

Mustard Cover Crops Are Ineffective in Suppressing Soilborne Disease or Improving Processing Tomato Yield

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Abstract. Mustard (*Brassica* spp.) cover crop residue has been reported to have significant ‘biofumigant’ action when incorporated into soil, potentially providing disease suppression and yield improvement for the succeeding crop. The effects of growing over-winter mustard cover crops preceding processing tomato (*Lycopersicon esculentum* Mill.) production were investigated in six field trials in the Sacramento Valley of California from 2002–04. A selection of mustard cover crops were compared to a legume cover crop mix, a fallow-bed treatment (the current grower practice in the region), and in two of the six trials, fumigation treatments using metam sodium. Mustard cover crops removed 115 to 350 kg·ha⁻¹ N from the soil profile, reducing NO₃-N leaching potential. Soil populations of *Verticillium dahliae* Kleb. and *Fusarium* spp. were unaffected by the cover crops, and there was no evidence of soilborne disease suppression on subsequent tomato crops. Mustard cover crops increased tomato yield in one field, and reduced yield in two fields. In one of two fields, metam sodium fumigation significantly increased tomato yield. We conclude that, while environmental benefits may be achieved, mustard cover cropping offers no immediate agronomic benefit for processing tomato production.

Processing tomato is an important crop in the Sacramento Valley of California, and the sustainability of tomato production from both an economic and environmental perspective has been the subject of considerable research. Between the Sustainable Agriculture Farming Systems (SAFS) (Clark et al., 1999) and the Long-term Research on Agricultural Systems (LTRAS) (Denison et al., 2004) projects there have been nearly 20 site-years comparing organic, reduced input, and conventional production practices. One feature of organic and reduced input systems that might be useful in conventional production is the use of over-winter cover crops; currently nearly all commercial fields in the region are maintained in a fallow condition before tomato production. In both the SAFS and LTRAS projects over-winter cover cropping improved soil physical and biological properties (Clark et al., 1998; Colla et al., 2000; Martini et al., 2003; Poudel et al., 2001); unfortunately, the direct effects of cover cropping on tomato yield were unclear, since other management differences (fertilizer, weed control, direct seeding vs. transplanting, etc.) among production systems were confounding factors. Miyao and Robbins (2000) evaluated cover cropping in conventionally managed Sacramento Valley tomato fields across three production seasons (1998–2000). In all years cover cropping significantly reduced winter runoff and increased tomato yield up to 7% compared with a winter fallow treatment. Although the factors responsible for yield

improvement were not identified, possible mechanisms included improved in-season irrigation water infiltration (Colla et al., 2000) or suppression of soilborne diseases (VanBruggen, 1995).

While cover crop evaluation in the SAFS and LTRAS projects centered on legumes due to their contribution to N fertility, the use of other types of cover crops may be more appropriate in conventional rotations where N availability is seldom a production constraint. Given their widely documented biofumigation effects (Brown and Morra, 1997; Fenwick et al., 1989), mustard cover crops (family *Brassicaceae*) present a potentially useful alternative. Mustards contain glucosinolates, compounds that upon hydrolysis release isothiocyanates (ITCs) and related compounds with broad biocidal activity. Among the soil pathogens reported to be effectively suppressed by the action of mustard residues are *Verticillium dahliae* (Olivier et al., 1999; Subbarao et al., 1999), *Sclerotinia minor* (Subbarao, 1998), and *Helminthosporium solani* (Vaughn et al., 1993). This study was conducted to evaluate the effects of over-winter mustard cover crops on soil pathogen populations, disease expression and fruit yield in conventionally managed processing tomato rotations.

