University of California
Agriculture and Natural Resources
4-H Youth Development Program

SAN LUIS OBISPO COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

I ♥ 4-H News & Views

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2023 – 2024 4-H PROGRAM YEAR **NOVEMBER 2023**

Do you want to know more about your 4-H Project?

Check out the CA State 4-H Project Sheets on their website -

https://4h.ucanr.edu/Projects/Project_Sheets/

The 4-H project sheets are a guide for 4-H project leaders to develop their projects with meaningful content. 4-H youth and their families may use this list to find projects they might be interested in. For a brief description of each 4-H project, please see the list of California 4-H Projects (PDF).

Types of 4-H projects:

Animal Science
Career & Leadership
Civic Engagement
Expressive Arts & Communication
Healthy Living
Outdoor
STEM

Hello everyone!

With the continued server issues affecting the university websites SLO Co 4-H's website has a backup webpage using Google Sites for your convenience:

https://sites.google.com/ucdavis.edu/sloco4-h?usp=sharing

If I missed anything or you are looking for something specific, please email me at kdugan@ucanr.edu or text/call me at 530-786-0568

Kelsey Dugan

Kelsey Dugan, (she/they/disABLEd)
4-H Community Education Specialist II - San Luis Obispo County
Call/Text: 530.786.0568 | kdugan@ucanr.edu |

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. *News & Views* is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.

Please submit articles and photos by the 15th of each month to:

Denise Harris, Editor
4-H Office
2156 Sierra Way, Suite C
San Luis Obispo, CA 93401
(805) 781—5943 / dharris@co.slo.ca.us

Ana Torres
Regional Program Coordinator

Ana Torres

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By: UC ANR AA Compliance Officer

2022—2023 Achievement Night Photos

2022—2023 Achievement Night Photos

4-H Achievement Night Color Guards:

Owen L. and Ruby T. of Cerro Alto 4-H Club

Along with the 4-H Table Displays

2022—2023 Achievement Night Photos

4-H Youth on stage for 4-H Achievement Awards for 2022—2023 Record Books

4-H Youth Of Distinction Storyboard Awards

4-H Leaders Years of Service Achievement Night Photos

Top photo: Lisa Rockwell-Harpster, 30 years, Cerro Alto 4-H

Bottom Left: Chrissy Heath, 4-H County Ambassadors Advisor

Bottom Right: Lois Williams, 40 Years, Cerro Alto 4-H

2022—2023 Achievement Night Photos

Top photo: Friends of 4-H Award: SLODOG—Santa Lucia Open Dog Obedience Group

Bottom Photo: 2023-2024 4-H County Ambassadors

The End—Achievement Night 2022—2023

COUNTY 4-H 2023—2024 YOUTH LEADERSHIP TRAINING

The 2023 2024 County 4-H Ambassadors held an amazing
Youth Leadership Training Workshop on 10/28/2023!
The Ambassadors made it fun &kept the attendees actively engaged.

REVISED 4-H CALENDAR OF EVENTS

November 28 : **Treasurer Training for 4-H Club** Treasurers (Youth) and Adults who support them

On Zoom and being played Live.
Join Zoom Meeting: https://ucanr.zoom.us/j/94032840560?pwd=MHBvOEUwZUszL05mZytaT1Bnd1hWZz09
Meeting ID: 940 3284 0560 Passcode: 189369

SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401
Zoom to start at 6PM and end by 7:30PM.
Auditorium doors open at 5:30PM with cleanup done by 8PM.

