4-H projects and activities are planned and organized with the forethought to prevent potential injuries or illnesses. However, unforeseen accidents or exposures at 4-H projects or activities periodically occur that result in either injuries or illnesses. When an inadvertent injury or illness occurs, it is necessary to have basic first aid awareness to assist the accident or exposure victim.

For additional information about basic first aid awareness, go to the Clover Safe note at: http://ucanr.org/cloversafe.

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