



Sheep Project Leaders' Guide Sheep lessons developed by North Central Region of the University of California Extension

Goat lessons developed by University of Minnesota, 4-H Animal Science Project Meeting, MI.

Cattle lessons developed by National 4-H Cooperative Curriculum System.

Swine lesson developed by National 4-H Cooperative Curriculum System.

Horse lesson developed by National 4-H Cooperative Curriculum System.



University of California Cooperative Extension

Division of Agriculture and Natural Resources

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Characteristics & Implications...for Youth Ages 9 to 11

CHARACTERISTICS	
 Very active with boundless energy Extremely curiousconstantly asks "why?" Enjoy hands-on activities Use concrete thinking Likes group activity Like to be with members of own sex Admire and imitate older boys and girls Usually do best when work is laid out in small pieces Do not like keeping records-do not see value in them Like symbols and regalia 	 Easily motivated-eager to try new things Use concrete thinking Learn to locate resources Like to explore ideas Learn about self through relationships Has rapidly changing interests Guidance from parents and other adults important if youth are to stay on task and achieve optimum performance Find difficulty in delaying immediate pleasure for future goals Need recognition and praise for doing good work
IMPLICATIONS FOR PROJECT LEADER	5
 Use detailed outlines of sequential learning experiences Build in activities where youth exchange resources for personal or group goals Incorporate many brief learning experiences Encourage learning experiences be done with youth of the same sex – if to be done with the opposite sex, avoid competitions between girls and boys Keep written work simple – review forms and worksheets with the group step-by-step Clarify and enforce reasonable limits for this group – provide the safety net of an adult who will maintain boundaries Involve older teens in helping youth in this group plan and carry out activities together Be present for this group – visible and accessible but in the background 	 Use hands-on learn-by-doing activities Allow groups to develop parts of a larger plan Use activities where youth need to locate resources Plan activities that allow youth to move about and use their bodies – but vary activities for many interests (not just sports) Emphasize group learning experiences Use activities where youth achieve and produce a product Give clear instructions with set deadlines Do NOT play favorites – treat ALL youth fairly Encourage group free time Make recognition available to those who earn it – let youth know they will receive rewards for completing activities, and present recognition in front of peers and parents
SHARE	
 Have youth share what interests, talents, abilities, and skills they developed in the activities Ask youth how teamwork, cooperation, friendship, and sportsmanship played out in activities completed Plan group time to talk about beliefs and values as related to activities completed Ask group members to share options considered in the activities 	 Ask youth to share personal or group adjustments made during the activities Ask youth to verbalize or demonstrate opposing points of view they observed in the activities Ask youth to share opinions about activities completed – personal and group member performance, results of group work, etc. Ask youth to identify stressors and dangerous situations encountered in the activities completed

Characteristics & Implications...for Children Ages 9 to 11 Continued

PROCESS	
 Ask youth what questions they still have about the activities just completed – encourage them to find some of the answers on their own, or encourage a few youth to find the answers and report back to the group Help youth identify successes achieved in the activities – give positive feedback to the efforts and successes you see Avoid generalized praise – this group sees through it and feels manipulated 	 Ask youth to demonstrate sequenced steps completed in the activities If tools were used in the activities, ask youth how they shared the use of them in their groups Have youth explain rationale for choosing some options over other ones in the completed activities Provide correction quietly – one on one – in a caring and consistent manner
GENERALIZE	
 Have youth generate alternative solutions to problems solved in the activities – or speculate other problems that could be solved in similar ways Ask youth to describe how the relationships that were formed or strengthened in the activities could be used in the future 	 Ask youth what general categories were formed or needed to complete the necessary activities Provide active experiences that generally relate to or reinforce activity content presented such as nature walks, ropes courses, trips to significant sites, etc.
APPLY	
 Based on the content of activities completed, help youth form groups or clubs with common "collecting" interests or hobbies – ball cards, stamps, bugs, rocks, buttons, etc. Build in ways parents, teachers, and other adults can help youth complete follow-up additional activities Encourage youth to incorporate technology into follow-up related activities Build in community service roles to reinforce content taught – help this group work on environmental issues in their community 	 Give related assignments for youth to manage and complete Encourage apprenticing with teen volunteers in related activities Provide opportunities for parental involvement such as homework or "things to do" lists – solicit the help of parents to assist youth with written work Provide opportunities to set two or three goals for a six-month period Work with youth to identify and study related careers

