**Workshop Title (time length of class)**

**Creating a Summer Annuals Container Garden - Lesson Plan Template**

**Purpose**

* Participants will get a taste of gardening as a self-care tool by engaging in an activity that is process-driven, intriguing, relaxing, compelling, sensory, and playful.

**Description**

* Focusing on the process of planting a small container garden, participants will explore a variety of colorful, textural annuals and plant them in a pot.

**Materials**

* Assorted annuals from 6-packs
* 8” pots • Potting soil
* Coffee filters to line bottom of pots
* Water & watering can or bottle
* Potting tub
* Gloves
* Clippers or scissors
* Handouts
* Examples of fertilizer (Miracle Gro, fish emulsion, Osmocote)
* Finished example of pot

**Procedure**

* Select up to 3 plants
* Explore the plants, noticing their texture, color, scent, growth habits
* Prepare plants for planting – dead head any spent blooms, remove from 6-pack, remove root bound roots, spread roots
* Prepare container by covering holes with filter
* Moisten soil and mix
* Fill container about 2/3 full of soil
* Plant 3 small plants, spacing equally around pot
* Fill in container with soil
* Water
* Discuss plant care

**Wrap-up – (time needed)**

* Thank everyone
* Pass out (and collect) evaluations
* Pass out handouts

**Cleanup**

Plant ideas:

* Marigolds
* Zinnias
* Cosmos
* Lisianthus
* Petunias
* Angelonia
* Cleome
* Penta
* Dahlias
* Pansies (edible)
* Snap Dragon