



4-H Family Newsletter

Placer County, California <http://ucanr.org/placer4h>
530-889-7386

Before attending your Club's first meeting, enroll online at...

<https://california.4honline.com>

2015 Enrollment Fees	
Youth	\$40
Adult	\$14

Go to <https://california.4honline.com> to enter your account and re-enroll. Forgot the steps or have questions? Instructions are on the 4-H website: <http://ucanr.org/jointhefun4h> under "How to Enroll On-line."

Has your e-mail changed? Call the 4-H office to update or confirm: 530-889-7386 during office hours or e-mail bsatterlee@ucanr.edu Do not proceed until your e-mail has been updated with the 4-H Office.

IMPORTANT NOTE: DO NOT CREATE A NEW ACCOUNT IF YOU HAVE BEEN ENROLLED IN THE PAST. Call the 4-H office and we will help you find your previous enrollment profile.

As you complete your online enrollment, remember to print out your Medical Treatment Form **and bring it along with payment to your club's first meeting.** Once you have completed on-line enrollment and submitted your forms and payment to your 4-H club, you will be confirmed as a Club member. Please make your enrollment check payable to your 4-H Club. (The office activates Adults after all application conditions are met.)

YOUTH MAY NOT PARTICIPATE IN ANY 4-H PROJECT OR ACTIVITY UNTIL ALL ENROLLMENT STEPS ARE COMPLETE, AND 4-H INSURANCE COVERAGE IS IN PLACE.

Youth Project Enrollment Deadline: To be eligible to participate in 2015/2016 fair events, you must enroll in your selected 4-H Project on or before November 30, 2015. PLEASE REMEMBER THE 4-H OFFICE WILL NOT BE OPEN FROM NOVEMBER 26TH TO NOVEMBER 29TH.

Club	1st Club Meeting	Club Leaders	Phone	VEC	Phone
Dry Creek	Tuesday, August 18	Michelle Doty Dawn Heywood	408-506-0120 916-774-1042	Jennifer Beasley	916-899-0841
Colfax	To be announced	Rebecca Macy	530-346-2725	Rebecca Macy	530-346-2725
Eureka/Granite Bay	Monday, September 14	Catherine Cowles Kristen Odell	916-797-4504 916-786-5084	Cathy Ellis	916-791-8624
Flatlands	To be announced	Melanie Jones	530-237-7811	Kevin Jones	530-237-6041
Foresthill	To be announced	Mia Vander Linden	530-367-5719	Jaimie Knibbe	530-388-8981
Gold Country	Thursday, September 17	Johnna Humber Dee Miravalle	530-878-0733 530-367-5723	Michelle Balaguy	530-878-7231
Long Valley	Tuesday, September 8	Doris Williams Suzanna Gardetto	530-885-6195 530-863-3056	Suzanna Gardetto	530-863-3056
Loomis	Wednesday, October 7	Ellen Doerner	916-652-0584	David Doerner	916-652-0584
Miners Ravine	To be announced	Nathan Baker	916-316-7358	Camille Leonhardt	916-632-8846
Mt Pleasant	Wednesday, September 2	Terry Gage	916-645-1285	Jonique Turner	916-645-1003
Ophir	Tuesday, September 15	Lara Lopez	707-624-6537	Darlene Miller	916-532-5886
Placer Hills	Tuesday, September 8	Linda Cramer	530-852-2300	Jeff McMenomey Kaeti McMenomey	530-392-3239 916-316-3459
Rocklin	To be announced	Kristen Newton	530-633-2010	To be announced	To be announced
Sheridan	Thursday, September 17	Lee Bastien	530-633-9046	Laura Bullard	530-633-4221



VEC Training Video

New VECs for the 2015-2016 program year can view the training video and resources available at:

http://ucanr.edu/vec_resources

For more information please contact the Placer County office at 530-889-7386.

Community Leader Council Meeting

Wednesday, August 26, 7:00 pm

Snacks will be available!



