



University of California

Agriculture and Natural Resources | 4-H Youth Development Program

March 2013

4-H Family Newsletter

Placer County, California

<http://ucanr.org/placer4h>

530-889-7386

June Stewart Retires in June 2013!

June Stewart has decided to retire as of late June 2013. This will conclude over 22 years as the 4-H Program Representative here in Placer County. I have had the pleasure to supervise June since July 2007. June gives 100% to everything and exemplifies the 4-H Motto: "To Make the Best Better." During her career, June has provided support to the 4-H club program, expanded Summer Camp, and developed an Embryology program that serves over 5,000 children annually.

June received the Placer County **Heroes Award** on November 21, 2012. The Placer County Board of Supervisors created the program in 2002 to recognize acts of heroism, longstanding community service, and exceptional acts that dramatically improved or impacted people's lives. She was nominated by District 3 Supervisor Jim Holmes and is pictured with her award.

June's commitment to the Placer County 4-H program has always been to empower adults provide opportunities for youth to develop in building skills and leadership. After retiring, June will continue to provide some support for 4-H Camp and Embryology. June has been an outstanding employee and advocate for the 4-H program. We will be planning a retirement party and will provide more details at a later date.



Thanks,
Roger Ingram
County Director and Farm Advisor
Placer and Nevada Counties

Can You Top This?



The Centennial of 4-H in California will be celebrated in 2013 in many ways, including traditional events and special programs. Culminating the activities is the State 4-H Leaders' Forum, November 8th through the 10th, in Sacramento. As part of the celebration, the SLF committee is searching for the family with the most generations involved in the 4-H program. How about yours? Another search is looking for the oldest living 4-Her. Do you know someone who was in 4-H in the early days (1930s, 40s, 50s) of 4-H? Please contact Charlean Andes at teacher2@gmail.com for more information or to register your family or old-time 4-H'er.

If you have memorabilia from your 4-H experience which you are willing to share with others we would like to hear from you, too. There is room for several displays to document the progression of traditions, projects, hair styles, fashions, experiences, etc. Please contact Stephanie Barrett mom4a2g@yahoo.com. We are taking suggestions and applications for educational workshops, too. Please contact Mary Engbreth at maryengbreth@comcast.net.

Placer County 4-H Events

March 18, 2013	County Presentation Day: Pre-registration Due	http://ucanr.edu/placerpresentationday
March 23, 2013	County Presentation Day	http://ucanr.edu/placerpresentationday
April 6, 2013	Tri-County Sectional Presentation Day	http://ucanr.edu/NSPresentationdayRegistration
April 18, 2013 5:00 to 6:30 PM	Small Animal Showmanship Event at Gold Country Fair Grounds	Contact Johnna Humber for more information at (530) 878-0733.
April 27, 2013	Bi-County Fashion Revue	Refer to page 3 for more information!
May 4, 2013	Animal Youth Fair	More information to come!
May 11, 2013 9:00 to 3:00 PM	Hulbert Award and Council Scholarship Interview and Selection	http://ucanr.edu/placer4hscholarships
May 25, 2013	State 4-H Field Day	www.ca4h.org/Programs/Events/SFD
August 5 - 10, 2013	Placer County 4-H Summer Camp	http://ucanr.edu/placer4hsummercamp

County Presentation Day

Saturday, March 23, 2013 8:00 a.m. to Noon (Please note the date change!)

Location: Ophir Elementary School - 1373 Lozanos Rd, Newcastle 95658

Registration Due: March 18, 2013

Pre-registration is REQUIRED: <https://ucanr.edu/placerpresentationday>

What is a 4-H Presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to research a subject, organize ideas in a logical order, be a teacher and practice public speaking skills.

Placer County Presentation Day will be patterned after the format for the 4-H Regional and State Presentation Days. A State "Presentations Guide for 4-H Members, version#3 " is available on line at <http://ucanr.org/placer4h> under Events and Activities.

Community Club Leaders and Presentation Project Leaders will have a copy and more copies can be obtained at the 4-H office. This guide is a great resource of information!

