

# Join the Club

Join a  
4-H Club  
today ...



... and start  
DOING the things  
you DREAM of!

## WHAT LOOKS GOOD TO YOU?

### PICK WHAT INTERESTS YOU

- Find a few areas that you want to try.
- Learn from a variety of sources; adult, friends, family, online or even the library.
- As you start, think about what you want to learn and do. Then, keep track of it so you can share it with others in a fair exhibit or a presentation.

### CHOOSE A CLUB

- Maybe you have a friend who's in 4-H, or there may be a club that's close to home.
- Don't know what club you want to join? Talk to someone at your Cooperative Extension/4-H office, and we'll be happy to find you a club that fits you and your adventure.

### GET INVOLVED

- Contact the club leader and visit a meeting in your area.
- Don't be shy—the club leaders and the older kids in the club will be happy to answer your questions and help you fit in.

### LET THE ADVENTURE BEGIN!

- Go to your club meetings.
- Participate in the club activities.
- Learn about the things that interest YOU!
- If you really enjoy what you do in your projects this year, plan to expand your horizons even more next year!

## ANIMALS

**BEEF**—Here's the beef! Pick out a calf, then feed it, groom it and watch it grow.

**MEAT GOAT**—Select, feed, and care for your own goats.

**DOG**—There's no better friend than a dog. Learn to feed and care for your furry friend, and teach it some new tricks.

**HORSE**—Giddy-up! Jump in the saddle and run wild with a horse or pony project. You don't even need your own horse.

**POULTRY**—Don't chicken out. Start a poultry project and learn how to care for cheepers, peepers, quackers and gobblers.

**RABBIT**—Hop on over to the Rabbit project and find out about raising bunnies.

**SHEEP**—Lead the flock in the Sheep project by choosing, feeding, and caring for your own breeding and market sheep.

**SWINE**—Go whole hog! Find out where a pork chop on a stick comes from while you choose, feed, and care of your pigs.

## AGRICULTURE & NATURAL RESOURCES

**HORTICULTURE**—Plant it, dig it, grow it, show it, eat it.

**OUTDOOR ADVENTURES**—There's more to outdoor adventures than marshmallows! Go backpacking, hike a trail, build a campfire, ride a bike, or reel in a big one.

**SAFETY & SHOOTING SPORTS**—Hit your target with a bow, rifle, or shotgun.

**ENVIRONMENTAL & SUSTAINABILITY**—Go Green! Discover choices you make every day affect your whole world forever.

## FAMILY & CONSUMER SCIENCES

**SEWING & QUILTS**—Stitch This! Make quilts, pillow cases, clothes or anything you can sew.

**FOOD & NUTRITION**—Are you a carrot or cupcake? Learn to make homemade dishes.

**HOME IMPROVEMENT**—Room makeover! Discover simple and inexpensive ways to make your space say, "This is who I am."

**HEALTH**—Learn how to take care of yourself and others by learning first aid and how to make healthy choices.

## PERSONAL DEVELOPMENT

**CITIZENSHIP**—Make the world a better place, starting with your little corner of it.

**COMMUNICATION**—Sing it, dance it, speak it, write it, text it.

**LEADERSHIP**—Make the best better! Leadership is building relationships, being a good role model, and helping others.

**SELF DETERMINED**—Blaze your own trail with a Self Determined project. Set your own limits by choosing your passion, finding your information, and sharing what you learned.

## CREATIVE ARTS

**PHOTOGRAPHY**—Plan a shot, frame a picture, create a video, and jazz it up on your computer.

**VISUAL ART**—Make a masterpiece with paint, chalk, clay, metal, wood...the possibilities are endless.

## SCIENCE, ENGINEERING & TECHNOLOGY

- \* WOODWORKING \* MECHANICS \* ROBOTICS
- \* COMPUTERS & NETWORKING



## How to Join 4-H

For more information and list of clubs, please contact us at Lassen County 4-H Office (530) 251-8285, 707 Nevada St, Susanville, or email: [dhhanson@ucanr.edu](mailto:dhhanson@ucanr.edu).

**4-H OPEN ENROLLMENT: SEPTEMBER 1 – NOVEMBER 1**