El Dorado County 4-H NEWSLETTER

March 2018



THIS MONTH'S HIGHLIGHTS

4-H All Skills Day 2018

HOME ARTS DAY JOINS SKILLS DAY!

See page #2 for the schedule!



2018 T-Shirts

Will be available at skills days from your Project leaders.

*some extras will be for sale at the 4-H mall



Did you know that 4-H members can also belong to FFA and vice versa? See page #7-8 for Info on the newest FFA Chapter at Union Mine High School.



Member Tip of the Month:

Quality Assurance Training

April 10th 6pm

Fairgrounds Forni Building

*Required for all market animal exhibitors every other year. Check with your leader for more Information.

Volunteer Tip of the Month:

Judges and volunteers need for Home Arts Day March 10th

Training available~ No Experience Necessary!

See page #3 for more information or visit

www.facebook.com/ElDoradoCounty4h

Skills Day Schedule 2018

;8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	
	HOME ARTS DAY: Corker Building											
http://ucanr.edu/sites/EDC_4-H_Program/Home_Arts_Day/ Skills Day activities -Open all day- Marshall Building												
4-H Mall swag for sale, Free Uniform Exchange, Community Service: Project Linus- Making tie blankets,												
Auction Committee Booth: Thank you cards, Proficiency Testing Center, Lego Build Center												
				Market Goat Sheep Barn C								
				*Selection Demo								
		Sheep Pavilion C *Sheep Showmanship Practice/animals provided										
			Sile	Rabbit Agility (Barn A between Beef and Swine)								
	*Demonstration and Practice											
	D. I.I. 11 11			vilion D Goat								
	Rabbits (Vid	CINI) *Small An	imal Master Sho	wmanship Clinic		on.						
					ningsen Pavilli emo 10:30 * T		vities					
				* Farrier Demo 10:30 * Teen lead activities								
				POULT	RY Barn (Pav	rilion D)						
			*Showmanship *Demonstrations *Games (Bring a chicken)									
				Record Book Workshop			Record Book Workshop			rkshop		
					Marshall Building			Marshall Building		ing		
							LUNCH PF	ROVIDED FR	EE AT THE			
				COF					KER BUILDING R			
	Beef 9am-noon Milton Pavilion											
	*Practice Show *Judging Contest *Proficiency tests											
	S	tem Activity	9am-11am N	1arshall Buildi	ng							
	Stem Activity 9am-11am Marshall Building Solar House's First 10 kids											
				Noon Workshoveather car and			rity					
	*Fair Forms **											

^{*}Schedule Subject to change. All Skills Day is rain or Shine. Lunch is free and first come first served and is courtesy of the 4-H Management Board



4-H HOME ARTS DAY General Information Saturday, March 10th, 2018



Home Arts Day (HAD) is El Dorado County 4-H's annual event highlighting non-livestock projects. The Favorite Foods event and Fashion Revue are included in the day's activities, in addition to the arts and crafts, cake decorating, food preservation, fiber arts, and photography exhibits. Regular 4-H members will receive ribbons and/or medals. Primary Members (kindergarten through third grade or under nine years as of December 31st) will have separate divisions in each competition category and will receive participation ribbons.

All entry forms are ONLINE this year through the registration link below. All 4-H members are eligible to enter an *Open Table Setting* exhibit, the Fashion Revue under: *Consumer Science Purchased, See it Sew it and Retro/Vintage inspired* contest, and *Lego Structures*. You do not have to be enrolled in the specific project areas to enter these categories. All information will be available on the El Dorado County 4-H website under HAD 2018 see http://ucanr.edu/sites/EDC 4-H Program/Home Arts Day/

Event schedule: March 10, 2018 at the El Dorado County Fairgrounds in the Corker Building

8:30 – 9:00am	Exhibits Check-in for Crafts, Food, and	Noon - 1:00pm	Lunch/Exhibit Displayed	
	Fashion			
8:00 – 9:00am	Judges and Volunteer overview	12:30pm	Fashion Review	
9:00 – 9:30am	Opening Ceremonies	1:00pm	Awards	
9:30 - Noon	Judging / Activities / Presentations	1:30 pm	Check Out	

Note: All entries must remain displayed until check out.

