

NEWS RELEASE

For Immediate Release
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Cirby Elementary Garden Stepping Stones

Thanks to additional funding from UC CalFresh Nutrition Education State Office from a project proposal, Roseville's Cirby Elementary School has some colorful new additions to its school garden. Recycled stepping stones were donated and funds from a successful project proposal from UC CalFresh funded paints, brushes, and other materials for the project. Three classes of third grade students painted 24 stepping stones with colorful fruits, vegetables, flowers, insects, and numbers 1-9. Fourth grade students installed the stepping stones in the garden, creating colorful walking paths, and a hopscotch pattern with the numbers. Graphics were selected to remind students, families, and staff coming to the garden of the importance of eating fruits and vegetables and exercising every day. Stepping stones also provide a colorful reminder of where the food we eat comes from.

UC CalFresh has been partnering with Cirby Elementary School garden for over two years, and has been providing nutrition education to students since 2003. Students TK-5 all participate in the garden. Classes participate in all aspects of planting, maintaining, and harvesting the garden. Students especially enjoy tasting the healthy foods they helped grow. Some of their favorites include broccoli, carrots, edamame, peas, tomatoes, cucumbers, and popcorn.

For more nutrition, garden, or program information, please call (530) 889-7350 or visit our website at <http://ucanr.edu/sites/letseathealthy>. "Like" us on Facebook for additional tips and updates at UC CalFresh Nutrition Education Program, Placer/Nevada Counties.



This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.

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Ms. Yanez's Third Grade students painting stepping stone
for Cirby Elementary Garden