Bi-County Officer Training

Saturday, September 26, 2015, 9:00 am to Noon

Location: Bear River High School

11130 Magnolia Road, Grass Valley

Placer County 4-H will host this informative and exciting training event that is open to all new and returning club officers. The program includes officer training (president, secretary, treasurer, etc.), songs, and recreation activities.

This training is required for Treasurers and their advisors, and strongly encouraged for other club officers.

Now is also the time, if it has not already been done, for New Club Officers to meet with their Community Club leaders to plan the coming 4-H club year, develop a proposed budget, plan club fundraising activities to meet those needs and set Program Planning Guide goals for 2015-2016 4-H year.

Download the new Club Program Planning Guide at:

<http://4h.ucanr.edu/files/167444.pdf>

Leadership Opportunities

Attention All Adults: Interested in Becoming a 4-H Volunteer Project Leader!

Our 4-H leaders are the backbone of the 4-H program as 4-H is an all volunteer led program. You can open the doors for youth and yourself to gain new life learning experiences through 4-H projects.

There are many reasons to become a volunteer. Some people want to become involved in their children's activities, others want to help children in their community or have a skill to share, and others were 4-H'ers as children and want to share their experiences. Regardless of the reason, the 4-H program is glad you are considering becoming a 4-H leader or have joined the team.

You don't have to be an expert on a subject, just willing to learn with the youth. Many resources are available through the 4-H office to assist you with information to be successful. As a project leader, you can help youth develop into responsible, self-directed, productive citizens of the world. Projects have a focus in **citizenship, leadership, and developing life-skills**, using the experiential learning model of "learning-by-doing".

Learning-by-doing is a basic philosophy of 4-H. The 4-H project is one of the areas where learning by-doing takes place. Within the project, members learn things to do, things to make, and things to explore. As members gain experience, the size of their projects may be increased and/or they may choose to take on additional projects.

A 4-H Project is:

- Planned work in an area of interest to the 4-H member
- Guided by a volunteer who is the project leader
- Aimed at planned objectives that can be attained and measured
- Summarized by some form of record keeping

Most project work occurs over a period of several weeks or months during a year. A minimum of six hours of instruction is required to complete a non-animal project. More hours of instruction are required in animal and other projects to accomplish the goal of the project. We want to remind you this is an application process. All parts of the process must be completed **BEFORE** you begin serving as a 4-H volunteer.

4-H volunteer leaders must be at least 18 years of age. **To become a 4-H volunteer contact your Community Club Leader and:**

- Complete the 4-H New Adult Volunteer on-line application, with payment
- 4-H Volunteer Certification (view a 25 minute on-line video and complete the follow up quiz) Visit our website at <http://ucanr.org/4horientation>
- A live-scan with Department of Justice clearance.
- Approval from the County Director

You will be notified when your application has been approved. Please allow a minimum of 10 days for live-scan to clear through the Department of Justice. Appointments are renewed on an annual basis.

Thank you for volunteering to share your time and talents as a 4-H project leader.

All new & returning Project Leaders should not be conducting meetings until enrollment is complete.

Project leaders are encouraged to COMPLETE enrollment by October 31, 2015

Fair Items

Gold Country Fair: "American as Apple Pie"

September 10-13, 2015 Gold Country Fairgrounds, Auburn,

For the latest Fair Information, to see the Exhibitor Handbook, or to enter on-line visit: www.goldcountryfair.com.

Volunteers are needed to assist at the Gold Country Fair for the Still Exhibit Building Hosting: One club will be responsible for hosting each day: 2 adults and 2 youth per 2 hour shift.

- Thursday, September 10 and Friday, September 11, 4:00 to 10:00 pm
- Saturday, September 12 and Sunday, September 13, 11:00 am to 10:00 pm

Placer County Farm Bureau Scholarships for Ag Students



The Placer County Farm Bureau offers Scholarships to the youth in Placer, both from Farm Bureau families and non that are pursuing an Agricultural career, with that scholarship will include a one year collegiate membership to the Placer County Farm Bureau. For more information contact Sandy at the Placer County Farm Bureau office (916) 663-2929 or pcfb@ncbb.net.

