



California 4-H Youth Development Program Personal Development Report

County: <u>San Luis Obispo</u>	<div style="border: 1px solid black; width: 100%; height: 100%; display: flex; align-items: center; justify-content: center;"> <p>Your picture <i>(optional)</i></p> </div>
Name of 4-H Club/Unit: <u>Your Club Name</u>	
Program Year: <u>2013-2014</u> Total Years in 4-H: _____ <i>(Include years as a primary member)</i>	
Name: <u>Charles 4-H Member</u>	
Birth Date: _____ Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	
Age on December 31: _____ Grade in School: _____ <i>(of the program year listed above)</i>	
Address: <u>Your Address</u>	
City: _____ State: _____ Zip: _____	
Email: _____ Phone: (____) _____	

A minimum completed club 4-H Record Book consists of the following items.

1. Section 2: Personal Development Report
2. Section 3: My 4-H Story
3. Section 4: Projects - One project report form for every project completed

Club Meetings Attended This Year During the current year, 80% attendance is required for any achievement rank <i>Do not include project meetings.</i>	Meetings Held	Meetings Attended	Hours Attended	Percent Attended

I have personally prepared this report and believe it to be correct.	
Member's Signature: _____	Date: _____
I have personally reviewed this report and believe it to be correct.	
Parent/Guardian Signature: _____	Date: _____
4-H Community Club/Unit Leader's Signature: _____	Date: _____

4-H Star Ranking

Record what you accomplished during the year. To qualify for any of the achievement rank awards, you must attend 80 percent of both the local club and the project meetings held during the year. To obtain any of the ranks, you must complete the asterisked (*) categories as a part of your total effort.

- Bronze Star:** Complete at least 5 of the 8 categories listed.
Silver Star: Complete at least 6 of the 8 categories listed.
Gold Star: Complete at least 7 of the 8 categories listed.
Platinum Star: Complete at least 7 of the 8 categories listed.

Star Ranks are designed to encourage members to participate in a wide variety of activities over a number of years. The bronze, silver, gold, and platinum stars build on past achievements.

Categories of Participation <small>Transfer credits from previous years to the column headed "Total From Past Years."</small>	Total Past Years	Total This Year	Total All Years	Number of Different Categories Required			
				Bronze 5 Required	Silver 6 Required	Gold 7 Required	Platinum 7 Required
1. 4-H Projects Completed				2*	4*	8*	12*
2. 4-H Project Skill Activities				4	8	15	20
3. 4-H Events Attended				12	25	40	60
4. Leadership Development Junior or Teen Leader				10 (0)	20 (0)	30* (2*)	40* (4*)
5. Citizenship & Community Service				10	20*	30*	40*
6. Communication Skills 4-H Presentations				12* (4*)	24* (7*)	36* (10*)	48* (15*)
7. Honors and Recognition				5	10	15	20
8. Lifestyle Activities				10	20	30	40

* Required for Star Rank

Numbers contained within parenthesis are included in the total category number (not an extra requirement).

Star Rank

4-H Member must be currently enrolled in the 4-H Youth Development Program.

Present Rank: None Bronze Silver Gold Platinum

Rank Applying for: None Bronze Silver Gold Platinum

Approved Not Approved

4-H Club/Unit Leader's Signature

Date

Personal Development Report: Participation

1. 4-H Projects Completed This Year Star Requirements: Bronze 2, Silver 4, Gold 8, Platinum 12 Total Past Years: _____ Total This Year: _____ Total All Years: _____				
<i>During the current year, 80% average attendance across all projects is required for any achievement rank.</i>	Meetings Held	Meetings Attended	Total Hours	Percent Attended
1. Any 4-H Project you are enrolled in				
2. (you must complete an Annual Project				
3. Report Form to receive Credit)				
4.				
5. * Jr/Teen Leader counts as a Project completed				
6. (you must complete the Jr/Teen				
Leadership Report Form to receive credit)				
7.				
8.				
TOTALS				
AVERAGE				

Include your specific involvement (attended, competed, presented) and the level of participation:

I = Individual, **L** = Local Club/Unit/Project, **C** = County/Area/District,
M = Multi-county/Section, **S** = State, **N** = National/Multi-State, **G** = Global

You may add lines or add a page for each category, if needed.

