State 4-H Presentation Program 2021
Impromptu Speech Categories

Impromptu speaking involves speeches that the speaker has developed themselves at Presentation Day within a three-minute preparation time. One at a time, the speakers will randomly draw a piece of paper with a prompt on it. The prompts will be developed from the pre-announced categories outlined here. From the time that the speaker is given the prompt, they will have three minutes to prepare a speech. Please refer to the Impromptu Speech category description on page 21 of the State 4-H Presentation Manual at [http://4h.ucanr.edu/files/2193.pdf](http://4h.ucanr.edu/files/2193.pdf)

**Senior Categories (14-19 years old)**

- **Civic Engagement: Democratic Process**
  Democracy consists of a political system for choosing elected representatives through free and fair elections; the active participation of the people; protection of the human rights; and a rule of law, in which the laws apply equally to all people. The democratic process involves voting for leaders to represent citizens and their ideas; and sometimes participating as an elected representative.
  Potential topic: promoting civil discourse about candidates and ballot items; how can participating in elections bring about positive community change; as a youth, what does voting mean to you; how does the 4-H program implement the democratic process.

- **Healthy Living: Public Health**
  Public health is the science of preventing disease and improving quality of life of individuals and communities. Given the global pandemic, the role of public health officials – in government public health departments, doctors, and nurses – in promoting health and well-being has never been so critical.
  Potential topics: effective methods to provide reliable and accurate information to the public; means to distribute safe and effective vaccines; ideas for how 4-H might promote public health.

- **Leadership: Inspiring Others**
  An effective leader fosters collaboration by building trusting relationships towards common vision and purpose. Leaders strengthen others through affirmations and tactful critique to help teams develop a sense of belonging and common mission, competence, and confidence.
  Potential topics: describe how a leader can build trust and facilitate relationships; explain how a leader can help others become competent and why this is important; or how 4-H provides an opportunity for skill development in its leadership roles (club officer, teen leader, ambassador).

- **Science, Technology, Engineering and Mathematics (STEM): Earth and Space Science**
  Earth and space science are the study of the stars, solar systems, and planets (including Earth) along with their formation and history. This topic is limited to the Earth and its solar system.
  Potential topics: the relationship between the Earth, sun, and moon; ways human engineering has allowed us to explore the solar system; or ways 4-H can promote understanding of the ways that human activities impact Earth’s systems and climate.

**Intermediate Categories (11-13 years old)**

- **My Community**
  Potential topics: describe what community means; what opportunities are there in your community; how have you kept social connection active during the pandemic; or what are you doing or will do to improve your community through 4-H.

- **My Heritage**
  Potential topics: family history or traditions; community heritage and connections; or how your heritage motivates you.

**Junior Categories (9-10 years old): Participation is limited to intermediate and senior members.**