

## **Strawberry, Chicken and Poppy Seed Salad**

Sue Davis, MG

- 16 cups Torn Romaine
- 3 cups leftover cooked Chicken  
Breast, cut into bite-sized pieces
- 2 cups sliced Strawberries
- 1 cup rinsed Blueberries
- 1 Tbs. Poppy seeds
- 2 Tbs. Sunflower Seeds



Toss together with your favorite poppy seed dressing.