The Placer County Farm Bureau also supports the youth at both the Placer County Fair & the Gold Country Fair by purchasing their animals. Please send buyer letters to Placer County Farm Bureau 10120 Ophir Road, Newcastle, CA 95658.

4-H, FFA, and Junior Grange Projects

Multi-Program Membership Clarification

When a member maintains projects in 4-H, FFA, and/or Junior Grange, the projects may **NOT** be in the same kind of livestock or crop. **Please note the following exception: A 4-H member may take a specie of livestock in FFA and be the Teen Leader for the same specie in 4-H. The member would enroll in the 4-H Leadership project.** All involvement with showmanship and/or selling of that specie will be completed under FFA program.

A member of FFA chapter, Junior Grange, or 4-H club may only transfer projects **ONCE** from one organization to another during a calendar year. This must be by written notification to your 4-H club leadership. To be able to show a project at a fair or show, the project must be under the supervision of the organization which it will be shown for at least 60 days prior to the fair or show for market animals (150 days for market beef, and 30 days for market rabbits and poultry).

Got Whites?

Have you considered recycling your children's uniforms? Children have a way of growing and their clothes just don't keep up! The 4-H office has a selection of "whites" which others have contributed. Come by, try them on and **donate your "out grows"** to the supply. Hopefully there is something that will work for you!



Hats, Scarves, Ties, & Record Book Covers are available for purchase at the 4-H Office.

Ties \$12.00 each Hats \$14.00 Scarves \$15.00 Record Book Covers \$3.00

Cash or check accepted. No ATM or credit cards.

Announcements

2015-2016 Program Year Uniform and Record Book Updates

4-H Uniform

Based on an extensive process that included a 4-H member design contest and voting input from 4-H members and adults, the California 4-H Youth Development Program has adopted new 4-H uniform guidelines. Implementation of these guidelines are effective beginning July 1, 2015 and are expected to take several years for full adoption. See the [4-H uniform](#) page on the state website for more information and the [California 4-H Uniform Guidelines](#) for complete garment details and the transition plan.

The uniform is made up of the following garments:

1. Official green 4-H hat branded with the University of California, Agriculture and Natural Resources (UC ANR) and the 4-H clover logo mark. Senior members who are already in a white hat will be able to keep wearing the white hat for the remainder of their 4-H career. Newly branded 4-H hats can be purchased through [Leslie Carman 4-H Supplies](#) as of August 31, 2015. More details about the [4-H Hat](#).
2. A plain white shirt with a collar. Any length of sleeve, including sleeveless is acceptable. Alternate Casual Uniform: For casual events, members may wear their club or county t-shirt, without the hat, provided that t-shirt has the proper use of the 4-H emblem according to the [California 4-H Branding Toolkit](#).
3. Members have a choice of bottoms, appropriate to the event or activity, as specified in the [California 4-H Dress Guidelines](#).
4. OPTIONAL: A traditional 4-H tie or scarf worn with the collared white shirt. The tie and scarf are both worn under the collar. Any member can wear either the scarf or the tie--whatever the member is most comfortable wearing. These can be purchased through [Leslie Carman 4-H Supplies](#).

All uniform requirements for 2015 fair will not change. Updates for 2016 fair will be released once the fair uniform requirements are decided.

2015-16 Record Book

The 2015-16 edition of the Record Book and manuals will be available in mid-August. This edition has some distinct changes in the manual format and a few of the forms.

Here is a summary of the changes:

- The new manual is written in the second person, "you", "your", etc. and speaks directly to the member.
- It is considerably shorter, with only the necessary information on how to complete each section of the Record Book. There will be a companion version for adults that gives more background information for those that are leading Record Book projects or who just like having the background information.
- Simplified the Leadership Development Report (LDR) especially for youth who fulfill multiple leadership roles.
- Added some age requirement progression into the Record Book:
 - the LDR is completed by intermediate and senior members only;
 - the 4-H Resume replaces the Summary Pages and is only completed by senior members
- The Lifestyle Activities section of the Personal Development Report (PDR) is now Healthy Lifestyle Activities and only outside of 4-H activities are recorded here.
- Changed how star rank credits can be earned in the Healthy Lifestyle Activities section, especially for youth who do one sport or one musical instrument all year long.
- Minor adjustments to where a member records exhibits when they are not enrolled in a related project.

