



University of California

Agriculture and Natural Resources | 4-H Youth Development Program

Nov/Dec 2013

4-H Family Newsletter

Placer County, California

<http://ucanr.org/placer4h>

530-889-7386

Is Your Enrollment Complete? Is Your Current Status "Active"?

You should be enrolled for the new 4-H year prior to attending any 4-H functions such as club meetings, project meetings, or 4-H events. Each of the following steps in the process must be completed:

1. Enrollment entered on-line (including your current projects).
2. Medical Treatment Forms and enrollment fees given to your club's Volunteer Enrollment Coordinator (VEC).
3. Your club's VEC will confirm on-line when they have received your Medical form and fees.
4. The 4-H office will activate youth as they are confirmed by VEC.
5. The 4-H office will activate Adult Volunteers after Live-scan clearance and 4-H Certification is confirmed.



➔ **After you are set to "Active," please revisit your 4-H Online account before November 30th** to be certain all information is as you want it, such as enrollment in the specific market animal you desire to take to the fair. Also check your status to be certain it is "Active." Direct questions regarding your enrollment to your club VEC.

Timeline for Members Enrolling in the 4-H Program

Enrollment:

\$35 Youth

\$12 Adult

- Returning 4-H members must attend 80% of all Club Meetings held within the club year to be considered a member in good standing and to qualify for awards and fair showings. Enroll on-line and submit required forms and fees to your club to complete the enrollment process. Remember that the deadline to enroll is **November 30th**. Please refer to the September Newsletter to review the **Steps to Success** for additional information, or on the web at <http://ucanr.edu/sites/placercounty4h/files/172478.pdf>
- First year members only count 80% of club meetings after enrolling with club.

The required enrollment fees must be submitted to your community club. VECs also have busy schedules and may not be available to take care of this at the last minute, so please **ACT NOW!!**

To avoid the disappointment of not being able to participate in showing and/or selling an animal at the 2013 Placer County and Gold Country Fairs, **ENROLL NOW, as November 30, 2013 is the deadline**. If in doubt as to the status of your enrollment, please call your club VEC.

This county enrollment policy, established in June 1997, is revised annually by the Placer County 4-H Council, and is approved annually by an unanimous decision of the clubs represented. This information is incorporated in the "Steps to Success" 2013-2014 handout. Please note there will be **NO WAIVERS CONSIDERED**. The purpose of this policy is to enable youth participating in the 4-H program an adequate amount of time to become knowledgeable and proficient in their chosen project to raise, show, and sell animals at the fairs or participate in the State Fair Horse Shows.

To enroll on-line, find detailed instructions on our website: <http://ucanr.org/jointhefun4h>

Placer County 4-H Achievement Night - Friday, November 15, 2013 @ 6:30pm

Presented by the 2013-2014 Placer County 4-H All Stars

~2013~

Placer County

4-H

Achievement Night

Come one, come all and join in the celebration of recognition as outstanding 4-H members and leaders walk down the red carpet at the 2013 Achievement Night.

Achievement Night will be held on **Friday, November 15th** at the Loomis Veteran's Memorial Hall located at 5945 Horseshoe Bar Rd. Loomis, CA.

All 4-H members are welcome to come and join the fun. Bring your family and friends! We encourage everyone to arrive at 6:30pm for hors d'oeuvres, dessert and socializing. The awards ceremony will begin at 7:00pm.

Wear your 4-H uniform or fancy attire to receive a ticket for a chance to win a prize!

See you all there!

"You-Make-It" Craft Expo

18th Annual "You-Make-It" Craft Expo - Saturday, November 2, 2013, 10:00 a.m. to 3:00 p.m.

Gold Country Fairgrounds—Sierra Building, 1273 High St, Auburn



The "You-Make-It" Craft Expo is such a wonderful opportunity to involve a large audience in 4-H "hands-on" activities at a minimal cost. The event makes year round 4-H arts-and-crafts projects possible. Assisting is a great way for teens as well as friends of 4-H to become involved. Each year there are new projects, along with some returning favorites, in the over 50 different projects from which to select. Under the guidance of youth and adult instructors, the participants make their project and take it home completed. Each club mans tables where several projects are offered. Please sign up with your Community 4-H Club to assist.