November 30 : **Returning Volunteer Training In** Person

Complete this instead of the eXtension training!
SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401
Auditorium doors open at 5:30PM, Training starts at 6PM with clean-up done by 8PM.
6 PM: 4-H Orientation
6:43 PM: Abuse Risk Management for Volunteers
7 PM: Level 2 Reporting
7:20 PM: 2-deep Policy Video
7:25 PM: Open Forum for questions/comments/collaboration
7:45 PM Closing and Clean-Up

December 2 : New + Returning Volunteer Training In Person

(TWO SESSIONS!! AM and PM)

Complete this instead of the eXtension training!
SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401
Auditorium doors open at 9 AM.
AM Session: Starts at 9:30 PM Completed by 12:30 Noon
PM Session: Starts at 1 PM and Completed by 3:30 PM

AM Session:

NEW VOLUNTEERS: 9:30AM start.		**NEW & RETURNING VOLUNTEERS: 11 AM start**			**RETURNING VOLUNTEERS: Played at Noon.**
Level 1 Reporting Child Abuse & Neglect for UC Volunteers (45Min)	Foundations of Positive Youth Development (20 Min)	4-H Orientation (40Min)	Abuse Risk Management for Volunteers (15Min)	2-Deep Policy Short (3.5Min)	Level 2 Reporting Child Abuse & Neglect for UC Volunteers (15Min)

PM Session

NEW VOLUNTEERS: 1PM start.		**NEW & RETURNING VOLUNTEERS: 2PM start**			**RETURNING VOLUNTEERS: Played at 3PM.**
Level 1 Reporting Child Abuse & Neglect for UC Volunteers (45Min)	Foundations of Positive Youth Development (20 Min)	4-H Orientation (40Min)	Abuse Risk Management for Volunteers (15Min)	2-Deep Policy Short (3.5Min)	Level 2 Reporting Child Abuse & Neglect for UC Volunteers (15Min)

REVISED 4-H CALENDAR OF EVENTS

NEW December 9: **SLO Co. 4-H Winter Social & Open House**

Saturday December 9, 2023
Noon to 3pm

SLO UCCE Auditorium
2156 Sierra Way,
San Luis Obispo CA 93401

Have fun learning about countywide opportunities/resources & eat delicious cookies with your 4-H friends!

Open to all youth ages 5-18* and their families.
*4-H age determined by December 31st of the current Program Year.

Cookie exchange
- All cookies/treats should be homemade.
- Please bring at least 2 dozen cookies/treats (or more if you'd like!).
- Print out copies of the recipe to share. (at least one to make copies from)
- Arrange cookies/treats in a basket or platter (be creative!).
- Festive Attire is encouraged but not required.
- Prizes included for the tastiest cookie, most creative, most festive and more!
  - Voting done by attendees!
    - Counts as a "4-H Judging Contest" under the Project Learning Activity Category for SPARKS Achievement!

Master Food Preserver Demo, Tasting and sign-ups for upcoming Jam workshop.

Z Suite Enrollment Help from County Staff

Countywide Project and Event Showcase!
To include information from/on:
- 4-H SLO Riders(Horse Project)
- SLO County Dog
- Presentation Day
- Fashion Review
- SLO Co. 4-H Field Day
- County Ambassador
- And more!

EVENT Contact: **Kelsey Dugan**, Call/Text: 530.786.0568 | kdugan@ucanr.edu

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National 4-H Week Participation by SLO County 4-H Clubs

SLO COUNTY 4 H CELEBRATES NATIONAL 4 H WEEK

On October 5th, 4-H Clubs of SLO County celebrated National 4-H week at the SLO Farmers Market. Displays were set up and decorated by Huasna Valley 4-H, including Rabbit, Sheep and Dog projects and Edna 4-H, SLO - displays included Poultry, Beekeeping, Pygmy Goats and the Horse projects in addition to the SLO County 4-H display of 4-H information. Some public participants enjoyed petting a sheep, chicken or rabbit for the first time. Many of the 4-H members educated spectators with knowledge of showing their animal or discussing care and management.
Edna 4-H had a "Spin-the-Wheel Quiz Facts about 4-H. The Beekeeping project had an interactive "Guess the scent of the honey -"What does it mean if you smell BANANAS?" For those of you who missed the event - it means bees are disturbed - angry and it's best to leave. Thank you all for celebrating National 4-H week at the SLO Farmer's Market.