Characteristics & Implications...for Youth Ages 12 to 14

CHARACTERISTICS

 Ready for in-depth, longer learning experiences Self-conscious – many need help overcoming inferiority complexes Interested in activities involving boys and girls together Like fan clubs – many have adult idols Often unclear of needs and values Want to explore outside their own community 	 Concerned about physical development – sometimes practice excessive grooming behaviors Want to be liked by friends Interested in sports and active games Getting over the age of fantasy – beginning to think of what they will do when they grow up Desire independence – but want and need their parents' help
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Concentrate on developing individual skills – help youth compare skills to their own standards	Encourage learning experiences related to understanding self and getting along with others
 Encourage active and fun learning experiences such as canoeing, hiking, and environmental stewardship – but not weighted toward physical prowess 	• Encourage learning experiences involving boys and girls – provide activities to be with the opposite sex in healthy ways such as planning groups, parties, fund-raising activities, etc.
Provide hands-on and skill-centered experiences in specific subject matter, and allow for quiet time	Give youth a chance to choose when and if they are "on stage"
 During activities, ask questions to encourage predicting and problem solving such as "What if this doesn't work? What could then happen?" 	 Tasks can be more difficult and of longer duration making a model, keeping a journal, etc. – allow for creativity!
Encourage working with older teens and adults to complete learning experiences and apprenticing	Help youth find necessary information and support activities
Encourage deeper exploration of leadership roles – provide opportunities to practice leadership roles with coaching, and encourage keeping more detailed records of leadership experiences	• Teen and adult leaders must be well-liked to be effective – teen leaders should be three or four years older than the youth and considerably more mature
Involve the group in setting rules for the group or for the program	Encourage involvement in teen councils and planning boards
Do NOT use put-downs or "in-the-face" behaviors with this group	Provide realistic parameters – explain why they are necessary
Provide learning experiences outside of the community	Avoid singling youth out in front of others either to commend or to criticize
SHARE	
 Ask youth to reflect on what they learned in the activities Have youth prepare and give presentations on what they gained from or thought of the activities completed Based on observations of the activities completed, ask youth to state what they think would be 	 Ask youth to share any emotions they observed in the group and to share feelings about any relational interferences they encountered during the activities Ask youth to share how their personal values interfaced with the decisions of the group Ask youth to define their leadership style based on
appropriate symbol for the group	their performance in the activities completed

Characteristics & Implications...for Youth Ages 12 to 14 Continued

PROCESS When activities result in a product, ask youth Ask youth to explain the plan of action undertaken • what could have been done to improve the to complete the activities - or the steps involved product in creating the resulting product Have youth articulate or demonstrate in a creative ٠ Ask youth to share observations they made of how • way how they benefit from their association with different group members went through the same the aroup experiences Provide opportunities for youth to ask and Have youth list and examine varying points of ٠ question ways of doing things in the group view surfaced in the activities Find time to talk with them individually to help Have youth describe ethical dilemmas they • them work through problems or to discuss observed in the activities and how they were personal issues resolved Provide honest information for the sexual issues Pose abstract questions to help youth process ٠ and questions they have – listen to their fears and realizations made during activities, and present worries about their sexual development without similar scenarios, and ask youth to predict results judging or trivializing **GENERALIZE** Present multiple alternatives in related situations, As a result of the activities, ask youth to set long-• and ask youth to compare and choose the best term goals and to plan strategies for reaching possible option those goals Assist youth in identifying ways they can practice Ask youth to explain actions or decisions that took ٠ ٠ assertiveness around the results of the activities place in the activities related to healthy or safe completed livina • Ask youth to share, in detail, skills and education • Ask youth to construct simple budgets to reach stated goals needed for related jobs APPLY Have youth keep a journal of personal decisions Help youth identify and perform personal and • and changes they make related to the activities group community contributions that meet special experienced needs within their community • Encourage technological application to key • Relate activities completed to career choices concepts presented Have youth shadow experienced workers in ٠ Relate activities completed to career choices related fields **CHARACTERISTICS** Social needs and desires are high Often need guidance in selecting careers . Interested in co-educational activities • • Developing community consciousness Want adult leadership roles Want/need a strong voice in planning programs . . Beginning to think about leaving home for college, Have interest areas that are more consistent with . • employment, marriage, or other relationships earlier ones - patterns of interest are emerging

Characteristics & Implications...for Youth Ages 15 to 19

• Provide some experiences around body image, etiquette, grooming, hair styles, health and fitness, etc. – avoid comments that criticize or compare stature, size, or shape!
 Provide opportunities for youth to talk about their own beliefs Involve youth in carrying out plans – they are ready to be creative at a level of action, and they are at a level of responsibility to do this Encourage greater in-depth study of leadership roles and life skills Encourage youth to plan programs (even social activities) with guidance and support from involving adults Encourage working with adult role models – emphasize guidance and counsel from adults rather than controlling direction Be willing to admit mistakes as an adult! Challenge youth to interpret and creatively communicate what was learned through symbols, pictures, graphs, etc. Ask youth to share how they prioritized roles and functions in completed activities Ask youth to summarize how the group made decisions together throughout the activities
 Ask youth to describe or demonstrate how they compensated for unexpected challenges and changes in the activities Ask youth to list adjustments made in behavior and plans while completing the activities Ask youth to share personal value criteria they used in the activities completed – if in a trusting relationship, ask them to compare what they did to what they SHOULD have done in certain situations

Characteristics & Implications...for Youth Ages 15 to 19 Continued

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- Ask youth to identify related instances where they need to convey personal opinions and ideas to persuade or convince others
 Ask your substitution
- Ask youth to identify skills used in their group that are also needed in the workplace
- Encourage application of leadership life skills to living on their own – incorporate budgeting and money management applications in activities
- Assist youth in making related wise, healthy, and safe lifestyle choices
- Ask youth to speculate long-term consequences of results of the activities completed
- Challenge youth to find answers to similar problems
- Ask youth how they contribute to the well being of their families in similar ways to their participation in this group
- Construct experiences that expose youth to and involve with the larger society