To have a successful presentation it must contain the following:

1. An introduction—it should briefly cover what is to be shown or told.
2. A body—it should illustrate the subject logically and clearly.
3. A summary—it should reiterate what has been said so that the audience takes away the main idea.

Don't forget to use an original and catchy title; this will set the stage for your presentation! Most of all...Enjoy Yourself!

Lily Day Collection for Easter Seals

March 17-30, 2013

Placer County 4-H has been raising funds for Easter Seals for fifty years. This joint effort of the 4-H clubs is a community service opportunity. Supplies and instructions for Lilly Day Collection will be distributed Feb. 27th Community Leader meeting. Campaign funds will be used to finance medical care, therapy, recreation, and other rehabilitation services for physically handicapped children and adults in Placer County.

Nathan Baker, Community Leader of Miners Ravine 4-H Club, reported that in 2011 during the annual 4-H Lily Days collection, their club members collected right at \$1,000 for Easter Seals. They felt having Gary Novak, VP of Marketing and Development for Easter Seals visit their Community Club meeting prior to their visiting the stores was very enlightening. Gary's email is:

garyn@myeasterseals.org Below are a couple of links that can give you an overview of what Easter Seals does.

<http://www.myeasterseals.org/programs/pediatrics/94.html>

<http://www.myeasterseals.org/programs/pediatrics/168.html>

Directions to Ophir Elementary School:

1373 Lozanos Road, Newcastle

From Auburn:

I-80 West to the CA-193 EXIT toward Lincoln
Turn RIGHT onto OPHIR RD.

From Roseville:

I-80 East to the CA-193 EXIT toward Lincoln.
Go STRAIGHT through stop sign to OPHIR RD.

Turn LEFT onto LOZANOS RD.

Turn LEFT onto BALD HILL RD/ LOZANOS RD.

Turn RIGHT onto LOZANOS RD.

School is on the LEFT.

Community Leader Council Meetings

Wednesday
March 27th @ 6:30
Hosted by
Ophir 4-H Club

Next Month's Meeting:
Wednesday
April 24th @ 6:30
Hosted by Flatlands 4-H Club

Placer County 4-H Events - Continued

Bi-County Fashion Revue

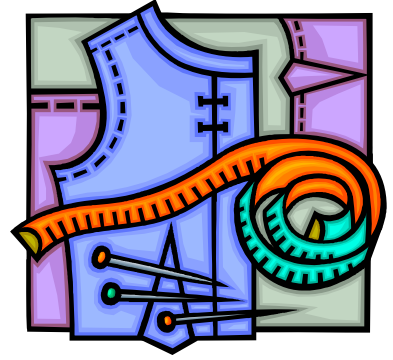
Saturday, April 27, 2013

Registration **REQUIRED** by April 21, 2013

Magnolia Middle School located at 22431 Kingston Ln, Grass Valley 95949

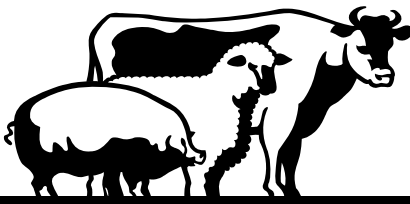
PREREGISTRATION IS REQUIRED. Deadline for completed preregistration is April 21. Application and information will be available on-line soon.

Please note: The 2013 Placer/Nevada Bi-County 4-H Fashion Revue will be patterned after the 2013 State 4-H Fashion Revue qualifying guidelines in five categories: *Traditional*, *Consumer Science Purchased* (\$19.99 limit), *Wearable Art-Embellished*, *2 Yard Wonder*, and *Duct Tape Challenge*. To clarify the 2 Yard Wonder, it is a sewing challenge for members in the Clothing and Textiles project, beginning to advanced. Using a 2 yard length of 100% cotton fabric, sew a garment and an accessory. You can use less fabric but not more for this garment and the accessory. There is no specific pattern requirement. Additional garments to complete the outfit may be sewn or purchased. Remember to take a "before" photo holding the yardage and an "after" photo wearing the outfit. This requirement is part of your submission. Specific information about all the categories is posted at the following URL: <http://www.ca4h.org/Programs/Events/SFR/>.



