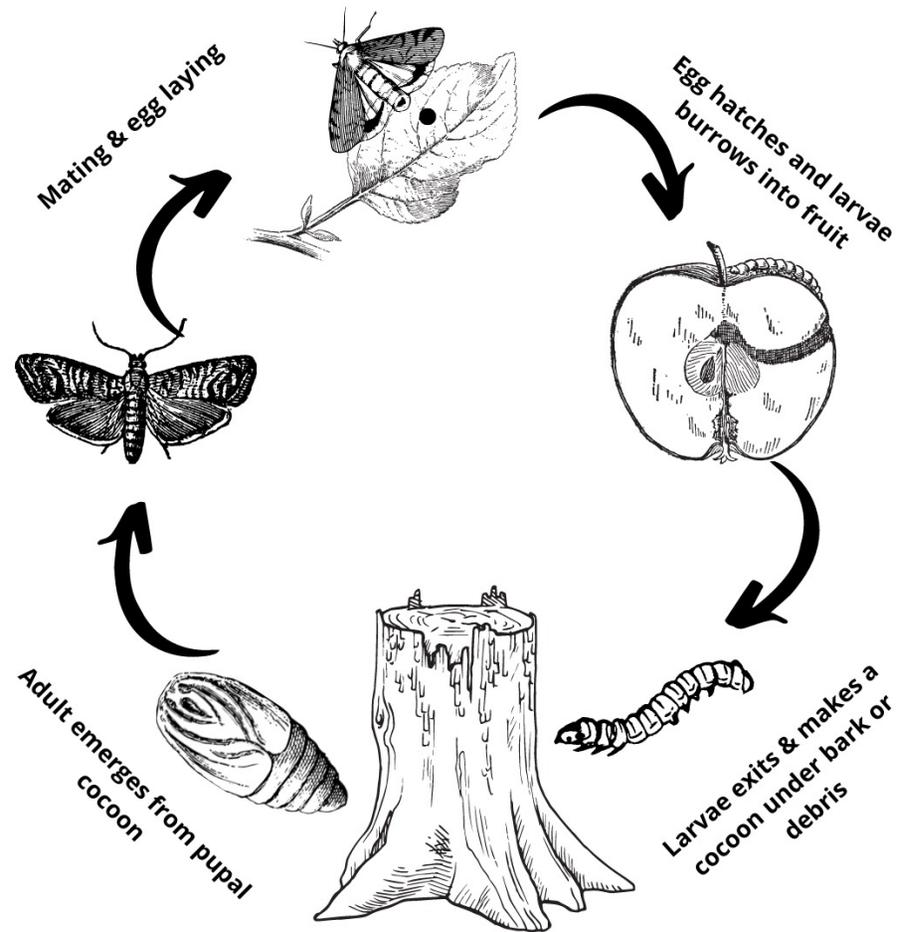
# Codling Moth Biology

- Overwinters as a larva on tree barks
- Overwintering generation adults (first flight) emerge in March-May
- Females can lay 30 (overwinter) to 60 (seasonal) eggs singly on leaves (apple, pear) or fruits (apple, pear, walnut)
- 2-4 generations per year
- Larvae of all generations can be economically important for their host crops – apples and pears



3-4 generations/year

# Life Cycle



# Integrated Pest Management -IPM

“IPM is a decision-based process involving coordinated use of multiple tactics for optimizing the control of all classes of pests (insects, pathogens, weeds, vertebrates) in an ecologically and economically sound manner.” - Ronald J. Prokopy

## What does IPM mean for IPM practitioners?

- Identifying the pest (s) and understanding pest biology;
- Regular monitoring of pests, and their natural enemies;
- Use of thresholds when deciding to apply control methods;
- Integrated use of preventative and suppressive control methods

## What are the ultimate goals?

- ▶ Reduce pesticide use
- ▶ Protect the environment and human health
- ▶ Provide economic savings



Modified from Lester Ehler

# Identifying Pest/Damage

## Damage Biology:

- Eggs are pinhead-sized, flat & oval, and translucent at first, later turning white.
- Laid singly on fruit or on upper surface of leaves near fruit.
- Newly hatched larva (1/10<sup>th</sup> inch) may enter through the fruit's sides, stem end, or calyx (flower) end.



Figure 5.



Figure 6.



Figure 7.



Figure 8.



Figure 9.



