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Agriculture and Natural Resources

Making a Difference for California

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August 2011

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# 4-H Family Newsletter

Placer County, California

<http://ucanr.org/placer4h>

530-889-7386

**Before attending your first meeting,  
ENROLL ON-LINE.....<https://california.4honline.com>**

**It's time to "Join the Fun" by enrolling in 4-H for the 2011-2012 Club Year!!**

Go to <https://california.4honline.com> to enter your account and re-enroll. Forgot the steps or have questions? Instructions are on the 4-H website: <http://ucanr.org/jointhefun4h> under "How to Enroll On-line"

**AT&T users:** need a new password? Contact the 4-H Office 530-889-7386 or [cmitchell@ucdavis.edu](mailto:cmitchell@ucdavis.edu)

**Has your e-mail changed?** Call the 4-H office to update or confirm: 530-889-7386 during office hours or e-mail [cmitchell@ucdavis.edu](mailto:cmitchell@ucdavis.edu). Do not proceed until your e-mail has been updated with the 4-H Office.

**IMPORTANT NOTE:** DO NOT CREATE A NEW ACCOUNT IF YOU HAVE BEEN ENROLLED IN THE PAST

As you complete your online enrollment, PLEASE remember to print out your Medical Release Forms, and any Adult Volunteer Self Disclosure Forms. **Please complete those forms and bring them along with payment to the meeting.** (If needed, the forms will be available at the meeting)

Once you have completed on-line enrollment, and your forms and payment have been received by the club, you will be confirmed as a member of the club. (The office will activate adults after all application conditions are met) **YOUTH ARE NOT ELIGIBLE TO PARTICIPATE IN ANY 4-H PROJECT OR ACTIVITY UNTIL ALL STEPS OF ENROLLMENT ARE COMPLETE.**

**Youth are \$25 each and Adults are \$6.** Please make checks payable to your 4-H Club.

If you don't have on-line access, contact your club Volunteer Enrollment Coordinator (VEC) to assist you.



Club	1st Club Meeting	Club Leaders	Phone	VEC	Phone
Dry Creek	Tuesday, August 16	Jennifer Bachmann	916-773-0947	Susie McAtee	916-771-0814
Eureka/Granite Bay	Tuesday, September 20	Darlene Miller	916-791-6385	Will & Cathy Ellis	916-791-8624
Flatlands	Wednesday, September 14	Susan Bess	916-645-3067	Kim Bruce	916-224-6117
Foresthill	Thursday, August 11	JoEllen Sellers	530-367-5381	Dee Miravalle	530-367-5723
Gold Country	Thursday, September 15	Johnna Humber	530-878-0733	Heidi Reed	530-886-0644
<b>Lincoln</b>					
Long Valley	Tuesday, September 13	Doris Williams	530-885-6195	Diana Vannatta	916-663-2700
Loomis Community	Wednesday September 7	Tresa Jorgensen	916-624-0355	Rita DeNatly	916-723-7994
Miners Ravine	Tuesday, September 13	Nathan Baker	916-652-6592	Camille Leonhardt	916-632-8846
Mt Pleasant	Wednesday, September 14	Terry Gage	916-645-1285	Crystal DeLaRosa	916-543-5950
Ophir	Tuesday, September 20	Sharon Coughran	530-823-2460	Lara Lopez	530-889-2454
Placer Hills	Tuesday, September 13	Nikki Wade	530-878-1352	Kathy Morrill	530-878-8022
Sheridan	Thursday, September 15	Lee Bastien	530-633-9046	Laura Bullard	530-633-4221

# Fair News

## Gold Country Fair: "Let's get AGcited"

September 8-11, 2011

Gold Country Fairgrounds, Auburn

[www.goldcountryfair.com](http://www.goldcountryfair.com)

For the latest Fair Information, to see the Exhibitor Handbook, or to enter on-line visit: [www.goldcountryfair.com](http://www.goldcountryfair.com)

### Entry Procedures and Information (for more details see the Exhibitor Handbook)

- Use one entry form for each still exhibit department.
- Use one livestock entry form for each specie of animal.
- It is the exhibitor's responsibility to make corrections on entry forms and return before the entry deadline
- Entries in the 4-H Department are restricted to bonafied members of a Placer County 4-H Club.

