



HIKING SAFETY QUIZ

Use what you have learned about hiking safety to determine which of the below statements are true or false:

1. Experienced 4-H hikers are expected to hike alone into unknown territory without telling anyone where they are going and when they will return.
 True False
2. It is a good safety practice to look for snakes or insects before placing your hands on rock outcrops or trees or picking up rocks, plants, or leaves.
 True False
3. Always carry an adequate amount of water for the weather conditions during the hike.
 True False
4. If a lightning threat from a thunderstorm arises, seek safety by beginning to walk perpendicular to the storm direction at a deliberate pace.
 True False
5. Smart 4-H hikers bring a safety kit and cell phone when hiking.
 True False
6. The recommended medical treatment for snakebites includes applying a tourniquet, making a small incision at the snakebite location, and using your mouth to suck the snake venom out.
 True False
7. Always take care not to dislodge rocks onto 4-H hikers below or following you.
 True False
8. Wandering from your 4-H hiking partner or group is not a wise safety practice.
 True False

Answer Key: F, T, T, F, T, F, T, T