Figure 10a/12c



Figure 10b.



Figure 11a.

## Damage symptoms:

- Deep tunnels from the larvae to the center of the fruit
- Brown frass (excrement) extrudes from entry and exit holes
- Stings - healed shallow or aborted entries (unsuccessful entry)

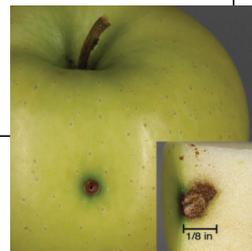


Figure 11b.



Figure 12a.



Figure 12b.

# Pest monitoring

## A. Predictions Models

## B. Monitoring tools

### Predictions Models: Biofix and Degree Days

**Biofix:** The date at which biological event of a particular insect begins. Useful in **degree-days** calculation

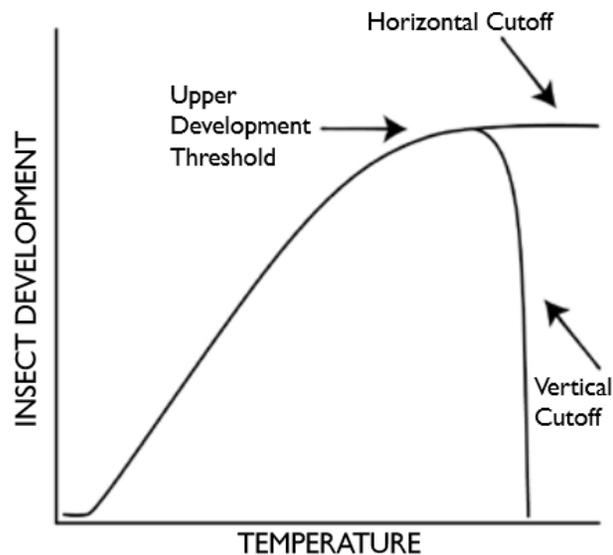
Codling moth, biofix is the first date that moths are consistently found in traps and sunset temperatures have reached 62<sup>0</sup>F



# Degree days

**A degree day:** A degree day (DD) is a measurement of heat units over time, calculated from daily maximum and minimum temperatures.

- ▶ **Degree days** are based on the rate of an insect's development at temperatures between upper and lower limits for development



**Why is the DD important?**

-Guides the pest control decisions

# CM Monitoring

## Under no-mating disruption:

- ▶ **1 mg (1X) lure**, put traps (southeast side of the tree, 6-7 feet high), higher placement-more capture
- ▶ 1X lures has pheromone (codlemone), only attracts males

## Under mating disruption or influenced by MD

- ▶ Use both: 1x, and CM-DA combo lures
- ▶ CM-DA combo has both codlemone and kairomone (pear volatile), and attracts both male and female

Use traps to determine the biofix and track the flights and degree-days to make spray timing decisions



# Degree Days Calculation

UNIVERSITY OF CALIFORNIA AGRICULTURE & NATURAL RESOURCES  
**UC IPM**  
 Statewide Integrated Pest Management Program

## Run Models and Calculate Degree-Days

Our degree-day calculator has two branches. You can run preset models as recommended in our pest management guidelines. Or, you can specify thresholds and method of calculation to calculate any degree-days. Weather data for the calculations may come from the UC IPM database for California, a file you supply, or data you enter online. | [Acknowledgments](#) |

| [Using this calculator](#) | [Reference degree-day tables](#) | [About degree-days](#) |

[Run models](#)  
[Calculate degree-days](#)

### Run models—using degree-days, as recommended by UC Cooperative Extension

#### Select an organism and preset thresholds

Fuller rose beetle (Lower=51 F)
Lygus bug (Lower=54 F)
<b>Navel orangeworm (Lower=55 F, Upper=94)</b>
Obliquebanded LR on Pistachio (Lower=43 F, Upper=90)
Obliquebanded LR on Prune (Lower=43 F, Upper=85)
Omnivorous leafroller (Lower=48 F, Upper=87)
Orange tortrix (Lower=43 F, Upper=78)
Oriental fruit moth (Lower=45 F, Upper=90)

- [Reference degree-day tables](#) for accumulating degree-days by hand.
- [Other models](#) of plants, pests, and beneficials—using degree-days (unknown validation)

### Calculate degree-days—specify thresholds

#### Specify thresholds and method of calculation

**Thresholds**  
 Fahrenheit  Celsius

Enter lower  Enter upper  (optional)

**Method of calculation** **Upper cutoff method**

## Degree-days: Navel Orangeworm in Almonds

Use this program to run a model of navel orangeworm in almonds, recommended by UC Cooperative Extension. In calculating degree-days, the program uses temperatures from the UC IPM weather database, a file you supply, or data you enter online.