State Fashion Revue Update

State 4-H Fashion Revue (SFR) categories for 2014 will be *Traditional*, *Consumer Science Purchased* (\$40.00 limit), *Up-cycled*, *Denim Challenge*, and *Apron Challenge*. Members, leaders, and counties are encouraged to plan projects and county fashion revues following the SFR category guidelines. Specific information about all the categories can be found at: <http://4h.ucanr.edu/Programs/Events/SFD/SFR/>.

The SFR committee is coordinating two service projects: *drawstring bags for foster children* and *walker bags for seniors*. Projects and counties are encouraged to download the patterns and instructions and make the most of all the fabric scraps in your "stash." The drawstring and walker bags require about a yard of fabric plus bias tape or cording. Brighten the life of a child or senior by donating fabric or your time and have fun at the same time. See the SFR website for questions or contact the 4-H Office for information.

The State Fashion Revue is a "qualifying event," meaning that you must pre-qualify by submitting items at a County-level event before submitting them to State Fashion Revue. Watch the 4-H website for additional information regarding the 2014 Placer/Nevada Bi-County Fashion Revue.

4-H Funding Opportunity

JOIN The Revolution of Responsibility! \$1,000 is available to 4-H Clubs and Groups

Due: November 15, 2013 <http://ucanr.org/join/>

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

1. Identify an issue or concern in your community.
2. Find community organizations with which to collaborate.
3. Plan the project: form goals, outline tasks, list needed resources, and prepare a budget
4. Prepare ways to document and record your project to share with others.
5. JOIN the Revolution at <http://ucanr.org/join/>

A **toolkit** of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success. <http://www.ca4h.org/Support/RofR/Toolkit/>

General 4-H Fundraising Information:

When contemplating raising funds to support your 4-H **Revolution of Responsibility** project or your 4-H Club's program in general, knowing how and where to begin can seem daunting. This toolkit (found at the following website: <http://4h.ucanr.edu/Support/RofR/Toolkit/Fundraising/>) is designed to help you move to the next level in fundraising by becoming more intentional and strategic so you can increase the dollars you raise overall. The materials in the tool kit are designed to help! Work through the materials at your own pace, and don't feel like you need to try all of the strategies and techniques offered at once. Ask questions, reach out to your state's 4-H fundraising professionals at the California 4-H Foundation or talk with others you know who have been successful in their own fundraising for support – even if the fundraising wasn't for 4-H. Successful fundraising is always a collaborative effort.

Project Leader Resources

Notes for Your First Meeting

Your first project meeting of the year is your most important in getting the project off to a good start. Use the **First Project Meeting Outline** below to organize your meeting.

Invite members of your Leadership Team (other leaders, staff, and/or youth leaders) and parents to your first meeting. Review with everyone the calendar for the year, project goals and expectations, project costs, rules and discipline, project requirements, and pertinent information. Allow plenty of time for questions and answers.

Introduce the Junior/Teen Leaders and discuss their role. Include an overview of the project with visuals, speakers, or members who have taken the project in the past.

First Project Meeting Outline (Duration: 1 to 1½ hours maximum)

1. **Introduce** yourself and others. Take roll.
2. **Review project goals and expectations.** Discuss skills and knowledge to be covered during the year. (A blackboard, posters, or sheets of blank newsprint are helpful.) Discuss project requirements, rules, and discipline.
3. **Use experienced members, parents, and others** in the community as project resources.
4. **Discuss with your group:**
 - Number, frequency, place, and time of meetings
 - How project supplies used at meetings will be acquired
 - How expenses will be met
 - What to bring to meetings
 - Dates of special activities, and how to participate
 - Completion date for the project
5. **Fun activity** – Use a game, a relay, or some other fun and interactive activity to reinforce what was discussed earlier.
6. **Hand out project materials**, answer questions, make assignments.
7. **Adjourn.**
8. **Review the meeting** with your Junior/Teen Leaders and/or Assistant Leaders. See how they feel about the meeting. Help them analyze their part. Be encouraging and supportive. Remember to do this after every meeting.



Bi-County Leaders' Training

Date: December 4th 2013

Time: 6:00 pm to 8:30 pm

Location: Bear River High School
11130 Magnolia Rd
Grass Valley CA 95949

Learn all the ins and outs of being a project leader. An opportunity to have new and experienced project leaders come together, make connections, and network for both Placer and Nevada Counties. Additionally, topics as citizenship, leadership, and thrive will all be discussed. Dinner will be provided. Please register online through the link below.