The current 2014-15 year books and forms will be available until September 30, 2015. Be sure you are downloading the correct forms for the correct year. The 2015-16 edition will be located at <http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/>

For those members using the Online Record Book (ORB), the new LDR should be available by the end of October 2016. All of the information that is entered into the Personal Development Report (PDR) and the Annual Project Report (APR) forms should remain the same.

Announcements continued



Members of the Dry Creek 4-H Club gave Good Day Sacramento a tour of their community service garden at the Placer County Fairgrounds. All food grown in the garden will be donated to the Placer Food Bank upon harvest.

Loomis Community 4-H Wildlife Enrichment Project



On Saturday, March 21st, we went to the Folsom Zoo for our 4-H Wildlife Enrichment Project. We met in front of the zoo with our projects & talked with Brenda and Rocky, two of the Folsom Zoo employees who explained how the day would go. Brenda and Rocky were great tour guides as they explained how the animals became a part of the Folsom Zoo and Sanctuary. We started our tour in the zoo kitchen where all the animals' meals are prepared. From there we went out to various animal enclosures. Sarah & I made the Egg Carton Surprise which was made up of cardboard egg cartons smeared with peanut butter, apples, cinnamon, honey, vegetables & nutmeg. We froze them the night before and the next

day they were given to the bears. Anna made a paper mache toy that was given to the donkeys and wolves. David cut a watermelon in half and strung the two pieces on a rope and that was given to a bear. David also brought cardboard boxes that were infused with scents for the cougar to play with. Elizabeth brought frozen cabbage heads with vegetables that were given to the pigs. It was fun to watch all the animals and take pictures of them enjoying their toys and food.

Some of the animals have funny names: Henry and Marty the bears, Mojo the red fox, Marcus a guard dog, Wilber and Templeton the pigs, and Kevin the rabbit just to name a few.

It was a great day and I had a lot of fun. You would probably like it too!

Submitted by
Emily Sjoberg
Loomis Community 4-H member

State and National News

National 4-H Week - Oct 4-10, 2015

National 4-H Week provides an excellent opportunity to honor the 4-H institution which is celebrating serving youth for over 100 years nationally. During National 4-H Week, 4-H Members will be honoring this great organization in a variety of ways. 4-H members will set up window displays in local businesses showing some of the many projects in which they are involved. Radio and newspaper will highlight 4-H members in action.

The race is on! The first babies born during this week at Sutter Roseville Medical Center and Kaiser Roseville will each be made honorary 4-H members. 4-H memorabilia will be bestowed on each of the two newest 4-H members. Gifts for these new arrivals will be greatly appreciated!

2015 4-H National Youth Science Day

On October 7, 2015, millions of young people will become scientists for the day during the seventh annual 4-H National Youth Science Day (NYSD). This event, which takes place in urban, suburban and rural communities all across the nation, seeks to spark an early youth interest and leadership in science, technology, engineering and math (STEM) careers in an effort to keep America competitive in those fields. For Additional Information please visit the following website: <http://www.4-h.org/4-h-national-youth-science-day/>.

Attention all SHOOTING SPORTS TEEN LEADERS AND ADULT VOLUNTEERS

4-H Shooting Sports Workshops Winton, CA – Merced County Rifle Discipline: October 10 & 11, 2015

If you have an interest in sharing your shooting skills with youth, consider becoming a 4-H shooting sports leader. Class will be held Saturday, October 10th, 9 AM –4 PM, and Sunday, October 11th, 9 AM- 1pm. Class will be held at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, in Merced County. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach rifle at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshment's. Junior and teen leaders are invited but must attend with an adult or have a certified archery adult leader they will be helping back home.

Driving directions to the range are at <http://www.safetyfirstshooting.org/html/directions.html> .

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. **Space is limited to 20 attendees.** For more information call Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at dlimcintyre@ucanr.edu.