**NOTICE:** Entries in 4-H, FFA, Independent and Grange divisions are restricted to residents of Placer County. Exhibitors whose club or chapter is in Placer County but who do not reside in Placer County must submit a letter requesting a waiver from this requirement to Gold Country Fair Management. The letter should explain the exhibitor's reason for enrollment in an organization outside of their county of residency. In the case of livestock projects, the letter must also state the exhibitor's guarantee that they intend to sell market animals at Placer County/or Gold Country Fairs exclusively (the only exception is to sell a market animal at Junior Grand National or California State Fair).

### Entry Closing Dates:

**Tuesday, August 9, 2011 at 6:00 pm** for:

- Livestock
- All Senior Divisions except Agriculture/Horticulture, Eggs, Floriculture and Home Brew
- All FFA and 4-H Divisions except Agriculture and Gardening
- All Junior Divisions except Agriculture, Eggs, and Floriculture

**Tuesday, August 23, 2011 at noon** for:

- Senior Agriculture/Horticulture, Eggs, Floriculture and Home Brew
- FFA and 4-H Agriculture & Gardening
- Junior Agriculture, Eggs, Floriculture and Industrial Arts

### Volunteers are needed to assist at the Gold Country Fair on the following dates:

Tuesday, August 23, 2:00 to 7:00 pm: Receive entries

Tuesday, September 6, 4:00 to 8:00 pm: Receive Ag/Hort

Wednesday, September 7, 7:00 to 9:00 am: Receive Baked Goods, Eggs, Floriculture, Food Preservation

Monday, September 12, 10:00 am to 7 pm: Release entries

**Still Exhibit Building Hosting:** A club will be responsible for hosting each day. **2 adults and 2 youth per 2 hour shift.**

Thursday, September 8, and Friday, September 9, 4:00 to 10:00 pm

Saturday, September 10 and Sunday, September 11, 11:00 am to 10:00 pm



### Breakfast at the Fair

Ophi 4-H Club will be selling breakfast at the Gold Country Fair on **Thursday, Friday** and probably only a **light meal on Sunday**, as most everyone arrives later on Sunday.

Contact Sharon Coughran 530-823-2460 for more information.

### Would you like to be a part of the Gold Country Fair Junior Fair Board?

We are looking for exhibitors that would like to help with the BBQ and/or Ice Cream Social. There is also Special Persons Day, The Award Ceremony or Sidewalk Chalk.

If you are interested please contact Karin Sinclair at [Karin@sinclairfamilyfarm.net](mailto:Karin@sinclairfamilyfarm.net) or (916) 663-3990 and we will put you on the list.

# Youth Leadership Opportunities

## Would you like to become a 4-H All-Star?

**Applications due by September 18, 2011**

<http://ucanr.org/placer4hallstars>



### County Prerequisites for applying as an All-Star Candidate:

- Be at least 14 years of age or in the 9<sup>th</sup> grade by January 1 of the year appointed.
- Enrolled in the 4-H Club for three years prior to being appointed
- Demonstrates leadership abilities, citizenship concern and maturity of judgment, showing a strong interest in continuing in the 4-H Youth Program.
- Realizes the importance of being a positive role model and demonstrates a sincere concern and compassion for each 4-H member.
- Recognizes the opportunities and responsibilities of being an All Star
- Has achieved the Gold Star Rank.
- Junior Leader /Teen Leader, past or present.
- Current or past Club Officer.
- Has taken or is currently taking a qualified Public Speaking Project (contact 4-H office for details), completing all assignments.
- Current and approved Record Book as portfolio of 4-H participation.

Additional information and applications are available at the 4-H office and on the Placer County 4-H website. Any questions, please call the 4-H office (530) 889-7386.