How to use this model in: [almonds](#), or [pistachios](#)  
 | [Calculate any degree-days](#) | [Using this calculator](#) | [Reference degree-day tables](#) | [About degree-days](#) |

### Navel Orangeworm in Almonds

- Lower/upper threshold: 55/94°F
- Calculation/upper cutoff method: single sine/horizontal
- Biofix: The first biofix is the beginning of a consistent increase in egg laying on egg traps. When at least 75% of the egg traps in a given location show increases in the number of eggs on two consecutive monitoring dates, the biofix is the first of those two dates.
- Additional information on using this model: [Pest Management Guideline](#)

### Specify source of temperature data

Select the source of temperatures to be used to calculate degree-days. You may also use your own maximum and minimum temperatures and look up approximate daily degree-day values in a [reference degree-day table for navel orangeworm](#), then total them yourself.

#### Weather station from UC IPM database

Select from stations in which California county?

Sierra
Siskiyou
Solano
Sonoma
<b>Stanislaus</b>

 Include active stations only
 

#### Set time period for running model

Biofix (start date):

End date:

Biofix (start date): The first biofix is the beginning of a consistent increase in egg laying on egg traps. When at least 75% of the egg traps in a given location show increases in the number of eggs on two consecutive monitoring dates, the biofix is the first of those two dates.

#### Your data file

no file selected [Text file \(comma or tab delimited\) format](#)

#### Enter data online



# UCIPM Degree Days Calculation

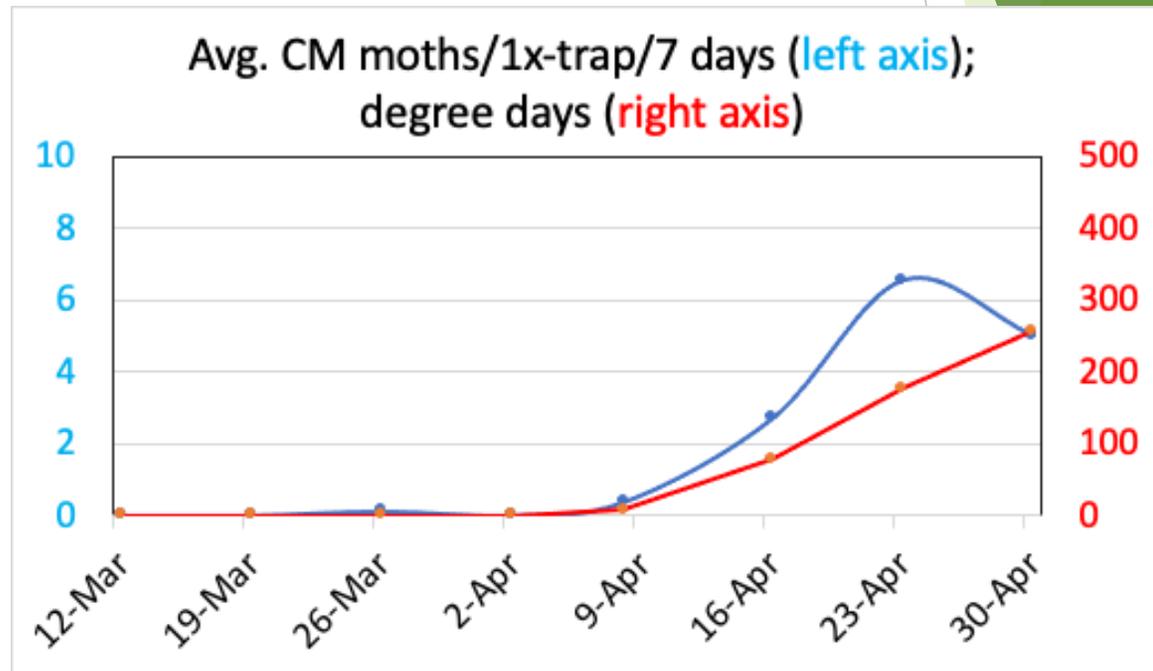
Weather station: [Denair\\_II.A \(CIMIS #206, Denair II\)](#)

Time period: April 8, 2024 to July 5, 2024, retrieved on May 6, 2024 (89 days).