APPLY

- Support youth as they design follow-up related independent learning experiences
- Assist youth in applying leadership life skills to career exploration – especially decision making
- Offer Career or College Days including the wide spectrum of options (not just white collar positions)
- Encourage career exploration within specific subject matter offer vocational activities
- Provide activities (actual and theoretical) to explore the job market

- Ask youth to develop plans for future life transitions
- Arrange or locate internships (paid or unpaid)
 based on skill-specific career interests
- Provide guidance and support to youth as they work to meet actual and real community needs
- Encourage learning activities involving the community such as service groups, political parties, Habitat for Humanity, ecology, Adopt a Highway, etc. involve them as spokespersons for the activities
- Organize experiences for youth outside of their own community

SHEEP PROJECT GUIDE

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First Meeting:

- Meetings last about an hour; you will begin to lose your youth if the meeting lasts longer than an hour.
- Project leader discusses their background and interest in being a leader for this project.
- Does not require an animal to be in the group.
- Typically, youth who want to stay end up getting an animal, and those who do not purchase an animal end up leaving the group or wanting the educational information.
- Hand out a sheet of meeting times and dates at the first meeting. Project begins in October, does not meet in December, and ends in May. (This is based upon individual leader, and communication with youth and adults may occur via online.)

- Ask your youth questions about their background and interest with sheep. This will allow for the project leader to tailor the program to the youth.
- Make sure to discuss about market versus breeding animal options, and find the interest in each category from the youth in the project.
- Create a game or fun activity to quiz youth on their existing knowledge of Sheep. Could be a Sheep Jeopardy or fill-in the blank for Sheep Parts.
- Usually have a sheep poster posted.
- Give a list of sheep breeders in the area.

Overview

- All aspects of the selection process should be understood. (breeds, quality, ownership, age, shearing guidelines)
- Proper facilities should be available.
- Proper diets and nutritional information about feeding sheep should be identified.
- Health is one of the most important aspects of raising breeding sheep.
- All rules should be followed in regards to fitting prior to show.

Facilities and Equipment:

- A barn or shed where lambs can retreat from cold, wet conditions and a small pen with outside exposure are essential.
- Adequate fencing, a feeder, a water container and an exercise area are required, yet other equipment may be considered optional.

Feeding/Watering:

- 20 square feet of space for each lamb.
- Outside pen can vary in size.
- Facility needs proper drainage and temperature control measures made.

Fences:

• Fence height should be at least 42 inches.

Feeders:

- Self-feeders are usually used in early stages with lambs and should be blocked 8 inches off the ground.
- A trough should be hung at the same height as the top of the shoulder of lamb.
- Movable troughs should be cleaned.
- It is not required to use a self-feeder.

later and Containers:	
Water troughs should be small so they can be drained	ed and cleaned on a regular basis.
Water temperature should be regulated during warn	ner temperatures.
Clean, fresh water is required on a daily basis to pro optimal levels.	ovide the necessary fluids to keep body functioning at
ools Needed:	
• Stiff brush to clean water troughs;	You may want the following optional equipment if you are exhibiting several lambs at major shows:
Shovel to clean pens;	Small animal clippers;
 Trimming table that measures 45 inches long, 20 inches wide and 18 inches tall: 	Hair head for electric clippers;
Electric clippers;	Show box to hold equipment;
 20- and 23-tooth combs with cutters; 	Hot air blower or dryer;
One small wool card or poodle comb;	Portable livestock scales;
Syringes and needles;	Electric water heater;
 Lamb blankets and/or socks; 	 Electric sharpener or grinder for combs and cutters;
Rope halters;	Extension cords;
Hoof trimmers;	• Muzzles;
Hand shears;	• Electric fans.
Bolus gun for giving medication;	
Back-pack drench gun;	
Small portable feed troughs.	

- After buying sheep, it should be put on growing ration (14-16% protein), proper mineral balance, roughage, and antibiotics if necessary
- Complete feeding program with feeding schedule, exercise program, and observation of growing.
- Observe lamb during feeding to help determine adjustments needed.

Protein:

- Dietary protein maintains protein in body tissues, provides for carriers of other nutrients, and major components of meat, milk, and fiber.
- Young, fast growing lambs need protein rations of 16 to 18 % protein to allow them to grow and develop their muscle potential.
- Lambs can be fed lower protein diets during the fattening stage and during hotter months. Older lambs can be fattened on ratios containing 11 to 12 % protein.

Carbohydrates and Fats:

• An adequate supply of energy is necessary for efficient nutrient utilization. Grain and protein supplements are high in energy. Hay contains less carbohydrates and fats. In lamb rations, too much energy intake can be just as detrimental as not enough.

Nutrition/Feeding (Continued)

Minerals:

- Important minerals are salt, calcium, and phosphorus.
- 2.5 parts calcium to 1 part phosphorus.
- Feed rations that contain high levels of phosphorus in relation to calcium may cause urinary calculi, the formation of stones that block the passage of urine. The addition of ammonium chloride at the rate of 10 pounds per ton of feed will prevent urinary calculi.
- Roughages are generally high in calcium and low in phosphorus.
- Grains are generally low in calcium and moderate in phosphorus.
- Most protein supplements are high in phosphorus and moderate in calcium.
- High energy lamb rations usually need calcium supplementation, such as calcium carbonate, to bring the calcium:phosphorus ratio to 2.5:1.