### Jr. All Star Project

**Applications due by Sunday, September 1, 2011 at the 4-H office**

<http://ucanr.org/placer4hleadership>

**Attention all 4-H members who will be entering 5<sup>th</sup> grade through 8<sup>th</sup> grade next year!** My name is Max Fefer and next year I will be leading a project called the Jr. All Star Project. This project is meant to be a preparatory project for the All Star Project. This group will be a county-wide project and you will learn to plan a community service project and how to improve your leadership, public speaking, and planning skills.

The prerequisites for the project are that you will be in 5<sup>th</sup>-8<sup>th</sup> grade in 2011-2012 school year, have earned a Silver Star, plan to be a future All Star and are a motivated youth. There will be an application process for the project and this information will be on the 4-H website. Unfortunately, I can only have a small group, but I encourage everyone to apply!



# Funding Opportunities

## DO SOMETHING GRANTS

**Deadline: Weekly**

<http://www.dosomething.org/grants/FAQ>

A variety of Do Something Grants of \$250 are offered to youth each week. These community action grants help turn dream projects into a reality and take existing projects on a variety of issues to the next level. Past grantees have used the money to create a community-run organic farm, publish a youth-written literary magazine for women of color, and even create an organization that teaches sick kids how to fly.

## California 4-H Request for Funding for 4-H Service Learning Projects

**Up to \$1,000 for 4-H service learning projects**

**Due October 15, 2011**

<http://www.ca4h.org/Resources/FundingOpps/>

The State 4-H Office will consolidate the Requests for Funding for Service-Learning, Healthy Living, Science, Engineering, and Technology, and Legacy into one application. 4-H members may apply on behalf of their chartered 4-H clubs/unit or project to support service-learning projects related to their project or club activities. Applications will be due October 15 with a limit of \$1,000 per application. Projects must have a service-learning emphasis and can be related to 4-H SET, healthy living, citizenship, leadership or project work with the goal of creating positive change in your community and increasing the visibility of 4-H.

## Attention Countywide Project Leaders!!

If you are planning on providing a Countywide Project this club year please contact the 4-H office! We are compiling a list of projects to be offered for the upcoming enrollment.

We will need the Project title, contact name and phone number and if possible the month you plan to start your project. This information is very important to have for the 4-H on-line enrollment system and the Club Directory.

Please call Cindy Mitchell 530-889-7386 or email [cmitchell@ucdavis.edu](mailto:cmitchell@ucdavis.edu) Thank You!

## Summer Heat!

By Dr. Francine Bradley

Extension Poultry Specialist, Animal Science Department University of California

... we can be sure that more hot weather is on its way. A couple of questions for you:

Q. Are birds capable of sweating?

A. No.

Q. Can birds go into an air conditioned room when the afternoon sun is beating down?

As a responsible owner, you must provide your birds with protection from the elements. In the summer months, that can include shading, fans, and misters. Of course, you always must have fresh water for your birds. Those of you who are at home much of the time are aware when your birds start exhibiting discomfort (open-beak breathing, extension of wings, etc.). However, those of you who are away from home in the afternoon (at school or work) may not realize the heat stress on your birds. Just think of how uncomfortable you are when you sit down in a car that has been out in the sun all afternoon. Those first few minutes before the AC kicks in are not pleasant. Think of the stress on your body if you had been exposed to those high temperatures all afternoon. So please plan for your birds' comfort. Have an area of shade in their pen. Think of putting a fan and/or misters on a timer, so they will come on in the hottest part of the afternoon.



## 2010-2011 Club Reporting Due to 4-H Office

**DUE July 30, 2011**

- 2010-2011 Treasurer Book with all year end reports completed, including Peer Review
- 2010-2011 Secretary Books with all required items
- 2010-2011 Program Planning Guide
- 2010-2011 Recorder and Historian Books (optional)

For a detailed list of documents required visit the webpage:

[http://ucanr.org/sites/placercounty4h/Community\\_Clubs/Resources - Forms/Club Reporting/](http://ucanr.org/sites/placercounty4h/Community_Clubs/Resources_-_Forms/Club_Reporting/)

### Community Club Leader Orientation Meeting

Wednesday, August 24 @ 6:30 p.m.

Pot Luck Dinner

### ATTENTION ALL VECs Volunteer Enrollment Coordinator Training

Tuesday, August 16 @ 6:30 p.m.

