

California 4-H Shooting Sports Proficiency Archery Level II - Producer

Date _____
Completed _____

- _____ 1. Explain how to determine your draw length.
- _____ 2. Explain bow draw weight. What is let-off when using a compound bow?
- _____ 3. Identify the following archery equipment and describe their use:

_____ Bow sight	_____ Bow string & cables
_____ Peep sight	_____ Wheels and cams
_____ Arrow rest	_____ Stabilizer
_____ Releases, finger tab or glove and mechanical	
- _____ 4. Demonstrate and explain how to check for safety of equipment and range before shooting.
- _____ 5. Describe in sequence what occurs from when you release the string to when the arrow reaches the target.
- _____ 6. Demonstrate and explain shooting form. Why is it important to be consistent?
- _____ 7. Teach the ten steps of shooting in detail to a new archer.
- _____ 8. Shoot a minimum of 20 arrows three times and record your scores.
- _____ 9. Review the fundamentals of archery shooting and identify 2 faults in your shooting that are causing missed targets or groups and develop a drill to correct these faults.
- _____ 10. Be able to shoot a group of five arrows at 10 yards.

Member's Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

KEEP IN YOUR RECORD BOOK WITH PROJECT RECORD