Vitamins:

- Vitamins are essential for proper body function, but lambs require very small amounts. Only vitamin A is likely to be deficient.
- If lambs are receiving alfalfa hay or dehydrated alfalfa hay pellets in the ration, then vitamin A deficiency should not be a problem.

Health

The key to a healthy lamb is the development of a preventive health program. It is a good practice to assume that the lamb you have purchased has had no treatments. Therefore, the health program should include vaccinations or treatments for a number of potential problems.

Enterotoxemia:

• One of the main causes of death in club lambs is enterotoxemia, or overeating disease. Symptoms are seldom exhibited. The disease is caused by a clostridial organism normally present in the intestine of most sheep. Lambs that experience abrupt changes to their feeding schedules or that consume large amounts of grain are subject to enterotoxemia. These changes cause the clostridial organism to grow rapidly and produce a powerful toxin that causes death in a few hours. There is a combination vaccine for types C and D enterotoxemia. All club lambs should be vaccinated with the combination vaccine, and a booster vaccine should be administered 2 to 3 weeks later. Additional boosters can be given at 2- to 3-month intervals.

Internal parasites

• New lambs should be drenched for internal parasites immediately. A second drenching should follow about 3 weeks later. Consult your veterinarian for recommended practices and information on the most effective drenches.

Soremouth

- Soremouth is a contagious disease that causes the formation of scabs on the lips and around the mouths of lambs. It is caused by a virus that can affect humans, so use caution when working with lambs with soremouth. Iodine can be rubbed into lesions after the scabs are removed and this will help dry up the area and reduce the infection.
- Vaccines are available.

Tetanus

- Lambs affected with tetanus seldom recover and there is no satisfactory treatment. If tetanus has been a problem in your area, or if you use elastrator bands to dock tails, you should vaccinate for tetanus.
- There are combination vaccines for tetanus and enterotoxemia.

Health (Continued)

Ringworm:

- Ringworm can become a serious problem because it is contagious and can be transmitted from lamb to lamb, from lamb to human, or from infected equipment to lamb. A good prevention program is necessary. The following products have been used with varying results:
 - Fulvicin® powder as a bolus or used to top dress feed;
 - Novasan® 3 ounces per gallon of water sprayed on lambs, equipment and premises;
 - Bleach 10 percent solution sprayed on lambs, equipment and premises.

Rectal Prolapse:

- Rectal prolapse, or protrusion of the rectum, is believed to be inherited. It also is associated with concentrate feeding, short docking of the tail or excessive coughing induced by dusty conditions.
- Prompt treatment by a veterinarian is recommended. If unattended, the prolapsed rectum will become swollen, inflamed and covered with crusted blood, fibrin and feces.

Miscellaneous:

- Tail docking, hoof trimming and daily observation are also necessary to a good health management program.
- Hooves need to be trimmed every 4 to 6 weeks. Always trim hooves 1 to 2 weeks before a show.
- Careful daily observation of lambs also is a good preventive measure. Lambs that do not feel well generally
 do not eat as quickly and may not clean up their feed. It is a good idea to routinely check the manure of
 the lambs in the pen. Lambs with diarrhea generally have had their feed changed too quickly, have
 consumed too much high-energy feed, or may have an internal parasite problem.
- Check the lambs to see how they walk and get a good impression of their overall thriftiness. Lambs with their ears hanging down and walking abnormally do not feel well.
- Daily observations also will help you detect lambs suffering from urinary calculi or water belly. An affected animal will stand with its back arched and will strain to pass urine, may kick at its belly and show extreme discomfort. It is normal for most lambs to urinate after they stand up and move about for a few minutes. Watch your lambs closely to make sure they are urinating without problems.
- Heat stress also can be a problem for lambs. Heat stressed lambs tend to stand very straight on their hind legs and appear to have the shakes or tremors in their rear quarters. To reduce stress, shear the lambs and provide a quiet, cool place for rest.

Fitting and Showing

- Lambs, regardless of breed, should be washed prior to shearing. The only exception to this is when lambs
 are in long fleece. A clean fleece is easier to shear and extends the life of clipper blades. Any livestock soap
 or liquid dish washing soap will work extremely well for washing lambs, but be careful to remove all soap
 when rinsing.
- Wash and shear lambs as close to the show day as possible. Lambs that are sheared frequently have a greater tendency to wrinkle or become loose hided.
- A blow dryer may be used to hasten drying time. A bath towel is adequate for drying short fleeced lambs in warm weather. Lambs that have a tendency to wrinkle should not be dried with a blow dryer.
- Shearing can be done while the lambs' wool is still damp. Clippers will perform better in loose, damp wool. A pair of electric clippers fitted point cutter should be used to ensure smoother, more attractive lambs.
- Lambs should be sheared smooth. While shearing, the clippers should run parallel to the length of the body rather than vertically.
- -Shearing parallel to the length of the body makes lambs appear balanced and longer bodied. Wool below the knees and hocks should not be shorn. This "boot" can be carded out and blended in with hand shears or electric clippers. Leaving the wool on the legs also improves the balance and "eye appeal" of lambs.

