## **SMART Goal Examples**

- 1. By September 2018, I and a member of the PA team will conduct 1 CATCH train-the-trainer training, that will provide staff with a general understanding of the CATCH Curriculum.
- 2. By March 2019, I will identify and integrate 1 PSE activity (Garden, Stencils) at a community site that will involve adult participation.
- 3. By March 2019, I will implement the Smarter Lunchrooms Movement at Ewing Elementary to encourage the consumption of healthy foods.
- 4. By March 2019, I will have a plan in place where SLM is implemented by the student council at Ayer elementary.
- 5. By March 2019, I will continue to support the SHCP Madison teacher in the school garden grant by guiding her to resources and partners that can assist her with garden maintenance and education.
- 6. By March 2019, I will identify and implement one policy, system or environmental change that supports SLM efforts at Bakman, in order to improve the school environment with comprehensive programming.
- 7. By the end of FFY19, plan, develop and test a process for school wide tastings that increases student reach to support FUSD menu items by increasing consumption of more fresh fruits and vegetables.
- 8. By March 2019, I will attend a training on time management to increase my ability to handle multiple school site priorities successfully.
- 9. By June 2019, I will complete a writing training course that will enable me to produce impactful blogs highlighting my work and better tell UC CalFresh Stories.