Consumer Science Purchased \$19.99 Challenge: Be a wise consumer, develop decision-making skills and shop in new places with a new perspective. Create an entire outfit with out spending over \$19.99. Receipts are required for all visible garments and accessories except shoes. Sales tax does not count in the limit. No prior purchases or gifts; receipts must be dated during the 2012-2013 4-H year. Check out garage sales, thrift stores, or consignment shops. Bring your own 'special touch' to an outfit that makes it unique and individually YOU!

Revue Program-Cover Contest: Attention all Artists! Design and draw a picture that portrays the theme for Fashion Revue. The winner will receive \$10 and their design will be used for the cover of the Fashion Revue program. All pictures should be original artwork, drawn in dark pencil or black ink on a half-sheet of paper (5 1/2" x 4 1/2"). Don't forget to sign your work! Submit your entry to the Nevada County 4-H office by April 15, 2013. You can scan and/or email your artwork to casherman@ucanr.edu or mail it to Placer County 4-H, 11477 E Ave, Auburn CA 95603. Please include your name, club, and mailing address to return your art.



Youth Animal Fair

Saturday, May 4, 2013

Location: TBA

This will be a "hands-on" learning event with more information to follow. Please mark your calendar and join this great countywide event to prepare for entering your animals in the up-coming fairs.

Placer County 4-H Summer Camp At Woodchuck Flat 4-H Summer Campground

2013 Camp dates: August 5-10

Save these dates on your busy calendars and plan to join us for an adventuresome camp. Summer Camp registration opens May 1, 2013 and fills on a first come, first served basis. Registration fills up early, so don't miss out!

2013 Revolution of Responsibility

Application Deadlines are as follows:

March 15, 2013 May 15, 2013

July 15, 2013 September 15, 2013

November 15, 2013

<http://www.ca4h.org/Support/RofR/>



Got Whites?

Have you considered recycling your children's uniforms? Children have a way of growing and their clothes just don't keep up! The 4-H office has a selection of "whites" which others have contributed. Come by, try them on and **donate your "out grows"** to the supply. Hopefully there is something that will work for you!

Hats, Scarves, Ties, & Record Book Covers are available for purchase at the 4-H Office.

Ties \$12.00 each Hats & Scarves \$13.25 Record Book Covers \$2.50

Cash or check accepted. No ATM or credit cards.

Shooting Sports Trainings

Rifle Discipline Training — March 9 & 10, 2013

Upon successful completion of this course, 4-H leaders will be certified as a rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class contact Randy Turnquist at randy@randyt.com or phone (831) 566-2590. Please discuss the course fee with the instructor which could be up to \$25 depending on if you wish to print your own course material or have the instructor print it. For more information about this class facility, visit the following website: www.pajarovalleyrodandgun.org.

Muzzle Loading Discipline Training — March 23 & 24, 2013

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of \$40. To register for the course or receive more information, contact John Borba at; jaborba@ucdavis.edu or telephone (661) 868-6216.

Scholarships and Awards

2013 Placer County 4-H Council Scholarship



Applications Due Sunday, May 5, 2013—Interviews: Saturday, May 18, 2013

Placer County 4-H Office, Auburn

\$300 scholarship awards will be awarded this year to qualifying 4-H high school students. This award has been made possible through the raising of a sale animal that is auctioned annually at the Junior Live-stock Auction. Applications are available at the 4-H office or available to download at <http://ucanr.org/placer4hscholarships>, and can be mailed to the office or e-mailed to Carolyn at casherman@ucanr.edu.