Materials and Methods

Field trials were conducted at the University of California–Davis (UCD) and in commercial fields in Yolo County, Calif., from 2002–04. At UCD in 2002 processing tomatoes were grown in a Yolo silt loam soil. Production practices typical of the local commercial industry were used. Following harvest in early September, crop residue was incorporated into the raised, 1.5-m-wide beds, which were maintained so

that the existing buried drip irrigation system could be reused the following season. The following cover crops were seeded on 22 Nov: 1) ‘Humus’ (rape, *Brassica napus* L.); 2) ‘Pacific Gold’ [indian mustard, *B. juncea* (L.) Czern.]; 3) ‘Ida Gold’ (white mustard, *Sinapis alba* L.); 4) ‘ISCI 20’ (*S. alba*); and 5) a mixture of ‘Lana’ woolpod vetch (*Vicia dasycarpa* Ten.), ‘Magnus’ pea (*Pisum sativum* L.), and ‘Cayuse’ oat (*Avena sativa* L.). The cover crops were sown and lightly incorporated on the top of the raised beds. A fallow bed control treatment was also included to represent the typical over-winter management practice. The experimental design was randomized complete block, with four replications; individual plots were one bed wide × 30 m long.

Cover crops were germinated by precipitation and were allowed to grow undisturbed until 28 Mar. 2003, when above-ground biomass was determined. One representative 0.5-m² section per plot was harvested, and cover crop fresh and dry biomass recorded. On 31 Mar. cover crops were flail-mowed and immediately incorporated to a depth of about 15 cm with two passes of a bed disk. The field was left undisturbed until mid-May when the soil beds were fertilized at 20 and 25 kg·ha⁻¹ N and P, respectively. Tomato transplants (‘Halley’) were set in the field on 23 May. The crop was sprinkler-irrigated for establishment, then drip-irrigated for the remainder of the season. An additional 165 kg·ha⁻¹ N was applied through the drip system over the growing season. A destructive fruit harvest was made on 17 Sept., with total fruit yield determined; marketable yield was determined after the removal of cull (green, sunburned and rotten) fruit. Soluble solids concentration of marketable fruit (°Brix, by refractometer) was measured, and the soluble solids yield (marketable yield × °Brix, a measure of overall productivity) was calculated.

In Fall 2003, a second experiment was initiated at UCD. A field of Yolo silt loam in which processing tomatoes had been grown that summer was prepared for cover crop planting. A randomized complete block design was used, with four replications of six treatments; individual plots were one 1.5-m bed wide × 30 m long. The following cover crops were seeded on 6 Nov.: 1) ‘Pacific Gold’; 2) ‘Caliente’ (a commercial blend of two separate cultivars, one *B. juncea* and one *S. alba*); and 3) vetch–pea–oat mixture. Additional treatments were a winter fallow, winter fallow plus spring-applied metam sodium, and ‘Pacific Gold’ plus spring-applied metam sodium. The cover crops were sown on the bed tops and germinated by precipitation.

On 18 Mar. 2004, the cover crops were flail-mowed and immediately incorporated as described for the 2002–03 trial. The beds were then rolled and sprinkler-irrigated for 6 h to provide ideal conditions for hydrolysis of glucosinolates in the cover crop residue. Before incorporation, cover crop above-ground fresh and dry biomass was determined on a 0.6-m² section of each plot. Metam sodium (Soil Prep; Wilbur Ellis Co., San Francisco, Calif.) was applied to designated plots 1 week after cover

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crop incorporation, into soil near field capacity moisture content. The fumigant was applied through the buried drip irrigation system at 89 kg·ha⁻¹ a.i. in 60 m³·ha⁻¹ of water. Preplant fertilizer was applied at 20 and 25 kg·ha⁻¹ N and P, respectively. ‘Heinz 9665’ transplants were planted in single rows per bed on 6 May. Irrigation and additional N fertilization were as described for the previous season. A destructive fruit harvest was made on 31 Aug. Total and marketable fruit yield, and fruit soluble solids yield, were determined.

Four commercial field trials were initiated near Woodland, Calif., in Fall 2003; site characteristics and cultural details are given in Table 1. At one site (designated Woodland A) five overwintering treatments were compared: 1) ‘Pacific Gold’; 2) ‘Caliente’; 3) vetch–pea–bell bean (*Vicia faba* L. var. *equina*) mixture; 4) winter fallow; and 5) winter fallow + spring-applied metam sodium. The experimental design was randomized complete block with 6 replications; individual plots were three beds wide × 45 m long. Cover crops were seeded 6 Nov. and incorporated 16 Mar. 2004. Cover crop biomass was determined on 1-m² sections of the middle bed of each plot before incorporation; biomass of the ‘Caliente’ blend were evaluated separately. Cover crops were flail-mowed and immediately incorporated with a bed disc. One week after incorporation metam sodium was applied at 107 kg·ha⁻¹ a.i. in designated plots by a tractor-mounted applicator through four injection shanks per bed.

