

Realistic Amounts to Plant in the Garden for Fresh Use

Assume family of two.

<u>Crop</u>	<u>Amount</u>	<u>Yield</u>	<u>Comments</u>
Slicing Tomatoes	3 plants	15 Lbs	This is plenty for fresh use
Cherry Tomatoes	1 plant	5 lbs	Good for salads in summer
Novelty Tomatoes	1 plant	4-6 lbs	Orange, yellow, grape, pear...
Bell Peppers	4 plants	10-12 lbs	Plant a variety
Hot Peppers	2 plants	5 lbs	Can freeze for salsa
Okra	10 plants	6 lbs	Do you really need more?
Onions			These are pretty good in the store
Potatoes			Ditto
Zucchini	1 plant	more than you can eat!	1 Plant will feed an army
Other summer squash	1 plant	5 lbs	
Sweet Corn	20 feet	2 dozen ears	Not the best use of space Stagger plant these
Carrots	6 feet	5 lbs	That's still a lot to peel
Watermelon	2 plants		Enough for get-togethers
Broccoli	10 plants	10 lbs	Not a lot in the garden then and it freezes well
Radish	2 feet at a time	13 oz.	Way more than you'll need
Snap Beans	10 plants	5 lbs	Any more and harvest is a pain, but if you like them plant a few more.
Spinach	10 seeds at time	10 heads	That's enough for salad every night in a week. Stagger plant for constant supply.
Lettuce/Mesclun	10 seeds at time	10 Heads	Ditto

If you plan to can vegetables, consult a gardening guide. Only plant that much. The more you plant, the less you'll care for your plants. Don't bite off more than you can chew. 5 Great tomatoes are better than 200 lousy ones.

5 Tomato plants is enough for 2 people, I assure you!