Preserve It: Canning Basics



Tomatoes From Frost-Killed Vines

NOT FOR CANNING!

As the weather turns cooler and overnight temperatures dip, you may find yourself scrambling to pick the last of your tomato crop. If a frost kills the vines before you get to them all, are the remaining fruits safe for canning? The short answer is *no*.

Tomatoes from frost-killed or dead vines can be too low in acid to be safely canned. These tomatoes are not the only ones unsuitable for canning. Over-mature, decayed, damaged, or moldy tomatoes can also be too low in acid, and they may have a higher likelihood of carrying bacteria, making them unsafe for canning.

When canning tomatoes:

- Choose fresh, firm, healthy, and preferably vine-ripened fruits
- Always acidify tomatoes, even when pressure canning
- Follow a scientifically validated recipe, and follow the instructions exactly

For further information, check the National Center for Home Food Preservation (NCHFP) website at <u>www.nchfp.uga.edu</u> or your local Cooperative Extension office.

Brought to you by the UCCE Master Food Preservers of El Dorado County Website: <u>https://ucanr.edu/sites/mfp_of_cs/</u> Helpline (530) 621-5506 • Email: <u>edmfp@ucanr.edu</u> Visit us on Facebook and Twitter!