R.S.V.P. to [cmitchell@ucdavis.edu](mailto:cmitchell@ucdavis.edu)

### Got Whites?

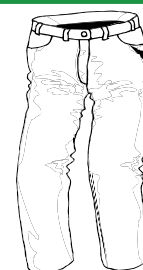
Have you considered recycling your children's uniforms? Children have a way of growing and their clothes just don't keep up! The 4-H office has a selection of "whites" which others have contributed. Come by, try them on and **donate your "out grows"** to the supply. Hopefully there is something that will work for you!

**Hats, Scarves, Ties, & Record Book Covers** are available for purchase at the 4-H Office.

Ties \$12.00 each

Hats & Scarves \$13.25

Record Book Covers \$2.50



# Volunteer Leadership Opportunities

## Attention All Adults: Interested in becoming a 4-H Volunteer Project Leader!

Our 4-H leaders are the backbone of the 4-H program as 4-H is an all volunteer led program. You can open the doors for youth and yourself to gain new life learning experiences through 4-H projects.

There are many reasons to become a volunteer. Some people want to become involved in their children's activities, others want to help children in their community or have a skill to share, and others were 4-H'ers as children and want to share their experiences. Regardless of the reason, the 4-H program is glad you are considering becoming a 4-H leader or have joined the team.

You don't have to be an expert on a subject, just willing to learn with the youth. Many resources are available through the 4-H office to assist you with information to be successful. As a project leader, you can help youth develop into responsible, self-directed, productive citizens of the world. Projects have a focus in **citizenship, leadership, and developing life-skills**, using the experiential learning model of "learning-by-doing".

*Learning-by-doing* is a basic philosophy of 4-H. The 4-H project is one of the areas where learning-by-doing takes place. Within the project, members learn things to do, things to make, and things to explore. As members gain experience, the size of their projects may be increased and/or they may choose to take on additional projects.

### A 4-H Project is:

- Planned work in an area of interest to the 4-H member
- Guided by a volunteer who is the project leader
- Aimed at planned objectives that can be attained and measured
- Summarized by some form of record keeping

Most project work occurs over a period of several weeks or months during a year. A minimum of six hours of instruction is required to complete a project. More hours of instruction are required in many projects to accomplish the goal of the project.

We want to remind you this is an application process. All parts of the process must be completed **BEFORE** you begin serving as a 4-H volunteer. 4-H volunteer leaders must be at least 18 years of age. **To become a 4-H volunteer contact your Community Club Leader and:**

- Complete the 4-H New Adult Volunteer on-line application, with payment
- 4-H Certification (a 25 minute on-line video and quiz, see below for instructions)
- A live-scan with Department of Justice clearance.
- Approval from the County Director

You will be notified when your application has been approved. Please allow a minimum of 10 days for live-scan to clear through the Department of Justice. Appointments are renewed on an annual basis.

**Thank you for volunteering to share your time and talents as a 4-H project leader.**

**All new & returning  
Project Leaders should  
not be conducting  
meetings until enrollment  
is complete.**

**All  
Project Leaders  
are encouraged to  
COMPLETE enrollment by  
October 31, 2011**

### Volunteer Certification Video on-line!!

Hopefully this will be more convenient for new volunteers. After watching the video you will be required to pass an on-line quiz  
Visit our website at <http://ucanr.org/4horientation>

## Nominations for Council Officers 2011-12

The Placer County 4-H Leaders Council is looking for adults and High School teens who would like to serve as officers for the 2011-2012 year. This involvement will give you the opportunity to help make decisions and plans that will direct the program in Placer County. Any adult can volunteer to run. High School teens may volunteer to run for Vice President, Corresponding Secretary, or Jr. Area Coordinators. The following offices are available:

- **President**
- **1st Vice President**
- **Minutes Secretary**
- **Corresponding Secretary**
- **Treasurer**
- **Jr. Area Coordinators for Auburn, Colfax, Lincoln, Loomis, and Roseville (2)**

Elections will be held at the August 24th Council/Community Leader meeting.



