

California 4-H Shooting Sports Proficiency Archery Level I - Explorer

Date _____
Completed _____

- _____ 1. Name five safety rules when shooting.
- _____ 2. Identify parts of a bow.
- _____ 3. Identify parts of an arrow.
- _____ 4. Name the three safety equipment required for shooting a bow and explain why they are important?
- _____ 5. Demonstrate an approved bow stringing method.
- _____ 6. Demonstrate the ten steps of shooting.
- _____ 7. Demonstrate how to pull an arrow from the target.
- _____ 8. Explain dry fire and why is it unsafe.
- _____ 9. What is eye dominance and why is it important when shooting?
- _____ 10. Describe range commands using voice or whistle.
- _____ 11. Explain the range lines and safety areas.
- _____ 12. Shoot a minimum of 20 arrows three times and record your scores.
- _____ 13. Take time to tell one or more of your friends about the things you are learning and doing in the shooting sports project and report back to the leader or group.

Member's Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

KEEP IN YOUR RECORD BOOK WITH PROJECT RECORD