4-H Shooting Sports Workshops Winton, CA – Merced County Archery Discipline: September 12 & 13, 2015

If you have an interest in sharing your archery skills with youth, consider becoming a 4-H archery leader. There will be a 4-H archery leader certification training offered in Merced County. This class will be held Saturday, September 12th, 9 AM –4 PM, and Sunday, September 13th, 9 AM- 1pm. Class will take place at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton. This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$30 per person to include a resource binder, with Saturday and Sunday light breakfast refreshment's. Junior and teen leaders are invited but must attend with an adult or have a certified archery adult leader they will be helping back home. Driving directions to the range are at <http://www.safetyfirstshooting.org/html/directions.html> .

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$30 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday, June 26th, and space **is limited to 25 attendees.** For more information call Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at dlimcintyre@ucanr.edu.

4-H Policy

General Liability Insurance: UC's General Liability & Self Insurance program does not cover 4-H youth members and it does not cover project animals, including damages or injury caused by the animals. Since junior exhibitors have been sued for injuries sustained at fairs, it is suggested that junior exhibitors consider taking out a liability policy through a private company covering themselves and their exhibit. Home Owner policies may include or can often be written to include this coverage. Much more General Liability Insurance information can be found at <http://www.ca4h.org/Administration/Policies/>.

Accident and Sickness Insurance: 4-H Youth and Certified Volunteers are covered by The Hartford Accident/Sickness Insurance Policy. It covers injuries to 4-H members and volunteers caused by project animals. More Accident and Sickness Insurance information can be found at <http://www.ca4h.org/Administration/Policies/>.

Leadership: A Minimum of Two Adults (Chapter 11 Section 4.B CA 4-H Policy Handbook) Protection of youth is of utmost importance in the California 4-H YDP. Therefore, 4-H YDP staff, adult volunteers and members should adhere to these policies at all times.

1. There will be two (2) adult volunteers with members at all times.
2. In some occasions it may be impractical to have two (2) appointed adult volunteers present; in these situations there should be one (1) appointed adult volunteer and another adult or 4-H YDP staff member (one of which must be at least 21 years of age).
3. The adult in charge of the event must be an adult volunteer as appointed by the county director.
4. In general, no one-on-one interactions should occur in private. This includes between members and adults or among youth. If personal discussions are necessary, they should be conducted in an area that is in view of other adult volunteers and members.

Leadership: Supervision in Vehicles (Chapter 11 Section 4.C CA 4-H Policy Handbook) UC and the 4-H YDP are committed to protecting members in a proactive manner against child abuse and/or neglect. These policies are primarily for the protection of members; however, they also serve to protect adult volunteers and 4-H YDP staff from false accusations of abuse.

1. Adult Volunteers should not be alone in vehicles with 4-H members.
2. Adult Volunteers should not be one-on-one in a vehicle with members other than their own child/children.
3. Adult volunteers must have current Youth Medical Release and Health History Form from the member's parents/guardians before transporting any members in their vehicle to any 4-H YDP activity or event.

Share Your 4-H Experience! Any 4-H member can submit an article for this newsletter.

NEXT NEWSLETTER SUBMISSION DEADLINE: August 12, 2015

Send it via e-mail to: bsatterlee@ucanr.edu All articles are subject to approval by the 4-H Program Representative.

After approval, articles are published as space permits. A digital picture with your article is a great addition. **Please send photos in JPG format.**

More 4-H Links:

California State 4-H Website: <http://www.ca4h.org>

4-H Mail: <http://www.4-hmall.org>

State 4-H Newsletters: <http://www.ca4h.org/News>

4-H Clover Safety Notes: <http://safety.ucanr.org/4h/>

National 4-H Headquarters Website: <http://www.4-h.org>

National 4-H Council: <http://www.fourhcouncil.edu/>

California 4hOnline: (enrollment) <https://california.4honline.com>

PLACER COUNTY OFFICE:

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Fax: 530.889.7397
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NEVADA COUNTY OFFICE:

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LeAnn Chizek

4-H Community Education Specialist



Kelley Brian

YFC Advisor

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