

<p>If you Test Positive for COVID-19</p>	<p>If you had Close Contact with Someone who has COVID-19</p>	<p>If you had Close Contact with Someone who has COVID-19</p>
<p>Everyone who tests positive or is diagnosed with COVID-19, regardless of vaccination status, previous infection or lack of symptoms must follow these steps before returning to work.</p>	<p>and you are: Unvaccinated¹; OR Vaccinated and booster-eligible but have not yet received a booster dose.</p>	<p>and you are Boosted¹; OR Vaccinated¹, but not yet booster-eligible; OR Previously infected with SARS-CoV-2 (COVID-19), within the last 90 days.</p>
<p>Isolation Required</p>	<p>Quarantine Required</p>	<p>Quarantine Not Required</p>
<ul style="list-style-type: none"> • Stay home for 10 days. • Isolation may be reduced and employee may return to work after day 5 only if the following occurs: <ul style="list-style-type: none"> ○ symptoms are not present or are resolving; and ○ a diagnostic test (antigen or PCR test) collected on day 5 or later tests negative. At-home test must be documented with photo including name and date. See Find Testing.. • If unable to test or choosing not to test, and symptoms are not present or are resolving, may return to work after day 10. • If fever is present, isolation must continue until fever resolves. • If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10. • Wear a well-fitting mask² around others through day 10 after start of symptoms. 	<ul style="list-style-type: none"> • Stay home for 10 days after your last contact with a person who has COVID-19. • Quarantine may be reduced and employee may return to work after day 5 only if the following occurs: <ul style="list-style-type: none"> ○ symptoms are not present; and ○ a diagnostic specimen (antigen or PCR test) collected on day 5 or later tests negative. At-home test must be documented with photo including name and date. See Find Testing. • If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10. • Wear a well-fitting mask² around others (at your worksite, indoors, in vehicles, in the field when working near others, etc.) for at least 10 days after exposure. • If symptoms develop, test and stay home. • If you test positive, follow isolation steps below. 	<ul style="list-style-type: none"> • Get Tested on day 5 – see Find Testing for more information. • Wear a well-fitting mask² around others (at your worksite, indoors, in vehicles, in the field when working near others, etc.) for at least 10 days after exposure. • If symptoms develop, test and stay home. • If you test positive, follow isolation steps below.
<p>All exposed persons, even those who were fully vaccinated or previously infected, should self-monitor for COVID-19 symptoms and strictly adhere to all recommended non-pharmaceutical interventions (e.g., wearing a mask, maintaining a distance of at least 6 feet from non-household members, frequently washing hands or using hand sanitizer, avoiding crowds and poorly ventilated indoor spaces) for at least 10 days following the last date of exposure.</p>		
<p><u>Close Contact definition</u>: Close Contact occurs through proximity and duration of exposure. Someone who was less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period is considered a Close Contact.</p>		
<p><u>Quarantine/Isolation Orders</u>: Local public health departments may require a longer or shorter quarantine/isolation, depending on the specific conditions of the case or local conditions. If a local or state health official issues an order to quarantine or isolate an employee, the employee may not return to work until the period of isolation or quarantine is completed or the order is lifted. If no time period is specified, or if the health department has not provided recommendations for your case, use this guidance.</p>		
<ol style="list-style-type: none"> 1. See California COVID-19 Vaccines Booster Recommendations for vaccination and booster criteria. 2. See CDPH Get the Most Out of Masking and UC ANR Mask Protocol for additional information. 		
<p>CDPH Guidance (12/30/2021): https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx CalOSHA Fact Sheet (1/19/2022): https://www.dir.ca.gov/dosh/dosh_publications/Isolation-and-Quarantine-fs.pdf</p>		