Procedures for UCANR Meetings & Events during Covid-19

UCANR wants all volunteers, personnel, and clientele to be safe and healthy. In order to hold in-person meetings and events, there are some guidelines that must be met to ensure everyone's well-being.

Together we will help to keep everyone healthy!

UC 4-H Healthy Living Team

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Wear a mask.

Masks must always be worn indoors when youth are present. Masks are mandatory at adults-only indoor events for those that are not vaccinated.

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Check your temperature before you come.

Do not come to a meeting or event if you have had a fever within the last 48 hours.

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Watch for other symptoms.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, headache, body aches, nausea, loss of taste or smell and fatigue. Do not come to a meeting or event if you feel sick.

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Practice physical distancing.

Maintain at least 3 feet distance from others when indoors.

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Wash your hands.

Wash your hands with soap and water when you arrive (or use alcohol or hand sanitizer). Wash them again as soon as you get home.

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Do not share items.

Please confirm with your leader/coordinator ahead of time what items you may need to bring to the meeting or event. Do not share your things with others.

If possible, put needed materials into a bag or box labeled with your name.

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Keep a record of the meetings or events you have gone to, with dates.

If you or someone you live with gets sick within 48 hours of a meeting or event, let your leader/coordinator know immediately. Be sure your attendance has been recorded as well.