Registration is online for all projects at:

https://www.eventbrite.com/e/el-dorado-county-home-arts-day-tickets-33133761974

Online Registration and all Project Entry Forms must be completed and submitted by March 6th, 2018

Categories:

- 1. Favorite Foods: Members must be enrolled in the Foods and Nutrition, Foods Preservation, Cake Decorating, or other cooking projects. See "4-H Favorite Foods Event" packet for rules and entry form.
- 2. Fashion Revue: Traditional Wearable and Non-Wearable (made from scratch) and Upcycled Challenge is for members enrolled in the Clothing and Textiles project. The Consumer Science Purchased, Retro inspired and See It Sew it categories are open to all members enrolled see #9, #11 & #12.
- 3. Open Table Setting Exhibit: Open to all 4-H members. See the Table Setting Guide details (one Table Setting Entry only)
- 4. Arts and Crafts: Information sheet http://ucanr.edu/sites/edc 4-h program/files/139164.pdf (Max of 3 Entries)
- **5. Ceramics:** (Max of 3 Entries)
- 6. Food Preservation: See the http://ucanr.edu/sites/EDC 4-H Program/files/235733.pdf for details...
- 7. Photography: See http://ucanr.edu/sites/edc 4-h program/files/139174.pdf for details (Max 5 Entries)
- 8. Fiber Arts: Crochet, Needlepoint, Knitting, Fiber Crafts part of the Non-Wearable section. (Max of 1 Entry)
- **9. Consumer Science Purchased**: \$40.00 limit for the entire outfit, includes shoes but not sales tax. Receipts from the current 4-H year are required for any item that is visible. Gifts, prior purchases, and items without receipts are not eligible for this category. Receipts from yard sales, etc. may be hand written.
- 10. Upcycled: take one or more existing garments and turn them into a new, different, and wearable garment. The upcycled garment must be sewn by the member as part of the 4-H Clothing & Textiles project.
- 11. See It, Sew It Challenge: Have you found an outfit online or in a magazine that you would love to copy for yourself? This category is perfect for you! http://dh.ucanr.edu/4-H Events/SFD/SFR/
- 12. Retro/Vintage Inspired Challenge: Create an outfit that is inspired by a vintage design using new fabric and notions. Vintage is 20-100 years old, so use an inspiration that is from 1900-2000. The entry must state the year or period of the design and include a drawing, photo, or description of the design that inspires your outfit. At least one garment must be handmade by the member. Other garments and accessories can be handmade or purchased but must be representational of the same era. There is no 4-H project requirement; any 4-H member may enter this category.
- 13. Lego Structures: In this category members create their own design. Must not have instructions and must be members own original work(Max 3 Entries)

Rules are based on those set by the California State 4-H office for Fashion: http://4h.ucanr.edu/4-H Events/SFD/SFR/and for Photography: http://4h.ucanr.edu/4-H Events/SFD/Photo/

HAD Manual Flyer 2018. March 2018

All Skills Day **EDUCATIONAL DISPLAY TALK** Competition 2018

An educational display talk is an organized visual presentation of a program or a concept. A display should be designed to convey its message in a limited amount of time. This is a public speaking contest so the speaker should use the time wisely and support the visual presentation. Once the speaker completes the oral presentation, they will have a dialog with the evaluators about the display.

Posters: Educational Displays may exhibit one of the following display formats:

- ✓ Card Table Display (approximately 30"x30"): This format will feature a tri-fold poster board that includes a title, the member's name and 4-H affiliation, and a depiction of the program or concept. The table may be used as part of the display.
- **Panel Display** (approximately 4'x4'): The panel is presented vertically on an easel. The display will include; as a minimum, a title, the member's name and 4-H affiliation, and a depiction of the program or concept.

Visual Aids: Display items that are added to the table of an educational display should be kept to a minimum and only included if they are practical to place on the display surface itself. Items must be clearly labeled and self-explanatory. All lettering and visual depictions on the displays will be understandable or readable by an average adult from no less than a four foot distance.

Length: The speaker's presentation should be three to five minutes and then there will be questions and dialogue with the evaluators.

Speakers are expected to introduce the educational display with a prepared oral presentation including to 4-H, how the display is relevant to their 4-H

experience or spark, and an overview of the content on the display. The speaker should provide a brief review of the sections on the board but not read the display nor repeat the steps presented in the display.