## Member Articles

### A First Year Member Thrives in 4-H

Kristen Tabb, Eureka Granite Bay 4-H Club

This is my first year in 4-H. I am 10 years old and in the Poultry Project. I started attending meetings before I got my chickens. I learned so much from the group that made raising chickens easier. There are always people to ask questions to. In March, I got my chicks. I knew that I wanted to participate in Showmanship in the fair after hearing about that at a Poultry meeting. This summer, I competed in Novice Showmanship for 4-H and won Second Place. It was a great experience being in the barn during the fair. I got to meet people and show them my chickens. The two chickens I brought each won first and second place. My Silver-Laced Wyandotte even won Best Utility Chicken.

Being in 4-H is really fun. There are so many activities you can do throughout the year. 4-H has helped me gain confidence in myself and meet new people. There are many things you can get involved in – not just raising animals. This fall, I plan on joining the cooking project to learn how to cook different things. I am also hoping to be a Sunshine officer and help with celebrations.



### Presentation Day

Scott Downs, Eureka Granite Bay 4-H Club

Recently I had the honor of being a Presentation Day judge. If you have never been to this wonderful event, it is basically for any 4-Her who would like to create an interesting presentation on the topic of their choice to give to a group of people and to be judged on Presentation Day. I heard topics ranging from your ordinary pigs and goats and how to wrangle goats to high tech robots and even how to make an ice cream sundae! These presentations are prepared ahead of time and get graded on how difficult the topic is, how thoroughly the topic was covered, how the visual cues helped the presenter bring their point across, and how well the presenter presented their topic. All of the kids that I judged did a great job and it was clear that they had spent hours and hours delving over their topic to make their presentation insightful and creative while still fulfilling all of the categories they were judged on. Overall I had a great time learning what really fascinates 4-Hers and learning what truly inspires the youth these days.



### 4-H Youth Fair

Scott Downs, Eureka Granite Bay 4-H Club

This past weekend I decided to go to the 4-H Youth Fair held at the Placer County Fairgrounds in Roseville to see what all of the buzz was about. Kids in my club, Eureka/Granite Bay 4-H Community Club, had talked about how much fun it was and how much they had learned from it. When I got there I was greeted by the lovely June Stewart who seems to make an appearance at every 4-H event there is in the area. I then received a "passport" with 7 animals pictured on it which I needed to get stamped at the 7 activity stations at the fair. To get the picture stamped 4-H members needed to review information on the animal at the station and then take a short quiz. The friendly helpers would then stamp the passport picture and you could move on.

The animals were the typical animals you would find in 4-H ranging from chickens and cavies to goats and guide dogs. The families who were there displaying their animals and representing their clubs did a great job passing on their knowledge to everyone who attended and made the experience very worthwhile. At the end after I got all of my pictures stamped, June gave me a very handy scooper for food for my animals for a job well done. This event was a great event to showcase what different groups do with their animals and how well they teach their members about them.

### Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter.

#### **NEXT NEWSLETTER SUBMISSION DEADLINE:**

**August 14, 2011**

Send it via e-mail to: [cmitchell@ucdavis.edu](mailto:cmitchell@ucdavis.edu) All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits. A digital picture with your article is a great addition.

**Send photos in JPG format.**

# State & National 4-H News & Events

## **"4-H Keeps Your Engines Revvin' in 2011" W.H.Y. Conference**

**September 23-25, 2011**

Camp Masonite Navarro

<http://www.ca4h.org/Programs/Conferences/Sectional>

This annual event is for 4-H members, 6<sup>th</sup> grade and older, and volunteer adult leaders to learn about leadership, citizenship, and life skills. Cost is \$65 if registered by August 1st, \$75 after that date.

## **State 4-H Leaders' Forum**

**November 11-13, 2011**

**Asilomar Conference Center in Pacific Grove, CA**

Registration due September 1, 2011 | \$75 per person + Conference Center Room and Board For 4-H Adult Volunteers

<http://www.ca4h.org/Programs/Conferences/SLF/>

The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun. The 2011 theme is "The Magic of 4-H – Transformation." Workshops are being sought and are due July 15, 2011.