2013 Hulbert Award

Applications Due Sunday, May 5, 2013—Interviews: Saturday, May 18, 2013

Placer County 4-H Office, Auburn

This award was established by Laura and Neil Hulbert, who were strong supporters of youth activities. The funds are to be bequeathed annually in the amount of \$2,500 each award. **This year's awards will go to one male, one female and three additional awards open to either male or female.** Placer County students between 14 and 18 years of age (by Jan. 1 of the selection year), and currently enrolled in Placer County 4-H. Additional information and applications are available at the 4-H office or available to download at <http://ucanr.org/placer4hscholarships>, and can be mailed to the office or e-mailed to Carolyn at casherman@ucanr.edu.

The **Friends of the California State Fair** announced that they will continue their scholarship program for the 2013 through 2014 academic years. California college students and graduating high school students are eligible and must submit an application by **Friday, March 8, 2013**. The scholarship applications are available now at www.bigfun.org. For more information contact Jake Rowe at jrowe@calexpo.com.

Placer County Fair News

Attention Placer County Fair Livestock Exhibitors!

On behalf of John Javidan, CEO and Fair Manager, there has been a couple of changes to the Placer County Fair livestock rules to which we would like to make you aware. In an attempt to fill the barns at this year's fair, please note these changes:

- Every exhibitor can now pre weigh an unlimited number of market animals. The first 3 animals weighed in per exhibitor will get free tags; any animal weighed in after the third will be charged a \$5 tag fee for each.
- A total of 3 market animals (of the unlimited number of animals pre weighed in) may be entered at the fair, instead of 2 like in the past.
- These new changes are ONLY for Placer County Fair.
- These same rules apply to every species.
- PLACER COUNTY FAIR BEEF WEIGH IN: Saturday, January 19, 2013 at 8:00 AM
- PLACER COUNTY FAIR SHEEP, SWINE & GOATS WEIGH IN: Saturday, April 27, 2013 at 7:00 AM

Nothing will change with the number of animals an exhibitor is allowed to sell during the Junior Livestock Auction.

Exhibitors will only be able to sell one market animal unless two or more of their animals receives a reserve champion or higher award from the Judge. Should you have questions, please call the fair office: (916) 786-2025.

State 4-H Field Day Events

State 4-H Field Day 2013 – May 25, 2013 at UC Davis

The **Exhibit and Display Application** for State Field Day is now located online this year! To apply use this web page: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588>. Note that applications are due by **April 1st, 2013**. Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc. More information is available on the survey, or contact Megan Oats at msoats@ucdavis.edu.

EVENTS HELD AT STATE 4-H FIELD DAY:

State 4-H Presentation Day (pre-qualification and pre-registration required): Volunteer judges provide written feedback to individual or teams of 4-H members on their presentations. Judging is criterion-based using a rubric. Types of presentations vary between demonstrations, prepared speech, interpretive reading, impromptu, and others. Contact: Jacki Zediker at jkzediker@ucdavis.edu or visit the website: <http://www.ca4h.org/Programs/Events/SFD/PD/>

Special Recognition at 2013 State Presentation Day - A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit: http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/

State 4-H Fashion Revue (pre-qualification and pre-registration required): Volunteer judges provide feedback on 4-H members' clothing and accessory choices using criterion-based rubrics. Categories are Traditional, Consumer Science Purchased, Wearable Art Embellished, and Challenge. Open to the public are multiple service, craft, judging and fashion activities, and a fashion show. Organized by a committee of youth and adult volunteers. State Fashion Revue committee has received questions about the 2 Yard Wonder category. To clarify, a garment and coordinating accessory are created out of a two yard length of 45" wide woven cotton fabric. For the garment and accessory, only this piece of fabric may be used (for example, no additional fabric for lining). Take a photo holding the two yards of fabric. Members may use any pattern and the outfit may include other sewn or purchased garments and accessories. Contact: Jillian Barden at jmmilambarden@ucdavis.edu. For more info: <http://www.ca4h.org/Programs/Events/SFD/SFR/>

State 4-H Interview Contest (pre-registration encouraged): Before the event, 4-H members select a mock job and develop a cover letter and resume. At the event, 4-H members are interviewed and evaluated by three judges using a rubric. Contact: Kelly Hinde at hindekelly@gmail.com or visit this website: <http://www.ca4h.org/files/135975.pdf>

State 4-H Plant Science Contest (no pre-registration necessary): The contest is organized into three parts: judging, plant identification, and written test. The four highest ranking senior 4-H members are qualified to participate in the national contest. Contact: Terry Berke at terry.berke@monsanto.com.