In the remaining fields (designated Woodland B, C, and D), fall-seeded ‘Caliente’ blend was compared to fallow bed management. At these sites the experimental design was randomized complete block, with 10, 8, and 5 replications, respectively; individual plots were 3 beds wide by 30 to 45 m long. Mustard biomass was determined as at Woodland A. Mustard plots were flail-mowed and incorporated by disking within 30 min. At commercial maturity, all Woodland field trials were machine harvested; total and marketable fruit yield and fruit soluble solids yield were determined.

Glucosinolate concentration of above-ground mustard biomass was determined for all 2003–04 trials except Woodland C. Immediately before soil incorporation, five to six representative whole plants were collected from each of three plots of each type of mustard cover crop; for the ‘Caliente’ blend, *B. juncea* and *S. alba* plants were collected and analyzed separately. The plants were freeze-dried and ground to pass through a 1-mm mesh screen. Concentrations of the primary glucosinolates (benzyl, 2-propenyl, 2-phenylethyl, 2-hydroxy-3-butenyl, and 4-hydroxybenzyl) were determined by gas chromatography using a modification of the procedure of Daun and McGregor (1991).

Net N mineralization rate from 2003–04 cover crop residues was evaluated in a laboratory incubation. Oven-dried cover crop samples were ground and analyzed for total N content by combustion (Carlo Erba 1500; Fisons Instruments, Beverly, Mass.). Soil from the UCD site was wetted to field capacity. Ground

residue from each cover crop type from each site was blended into the moist soil at 0.5% by dry weight. Three replicate subsamples of moist, unamended soil, and of each residue/soil blend, were extracted in 2 N KCl and analyzed for mineral N concentration (NO₃-N+NH₄-N) using a flow injection analyzer (Lachat Instruments, Milwaukee, Wis.). The remainder of the unamended moist soil and the soil–residue blends were incubated in sealed containers at 20 °C; the containers were vented weekly to maintain aerobic conditions. After four weeks triplicate samples of unamended soil and of each soil–residue blend were extracted in 2 N KCl for determination of mineral N concentration. The change in mineral N, adjusted for the change in unamended soil, represented net N mineralization or immobilization by the residue.

The effect of cover crops on soilborne pathogens was evaluated at four of the 2003–04 trial sites. At UCD and Woodland A soil samples were collected in Fall 2003, before cover crop planting, and again in Spring 2004, before transplanting tomatoes. In each plot a composite sample of 12 soil cores (0 to 15 cm deep) was collected. After the sample was homogenized, a 3-g sample was added to 30 mL of 0.1% water agar. Following agitation for 5 min, two aliquots of 1 mL each were plated on selective media (pectate agar for *Verticillium dahliae* and Komada’s medium for *Fusarium* spp.). Depending on the concentration of propagules in the soil, dilutions were adjusted to achieve a visually manageable number of colonies on the plates. Colonies of *V. dahliae* and *Fusarium* spp. were counted with the aid of a dissecting microscope. Soil pathogen data were analyzed by the ANCOVA procedure (SAS Institute, Cary, N.C.) using soil pathogen population preceding cover crop production as the covariate in the analysis of the spring populations.

During the 2004 tomato season significant foliar expression of plant infection by *V. dahliae* (Woodland A), fusarium foot rot (*Fusarium solani*) (Woodland B), and fusarium wilt (*F. oxysporum* f.sp. *lycopersici* W.C. Snyder & H.N. Hans.) (Woodland C) were observed. At each site the number of plants exhibiting disease symptoms was recorded 4 to 6 weeks before harvest. The identity of each pathogen was confirmed by plating symptomatic tissue on water agar or potato–dextrose agar.