## **2011 4-H National Youth Science Day**

**During the month of October**

<http://www.4-h.org/4-h-national-youth-science-day/>

The fourth annual 4-H National Youth Science Day (NYSD) will be held nationally on **Wednesday, October 5, 2011**. Created to combat a shortage of American young people pursuing science college majors and careers, 4-H National Youth Science Day seeks to spark early interest and leadership in science.

### **2011 Experiment: Wired for Wind**

In this year's experiment youth will enhance their engineering skills by designing, building, and testing two different wind turbine models. This year's National Science Experiment will also help youth relate their scientific experiences back to their own lives by determining the best location for a wind farm in their state or local area by calculating wind power and studying wind data and maps. More information and downloadable versions of the youth and facilitator's guides are available at <http://www.4-h.org/4-h-national-youth-science-day/>.

## **4-H Golden Clover Awards**

**Due September 30, 2011**

<http://www.ca4h.org/files/107076.pdf>

The 4-H Golden Clover Awards recognize outstanding achievements of members, volunteers, program staff and groups within the 4-H Youth Development Program. Individuals and groups may apply or be nominated in multiple categories. Winners are then awarded with a medallion, lapel pin, cash prize and recognition at the State Conferences. The Robert Brownlee Science Award is given to a member and volunteer for utilizing science inquiry and experiential learning in 4-H work to help youth increase knowledge, skills and competencies and improve their attitudes about science. This category includes increasing science awareness and use in 4-H projects by testing predictions and making sense of observations.

## 4-H Policy

**General Liability Insurance:** UC's General Liability & Self Insurance program does not cover 4-H youth members and it does not cover project animals, including damages or injury caused by the animals. Since junior exhibitors have been sued for injuries sustained at fairs, it is suggested that junior exhibitors consider taking out a liability policy through a private company covering themselves and their exhibit. Home Owner policies may include or can often be written to include this coverage. Much more General Liability Insurance information can be found at <http://www.ca4h.org/Administration/Policies/>

**Accident and Sickness Insurance:** 4-H Youth and Certified Volunteers are covered by The Hartford Accident/Sickness Insurance Policy. It covers injuries to 4-H members and volunteers caused by project animals. Much more Accident and Sickness Insurance information can be found at <http://www.ca4h.org/Administration/Policies/>.

**Leadership: A Minimum of Two Adults (Chapter 11 Section 4.B CA 4-H Policy Handbook)** Protection of youth is of utmost importance in the California 4-H YDP. Therefore, 4-H YDP staff, adult volunteers and members should adhere to these policies at all times.

1. There will be two (2) adult volunteers with members at all times.
2. In some occasions it may be impractical to have two (2) appointed adult volunteers present; in these situations there should be one (1) appointed adult volunteer and another adult or 4-H YDP staff member (one of which must be at least 21 years of age).
3. The adult in charge of the event must be an adult volunteer as appointed by the county director.
4. In general, no one-on-one interactions should occur in private. This includes between members and adults or among youth. If personal discussions are necessary, they should be conducted in an area that is in view of other adult volunteers and members.

### 4-H Fundraising Approval

**PLEASE NOTE!**

**To: ALL 4-H, which includes but not limited to; Clubs, Coordinator groups, summer camps**

All 4-H fundraising activities must have prior approval from the County Director. Form 8.7 Fundraising Approval is available on the website at <http://ucanr.org/placer4hforms> or the 4-H office. **This process is to be completed prior to promotion of and the actual fundraising activity.**

**Find answers to all your 4-H policy questions at: <http://www.ca4h.org/Administration/Policies/>**

### More 4-H Links:

California State 4-H Website: <http://www.ca4h.org>

4-H Mall: <http://www.4-hmall.org>

State 4-H Newsletters: <http://www.ca4h.org/News>

4-H Clover Safety Notes: <http://safety.ucanr.org/4h/>

National 4-H Headquarters Website: <http://www.4-h.org>

National 4-H Council: <http://www.fourhcouncil.edu/>

California 4hOnline: (enrollment) <https://california.4honline.com>

  
**June Stewart**

4-H Program Representative

**Roger Ingram**

County Director

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