CLOVER SAFE #31  

GARDENING SAFETY: HAND TOOLS

Information available from the U.S. Consumer Product Safety Commission indicates more than 26,000 people were treated in hospitals during 2006 for injuries sustained while using garden hand tools. Typical injuries were strains/sprains to the lower back, shoulder, neck, and wrist. Many of these injuries could have been prevented by properly using garden hand tools and by knowing your physical capabilities and keeping garden activities to within your limitations. For additional information about gardening hand tool safety, go to the Clover Safe note at: http://ucanr.org/cloversafe.

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