HEARING PROTECTION SAFETY QUIZ

Use what you have learned about hearing protection to determine which of the below statements are true or false:

- Noise levels can be reduced by 50% if you double your distance from the noise source.
  
  □ True □ False

- Noise-induced hearing loss is permanent and occurs progressively over time.

  □ True □ False

- Cotton balls do not effectively provide hearing protection.

  □ True □ False

- Always wear acoustic ear muffs or ear plugs when continuously exposed to noise levels of 85 dBA or higher.

  □ True □ False

- Rock concerts can create noise exposures of more than 100 dBA.

  □ True □ False

- A warning sign of overexposure to noise is an earache.

  □ True □ False

- Always select and use hearing protection with an appropriate NRR to reduce ambient noise to below 85 dBA.

  □ True □ False

- The noise level of a normal conversation poses a greater hearing exposure than the noise level produced by a lawn mower.

  □ True □ False