Results

Mustard cover crops produced high biomass at UCD and the Woodland A and C sites, with much less biomass at Woodland B and

D (Table 2). Where it was grown, the legume mix had substantially lower biomass than any mustard, undoubtedly due to the relatively early incorporation dates used. With the exception of the Woodland B site (following wheat), all 2003–04 mustard cover crops had high tissue N concentration. Above-ground biomass N ranged from 115 kg·ha⁻¹ (‘Caliente’ at Woodland B) to 350 kg·ha⁻¹ (‘Pacific Gold’ at Woodland A). Fertilization of the mustard cover crops was done only at Woodland B (60 kg·ha⁻¹ N); elsewhere, mustard biomass N represented uptake of residual and mineralized soil N. The low-N ‘Caliente’ residue from Woodland B showed net N immobilization over 4 weeks of incubation, equivalent to about 6 kg·ha⁻¹ N; in that field a seasonal total of 160 kg·ha⁻¹ N was applied to the tomato crop, an amount sufficiently in excess of normal fertilizer requirement (Krusekopf et al., 2002) to overcome any adverse effect of cover crop immobilization. All other samples showed substantial net N mineralization, averaging about 20% of N content. The N concentration of cover crop residue was positively correlated with net N mineralization rate ($r = 0.76$).

Tissue glucosinolate concentration varied among sites and between mustard cultivars, averaging 16 mmol·kg⁻¹ dry tissue (Table 2). *B. juncea* tissue contained mostly 2-propenyl glucosinolate, while the benzyl and 4-hydroxybenzyl forms were predominate in *S. alba* tissue. Total above-ground glucosinolate content of mustard residues ranged from 75 to 153 mol·ha⁻¹.

Cover crops had no significant suppressive effects on soil populations of *V. dahliae* or *Fusarium* spp. In Spring 2004, *Verticillium* populations varied from 4 to 14 colony forming units (cfu)/g at UCD and 11 to 24 cfu/gat Woodland A. *Fusarium* populations ranged from 4,000 to 5,700 cfu/g at UCD and 3,200 to 4,100 cfu/g at Woodland A. No significant foliar expression of soilborne disease was observed at UCD in 2004, or at Woodland D. At Woodland A the percent of plants showing foliar symptoms of *V. dahliae* infection was unaffected by cover crops; only the metam sodium treatment showed significant reduction in foliar symptoms (Table 3). At Woodland B *Fusarium* foot rot incidence was not significantly reduced by the cover crop. At Woodland C incorporation of ‘Caliente’ residue resulted in a significant increase in the percentage of plants showing foliar symptoms of *Fusarium* wilt; by harvest this disease had killed most plants in both the cover crop and fallow treatments, precluding fruit yield measurement.

At UCD cover crops had no significant effect on tomato fruit yield or soluble solids

Table 1. Site characteristics and cultural details of the 2003–04 commercial cover crop trials.

	Site			
	Woodland A	Woodland B	Woodland C	Woodland D
Soil texture	Silt loam	Fine sandy loam	Silty clay loam	Silt loam
2003 summer crop	Tomato	Wheat	Tomato	Tomato
Cover crop seeding date	6 Nov.	14 Nov.	19 Nov.	21 Nov.
Cover crop incorporation date	16 Mar.	14 Mar.	18 Mar.	23 March
Tomato cultivar	Heinz 9780	PS 347	Heinz 9780	HM 849
Transplanting date	16 Apr.	9 Apr.	21 May	11 May
Tomato harvest date	23 Aug.	30 Aug.	Crop loss	15 Sept.

Table 2. Above-ground cover crop biomass, nitrogen concentration, net nitrogen mineralization, and glucosinolate content; parentheses indicate standard errors.

Year	Site	Cover crop	Dry biomass	N	N	Total glucosinolates	
			(Mg·ha ⁻¹)	(g·kg ⁻¹)	mineralization (%) ^z	(mmol·kg ⁻¹)	(mol·ha ⁻¹)
2002–03	UCD	Humus	6.8 (0.1)				
	UCD	Pacific Gold	7.0 (0.5)				
	UCD	Ida Gold	8.3 (1.1)				
	UCD	ISCI 20	9.2 (0.9)				
2003–04	UCD	Legume mix	3.8 (0.6)				
	UCD	Pacific Gold	6.7 (0.6)	40	23 (4)	17 (4)	113 (29)
	UCD	Caliente ^y	8.2 (0.4)	33	13 (3)	16 (3)	129 (24)
	UCD	Legume mix	3.7 (0.2)	41	25 (4)		
	Woodland A	Pacific Gold	9.2 (0.5)	38	18 (2)	11 (2)	98 (14)
	Woodland A	Caliente	9.9 (0.3)	31	7 (1)	16 (1)	153 (2)
	Woodland A	Legume mix	5.2 (0.4)	37	25 (1)		
	Woodland B	Caliente	6.0 (0.2)	23	-5 (2)	13 (1)	75 (5)
	Woodland C	Caliente	8.1 (0.2)	41	9 (4)		
	Woodland D	Caliente	4.7 (0.2)	46	19 (1)	24 (3)	113 (12)