Fitting and Showing (Continued)

- Small animal clippers may be needed to clip closely around the eyes, ears, or delicate areas.
- Immediately after shearing, cover each lamb with a lamb sock or blanket and hood. A clean, well-bedded pen should be provided to keep lambs clean and dry.

Preshow Preparation

- The amount of time required to train a lamb for show depends on the lamb, the physical size and experience of the exhibitor, and the intensity of training.
- Some exhibitors spend time training throughout the program, while others start an intensified training program just 2 to 3 weeks before the show.

Halter breaking is an excellent way to begin the gentling process, especially if you have several lambs. ---Lambs should be caught, haltered with a rope halter, and tied to a fence. Do not tie the lambs where they can hurt themselves and do not leave tied lambs unattended. While a lamb is tied, you can place the lamb's feet properly and get it accustomed to setting up.

- After the lamb begins to gentle, you can start teaching it to lead. This is done with one hand under its chin and the other hand on the back of its head. Have someone assist you by patting the lamb on its dock whenever it stops.
- When you are comfortable leading the lamb, you can learn to position your hands in a way that holds the lamb's ears forward. This will give the judge the impression that the lamb is long necked and very stylish. Lead with your arm extended and with your body 1 to 2 feet from the lamb.
- The next step in the training process is to lead the lamb without a halter and properly set it up. Set the hind legs first, then place the front legs, keeping the body and neck straight and the head in a high, proud position with ears up and forward. You should remain standing at all times. Do not squat or kneel.
- After a lamb is trained to lead, set up and remain set up while you move around it, the lamb is ready to be taught to brace or push when pressure is applied to its neck or chest. A lamb must push or brace itself when the judge is handling it. A constant, steady pressure is desirable because it helps the judge better evaluate the lamb. Keep the lamb's front feet on the ground when bracing. A lamb can be taught to brace by backing it off a blocking table or by lightly tapping it on the rear when it moves backward. Do not overpower a lamb when teaching it to brace, or it may develop bad habits such as over driving or kicking its back legs too far back. Be careful and do not practice too much when teaching a lamb how to push.
- After training is complete, you may wish to practice showing the lamb. You can set up your lamb and show it while someone else handles it, making sure the lamb responds. If the lamb responds properly, return it to the pen and do not overwork it. If it fails to respond, more training is necessary.

Show Ring

- Before the show begins, become familiar with the show ring. When the judging begins, watch the judge if possible and see how he works the lambs in the ring. You will feel more comfortable and confident if you know what the judge expects of you.
- When the appropriate class is called, take your lamb to the show ring. If the ring stewards do not line up the lambs, find a place where your lamb will look its best. Avoid corners of the ring and leave plenty of space between your lamb and others. Set up your lamb, making sure the legs are set properly, and keep the body, neck and head in a straight line. Keep the lamb's head up and alert.
- Do not cover your lamb with your body or block the judge's view of your lamb. Have your lamb bracing when the judge begins to handle it.
- Remember, a constant, steady pressure that keeps the lamb's front feet on the ground is desirable. After the judge handles your lamb, he will usually step back and look at it. Be sure to keep pressure on the lamb and keep its head up and body, neck, and head in a straight line.
- Keep one eye on the judge and one eye on your lamb. It is your responsibility to watch the judge and not miss a decision.

Written Guides/Information Sheets

http://msucares.com/pubs/publications/p2479.pdf http://www.ksre.ksu.edu/bookstore/pubs/S117_LEVEL2.pdf http://www.ksre.ksu.edu/bookstore/pubs/S117_LEVEL3.pdf http://www.ksre.ksu.edu/bookstore/pubs/S117_LEVEL4.pdf

Videos

https://www.youtube.com/watch?v=N7DpPSiAiSU&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959 https://www.youtube.com/watch?v=XyT9EBZq5_0&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959 https://www.youtube.com/watch?v=HFC0anC2eW4&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959 https://www.youtube.com/watch?v=PF5ImSmbtKc&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959 https://www.youtube.com/watch?v=6XcjHWWt0jg&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959 https://www.youtube.com/watch?v=EefEbXh0_Oo&list=PLY-aHHxCwgqRlvF351iyFe3wAF3he3959

Keeping Track: Annual Project Report

This section is used by the 4-H member to document their specific project work. Please remember to complete an Annual Project Report form for every project a member completes.

Copies of the Annual Project Report Form are available online at <u>http://ucanr.edu/</u> <u>sites/placercounty4h/files/167230.pdf</u> and within the 4-H Office.

Members are required to chart their progress in their Annual Report.

As a project leader, please help your youth fill in their Annual Project Report. Project Leaders may have surplus forms at each project meeting and allow youth members to fill in the form the last five to ten minutes of each project meeting. Or Project Leaders may want to send out summary descriptions for project meetings via email or Facebook.

Please remember to have youth chart their progress as they go.

Record Books may be done online with the Online Record Book or a paper copy. Please see the links below for additional information and resources.

