

CLOVER SAFE #60



*Photograph Courtesy of Shasta County
4-H Program*

SWIMMING SAFETY

Information available from the Centers for Disease Control and prevention indicate 86 youth between the ages of 5 and 24 drowned in California during 2005. Other data from the U.S. Consumers Product Safety Commission indicate in 2005 more than 28,000 youth aged five to 18 years were treated in hospitals nationwide for injuries that happened while swimming at pools. The types of injuries included fractures, lacerations, contusions, and sprains. Many of these drownings and injuries could have been prevented if several simple precautions had been followed.

For additional information about swimming safety, go to the Clover Safe note at:
<http://ucanr.org/cloversafe>.

Clover Safe Notes are prepared by the UC ANR Office of Environmental Health & Safety, in support of the Statewide 4-H Youth Development Program.

