

CA 4-H Camp COVID Preparedness Checklist

As of March 2022, most COVID restrictions or public health orders have been lifted by state and local officials. However, this does not mean that COVID-19 has gone away completely. At this time, CA 4-H’s prevention strategies will transition to resuming activities safely, with a focus on monitoring and preparedness. For camps, this means planning to implement measures that can help avoid introducing COVID into activities, monitoring the health of camp participants, and being prepared to respond if a case occurs. It also requires that camp leaders stay informed about current COVID-19 health orders and guidelines and the status of COVID-19 outbreaks in the community where the campers are coming from and in the area where the camp is located.

Use this Checklist to plan and verify your preparedness for 4-H camps in 2022

Camp Name:		UCCE County Office:	
Checklist Completed by:		Date:	
Stay Informed			
<p>When planning for camp, adult volunteers and youth leaders will monitor state and local health resources orders for information and guidance about public health orders, local COVID-19 outbreaks, and any facility-specific requirements and adapt plans as needed. Resources include:</p> <p>California Department of Public Health: https://covid19.ca.gov/ Links to local public health websites: https://covid19.ca.gov/get-local-information/ UC ANR COVID-19 information: http://ucanr.edu/reopening CA 4-H COVID In-person update: https://ucanr.edu/sites/ca4H/COVID_Update/</p>			
Pre-arrival			
All campers and adult volunteers must complete a health form and treatment authorization . This information will be maintained by the camp health supervisor.			
Vaccination is not a requirement to attend camp, but campers and volunteers must provide vaccination status prior to camp. This information will be kept confidential and accessible only to Camp Nurse and only used if necessary for determining response to a positive case.			
<p>Testing – all attendees at 4-H camp must be tested for COVID-19 before camp begins and provide proof of a negative test.</p> <p>Test details:</p> <ol style="list-style-type: none"> 1. Test must be collected within 48 hours prior to the event. 2. Home tests, with name and date documented, are acceptable. 3. A photo or electronic copy of test results is acceptable proof. 4. Test results will be observed and verified by a 4-H staff member or adult volunteer. 5. Copies of test results will not be collected or retained by 4-H. 6. Persons with Positive or Inconclusive test results are not allowed to attend 4-H events. <p>Additional information about testing can be found at 4-H COVID In-Person Update and Risk-Based Guidance for Requiring COVID-19 Vaccination or Negative Test for UC ANR Events/Activities.</p>			
<p>During the week prior to camp, campers (and their parents), teen staff, and adult volunteers are advised to daily screen themselves for symptoms that are new or not caused by a known or existing condition.</p> <p><i>Symptoms include: Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea. For more information about symptoms, see</i></p> <p>https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</p>			
Advise campers (and their parents), teen staff, and adult volunteers to not come to camp if they test positive, have symptoms, or have had close contact with someone who has COVID within 10 days prior to camp.			

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Arrival screening	
	Upon arrival at camp, all campers, teen staff, and adult volunteers must provide proof of negative COVID test.
	If any persons arrive at camp without test results, they must be isolated and tested, pending results.
	The health supervisor will screen all persons attending camp to confirm none have COVID symptoms.
Camp Health Supervisor Preparations	
	Ensure that a camp-specific Health Care Plan is prepared and onsite.
	Ensure adequate healthcare supplies.
	A supply of rapid (antigen) tests will be available at camp, to be used to assess persons with symptoms.
	Know available resources and contacts for local public health testing, if necessary.
	Be prepared to report positive COVID cases to local public health officer.
	Be prepared for isolation/quarantine. Identify sleeping spaces that will be available for isolation of sick campers or quarantine of close exposures, if necessary.
	Have a plan for COVID-positive campers, staff, or volunteers. Will they return home or isolate for the duration of camp?
Daily Symptom monitoring	
	All people at camp will be reminded of COVID symptoms. Print and post signs, etc. https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf
	Campers will be reminded to report symptoms to their teen leaders or camp health supervisor.
	Teen leaders/staff should verbally check in with campers to screen for symptoms.
Masks	
	Masks are not required for general activities indoors or outdoors, based on current state health orders. However, local health conditions or site-specific rules may require masks at a camp facility.
	No one should be discouraged from wearing a mask if they choose as long as a mask would not create a hazard (such as during swimming).
	Masks could be required in some situations. For example, in the camp infirmary, or if there is a COVID case, persons who were close contacts may be required to wear a mask to prevent further exposure.
	A supply of masks will be maintained at camp.
Facilities, Cleaning, disinfection, and handwashing	
	Increase natural ventilation by opening windows when weather permits
	Consider using portable HEPA air cleaners in the infirmary or residential bunks with persons in isolation.
	Bathrooms, kitchens, eating areas will be cleaned and disinfected at least daily
	If possible, clean high-touch areas more frequently.
	Consider cleaning shared equipment, utensils, etc. used in hands-on activities between groups.
	Encourage frequent handwashing (especially before/after meals) and use of hand sanitizer.
Mealtime / food service	
	Follow standard practices for food safety, hygiene, and training in the kitchen, including local health permits and 4-H guidelines.

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	When meals are prepared and served, at least one 4-H volunteer or 4-H professional serving food at camp must complete ServSafe training (this does not apply to snacks or pre-packaged food items served at 4-H meetings or activities). The ServSafe certified 4-H volunteer or 4-H professional can train additional food servers using the Clover Safe Note: Food Safety at 4-H Meetings .
	Encourage and remind campers and staff to wash their hands before handing food and before and after eating.
	Dine outside if possible, or increase ventilation/filtration of indoor dining areas.
	Limit sharing of utensils, condiments, etc. if possible.
Supplies	
	Ensure adequate supplies of the following items for the duration of camp:
	<input type="checkbox"/> Rapid-reading (antigen) tests for COVID-19. <input type="checkbox"/> Masks (variety of sizes for youth and adults). <input type="checkbox"/> Gloves (for health staff and cleaning). <input type="checkbox"/> Hand sanitizer. <input type="checkbox"/> Face shields (may be used if needed for exposure prevention). <input type="checkbox"/> Cleaning materials that meet CDC/EPA standards https://www.epa.gov/coronavirus/about-list-n-disinfectants-coronavirus-covid-19-0
Note: UCCE offices can request a supply of disposable paper masks and KN95 masks in adult sizes, face shields, gloves, and hand sanitizer for use in 4-H camps. Contact your 4-H staff if these supplies are needed.	
Training	
	Train camp teen staff and volunteers on the following:
	<input type="checkbox"/> Camp Healthcare Plan <input type="checkbox"/> This Camp COVID Checklist <input type="checkbox"/> COVID symptoms and screening <input type="checkbox"/> Plans to isolate/quarantine COVID-positive persons, if needed.
Reporting	
	Be prepared to report any positive COVID cases to local public health officer. Have contact information available (phone numbers, websites, etc.).
	Report any positive COVID cases, quarantines, etc. to the 4-H staff or UCCE office.
	Be prepared to inform parent/guardian of COVID-positive camper or exposure.

Note: this checklist is based on previous guidance from CDPH for camps, ACA Field Guide for Camps (1/21/2021), current CDPH guidance (as of 3/18/2022), and the California SMARTER Plan (2/2022)