If you have any questions or would like further information, please feel free to contact Jessica Trumble-Pitel (Placer 4-H Program Representative) at 530-889-7393 and/or Jill Simmons (Nevada 4-H Program Representative) at 530-273-4563.

To register go to <https://ucanr.edu/survey/survey.cfm?surveynumber=11563>

What Constitutes a Project?

Most project work occurs over a period of several weeks or months during a year. A **minimum of six hours** of instruction is recommended or required to complete **non-animal** projects. Animal projects require a constant back-up support as the youth work with their animals throughout the year; therefore, these projects require many more hours of instruction to complete a successful project, thus the minimum of six instruction hours does not apply.

4-H Volunteer Cafe

The 4-H Volunteer Café, designed for club or project leaders, provides encouraging and thought provoking articles and resources to help create strong experiences and positive 4-H youth development methods.

To check out the 4-H Volunteer Cafe, please use the following link: <http://4hvolunteercafe.wordpress.com>



State and National 4-H News

State 4-H Leaders' Forum - November 8-10, 2013 - Crowne Plaza Hotel, Sacramento, CA

For conference information go to: <http://4h.ucanr.edu/Programs/Conferences/SLF/>

For registration: <http://ucanr.edu/slf2013register>.

The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun. The 2013 theme is "100 years and Thriving" Highlights are: A keynote address by Matt Wilka, *Making Collective Impact Work*, will give an in-depth look at how organizations are implementing a collective impact approach to solve social problems. Matt is a former Fulbright Fellow in Ecuador, currently a consultant with FSG, a non-profit firm specializing in strategy, research, and evaluation. A schedule that balances informative workshops with time to enjoy the Centennial Celebrations at the Crowne Plaza. Assemblies filled with both fun and information. Opportunities to network with your 4-H peers from throughout the state.

America's "Farmers Grow CommunitiesSM" Fund Raising Opportunity

Now **through November 30, 2013**, eligible farmers can enter for a chance to win \$2,500 that can be directed to their local 4-H program. Rural community members can suggest an idea or initiative that needs funding for their local 4-H, such as a community garden or camp scholarships. Farmers may review the ideas and consider them in their application. To plant your idea and encourage farmers to support your 4-H, go to www.GrowCommunities.com. In addition, in communities impacted by drought, the Monsanto Fund will provide twice the financial support. Winning farmers from counties that have been declared natural disaster areas will now receive a total of \$5,000.

Click here to apply: <http://www.americasfarmers.com/growcommunities/apply.aspx>

Project Sheets

Check out the available 30+ project sheets designed to help 4-H volunteers and youth understand the possibilities in a 4-H projects. 4-H youth and their families may use these sheets to decide which project they might be interested in: http://www.ca4h.org/Projects/Project_Sheets/. The State 4-H Office is looking for people to help write these project sheets! If interested, please contact Steven Worker at smworker@ucanr.edu.

New 4-H "Healthy Living" Club Officer

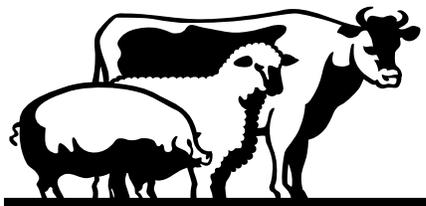
The Health Living officer serves as the club's ambassador for health! By choosing to elect a Health Living Officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including:

- Providing ideas on how to incorporate physical activities and healthy eating into each club meeting
- Writing Healthy Living articles for the club newsletter
- Adopting and promoting a club Wellness Plan

For additional Information, download the *Choose Health Officer Guide* developed by Cornell University Extension from the following website: <http://4h.ucanr.edu/files/158918.pdf>

Livestock Advisory Meeting

Thursday, December 5th @ 6:30 p.m.
Gold Country Fairgrounds, Tahoe Building



Summer Camp Lost and Found

Camp was a wonderful week filled with new experiences and fun. If you didn't get home with some of your possessions, please stop by the 4-H office as there is quite a supply of items in the Lost and Found. **Any unclaimed items will be donated by October 31st to a worthy cause.**



4-H Office Closed:

Monday, November 11, 2013

Thursday and Friday, November 28 & 29, 2013

Wednesday, December 25, 2013

Wednesday, January 1, 2013

Shooting Sports Leader/Trainer Courses

Shotgun Discipline

**When: Saturday, November 16, 2013, 8am-4:30pm and
Sunday, November 17, 2013, 8am-Noon**

**Location: Modoc County 4-H Program
202 West 4th Street
Alturas, CA 956101**

Telephone: (530) 223-6400

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of shotgun. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. There is a \$30.00 fee for the course. To get more information or register for the class, please contact Susie Stokke at ststokke@ucdavis.edu or telephone (530) 233-6400.

