
Online Youth Nutrition and PA Education Resources

COVID-19 Education Coalition <https://www.learningkeepsgoing.org/> is a diverse group of education organizations brought together by the ISTE/EdSurge team to curate, create and deliver high-quality tools, resources and support for educators and parents as they keep the learning going during extended school closures.

[How Teachers Can Navigate School Closures Due to the Coronavirus](#) (PBS Learning Media)

Many of these resources are designed to be linked to **Google Classroom**:

In Defense of Food

<https://ca.pbslearningmedia.org/collection/in-defense-of-food/>

The In Defense of Food curriculum for middle-school aged students was developed by Kikim Media, the producers of the program, in partnership with the Laurie M. Tisch Center for Food, Education & Policy, Program in Nutrition at Teachers College, Columbia University.

The Science of Balance and Nutrition! | What's Good - Grades: PreK-3

<https://ca.pbslearningmedia.org/resource/science-of-balance-nutrition-whats-good/the-science-of-balance-and-nutrition-whats-good/>

Health and Wellness | Family and Community Learning | WQED - Grades: PreK-3

<https://ca.pbslearningmedia.org/resource/health-wellness-family-learning/health-and-wellness-family-and-community-learning/>

Nutrition: What Your Body Needs – Interactive – Grades 5-8

<https://ca.pbslearningmedia.org/resource/midlit11.splfood/nutrition-what-your-body-needs/>

Ratio and Proportional Reasoning: Food Labels – Interactive - Grades 5-8

<https://ca.pbslearningmedia.org/resource/midlit11.math.splprop/ratio-and-proportional-reasoning-food-labels/>

From the Center for Ecoliteracy <https://www.ecoliteracy.org/resources>

Whether you are an educator, a parent, or know someone who is, we have curated a list of some of our favorite resources that transfer well to a home setting.

[Nourishing Students \(Grades K–5\)](#)

This handbook offers engaging and hands-on activities for students to explore the bounty of California-grown fruits and vegetables.

[Abundant California \(Grades 3–5\)](#)

Everything we eat has a story to tell. This suite of lessons teaches students about California crops and introduces them to the food system that sustains us all.

[Understanding Food and Climate Change \(Grades 6–12\)](#)

An interactive guide for educators, students, and advocates that explores how food systems and our changing climate interact, and how personal choices *can* make a difference.

[Big Ideas: Linking Food, Culture, Health, and the Environment \(Grades K–12\)](#)

Created in partnership with National Geographic, featuring learning experiences that link food, culture, health, and the environment.

[Needs and Wants Activity \(Grades 4–8\)](#)

Designed explicitly for home settings, this activity helps to distinguish things needed to live a healthy life and things that would be merely nice to have.

[Food, Inc. Discussion Guide \(Grades 9–12\)](#)

This guide can be used to spark discussion at home after viewing the Academy Award-nominated documentary Food, Inc., which takes a critical look at the industrialization of our country's food supply.

[CATCH Health at Home](#)

CATCH Global Foundation assembled these lessons and resources to help teachers continue to provide health education, nutrition education and physical activity instruction to their students remotely.

<https://www.catch.org/pages/health-at-home>