Entomology Contest (no pre-registration necessary): The contest is divided into two parts: insect identification and knowledge. In the insect identification contest, 4-H members will identify 25-30 common local insects as well as exotic insects by using their common name and insect order. In the knowledge contest, 4-H members will be questioned on the human and environmental impact of insects, biology, taxonomy, anatomy, behavior, and insect disease. Contact: Amanda Penicks at PKSBackyardfarms@aol.com

State 4-H Photography Contest (pre-registration required): 4-H members may submit two photographs in various categories. Contact: John Trammell at techdude4h@gmail.com.

State 4-H Film Festival (pre-registration required): Provides a venue for teams of 4-H members to showcase their films. View a selection of previous year's films at <http://www.youtube.com/user/California4H>. Contact: Clay Ferguson at czc3@pacbell.net.

Judging Contest (no pre-registration necessary): In each class, youth rank four items based on a standard; typically ten classes. Contact: Mary Ann Smith at maryann.smith@imperial.edu.

Logo Design Contest (no pre-registration necessary): In the morning, 4-H members may submit their logo design for the following year's Field Day. In the afternoon, 4-H members vote on their favorite design.

4-H MyPlate Challenge (no pre-registration necessary): We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide. The goal of the challenge is to encourage healthy eating habits and raise awareness around USDA's MyPlate dietary guidelines. Contact: Anne Iaccopucci at amiaccopucci@ucanr.edu

2013 4-H Presentation Day Themes

http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/

California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: *Engineering to Solve the World's Problems*, *Physical Activity*, *The Path to Thriving and C is for Contribute*. *Specific to Science, Engineering and Technology (SET)*: Engineering is the application of science to solve human issues by constructing technologies, structures, machines, devices, and systems. Scientists may ask why and develop an experiment to answer the question while engineers identify a need and then create a solution to meet the need. How can you use the engineering design process and the practices of engineering to solve California, the nation, and the world's social, economic and environmental problems? How do you use engineering practices in your 4-H projects – animals, foods, health, plants, leadership, and others?

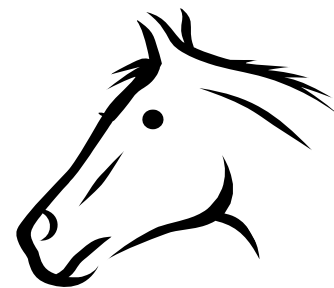
Horse Coordinator Group

Horse Project Events

<http://ucanr.org/placer4horse>

THIS YEAR'S EVENT DATES:

- **Horse Mastership Written Test Wednesday, April 17, 2013** from 4:00 to 7:00 PM - Location: Newcastle Portuguese Hall @ 690 Taylor Rd, Newcastle CA 95658
- **Horse Mastership Skills Test Sunday, April 28, 2013** from 9:00 AM to 1:00 PM Location: LBHA in Loomis (rain date May 5)
Horse Mastership Mandatory Work-in-kind Date: Friday, April 12, 2013
- **State 4-H Qualifying Championship Horse Show: English, Western, Gymkhana, & Jumping, June 29-30, 2013**
Location: Brookside Equestrian Center, Elk Grove. For more information about the location visit: <http://www.brooksideshowpark.com>. Refer to the article at the bottom of this page for more information.
- **Placer 4-H Horse Camp - June 9-14, 2013** - Location: Gold Country Fairgrounds
Horse Camp Mandatory Work-in-kind Date: TBA Watch the Placer County 4-H Horse Project webpage for details as they become available.



SAVE THE DATE:
Placer County Fair Qualifying Horse Show—May 19, 2013
More information to come!