Note: Only 29% of requested data were available from station Denair\_II.A. [See retrieval table.](#)

Date	Air temperatures (°F)		Degree-days		Notes
	Min *	Max *	Daily	Accumulated	
Apr 08 2024	37	69	6.68	6.68	
Apr 09 2024	40	75	9.84	16.52	
Apr 10 2024	45	78	12.34	28.86	
Apr 11 2024	48	83	15.70	44.57	
Apr 12 2024	51	76	13.50	58.07	
Apr 13 2024	42	58	2.55	60.61	
Apr 14 2024	43	60	3.50	64.11	
Apr 15 2024	42	66	6.03	70.14	
Apr 16 2024	44	73	9.68	79.83	
Apr 17 2024	48	77	12.72	92.55	
Apr 18 2024	47	80	13.89	106.44	
Apr 19 2024	51	78	14.50	120.94	
Apr 20 2024	48	79	13.72	134.66	
Apr 21 2024	47	81	14.38	149.04	
Apr 22 2024	47 1	85 1	16.36	165.40	
Apr 23 2024	50	72	11.00	176.40	
Apr 24 2024	49	69	9.10	185.50	
Apr 25 2024	50 A	76 A	13.00	198.50	
Apr 26 2024	48	70	9.26	207.75	
Apr 27 2024	43	73	9.47	217.23	
Apr 28 2024	46	76	11.63	228.85	
Apr 29 2024	47	76	11.91	240.77	
Apr 30 2024	46	77	12.12	252.89	
May 01 2024	50	78	14.00	266.89	
May 02 2024	45	82	14.29	281.18	
May 03 2024	52	82	17.00	298.18	
May 04 2024	43	57	2.23	300.40	
May 05 2024	39	64	4.76	305.16	
May 06 2024	52 A	79 A	15.50	320.66	
May 07 2024	52 A	80 A	16.00	336.66	
May 08 2024	54 A	81 A	17.50	354.16	
May 09 2024	53 A	80 A	16.50	370.66	
May 10 2024	52 A	81 A	16.50	387.16	

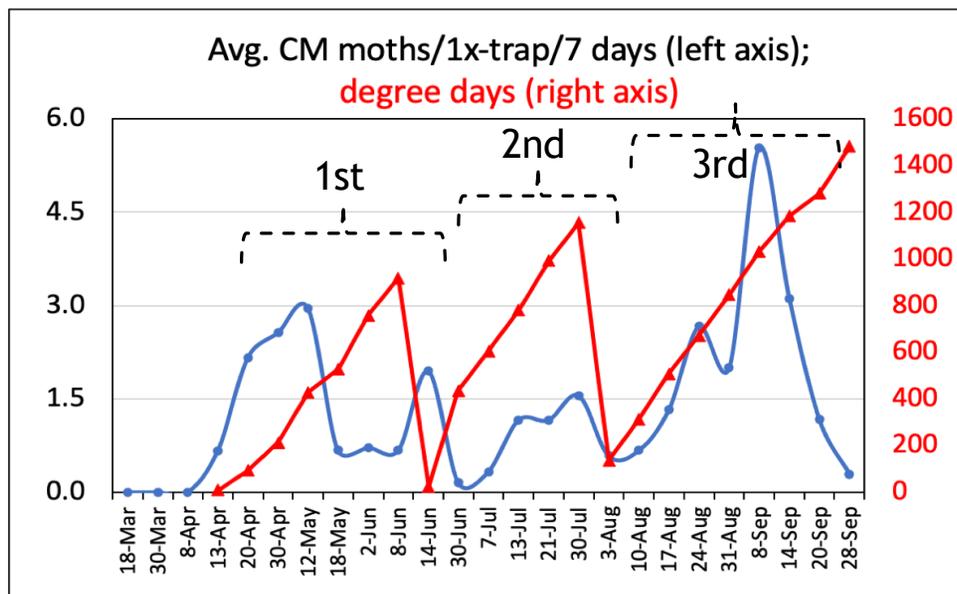
► 2024 Codling Moth (CM): Biofix 8 April; Modesto



