



FFY2022 UCCE Tulare/Kings

SUCCESSES

- CFHL and KCAO local food bank utilized a multifaceted approach to improve food access for low-income participants and transition and homeless families in Kings County. This proved to be such a successful collaboration that the Hanford Elementary School District posted it on their Facebook page with plans to include it in their annual reports!
- "...parent engagement class sought to increase protective factors in our student's home lives and family systems. It is proven that parent engagement increases attendance and academic outcomes within our students. This was a nutrition class that met the needs of our parent population specifically..."

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

To address obesity and food insecurity issues in Tulare and Kings Counties, CalFresh Healthy Living, UCCE (CFHL, UCCE) Tulare/Kings focuses on educating SNAP-Ed eligible populations to increase knowledge, skills and practices in nutrition, food resource management, and physical activity. CFHL, Tulare/Kings collaborates with school districts, non-profit organizations, and community partners to provide comprehensive evidence-based nutrition and physical activity education combined with Policy Systems and Environmental (PSE) strategies in qualifying schools and underserved communities.

Serving Individuals and Communities

CFHL, UCCE Tulare/Kings County utilized a county-specific, comprehensive, multi-level approach to reach SNAP-Ed eligible participants in multiple settings. CFHL, UCCE reach included:

- 6,110 children/youth and 370 adults reached through direct education
- 29,431 participants through Indirect Education
- Together, Tulare/Kings had 33 PSE sites with changes adopted which included 84 nutrition and physical activity changes reaching over 18,960 participants

Providing Education

- CFHL, UCCE Tulare/Kings nutrition educators and volunteers/extenders delivered 3,213 sessions and 2,247 direct education hours in garden-based education, nutrition and physical activity education to SNAP-Ed eligible children, youth and adults.
- CFHL, UCCE Tulare/Kings collaborated with school and community partners at over 30 sites to implement PSE strategies focused on obesity prevention.

Helping to Make Organizational and Environmental Changes

- CFHL, UCCE Tulare/Kings supports PSE and direct education efforts using evidence-based UC curricula and resources to deliver comprehensive, quality program initiatives at schools and community health events/fairs.
- Initiatives include school gardens, CATCH, Smarter Lunchrooms, wellness policies, youth engagement, school farmers markets, dance exercise and walking clubs.

Serving California Agriculture

- CFHL, UCCE Tulare/Kings County continues to increase access and consumption of fresh fruits and vegetables through collaboration with local foodbanks. CFHL supports two school farmers markets where produce is distributed to students and their families at no cost reaching over 1,200 participants.
- Tulare/Kings County also collaborates with the UC Master Gardner program to provide garden education at qualifying school sites.

Building Partnerships

- CFHL, UCCE Tulare/Kings Collaborated with the following partners:
- Local Health Department
- READY After School Program
- School Districts
- Local Food Banks
- Health Clinics
- Family Resource Centers



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RESULTS

Youth

- Of the 950 students observed, 100% of the students can now identify healthy food choices and 96% students were more willing to try new foods at school.

Adult

- 79 adults completed PSSC pre-post surveys and 91% of these participants increased in all five behaviors (plan, prices, shop, think, facts) and 35% were reported to be more food secure. In Kings County, 42 adults completed PSSC pre-post surveys and 98% of these participants increased in all five behaviors and 74% were more food secure.

Organizational

CFHL UC Tulare/Kings actively collaborated with school programs and community partners to support hybrid learning with evidence-based nutrition and physical education resources and services.