HIKING SAFETY QUIZ

Use what you have learned about hiking safety to determine which of the below statements are true or false:

1. Experienced 4-H hikers are expected to hike alone into unknown territory without telling anyone where they are going and when they will return.
   - True
   - False

2. It is a good safety practice to look for snakes or insects before placing your hands on rock outcrops or trees or picking up rocks, plants, or leaves.
   - True
   - False

3. Always carry an adequate amount of water for the weather conditions during the hike.
   - True
   - False

4. If a lightning threat from a thunderstorm arises, seek safety by beginning to walk perpendicular to the storm direction at a deliberate pace.
   - True
   - False

5. Smart 4-H hikers bring a safety kit and cell phone when hiking.
   - True
   - False

6. The recommended medical treatment for snakebites includes applying a tourniquet, making a small incision at the snakebite location, and using your mouth to suck the snake venom out.
   - True
   - False

7. Always take care not to dislodge rocks onto 4-H hikers below or following you.
   - True
   - False

8. Wandering from your 4-H hiking partner or group is not a wise safety practice.
   - True
   - False