# Example: Seasonal trap counts and treatment decisions using degree days (Y 2016)

## Codling moth (Stanislaus)

- 1<sup>st</sup> flight biofix: 13 April;
- 2<sup>nd</sup> flight biofix: 14 June; spray timing (300DD): June 26
- 3<sup>rd</sup> flight biofix: 30 July; spray timing (300 DD): August 9
- Accumulated degree-days at 10/4: 1481



Typical generation periods and spray timing

Generation Length (degree-days)			Spray Timing (degree-days)	
1st	2nd	3rd	Early generation	Later generations
1060	1100	1200	250-300	250

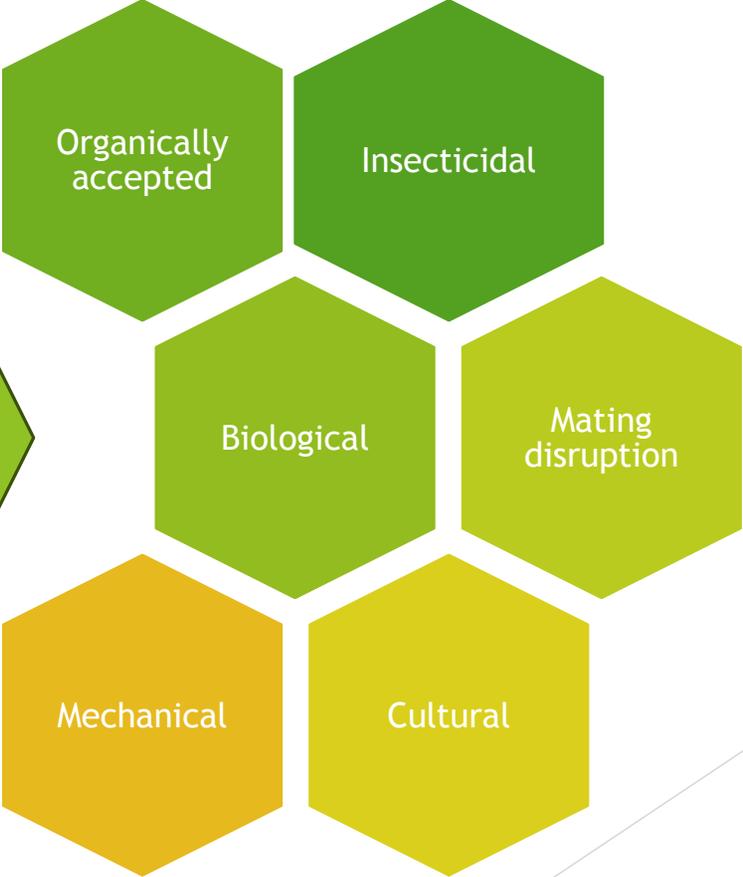


## Fruit Sampling for Damage

- ▶ Fruit damage can occur even when no moths are caught in traps, so check fruits for damage.
- ▶ Examine at least 200 fruits from throughout the orchard as well as in known hot spots and areas vulnerable to wind (edges, high spots), which can reduce pheromone concentration.
- ▶ If fruit damage exceeds 0.5%, supplemental sprays are warranted for the next generation. If the damage is light and in borders, treating 5-10 rows along the problem border may be adequate
- ▶ Assess your program: evaluate 300 fruit left on trees after harvest to assess overwintering population levels.

# Codling Moth Management Options

Codling Moth IPM



# Cultural & Mechanical

## Sanitation

- ▶ Pay attention to nearby abandoned orchards (apple, pear, and walnut) and remove the hosts if possible
- ▶ Remove props, picking bins, and fruit and wood piles from the orchard.
- ▶ Hand thinning to remove all infested fruit during each generation, before worms leave fruit, and removal of infested and dropped fruit

- ▶ Fruit bagging
- ▶ Tree netting
- ▶ Cardboard banding: a trap for mature CM larvae as they crawl on the tree in search of a place to pupate