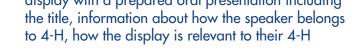
 Additional topics that the speaker should include in the overview are the intended audience for the display, what ideas that the presenter hopes the viewer will learn from the display, and where the display may be used.

Number of Presenters: An individual presentation is delivered by one speaker. A team presentation is delivered by two speakers. Team members should divide work and speaking parts. An uneven distribution of work or speaking parts will impact the scoring of the presentation.

Questions: Evaluators are expected to have an educational discussion that includes questions with the presenter about the display.

Note Cards: Speakers may not use notes during the presentation of the display to the evaluators. The display should provide any necessary prompting.

Attire: Appropriate attire for the occasion. Costumes may not be used.





⁻Any topic may be done. 4-H topics are highly encouraged as well as a 4-H uniform. (not required)

***Due By 10:00am on Skills Day, March 10th 2018 at the Marshall Building. Sign up to a time slot that works for you! Counts as a 4-H Presentation





El Dorado County Ambassadors "Led the Pack" at CYS 2018

On January 26th, the El Dorado County Ambassador team headed down to Fresno to lead a workshop session at the 2018 Central Youth Summit. CYS is a three day 4-H leadership conference for 11-13 year old delegates, where County

Ambassadors from throughout California come to teach sessions. After a four hour drive in the van, we reached

the conference site at Wonder Valley Resort, about an hour outside of Fresno in the foothills near Sequoia National Park. This year's theme was about racing and "Leading the Pack". In addition to a dance and recreation time, conference delegates attend eleven different leadership workshops. Some of



the workshops were about how to give and receive feedback, stress relief, team building, goal setting and healthy living. Our Ambassador team chose to teach interview skills at our workshop. Our presentation

taught them how to plan, prepare and practice for interviews. We designed

an interactive interviewing experience for the delegates to practice their skills. We had them interview each other so they could practice asking

and answering questions. It also gave us an opportunity to grow as a team and practice our leadership skills. Our Ambassador advisor, Deanne Repetto, reported that "the CYS conference was an excellent opportunity for our County Ambassadors to

work together as a team and network with 4-H leaders from other counties". We got a chance to meet the



California State Ambassadors and connected with the Tuolumne County All-Stars. "Our team did great working together and made new friends with a lot of different people," said Rachel Gray after the conference. We led camp songs and our constant energy was the life of the CYS party. We gained a lot of experience being flexible and adapting when the schedule

changed. We also got to meet and interact with Keynote Speakers Keith Davis, former USC and New York Giants Football Player, and basketball player and former Georgetown Football Player, Jonathan Medina. Our energy and teamwork skills made an impact on the conference. We are grateful to those who provided scholarships and helped us attend! This entire experience made our team stronger



and we all gained many valuable skills while positively representing El Dorado County 4-H!

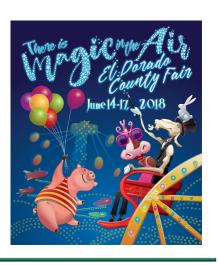
-Emily Ferrell





There is Magic in the Air El Dorado County Fair 2018

Entry Guide and Forms can be found here: http://eldoradocountyfair.org/entry.html



Each spring and fall, Tractor Supply helps raise money for 4 H programs through the sale of Paper Clovers in their stores. In the most recent campaign we raised over \$981,000 nationwide. 90% of funds raised go back to state and local 4-H programs to support scholarships for camp and leadership activities.



Dates for Spring 2018 Campaign is: **Spring: 4/11/18 – 4/22/18**

Early Bird registration \$250.00 ends March 31st!

4-H Camp ~ July 16th-20th 2018 Registration NOW open



http://ucanr.edu/sites/EDC 4-H Program/Camp/

Congratulations to all our County Presentation Participants

*Abigail Cleveland

*John Cleveland

*Riley Smith

*Sara Tibbetts

*Peyton Oxford

*Kacie Watson

*Jack Hopson

* Maggie Hopson

*Sam Cleveland

Charlie Lemos

*Ioshua Lemos

*Maisie McVeigh

*Calie McVeigh

Clara Ellis

*Marin Bendick

*Isabel Bendick

*Ariana Cooper

*Maddie Breeden

Lauren Peters

*Joseph Peters

*Gabrielle Garlick

*Robert Garlick

Jacob Withrow

Iesse Withrow

*RoseLynn Reed

*Shannon Scales

* Means they received a gold and are invited to participate on March 24th at the Central Sierra Sub-Area Presen-



The 10 acre school farm provides many hands on learning opportunities for UMHS Agriculture students.