2013 Horse Mastership Testing

Wednesday, April 17, 2013 and Sunday, April 28, 2013

Loomis Basin Horsemen's Arena, King Rd. Loomis, CA

Written test: Wednesday, April 17, from 4:00 to 7:00pm at Newcastle Portuguese Hall

Skills test: Sunday, April 28, time: TBA at Loomis Basin Horsemen's Arena (Rain Date: Sunday, May 5, 2013)

Attire: Full 4-H uniform (white pants, long sleeve white shirt, hat and scarf)

In order to participate in Horse Mastership Testing a member must:

- Be in a 4-H Horse project for the 2012-2013 project year
- Participate in the MANDATORY work-in-kind event on April 12, 2013
- Submit your completed Horse Mastership Registration form to the 4-H office no later than April 8, 2013 (*Please note that forms submitted after this date will not be accepted.*)

Study guides for the written test and the skills tests themselves as well as registration forms are available on line at the 4-H website: <http://ucanr.org/placer4horse>.

NEW for 2013: If you are a teen (15 years or older), you may take more than two levels (Level 1 through 4) this year in an attempt to complete all six levels before aging out of 4-H. Note that Levels 5 and 6 may only be taken consecutively.

Horse Mastership Mandatory Work-in-kind

Friday, April 12, 2013, 4:30 p.m. until we are finished or darkness, whichever comes first

Loomis Basin Horseman's Association allows us to use their arena and facilities at no charge in exchange for any work they ask us to do. We will be painting for sure. You must arrive promptly and be signed in and ready to work by 4:30. Late arrivals will not be accepted.

What to wear: grubby clothes you don't mind getting dirty or covered with paint or disposable painting coveralls from a local paint store.

What to bring: LBHA will provide the paint. We need to bring our own brushes (of all sizes), rollers, roller handles, tarps/drop cloths, and rag towels. It would also be helpful to bring saw horses, blue masking tape, paint trays and buckets if you have any of these items at home. If you have any questions please feel free to contact: Sami Macon, Horse Mastership Coordinator at: flyingmule@wavecable.com or (530) 888-9645.

2013 State 4-H Horse Classic - Celebrating 100 Years of California

DATE: June 26-30 2013

LOCATION: Brookside Equestrian Center, 11120 Bradley Ranch Road, Elk Grove, CA 95624. For directions check the center's webpage: www.california-equestrian-center.com

- *Educational Contest* will include individual and team Demonstrations, Public Speaking, Horse Bowl, Hippology, and Horse Judging.
- *The Horse Show* will include English, Western, Gymkhana, and Jumping (by ability). You must pre-qualify (1st, 2nd, or 3rd place) at the local level to participate. We will also be offering a tenderfoot division where 4-H members who are novice riders can compete without qualifying.

4-H Club Activities

Article Submitted by Evan Brosnan



On Sunday, January 27th Granite Bay 4-H'ers went to Petroglyph Ceramic Lounge to express their artistic side. Everybody decorated all different kinds of bowls. All of the bowls will be going towards the "Empty Bowls" benefit for Placer County Food Bank. The Empty Bowls event is a fundraiser to help raise funds and awareness for the growing demands of emergency food aid in Placer County.



Guests are invited to this event <http://placerfoodbank.org/> to come and eat a simple pasta meal. The recipients keep the bowls as a reminder of how many empty bowls are in the world.

Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter.

NEXT NEWSLETTER SUBMISSION DEADLINE:

March 20, 2013

Send it via e-mail to: casherman@ucdavis.edu All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits. A digital picture with your article is a great addition.

Please send photos in JPG format.

More 4-H Links:

California State 4-H Website: <http://www.ca4h.org>

4-H Mail: <http://www.4-hmall.org>

State 4-H Newsletters: <http://www.ca4h.org/News>

4-H Clover Safety Notes: <http://safety.ucanr.org/4h/>

National 4-H Headquarters Website: <http://www.4-h.org>

National 4-H Council: <http://www.fourhcouncil.edu/>

California 4hOnline: (enrollment) <https://california.4honline.com>

PLACER COUNTY OFFICE:

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Email: cenevada@ucdavis.edu

June Stewart
4-H Program Representative

Roger Ingram
County Director

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