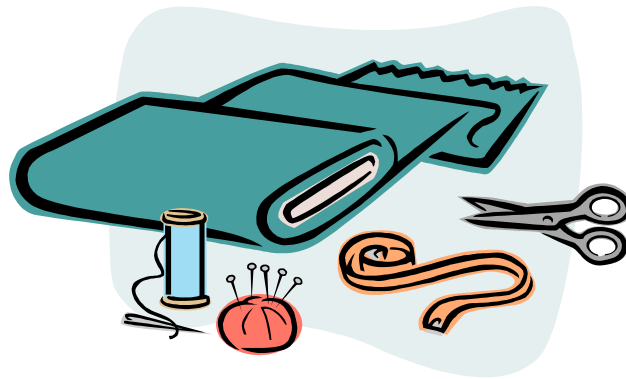


Nevada County 4-H *Clothing & Textiles* Proficiency Program



LEVEL II - PRODUCER

NAME: _____

CLUB: _____

PROJECT: _____

PRIMARY MEMBERS ARE NOT ELIBIGLE TO PARTICIPATE IN PROFICIENCY PROGRAMS.

1. Demonstrate how to accurately measure for correct body size/pattern size.

_____ *Project Leader's signature* _____ *Date*

2. Select appropriate fabric for a pattern and explain how the color, texture, design and other aspects affect the final product and make this an appropriate garment for you.

3. Describe how to use the information on a pattern envelope.

4. Describe different fabric types and one appropriate use for each.

Cotton	_____
Wool	_____
Lace	_____
Polyester	_____
Satin	_____
Acrylic	_____
Sheers	_____
Blends	_____
Denim	_____

5. Demonstrate the basic techniques used in hand sewing including thread preparation, sewing hems, and buttons.

_____ *Project Leader's signature* _____ *Date*

6. Demonstrate the basic techniques used in completing a garment including buttons, button holes, zippers, sleeves, interfacing, darts, pockets, grading seams, and hems.

_____ *Project Leader's signature* _____ *Date*

7. Demonstrate how to grade seam allowance.

Project Leader's signature *Date*

8. Demonstrate seam finishes and tell which type of stitch is used for what type of fabric.

Straight stitch Flat felled Zip zap
French Serged

Project Leader's signature *Date*

9. Explain the difference between tucks, darts, pleats, and gathers and describe where you would use them and why. Use one of these techniques in a garment.

Project Leader's signature *Date*

10. Make at least one garment following a pattern.

Project Leader's signature *Date*

11. Participate in one field visit to a materials or equipment provider.

Where I went _____

Project Leader's signature *Date*

12. Identify three different locations where materials can be obtained.

- 1. _____
- 2. _____
- 3. _____

13. Explain to others outside of your project group about what you have learned or display your project in the community.

Where I talked _____

Project Leader's signature *Date*

14. Keep a record of your expenses and at the end of the year compare the value of your products to your expenses and costs.

_____ *Project Leader's signature* _____ *Date*

15. Describe one mistake/error that you made in your sewing

_____ *Project Leader's signature* _____ *Date*

16. Help someone else by sharing your knowledge or by giving away a product from your project to show positive citizenship.

What I did _____

_____ *Project Leader's signature* _____ *Date*



Congratulations!
You have completed Level II of the Clothing & Textiles Proficiency Program.

Name _____ Age _____

Club _____

Project _____

Project Leader's _____
Printed Name Signature

Date _____

County Coordinator's _____
Printed Name Signature

Date _____