Record Book Manual with Instructions

http://4h.ucanr.edu/files/165564.pdf

Placer County 4-H Record Book Resources

http://ucanr.org/sites/placercounty4h/Community_Clubs/Resources_-_Forms/ Record_Books/

Online Record Book Resources

http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/

http://4h.ucanr.edu/files/121045.pdf

If you have any questions about the Record Book, please feel free to contact:

Jessica Trumble-Pitel

jctrumble@ucanr.edu

530 889-7393



Time: 60 minutes

Materials:

- ♦ Pen or pencil
- ♦ Paper for notes
- ♦ Activity Sheet

Developed by:

North Central Region of University of California Extension

Adapted by:

University of California Cooperative Extension Placer/Nevada

Sheep Project

Lesson 1: Selecting a lamb

Objectives:

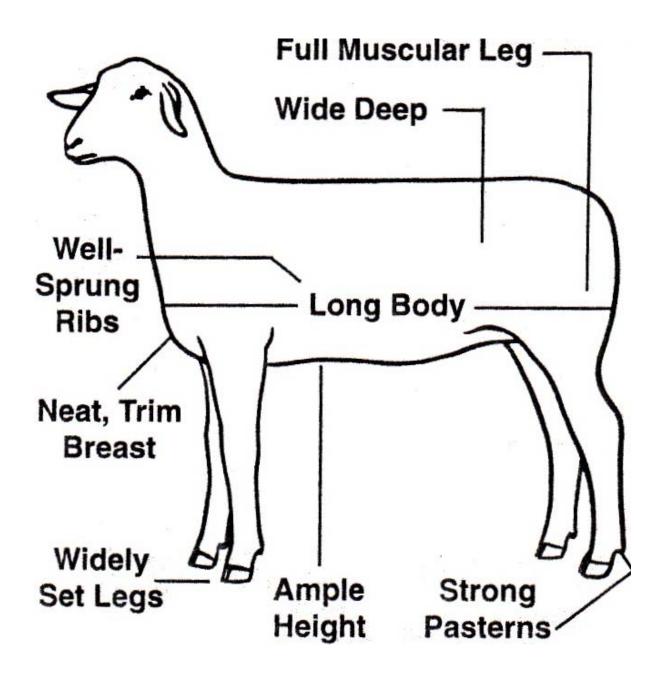
- ♦ How to select a lamb
- Learning what characteristics are important in selection process

Directions:

- Pass out the Crossbred Ewe Lambs Activity Sheet. Discuss the different characteristics that are important when selecting a lamb. Allow youth members to get into groups and work through the activity sheet.
- 2. If there is extra time, before discussing the activity, go over the parts of a lamb. Youth will need to know this information and always good to practice early. Bring a parts poster to share with youth.
- 3. After everyone has adequate time to complete the activity. Come back together as a group to discuss the following questions:
 - ♦ Which lamb did you choose? Why?
 - ♦ Why did you pick that lamb?
 - What information was important in making your decision?
 - ♦ What other information would you like to have had?
 - Why should you gather and compare information before making a decision?

Crossbred Ewe Lambs Activity Sheet:

	Lamb A	Lamb B	Lamb C
Birth date	Jan 2nd	Jan 1st	Jan 15th
Price	\$100	\$85	\$95
Size	Average	Above average	Average
Present health	Excellent	Excellent	Good
Birth type	Single	Twin	Twin
Weaning weight (90 days)	60 lbs.	80 lbs.	65 lbs.
Dam's fleece weight	9 lbs.	7 lbs.	10 lbs.
Sire's body type	Heavy muscled	Tall	Average



Leader's Notes:

Ideal Ewe Lamb

The ideal ewe is adequate in size, length and height for its breed and age. It shows plenty of breed type. It has a strong back, straight, level rump and trim middle. Legs are muscular, squarely set with strong pasterns. It is expressively muscled over the back, loin and rump. Young animals should be growth-they should be long, tall and not excessively fat.



Time: 60 minutes

Materials:

- ♦ Pen or pencil
 ♦ Paper for notes
- ♦ Activity sheet

Developed by:

North Central Region of University of California Extension

Adapted by:

University of California Cooperative Extension Placer/Nevada

Sheep Project

Lesson 2: Judging Practice

Objectives:

- Learning how to judge lambs
- Practicing reasoning with judging lamb terms

Directions:

- 1. As a project leader go over the judging terms, explain each term and either demonstrate on a live lamb or supplement with photographs.
- 2. Pass out the Judging Activity Sheet, and allow youth members to work together.
- 3. After the judging activity is complete, have youth get in groups to discuss the following:
 - What differences did you see between the two sheep?
 - What judging terms were new to you?
 - What should anyone who is interested in sheep know what a good one looks like?
- 4. Then come together to discuss the remaining questions as a large group:
 - Why is one sheep better than the other?
 - How did you decide what terms best fit each animal?
 - What's one thing you can do to make better decisions in the future?