Minimum 2-inch wide; placed 12-18 inches above the base of the trunk



<https://entomology.ca.uky.edu/ef218>

<https://www.cityfruit.org/managing-for-codling-moth/>

<https://www.oksir.org/backyard-tree-care/cardboard-banding/z>

# Mating Disruption

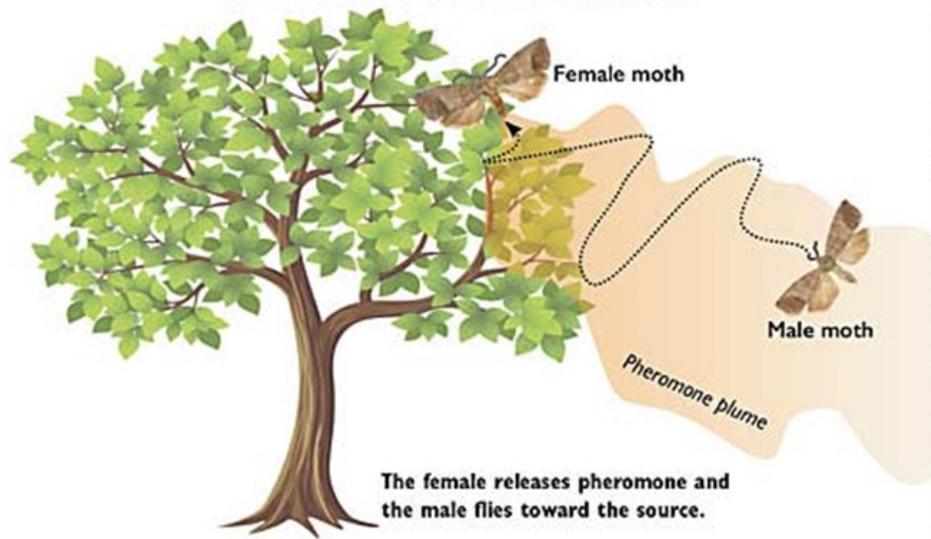
- Uses synthetic sex pheromones to interfere with mate-finding
- Reduces mating success, egg-laying, and larval damage
- Successfully used against key tree-crop moths, including:
  - Codling moth (*Cydia pomonella*) – apples, pears, walnuts
  - Navel orangeworm (*Amyelois transitella*) – almonds, pistachios, walnuts
  - Peach twig borer (*Anarsia lineatella*) – stone fruits and almonds
  - Oriental fruit moth (*Grapholita molesta*) – peaches, apples
- Most effective with area-wide adoption and low–moderate pest pressure
- One time application (most products)
- Selective, residue-free, and compatible with IPM programs

# Mating Disruption

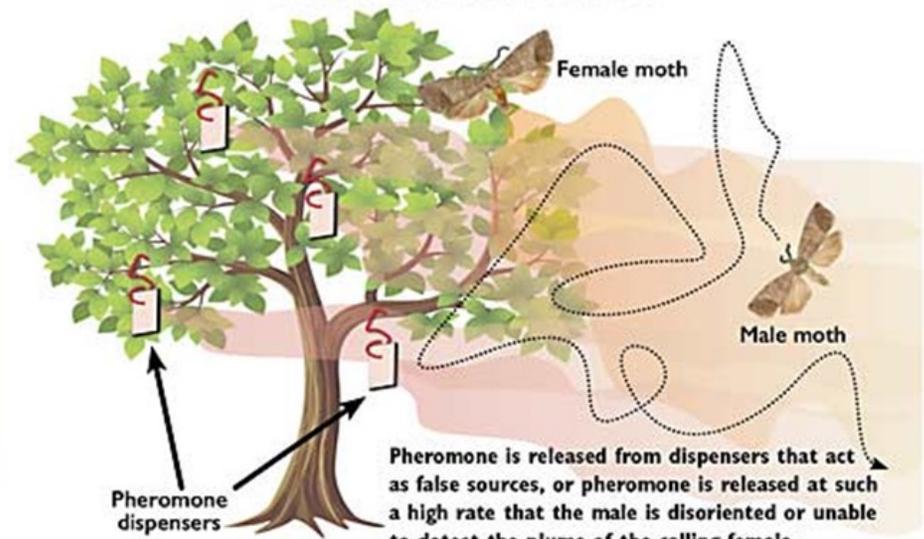
## How mating disruption works

*Mating disruption involves the use of synthesized sex pheromones to prevent male insects from finding females and mating.*

