

<p>If you Test Positive for COVID-19</p>	<p>If you had Close Contact with Someone who has COVID-19</p>
<p>Everyone who tests positive or is diagnosed with COVID-19, regardless of vaccination status, previous infection, or lack of symptoms must follow these steps before returning to work.</p>	<p>Everyone, regardless of vaccination status, who is exposed or has close contact with someone who has COVID-19 must follow these steps at work.</p>
<p>Isolation Required (per CDPH and Cal/OSHA)</p>	<p>Quarantine Not Required</p>
<ul style="list-style-type: none"> • Stay home if you have COVID-19 symptoms. • You may return to working in-person if more than 24 hours have passed since the onset of symptoms, <u>and</u> you have no fever without the use of fever-reducing medications, <u>and</u> symptoms are mild and improving. • If you have symptoms other than fever, you may voluntarily isolate until symptoms improve or until after Day 10. • If symptoms are severe, if you are at high risk of serious disease, or have questions concerning care, contact your healthcare provider. • Wear a well-fitting mask² around others through Day 10 after the start of symptoms or testing positive. Day 0 is symptom onset or positive test day. You may remove your mask sooner than 10 days if you have two sequential negative tests at least one day apart. • A negative test is not required for return to work. 	<ul style="list-style-type: none"> • Wear a well-fitting mask or respirator² around others (at your worksite, indoors, in vehicles, in the field when working near others, etc.) for at least 10 days after exposure. • Monitor yourself for COVID-19 symptoms. If you develop new symptoms, testing is recommended. • If you are at a higher risk of severe disease or if you've had contact with someone at higher risk of severe disease, testing is recommended. • You may still voluntarily get tested after the exposure. • If you test positive, follow the isolation steps in the left column.
<p><u>Close Contact definition</u>: Close Contact occurs through proximity and duration of exposure. Someone who shared the same indoor airspace with an infected person for a cumulative total of 15 minutes or more over a 24-hour period is considered Close Contact. Spaces that are separated by floor-to-ceiling walls (e.g., offices, suites, rooms, waiting areas, bathrooms, or break or eating areas that are separated by floor-to-ceiling walls) must be considered distinct indoor airspaces. In large indoor spaces greater than 400,000 cubic feet per floor (such as open-floor-plan offices, arenas or large meeting spaces, warehouses, large retail stores, or manufacturing/processing facilities), close contact is defined as being within 6 feet of the infected person for a cumulative total of 15 minutes or more over a 24-hour period during the confirmed case's infectious period.</p>	
<p><u>Quarantine/Isolation Orders</u>: Local public health departments may require a longer or shorter quarantine/isolation, depending on the specific conditions of the case or local conditions. If a local or state health official issues an order to quarantine or isolate an employee, the employee may not return to work until the period of isolation or quarantine is completed or the order is lifted. If no time period is specified, or if the health department has not provided recommendations for your case, use this guidance.</p>	
<ol style="list-style-type: none"> 1. See California COVID-19 Vaccines Booster Recommendations for vaccination and booster criteria. 2. See CDPH Get the Most Out of Masking and UC ANR Mask Protocol for additional information. 	
<p>Sources: CDPH Guidance for Local Health Jurisdictions (1/9/2024) https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19-Isolation-Guidance.aspx and Quarantine and Isolation Guidance (1/10/2024): https://covid19.ca.gov/isolation/#guidelines Cal/OSHA COVID-19 Prevention Non-Emergency Regulations FAQs (1/9/2024): https://www.dir.ca.gov/DOSH/Coronavirus/Covid-19-NE-Reg-FAQs.html</p>	