A		B	V.
My Reasons			
I placed	over	because	
	than		
l placed	second because		

Leader's Notes:

Judging Terms

Stronger topped

Neater and leaner in the fore and rear flanks

Trimmer through the throat, chest region, along the underline

Trimmer in the leg and crotch (twist) areas

Longer through the loin

Longer from hip to dock

Fuller and more level over the dock

Slimmer, cleaner neck that blends more gently into the shoulder

Longer and more level topline

Trimmer middle

Shorter general makeup

Stronger pasterns

Sheep Judging Tips

- Look at the side, front and rear views from a distance of 10 to 20 feet
- From the side view observe height, length, balance, strength of back, levelness of rump, trimness of underline, straightness of legs and strength of pasterns, size of loin, style and breed type
- From the front view observe shapeliness of head, sex character, brisket, width of chest and set of front legs
- Check your observations by handling the sheep



Time: 60 minutes

Materials:

- ♦ Pen or pencil
- ♦ Sheep Matching Activity

Sheep Project

Lesson 3: Uses of Sheep (Market)

Objectives:

- ♦ Learning the by-products of sheep for human use
- Learning about external and internal body parts of sheep

Directions:

- 1. Shown are twelve by-products that come from sheep. These by-products are made into many products that people use. Allow youth members to match the manufactured products with the original by-products. Have members put the numbers of the manufactured products under the by-product. Some products may be used more than once. To help youth be more efficient with their matching, as a project leader briefly go over the sheep by-products and explain their function if not self-explanatory. Additionally, real examples to bring for youth to see and handle would be ideal.
- 2. After youth have had the opportunity to complete the matching activity to the best of their ability have youth break into groups to discuss the following questions among themselves.
 - ♦ What by-product was most surprising to you?
 - What by-products are most important to the general public?
 - How many of these by-products do you or your family use?
- 3. Come back together, and discuss the following as a group
 - ♦ How did you decide the by-product matches?
 - How do by-products add to the value of a sheep when marketed?

Developed by:

North Central Region of University of California Extension

Adapted by:

University of California Cooperative Extension Placer/Nevada

Sheep Matching Activity:

Sheep By-Products	Manufactured Products	
A.Sheep milk	1. Animal feed	21. Lubricants
B. Sheep pelts	2. Blood sausage	22. Matches
(skin with wool)	3. Buttons	23. Margarine
C. Hides	4. Candles	24. Meat meal
D. Fats	5. Capsules	25. Medicines
E. Variety meats	6. Cheese	26. Milk products
F. Blood	7. Cheese containers	27. Pelts
G. Meat scraps	8. Coating for pills	28. Photographic film
H. Bones	9. Coats	29. Robes
I. Intestines	10. Crochet needles	30. Rugs
J. Glands (Pituitary, Thyroid, Ovary, Pancreas)	11. Dice	31. Sausage
	12. Diplomas	containers 32. Shoe polish
K. Collagen (Gelatin)	13. Fertilizer	
	14. Glue	33. Slippers
	15. Hearts	34. Soaps
	16. Ice cream making	35. Surgical sutures
	17. Kidneys	36. Tennis racket strings
	18. Leather dressing	37. Tongue
	19. Leather goods	38. Tripe
	20. Liver	39. Violin strings

Sheep Matching Key

Manufactu	red Products
1. Animal feedD/F/H	21. Lubricants D
2. Blood sausage F	22. Matches K
3. Buttons F/H	23. Margarine D
4. CandlesD	24. Meat meal G
5. Capsules K	25. Medicines F/J
6. Cheese A	26. Milk products A
7. Cheese containersI	27. Pelts B
8. Coating for pillsK	28. Photographic film K
9. Coats B	29. Robes B
10. Crochet needlesH	30. Rugs B
11. DiceH	31. Sausage containers I
12. Diplomas C	32. Shoe polishF
13. FertilizerD/H	33. Slippers B
14. GlueH/K	34. Soaps D
15. Hearts E	35. Surgical sutures I
16. Ice cream makingK	36. Tennis racket strings I
17. Kidneys E	37. TongueE
18. Leather dressingD	38. TripeE
19. Leather goods C	39. Violin strings I
20. Liver E	

Sheep Lesson 3



Time: 60 minutes

Materials:

- ♦ Pen or pencil
- ♦ Paper for notes
- ♦ Sheep Examination Chart

Sheep Project

Lesson 4: Health of a Sheep

Objectives:

- Determining the health of a sheep
- ♦ Learning how to chart health records

Directions:

- As a project leader go over the Sheep Examination Chart. Inform members how to fill in the chart and the characteristics they will be gaining data on. Preferably, several sheep will be available during the project meeting for observation. If not, allow members to observe other sheep and report back at the next meeting.
- 2. Additionally, make sure to go over common diseases or other health issues that arise in sheep. Youth members need to be able to identify illness, but also how to treat illness once identified.
- 3. Allow youth to observe sheep and fill in chart.
- 4. After everyone has had time to ask questions, observe, and fill in data on their chart bring everyone back together to discuss the following:
 - ♦ What did you find when you examined the sheep?
 - What did you learn about sheep that you didn't know before?
 - What happens if you ignore signs of illness in your sheep flock?

*This lesson make be a longer project meeting or can be broken up into two meetings.

Developed by:

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Carefully examine a healthy sheep, record what you observe on the examination chart, and then describe what you think a sick sheep might look like for each category.