2. 4-H Project Skill Activities

Star Requirements: Bronze 4, Silver 8, Gold 15, Platinum 20

Total Past Years: _____ Total This Year: _____ Total All Years: _____

Date	Hours	Level	Activity Title & Brief Description	Location
		C	Farm Supply Quiz Jam	CA MSF
		L	Any 4-H Judging contest your club may hold	
		C	A judging class at any county event OR fair	
		C	Any species of animal shown in market & showmanship = 1 count	ANY Fair
		C	Food items, still exhibits, sewing items (you must be enrolled in the project to count) Example: 1 Count no matter how many food items entered	ANY Fair
		C/M/S	4-H Horse Shows	Fairs/Field Days
		C	County Fashion Revue 1 count	SLO
		S	State Fashion Revue 1 count	Wherever it is held
		C	Food & Arts Celebration (you must be enrolled in the project to count) Example: Food item, Arts & Crafts item	SLO
		C	Any animal shown (each project counts as 1)	County Field Day
		C	Any still exhibit shown (each project counts as 1)	County Field Day
		L	Your club's National 4-H display	
		M/S	Open shows – Only if you compete in a 4-H Only Division. NO prospector/jackpot shows can be counted	
		C/M	Horse Skills Day	
		C	SLO County Small Animal Skills Day	
Project Skill Activities Outside of 4-H (List up to two significant project skill activities)				
		S	Junior Angus Association	
		S	ARBA (Rabbit Association)	
Total Number:				

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3. 4-H Events Attended

Star Requirements: Bronze 12, Silver 25, Gold 40, Platinum 60

Total Past Years: _____

Total This Year: _____

Total All Years: _____

Date	Hours	Level	Event Title	Location
		C	CA Mid- State Fair	Paso Robles
		C	Santa Barbara County Fair	Santa Maria
		M	King City Fair	King City
		S	CA State Fair	Sacramento
		C	Food & Arts Celebration	SLO
		C/S	Fashion Revue (Local & State)	
		C	Record Book Workshop	
		S	State Leadership Conference	
		M	TIC Conference	
		C	SLO County Field Day	Paso Robles
		C	Youth Camp	SLO
		C	SLO County Horse Field Day	
		S	CA 4-H Horse Classic	
		C	SLO County Presentation Day	SLO
		M	Regional Presentation Day	
		S	CA State Presentation Day	UC Davis
		S	CA State Field Day	UC Davis
		C	Horse Level testing – mounted	
		C	Horse Level testing – written	
		C	County Achievement Night	SLO
		C/M/S	Any 4-H youth conference attended (i.e. Santa Barbara Co. 4-H L.E.a.D. conference)	
		C	Officer – Jr/Teen Leadership workshop	SLO
		C	Treasurer Training	
		S/N	CA Focus – OR any Citizenship event	
		C/S/N	4-H Livestock Judging Events	
		C	Various animal skills events put on by 4-H or a business	
		C	Any special event put on by your club – NOT at a regular meeting or project meeting	
		C/S/N	Any 4-H Judging events	
Total Number:				

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4. 4-H Leadership Development

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: _____ Total This Year: _____ Total All Years: _____

Required: Junior/Teen Leader Development Report

Total Past Years: _____ Total This Year: _____ Total All Years: _____

Gold = 2 Platinum = 4 Met Requirement YES NO

Date	Hours	Level	Leadership Activity	Location
		L	Any club office you hold	
		L	Chairperson of any club committee	
		C	Chairperson of any county committee	
		C	Camp counselor	
		L	Committee member of any club committee	
		C	Committee member of county committee	
		L	Jr/teen Leader (credit for each project) you must complete the Jr/teen Leader report form	
		C	Where you served as a judge at any 4H activity	
		L	Participation in the Leadership Development Project (must complete form)	
		C/M	Planned a group activity – one time basis for 4-H members, volunteers or community	
		C/M	Served as a judge for a 4-H activity/contest	

Leadership Development Outside of 4-H (*List up to two significant leadership activities*)

		L	Class President	
		S	Vice President of State FFA	

Total Number: _____

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5. 4-H Citizenship & Community Service