Students learn by doing at UMHS!



The UMHS 4x4 schedule emulates a college schedule and allows students to explore many elective options.

CONTACT

6530 Koki Lane, El Dorado, CA 95623 www.umhs.eduhsd.k12.ca.us 530-621-4003

Instructor: Stacy Stroing sstroing@eduhsd.net

Or follow us on Instagram and Facebook!

UNION MINE AGRICULTURE DEPARTMENT





What is Agricultural Education?

Overview: Through Agricultural Education, students are provided opportunities for leadership development, personal growth and career success. Agricultural Education instruction is delivered in three major components:

Classroom & Lab Instruction: See the content listed in the courses section.

Supervised Agricultural Experience:

Students choose a project in their area of interest including but not limited to mechanics, raising animals or plants, or community service.

FFA: FFA is a dynamic youth organization within agricultural education that fosters leadership and service locally and throughout the nation.



AGRICULTURE EDUCATION PREPARES STUDENTS FOR SUCCESSFUL CAREERS AND A LIFETIME OF INFORMED CHOICES IN THE GLOBAL AGRICULTURE, FOOD, FIBER, AND NATURAL RESOURCE SYSTEMS.

California Agricultural Education

COURSES

Students in Agriculture courses at UMHS will have the opportunity to learn from classroom instruction, hands on learning at our 6 acre school farm, and through FFA as well as Leadership events locally and throughout the state. Classes offered for new students in the 2018-2019 school year include:

Agricultural Science

This course introduces students to the basic elements of plant science, animal science, agricultural business, California Agriculture, leadership and the FFA. Students have the opportunity to gain field experience through supervised occupational experiences and through FFA career development events.

Agricultural Mechanics

Students in this course will develop skills in the areas of woodworking, electrical, tool reconditioning, plumbing, painting, bill of materials, and basic welding, Instruction will take place in the UMHS Ag Mechanics lab and at the on site school farm..

Advanced Courses

Second through fourth year students will have access to the following courses:

Agricultural Biology Animal Science ROP Animal Health Advanced Ag Mechanics



Nutrition Workshops

Eat Healthy
Be Active



2:00-3:00 pm

Learn about the *Dietary Guidelines* for Americans, 2010 and 2008

Physical Activity Guidelines through hands-on classes with free cooking demonstrations!

March 2nd: Quick, Healthy Meals and Snacks

March 9th: Eating Healthy On A Budget

March 16th: A Lifestyle of Healthy Eating

March 23rd:
Physical Activity
and Weight



UCCE Master Food Treservers of El Dorado County Tresent:



Jr's Jams & Jellies Class Saturday, April 21, 2018 10am - 3pm

Kids under 18, learn to make jam & jelly; enter 2 jars in the fair that day!

- Bring the fruit you want to use (apple, grape, peach, or strawberry); every-
- thing else is provided. (Quantities given when registering.)
 - Pre-registration required at http://ucanr.edu/mfp-jr-jams-jellies. Sign up for
- one 30-minute session between 10am 3pm; limit 5 kids per session. One session per child. Check registration on April 20 to add another, space permitting.

For information, call Tracy at 530-919-2757 or email her at tawickstrom@gmail.com.

Location: El Dorado County Fairgrounds, Marshall Building

Donations courtesy of El Dorado Disposal and El Dorado County Fair.

The UC Division of Agriculture & Natural Resources (ANR) prohibits discrimination or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement at http://ucanr.org/sites/anrstaff/files/107734.doc_)
Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

The University of California, working in cooperation with County Government and the United States Department of Agriculture.







Saturday, March 10, 10:00 am - 11:00 am
Sherwood Demonstration Garden

The fun of growing plants, and then showing them at the El Dorado County Fair, is the topic of a simple and engaging hands-on class being presented especially for school-age kids by the UCCE Master Gardeners of El Dorado County.

"Grow n' Show Your Plants at the Fair" is designed for kids ages 5 to 12 and will cover the basics of growing plants. After the budding young gardeners learn the fundamentals, they will be encouraged to demonstrate their new skills by entering their plants in peer competition at the upcoming county fair.