Rifle Discipline

**When: Saturday, November 23, 2013, 8am-6pm and
Sunday, November 24, 2013, 8am-4pm**

**Location: Bakersfield UCCE Office
1031 S. Mt Vernon Ave
Bakersfield, CA 93307**

A 4-H shooting sports workshop for the rifle discipline will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Ave in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: jaborba@ucdavis.edu.

Archery Discipline

**When: Saturday, February 1, 2014, 9am-5pm and
Sunday, February 2, 2014, 9am-Noon**

**Location: Corralitos Community Center
33 Browns Valley Rd
Corralitos, CA 95076**

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H.

You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club, and/or camp level. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email mtlassenlover@gmail.com to discuss these options.

To register for this training, please complete a "CA 4-H Shooting Sports Training Request and Registration Form" (available at <http://www.ca4h.org/files/2123.pdf>), an adult or youth 4-H medical treatment form, and a \$35 check payable to "Santa Cruz County 4-H Council," and mail everything to UCCE, 1432 Freedom Blvd, Watsonville, CA 95076.

Registration is due by Friday, January 17, 2014 and space is limited. For more information call Stephanie Fontana at 831-763-8015 (Mondays and Wednesdays only) or email her at sfontana@ucanr.edu or contact Jeanne at 530-524-7278 or email mtlassenlover@gmail.com.



4-H Policy

THE 4-H CODE OF CONDUCT

When members, volunteers and parents attend an event where 4-H is represented, we must follow the Code of Conduct which was signed during your enrollment and given to parents. These are guidelines for understanding what behavior is expected while performing within the course of the 4-H Youth Development Program.

Upon enrollment as a member, or appointment as a volunteer in the 4-H Youth Development Program, you must:

- Respect individuals rights, safety, and property of others.
- Be committed to the core values, educational goals and standards of the 4-H Youth Development Program.
- Not act in a detrimental way to the 4-H Youth Development Program or in conflict with its policies or procedures.
- Not participate in the use of obscene and discriminatory language at any 4-H activity.
- Not possess or use weapons, alcoholic beverages and/or illegal drugs (or be under the influence thereof) when involved in any 4-H event, meeting or activity.

Please review the importance of the Code of Conduct and the core values of the 4-H Youth Development Program as we approach the fair season and new 4-H year.

You can find the online Code of Conduct here: <http://ucanr.org/placer4hforms>.

Share Your 4-H Experience! Any 4-H member can submit an article for this newsletter.

NEXT NEWSLETTER SUBMISSION DEADLINE:

January 15, 2014

Send it via e-mail to: casherman@ucdavis.edu. All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits.

A digital picture with your article is a great addition. **Please send photos in JPG format.**

More 4-H Links:

California State 4-H Website: <http://www.ca4h.org>

4-H Mail: <http://www.4-hmall.org>

State 4-H Newsletters: <http://www.ca4h.org/News>

4-H Clover Safety Notes: <http://safety.ucanr.org/4h/>

National 4-H Headquarters Website: <http://www.4-h.org>

National 4-H Council: <http://www.fourhcouncil.edu/>

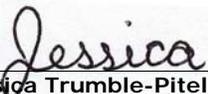
California 4hOnline: (enrollment) <https://california.4honline.com>

PLACER COUNTY OFFICE:

11477 E Avenue
Auburn, CA 95603
Office: 530.889.7385
Fax: 530.889.7397
Email: ceplacer@ucdavis.edu

NEVADA COUNTY OFFICE:

255 So. Auburn Street
Grass Valley, CA 95945
Office: 530.273.4563
Fax: 530.273.4769
Email: cenevada@ucdavis.edu



Jessica Trumble-Pitel
Program Representative



Roger Ingram
County Director

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at the following URL: <http://ucanr.edu/sites/anrstaff/files/169224.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, One Shields Avenue, Davis, CA 95616, (530) 752-0495.