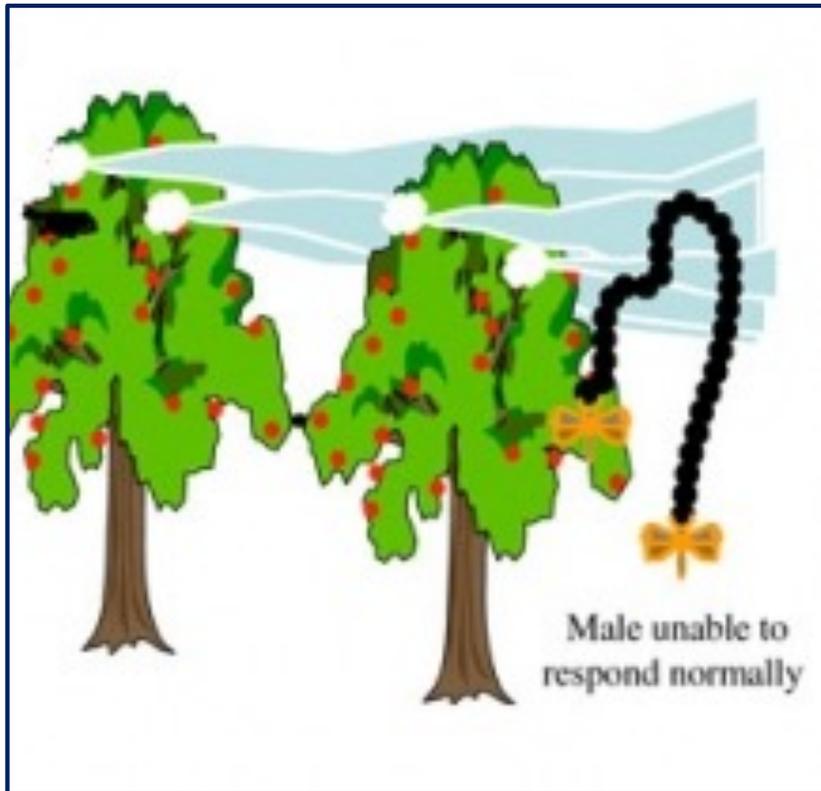
### NORMAL MATE LOCATION



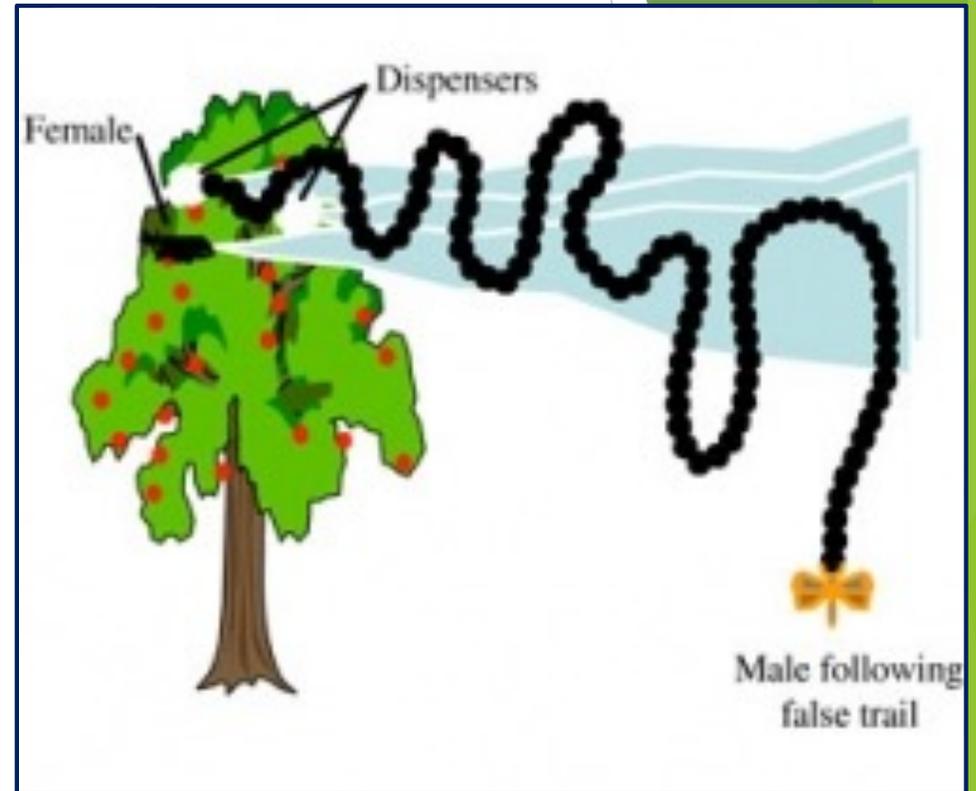
### MATING DISRUPTION



# Mating Disruption Mechanisms



**Non-competitive**  
(e.g. Oriental fruit moth)



**Competitive - False Trail Following**  
(e.g. Codling moth)

# Mating Disruption

## 1. Sprayable liquid formulations

- Tiny microcapsules release pheromones
- Easy to apply
- Short residual (2-3 weeks); multiple applications