4-H CLUB NEWS

On October 9th, the Cerro Alto Poultry Project held our first meeting. We shared our names, and some previous member discussed their past experiences with the project and new members shared what they wanted to learn this year. Our group leader Amber Quick then gave us an overview of what this year would look like, she then shared about what record books were and how to complete them as well as telling us that she would be attending the Ohio National Poultry show in November. We then discussed where to get show birds and community service. At the end of the meeting we decided that our next meeting date would be November 20th. *Submitted by: Grace S.*

Photo left to right: Kyler, Grace, Sonora, Amber (Project Leader), Sophie, and Micah

Cerro Alto Sheep Project—The Cerro Alto sheep group met on Monday, October 16th for the first meeting of the year. This year we have a total of 43 members! At the meeting we went over the calendar for the year and how to stay organized. We signed our sheep group contracts and member information forms. We also talked about the importance of fundraising so we can buy sheep supplies for the fairs. It's going to be a great year! Submitted by Sierra B.

Youth Leadership Training

This past Saturday, the County 4-H Ambassadors put on a youth leadership training at the 4-H office. County Ambassadors Collin S. and Sydney D.helped put on the workshop and had break out groups to help kids from other clubs learn leadership skills and how to be a club officer.

El Camino 4-H members brought their decorated pumpkins to show off at our 2nd Annual Pumpkin Contest!

NEW 4-H COUNTYWIDE HORSE PROJECT

4-H Countywide Horse Project Registration Information

All 4-H youth aged 9-19 are welcome to join a 4-H Horse Project in SLO County. If members have a horse, but their club does not have a horse project, they can cross over and join one of our three project groups:

Edna 4-H, Creston 4-H, or SLO Co Riders 4-H

The Edna horse project meets in San Luis Obispo, the Creston horse project meets in Shandon, and the SLO Co Riders project meets east of Paso Robles. SLO Co Riders project members also organize and lead our countywide horse project events.

2023 Countywide Horse Schedule

(proposed – dates may change!)

Nov 12 Western Riding & Trail Clinic
Dec 17 English Riding & Showmanship Clinic
Jan 21 Western Field Day
Feb 25 English Field Day
April 13 Back in the Saddle Open Horse Show
May 5 Gymkhana Field Day

For more information
contact Michelle Mitchell at
slohorseproject@gmail.com

SAN LUIS OBISPO COUNTY HORSE
University of California Agriculture and Natural Resources

ENROLL IN ZSUITE ENROLLMENT DATABASE

Enrollment Fees are paid to your 4-H Club.

Youth: $95 annual fee

Adult: $28 annual fee

ZSuite Enrollment Tip-Sheet

Enrollment is completed online at https://4h.zsuite.org/

Enrollment Process:

Enrolled in 4-H the past 5 years	New to 4-H or enrolled before 2018-2019
1. Go to https://4h.zsuite.org	1. Go to https://4h.zsuite.org
2. Click *Forgot Password?* and complete process to reset account and select PIN	2. Click *Sign Up*
3. Login to *Primary* profile	3. Create a Household
4. Click '*Enroll Member/Volunteer Now*' for the applicable member	4. Click '*+ Household' member*' to add individuals to the household
5. Complete 4-H enrollment including units/projects and waivers	5. Complete 4-H enrollment including units/ projects and waivers
6. Click *Submit*	6. Click *Submit*
7. Pay enrollment fees to your local county 4-H office or unit leader	7. Pay enrollment fees to your local county 4-H office or unit leader
For Adult Volunteers:	
8. Complete additional volunteer requirements	8. Complete additional volunteer requirements

Contact your local county 4-H office for questions and support

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UC ANR 4-H Youth Development Program in San Luis Obispo County
University of California Cooperative Extension (UCCE)
2156 Sierra Way, Suite # C
San Luis Obispo, CA 93401-4556

4hOnline Enrollment Info on Page 15

SLO County 4-H Youth Development Program

COUNTY 4-H WEBSITE URL: http://ucanr.edu/slo4h/

2023—2024 4-H PROGRAM YEAR

If you would like to see your 4-H Club's Activities in the County 4-H Newsletter, please submit your article and any pictures to the 4-H Office by the 15th of the Month.

Send to: Denise Harris at this email address: dharris@co.slo.ca.us