Sh	eep Examination Ch	art
Sheep Identification	Date Born	Breed
Age Weight W	eight/Days Old Single .	Twin Triplet
General State of Health Exce	Ilent Good	Poor
General Condition	Healthy Sheep	Sick Sheep
Teeth		
Jaw		
Eyes		
Feet		
Body condition		
Udder		
Breathing		
Respiration rate		
Heart rate		
Body temperature		
Skin color		
Fleece		
Manure		
External parasites		
Management Practices (c	check if done)	
Tail docked _	Castrated if male	
Dewormed _	Vaccinated for er	nterotoxemia



Time: 60 minutes

Materials:

- ♦ Pen or pencil
- ♦ Paper for notes
- Round curry comb, wool hand card, hand sheers, detergent

Developed by:

- North Central Region of University of California Extension
- University of California Cooperative Extension Placer/Nevada

Sheep Project

Lesson 5: Fitting Sheep for Show

Objectives:

- ♦ Learning how to fit sheep for show
- ♦ Leaning how to communicate as you demonstrate skills

Directions:

A lamb or ewe that looks dark and dirty can be changed into a beautiful animal with a little soap and water, careful shearing, carding and clipping.

- This activity can be done without sheep, but is suggested to do with demonstration sheep. If you do have sheep, as a project leader prepare and present on how to wash and trim sheep. Bring the necessary tools and allow youth members to look at each tool, then demonstrate how to properly use that tool on the sheep for washing or trimming.
- 2. If you don't have sheep, demonstrate the proper use of a round curry comb, wool hand card, and hand shears for youth members.
- 3. At the end, bring youth members together to discuss the question below:
 - What are some things you know about sheep you could teach others by giving a presentation?

Leaders Notes:

Sheep Fitting Hints

- Shear market lambs within two weeks of the show. Shear dock, head and belly again just before showing
- ♦ Shear medium wool breeding ewes six to ten weeks before the show
- Shear breeding sheep of fine wool breeds three to four months before showing
- Wash medium wool breeds with a mild detergent two to three weeks before showing and keep clean by providing bedding and blankets
- Use a sharp shears, a #2 or #3 wool card, a circular curry comb, a stiff brush, clean rags, stock dip or detergent, a water pail and fitting stand
- Dampen the fleece with water (mild milk oil sheep dip or detergent can be added)
- ♦ Comb the entire fleece with a circular curry comb to break up the fleece
- ♦ Trim the ends until you have a smooth surface
- ♦ Use the wool card to straighten the fibers and bring them together
- Trim the ends with the shears being careful to clip with only the upper blade and keeping the lower blade still
- Repeat the carding and trimming until the sheep's fleece is smooth and compact
- ♦ Place a clean blanket on the sheep



Time: 60 minutes

Materials:

- ♦ Pen or pencil
- ♦ Good/Bad Showmanship Activity Sheet
- ♦ Sheep Showmanship Score Card
- ♦ Sheep

Developed by:

North Central region of University of California Extension

Adapted by:

University of California Cooperative Extension Placer/Nevada

Sheep Project

Lesson 6: Showing a Sheep

Objectives:

♦ Practice showing sheep

Directions:

- 1. Provide youth members with a copy of the Sheep Showmanship Score Card. Allow youth members to partner and come up with five examples of poor showmanship as well as five examples of good showmanship. At this point, youth should know the process of showing and are practicing mastering showmanship.
- 2. Once youth members have completed their examples, have youth partner up and show their sheep to one another. As the project leader, go around and constructively make comments to youth as they are showing their sheep.
- 3. After everyone is able to practice showing. Have everyone come back together and discuss the following questions as a group:
 - ♦ How did it feel to show a sheep?
 - What challenges did you have while showing your sheep?
 - ♦ What's most important about showing a sheep?

Bad and Good Showmanship Examples:

Bad Showmanship Examples

1.	
2.	
-	
3.	
-	
4.	
5	
<u> </u>	

Good Showmanship Examples

1. <u> </u>	
2	
3. <u>-</u>	
4. <u>-</u>	
5. <u>-</u>	

	Sheep Showmanship Score Card	
Exhibitor	Appearance and Merits	20
• Ap	pearance (10)	
•	Well groomed	
•	Clothes neat and clean	
• Me	rits (10)	
•	Brings sheep promptly into ring	
•	Works quickly but not abruptly	
•	Keeps attention on sheep and judge	
•	Quickly corrects faults of sheep	
•	Shows animal, not self	
•	Gives prompt answers to questions	
•	Displays courteous sportsmanlike attitude	
Sheep's A	Appearance	40
• Cle	eanliness (15)	
•	Wool clean and free of foreign matter	
•	Head, flanks and legs clean	
•	Clean ears, nose, and feet	
• Fitting (25)		
•	Market lamb fleece 1/2 to 3/4 inch	
•	Breeding ewe fleece 3/8 to 3/4 inch maximum for meat breeds	
•	Feet trimmed	
Showing	Lamb	40
• Pos	sing and Changing Positions (30)	
•	Sheep posed at all times	
•	Responds to handling and under control	
•	Shown from front when judge views from rear or left side; other shown from left side only	wise
•	Shown from a standing or a bent knee position	

- Led from left side with left hand under jaw and right hand behind head
- Braced by extending fingers and applying slight pressure to muscles on side of neck or jaw
- Cooperation with Judge (10)
 - Keeps body from obstructing view of own sheep and others'
 - Shows awareness of judge's position and hand signals
 - Moves sheep upon direction of judge