## 2. Plastic (hand-applied) dispensers

- 20 to 200 units/acre
- Season-long passive release
- Small and moderate-sized orchards



## 3. Aerosol dispensers

- 1.5 to 2 units/acre
- Released pheromone at programmed intervals

Notes: Attach dispensers to branches in the upper third of tree canopies. Apply before the first biofix in the spring. Large-sized, uniform blocks are better



# Natural Enemies/Biological Control

## **Insectivorous birds**

pick larvae and pupae in cocoons from bark crevices,

## **Egg parasites**

Egg parasite *Trichogramma*

## **Larval/pupal parasites**

Many species of parasitic wasp attack codling moth larvae and/or pupae.

## **Predatory insects**

Earwigs, predatory mirid, anthocorid bugs feed on CM eggs and young larvae.

## **Entomopathogenic fungi**

Many species of entomopathogenic fungi, notably *Beauveria bassiana*, cause significant mortality in overwintered larvae and pupae.

## **Virus diseases**

Codling moth granulovirus is usually associated with biocontrol applications though the virus can overwinter from one year to the next at a low level.



# Biological Control

- Natural enemies alone may not be insufficient to suppress codling moth below economic thresholds in commercial setting
- Augmentative releases of the egg parasitoid *Trichogramma platneri* have been evaluated
- Research shows limited effectiveness in reducing codling moth populations
- Commercially available, but expensive

## Other considerations:

- Enhance natural enemy effectiveness (resident and released)
- Avoid broad-spectrum, persistent insecticides (toxic to natural enemies)
- Control ants that attack beneficial insects
- Plant insectary flowers to provide nectar and pollen
- Reduce dust that interferes with natural enemy activity



# Viruses for Codling Moth Control

- Codling moth granulovirus (CpGV) is a host-specific viral biopesticide, (eg. Cyd-X, MadexHP, Carpovirus, ViroSoft). Multiple variants/isolates
- Infects larvae after ingestion, causing mortality before pupation
- Highly selective – safe for beneficial insects, pollinators, and humans
- Most effective against early instar larvae; requires good spray timing
- UV-sensitive and short residual → may require multiple applications
- Widely used in organic and IPM programs, often combined with mating disruption
- Rotate CpGV with other insecticides, such as spinosad or mating disruption techniques.
- Avoid tank-mixing with copper fungicides, lime sulfur or Bt products

# Insecticide Options for Conventional Orchards

## *Moderate to High Codling Moth Pressure*

- spinetoram (Delegate WG)
- chlorantraniliprole (Altacor)
- cyantraniliprole (Exirel)
- lamda-cyhalothrin (Worrier II with Zeon)

## *Moderate to Low Codling Moth Pressure*

- Acetamiprid (Assail 70 WP)
- phosmet (Imidan 70 W)
- Methoxyfenozide (Intrepid 2F)
- SpearLep+Lep-protect (Bt)

<https://ipm.ucanr.edu/agriculture/pear/codling-moth/#gsc.tab=0>

## Other Insecticide Options

- Spinosad (Entrust)
- Summer oil (different application rate and purity than dormant oil) kills codling moth eggs by smothering them)
- Kaolin clay (Surround)
- Sterile insect release (SIR)



Reapplication might be necessary in most insecticides. Label is the law - follow the label directions

## Summary

- Codling moth is an important pest of apple, pear, walnut and others in the world
- Understanding the pest and its biology is important for IPM adoption.
- Many monitoring tools are available
- Management tools are available and need to be used with IPM as a priority
- Utilize cultural, mechanical and biological control options is possible.
- Mating disruption supplemented by insecticides can be used

# Thank you for your attention!

Disclaimer:

Insecticides and other products mentioned in this presentation could be based on recent and ongoing research. These products may not have been registered for commercial and household use. Information presented here is for educational purposes only and should not be taken as a recommendation. Always follow the product label for appropriate use. A label is the law!