^zPercent of biomass N mineralized in 4 weeks of soil incubation at 20 °C; negative number indicates net immobilization.

^y*Brassica juncea* and *Sinapis alba* portions analyzed separately at all sites; data presented are weighted means.

Table 3. Incidence of foliar symptoms of soilborne disease, 2003–04 commercial trials.

Site	Over-winter field treatment	Disease	Foliar symptoms (% of plants)
Woodland A	Fallow	Verticillium wilt	41 a
	Fallow + metam sodium		19 b
	Pacific Gold		37 a
	Caliente		46 a
Woodland B	Legume mix	Fusarium foot rot	42 a
	Fallow		21
	Caliente		16
Woodland C	Fallow	Fusarium wilt	NS
	Caliente		52 b
	Caliente		70 a

^zMean separation by Duncan's mean separation test at $p < 0.05$.

^{NS}Nonsignificant at $p < 0.05$.

Table 4. Effect of over-winter field treatment and spring-applied metam sodium on yield of tomato fruit, and fruit soluble solids.

Site	Over-winter field treatment	Fruit yield (Mg·ha ⁻¹)		Fruit solids ^z (Mg·ha ⁻¹)
		Total	Marketable	
UCD 2002–03	Fallow	113	102	5.25
	Pacific Gold	106	95	5.02
	Ida Gold	105	94	5.08
	ISCI 20	107	95	5.14
	Humus	106	96	5.01
	Legume mix	111	100	5.16
	NS	NS	NS	NS
UCD 2003-04	Fallow	122	110	5.27
	Fallow + metam sodium	126	117	5.67
	Pacific Gold	110	101	5.09
	Pacific Gold + metam sodium	117	108	5.29
	Caliente	110	104	5.09
	Legume mixture	122	110	5.24
	NS	NS	NS	NS
Woodland A	Fallow	144 b ^y	121 b	5.58 ab
	Fallow + metam sodium	153 a	131 a	5.69 a
	Pacific Gold	134 c	109 cd	5.12 cd
	Caliente	129 c	106 d	5.00 d
	Legume mix	136 c	114 c	5.35 bc
Woodland B	Fallow	137 a	117	5.42
	Caliente	124 b	108	5.24
	NS	NS	NS	NS
Woodland D	Fallow	143	116 b	4.90
	Caliente	153	123 a	5.21
	NS	NS	NS	NS

^zMarketable yield × soluble solids concentration (°Brix)

^yMean separation within sites by Duncan's mean separation test at $p < 0.05$.

^{NS}Nonsignificant at $p < 0.05$.

yield in either year (Table 4). In 2004, metam sodium, alone or in combination with 'Pacific Gold', was similarly ineffective at UCD. However, at Woodland A, metam sodium significantly increased both total and marketable

yield compared to the winter fallow treatment, which in turn had higher yield than any cover crop treatment. Both mustard cover crops had lower soluble solids yield than either the fallow or metam sodium treatments. Yield

reduction with cover crops may have been due in part to damaging populations of darkling ground beetles (*Blapsinus* spp.), which were concentrated primarily in cover crop plots; chemical treatment and limited replacement of damaged transplants in those plots was necessary. Also, the grower established the transplants with irrigation through a buried drip irrigation system. At transplanting, soil moisture in cover crop plots was lower than in fallow plots, the result of cover crop transpiration during spring growth; differences in early season water availability may have affected tomato growth in cover crop plots.