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: _____

Total This Year: _____

Total All Years: _____

Date	Hours	Level	Citizenship Activity	Location
		L/C	Everything here MUST be part of a planned – publicized 4-H activity	
		L/C	Placed flags on grave sites	
		L/C	Voter Registration Drives	
		L/C	Led flag salute other than your 4-H Club – Rotary, Achievement Night, Food & Arts	
		S/N	Attend Citizenship Focus Conference	
		L/C	Beach clean-up, community clean-up	
		L	Visit Convalescent hospital as a group	
		L/C	Canned food drive / coat drive/Toys 4 Tots	
Citizenship/Community Service Outside of 4-H (List up to two significant citizenship activities)				
		C	Worked at a blood drive	
		C	Helped at a Charity Fun Run	
Total Number:				

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6. 4-H Communication Skills

Star Requirements: Bronze 12, Silver 24, Gold 36, Platinum 48

Total Past Years: _____ Total This Year: _____ Total All Years: _____

Required: 4-H Presentations Total Past Years: _____ Total This Year: _____ Total All Years: _____

Bronze = 4 Silver = 7 Gold = 10 Platinum = 15 Met Requirement YES NO

Date	Hours	Level	Communication Activity	Location
			To receive credit each presentation/talk must be presented before a different audience (practices do not count). Showing how to do something at a project meeting does not count	
		C	Guest speaker on radio or TV – 4H talk	
		L	Count each article you wrote about 4H/4H activity and submitted for publication	
		C	Master of ceremonies at 4-H county event	
		C/M	Room Host/Hostess – Presentation Day's	
		C	Room Host/Hostess Food & Arts	
		C	Runner – server at Jr. Livestock Auction	Santa Barbara Fair CA Mid-State Fair
		C	Commentator at Fashion Revue	
		L	Website creation or maintain for club	
		L/C/S	Gave a demonstration/presentation to a different audience – each counts separately	
		L/C	Gave a "Prepared" talk about 4-H. No officer or committee reports	
		C	Presented Food item to judge at Food & Arts	
		C	Presented Fashion item to judge at Fashion Revue	
		C	Judge at a county 4-H event	
		C	Judged exhibits when you are not enrolled in the project	
		C	Representing 4-H (MUST clearly be identified as a 4-H member)	
Communication Development Outside of 4-H (List up to two significant communication activities)				
		S	FFA State Reporter	
		L	School Council Activities Chairman	
Total Number:				

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7. 4-H Honors/Recognition

Star Requirements: Bronze 5, Silver 10, Gold 15, Platinum 20

Total Past Years: _____ Total This Year: _____ Total All Years: _____

Date	Hours	Level	Honor or Recognition	Location
		L	Star Rank	
		C	Record Book County Winner	
		L	100% Attendance	
		C	County Record Book medalist	
		C	All Star	
		C	Emerald Star	
		S	State Ambassador	
		C	Gold Medal Presentation Day	
		M	Gold medal Sectional Presentation Day	
		S	Gold medal State Presentation Day	
		C/M	Gold medal Skit – County/Regional Presentation Day	
		C/S	Gold Medal – Fashion Revue	
		C/S	Fashion Revue or Construction Winner	
		C	Gold medal – Food & Arts	
		C	Best of Show – Field Day	
		C	Best Showman – Field Day	
		C	Division Winner – Field Day	
		C	High Scoring Obedience	Field Day/Fairs
		C	Grand or Reserve Champion	Any Fair
		C	Round Robin Winner	Any Fair
		C	Best of Breed / Best Variety / Best of Show	Any Fair
		C	Clean Stall winner	Any Fair
		C	4-H Champions/ Reserve 4-H Champions	Any Fair
		C	Best of Show/Judges Award/Best of Division	Any Fairs
		C	1 st Place in showmanship	Fairs & Field Days
Honors and Recognition Outside of 4-H (List up to two significant honors)				
		L	Eagle Scout Award	
		C	County Spelling Bee winner	
			Total Number:	

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8. Lifestyle Activities

Star Requirements: Bronze 10, Silver 20, Gold 30, Platinum 40

Total Past Years: _____

Total This Year: _____

Total All Years: _____

Date	Hours	Level	Activity or Organization	Location
		L	1 credit per Sport you participate in	
		L/M/S	FFA	
		L	Boy Scouts	
		L	Girl Scouts	
		L	Church Choir	
		L	Box boy-girl at grocery store	
		L	Dance lessons	
		L/S	Jr. Angus Association	
Total Number:				