The instructors are UCCE Master Gardeners, experienced educators, who will demonstrate a variety of simple propagation techniques. The plants, soil and pots will be provided and the children will be able to take their work home to foster for entry in the fair in June.

At the end of class there will be a discussion on how the kids can best prepare their plants for fair competition. Fair entry forms for competition will be provided.

The Sherwood Demonstration Garden is behind Folsom Lake College El Dorado Center, 6699 Campus Drive in Placerville. There is a \$2 parking fee.



Interested students are encouraged to preregister online at: http://ucanr.edu/uccemg-edccountyfair or by calling the UCCE Master Gardeners of El Dorado County office at 530-621-5512. Office hours are Tuesday through Friday from 9:00 a.m. until noon.

Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502. The University of California working in cooperation with County Government and the United States Department of Agriculture.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf) Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, 530-750-1397.



Saturday, June 2, 2018
8:00am - 6:00pm
University of California, Davis - West Quad

Event Coordinator- DeAnnen Thunfeld, dtenhunfeld@ucanr.edu, 530-750-1340.

Each contest also has their own specific coordinator.



About California 4-H State Field Day

The annual California 4-H State Field Day is the largest and most comprehensive educational event for 4-H youth members and 4-H volunteer educators. Since 2002, 4-H'ers from throughout the state have come together to compete at the state level for various competitions. This family-friendly event is for all ages to participate.

Save

Each contest and activity is coordinated by 4-H volunteers and youth. Event coordination and facility support is provided by the State 4-H Office.

The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology.

For More information visit: http://4h.ucanr.edu/4-H Events/SFD/

State Fashion Revue News 2018- Start your Service Projects today!

The service projects for 2018 State Fashion Revue are pillowcases for Ryan's Case for Smiles and blankets for Project Linus. Ryan's Case for Smiles distributes pillowcases to children with life-changing illnesses. Project Linus provides handmade blankets to seriously ill and traumatized children. For more information, visit the SFR website and scroll down to the section for Service Projects.

The 2018 SFR categories are Traditional, Upcycled, Consumer Science Purchased \$40, See it, Sew it Challenge, and Retro/Vintage Inspired Challenge. For complete information, see the SFR website.

Counties – to assist the SFR Committee with communications, please take a few minutes to give us your contact information and Fashion Revue dates using the survey at http://ucanr.edu/survey/survey.cfm?surveynumber=21764. Thank you!







March 10th: Skills day 9am-3pm @ El Dorado County Fairgrounds

March 10th: Home Arts Day 8:30am-1:30pm @ El Dorado County Fairgrounds

March 10th: Grown and Show your plants at Fair 11am-1pm @Sherwood Demonstration Garden

March 20th: Community Club Leaders Meeting 6:00pm 4-H office

March 24th: Central Sierra Sub-Area Presentation Day 8:30am @ Argonaut High School

April 6-8th California 4-H Camping Conference

April 11th-22nd: Paper Clover Campaign at Tractor Supply

April 21st: Jr Jams and Jellies 10am-3pm El Dorado County Fairgrounds

A full list of calendar events can be found here: http://ucanr.edu/sites/edc 4-h program/?calendar=yes&g=47181

Also check out the 4-H Statewide Calendar at http://4h.ucanr.edu/News/Calendar/ for events, dates & deadlines



💯 I pledge my...

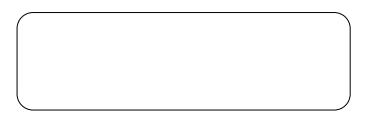
HFAD to clearer thinking, HEART to greater loyalty, HANDS to larger service, to better living, HEALTH

for my club, my community, my country, and my world.





UCCE El Dorado 4-H Office 311 Fair Lane Placerville, CA 95667



The Hotline is published monthly for the El Dorado County 4-H Youth Development Program.

Next Hotline: April, 2018

Articles about 4-H or topics of general interest to families are welcome.

Articles are due the 25th of the month email to dveffredo@ucanr.edu

UC Cooperative Extension Central Sierra

311 Fair Lane

Placerville, California 95667

Phone: 530.621.5503 Fax: 888.764.9669

El Dorado 4-H Representative

Denise Veffredo

Phone: 530.621.5568

E-mail: dveffredo@ucanr.edu





University of California
Agriculture and Natural Resources

4-H Youth Development Program

The University of California working in cooperation with County Government and the United States Department of Agriculture.