Total fruit yield at Woodland B was significantly lower in 'Caliente' plots compared to the fallow treatment. The opposite result was observed at Woodland D, where 'Caliente' production resulted in increased marketable tomato yield. No fruit yield was obtained at Woodland C, where *Fusarium* wilt resulted in a complete crop loss.

Discussion:

In six field trials the use of over-wintering mustard cover crops had no consistent effects on soilborne disease suppression or tomato fruit productivity. The lack of effective disease suppression may have been attributable to several factors: insufficient glucosinolate content in the residue, incomplete conversion of glucosinolates to ITCs, or inefficient field management practices that reduced biofumigation effectiveness. While tissue glucosinolate concentrations were similar to those reported elsewhere (Lazzeri et al., 2003; Morra and Kirkegaard, 2002), and the amount of mustard biomass achieved at most of the sites was substantial, total glucosinolate content of the mustard residues was very low in comparison to typical application rates of synthetic fumigants like metam sodium. The metam sodium treatments used at UCD and Woodland A contained 690 and 830 mol·ha⁻¹ of ITC-forming compounds, respectively, or 5 to 11 times the molar equivalent glucosinolate content of mustard residues at those sites. Since the toxicity of different ITCs varies widely (Sarwar et al., 1998) a direct molar comparison is simplistic; however, the relatively small

amount of glucosinolate contained in mustard residues suggested a practical limitation to their effectiveness in disease suppression. Given the wide genotypic variation in glucosinolate concentration among mustard cultivars (Kirkegaard and Sarwar, 1998), further selection and breeding may significantly increase glucosinolate content of field-grown mustard cover crops.

Perhaps more important than total glucosinolate content of mustard residues are the factors governing release, distribution and retention of ITCs in the soil following residue incorporation. ITC release from mustard tissues requires hydrolysis of glucosinolates by myrosinase (Brown and Morra, 1997); since myrosinase and glucosinolates are separated in intact mustard tissues, the degree of tissue maceration during cover crop incorporation can greatly affect ITC formation. Morra and Kirkegaard (2002) reported that no more than 1% of ITC predicted from tissue glucosinolate concentration was measured in soil amended with mustard leaf tissue; cellular disruption by freezing and thawing increased ITC release efficiency, but to no more than 26%. Once mustard tissue is macerated, ITC release is rapid. Brown et al. (1991) reported that ITC concentration reached a maximum only 2 h after soil incorporation, and declined by >90% within 24 h. Lazzeri et al. (2004) found that 40% or more of initial glucosinolate content was lost if tissue was allowed to dry.

These factors suggest that grower management of mustard residues could greatly affect biofumigation effectiveness. For maximum effect, mustard residues need to be thoroughly shredded and immediately incorporated into moist soil. To the extent practical, those practices were followed in these field trials; in all fields the cover crops were flail-mowed and incorporated within <1 h. To prevent soil compaction the growers were forced to schedule these operations when the soil was drier than field capacity moisture content, potentially allowing some tissue desiccation. At UCD in 2004 sprinkler irrigation was applied immediately after incorporation to minimize this problem. Yet even with these efforts to optimize practices, no significant biofumigation effects were observed in any field.

Other researchers have reported that field-grown *Brassica* crops effectively suppressed soilborne disease in succeeding crops, increasing crop productivity. Examples include take-all (*Gaeumannomyces graminis*) on wheat (Kirkegaard et al., 2000), sclerotinia drop (*Sclerotinia minor*) on lettuce (Hao and Subbarao, 2003), and verticillium wilt (*Verticillium dahliae*) on cauliflower (Subbarao et al., 1999). In each of these studies, however, it

was unclear whether ITC release from *Brassica* tissue was the primary mechanism of disease suppression, or whether more complex biological interactions were responsible.

Disease suppression is not the only potential benefit of cover crop production. Improved soil structure and water infiltration, and reduced winter runoff and associated erosion and nutrient loss, have been documented (Colla et al., 2000; Dabney et al., 2001; Joyce et al., 2002; Miyao and Robbins, 2000). In the present study large quantities of N were removed from the soil profile, decreasing NO₃-N leaching potential. We conclude that mustard cover crops may provide environmental benefits but are unlikely to suppress soilborne pathogens or increase processing tomato productivity under representative field conditions in the Sacramento Valley.

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