Online Youth Nutrition and PA Education Resources

COVID-19 Education Coalition [https://www.learningkeepsgoing.org/] is a diverse group of education organizations brought together by the ISTE/EdSurge team to curate, create and deliver high-quality tools, resources and support for educators and parents as they keep the learning going during extended school closures.

How Teachers Can Navigate School Closures Due to the Coronavirus (PBS Learning Media)

Many of these resources are designed to be linked to Google Classroom:

In Defense of Food  
[https://ca.pbslearningmedia.org/collection/in-defense-of-food/]
The In Defense of Food curriculum for middle-school aged students was developed by Kikim Media, the producers of the program, in partnership with the Laurie M. Tisch Center for Food, Education & Policy, Program in Nutrition at Teachers College, Columbia University.


Health and Wellness | Family and Community Learning | WQED - Grades: PreK-3  
[https://ca.pbslearningmedia.org/resource/health-wellness-family-learning/health-and-wellness-family-and-community-learning/]

[https://ca.pbslearningmedia.org/resource/midlit11.sci.splfood/nutrition-what-your-body-needs/]

Ratio and Proportional Reasoning: Food Labels – Interactive - Grades 5-8  

From the Center for Ecoliteracy [https://www.ecoliteracy.org/resources]
Whether you are an educator, a parent, or know someone who is, we have curated a list of some of our favorite resources that transfer well to a home setting.

Nourishing Students (Grades K–5)  
This handbook offers engaging and hands-on activities for students to explore the bounty of California-grown fruits and vegetables.

Abundant California (Grades 3–5)  
Everything we eat has a story to tell. This suite of lessons teaches students about California crops and introduces them to the food system that sustains us all.

Understanding Food and Climate Change (Grades 6–12)  
An interactive guide for educators, students, and advocates that explores how food systems and our changing climate interact, and how personal choices can make a difference.

Big Ideas: Linking Food, Culture, Health, and the Environment (Grades K–12)  
Created in partnership with National Geographic, featuring learning experiences that link food, culture, health, and the environment.
**Needs and Wants Activity (Grades 4–8)**
Designed explicitly for home settings, this activity helps to distinguish things needed to live a healthy life and things that would be merely nice to have.

**Food, Inc. Discussion Guide (Grades 9–12)**
This guide can be used to spark discussion at home after viewing the Academy Award-nominated documentary Food, Inc., which takes a critical look at the industrialization of our country’s food supply.

**CATCH Health at Home**
CATCH Global Foundation assembled these lessons and resources to help teachers continue to provide health education, nutrition education and physical activity instruction to their students remotely.
https://www.catch.org/pages/health-at-home