

NEWS RELEASE

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For More Information Contact:
 Carrie Yarwood cyarwood@ucanr.edu

World Food Safety Day 2021

World Food Safety Day is on June 7th. The United Nations declared this day to draw attention and inspire action to help prevent, detect, and manage foodborne risks. It is estimated there are about 48 million cases of foodborne illness annually – the equivalent of sickening 1 in 6 Americans each year. Although everyone is susceptible, people at higher risk of developing foodborne illness include children under age 5, pregnant women and their unborn babies, older adults, and people with cancer, diabetes, and autoimmune diseases. Here are some food safety tips to help reduce the risk of foodborne illness:



Source: [Food Safe Meal Prep](#)

It is up to each of us to help keep our food safe on World Food Safety Day and every day. For more food safety tips and resources, visit <https://www.fightbac.org/>

Adults and children participating in the Let's Eat Healthy! Program are learning how to create healthy habits and keep their food safe. For more food safety, nutrition, or program information, visit our [CalFresh Healthy Living, UCCE website](#). Follow and "like" us on Facebook for additional tips and updates: @CFHL.UCCE.PlacerNevadaCo.

This material was produced by the CalFresh Healthy Living, University of California Program with funding from USDA SNAP, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.