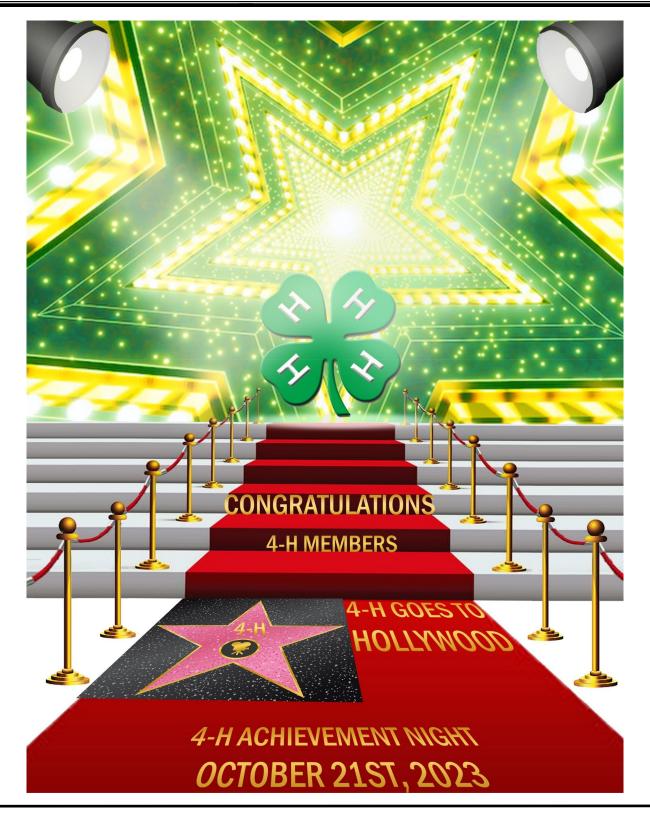




A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SAN LUIS OBISPO COUNTY

2023 - 2024 4-H PROGRAM YEAR





#### Do you want to know more about your 4-H Project?

## Check out the CA State 4-H Project Sheets on their website -

https://4h.ucanr.edu/Projects/Project Sheets/

The 4-H project sheets are a guide for 4-H project leaders to develop their projects with meaningful content. 4-H youth and their families may use this list to find projects they might be interested in. For a brief description of each 4-H project, please see the list of California 4-H Projects (PDF).

## Types of 4-H projects:

Animal Science
Career & Leadership
Civic Engagement
Expressive Arts & Communication
Healthy Living
Outdoor
STEM

### Hello everyone!

With the continued server issues affecting the university websites SLO Co 4-H's website has a backup webpage using Google Sites for your convenience:

https://sites.google.com/ucdavis.edu/sloco4-h?usp=sharing

If I missed anything or you are looking for something specific, please email me at <a href="kdugan@ucanr.edu">kdugan@ucanr.edu</a> or text/call me at 530-786-0568

Kelsey Dugan

Kelsey Dugan, (she/they/disABLEd)

4-H Community Education Specialist II - San Luis Obispo County Call/Text: 530.786.0568 | kdugan@ucanr.edu |

News & Views is published by the San Luis Obispo County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture & Natural Resources. News & Views is a monthly newsletter for 4-H members, leaders and parents in San Luis Obispo County.

## Please submit articles and photos by the 15th of each month to:

Denise Harris, Editor 4-H Office 2156 Sierra Way, Suite C San Luis Obispo, CA 93401 (805) 781—5943 / dharris@co.slo.ca.us

Ana Torres Regional Program Coordinator

## Ana Torres

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By: UC ANR AA Compliance Officer









4-H Achievement Night Color Guards:

Owen L. and Ruby T. of Cerro Alto 4-H Club

Along with the 4-H Table Displays







4-H Youth on stage for 4-H Achievement Awards for 2022—2023 Record Books
4-H Youth Of Distinction Storyboard Awards

## 4-H Leaders Years of Service Achievement Night Photos







Top photo: Lisa Rockwell-Harpster, 30 years, Cerro Alto 4-H Bottom Left: Chrissy Heath, 4-H County Ambassadors Advisor Bottom Right: Lois Williams, 40 Years, Cerro Alto 4-H



Top photo: Friends of 4-H Award: SLODOG—Santa Lucia Open Dog Obedience Group

Bottom Photo: 2023-2024 4-H County Ambassadors



# The End—Achievement Night 2022—2023



## **COUNTY 4-H 2023—2024 YOUTH LEADERSHIP TRAINING**



The 2023 2024 County 4-H Ambassadors held an amazing **Youth Leadership Training Workshop on 10/28/2023!** The Ambassadors made it fun &kept the attendees actively engaged.



### **REVISED 4-H CALENDAR OF EVENTS**

#### November 28: Treasurer Training for 4-H Club Treasurers (Youth) and Adults who support them

On Zoom and being played Live.

Join Zoom Meeting: <a href="https://ucanr.zoom.us/j/94032840560?">https://ucanr.zoom.us/j/94032840560?</a>
<a href="mailto:pwd=MHBvOEUwZUszL05mZytaT1Bnd1hWZz09">pwd=MHBvOEUwZUszL05mZytaT1Bnd1hWZz09</a>
<a href="mailto:meeting">Meeting ID: 940 3284 0560</a>
<a href="mailto:passcode: 189369">Passcode: 189369</a>

SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401

Zoom to start at 6PM and end by 7:30PM.

Auditorium doors open at 5:30PM with cleanup done by 8PM.

#### November 30 : Returning Volunteer Training In Person

Complete this instead of the eXtension training!

SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401

Auditorium doors open at 5:30PM, Training starts at 6PM with clean-up done by 8PM.

6 PM: 4-H Orientation

6:43 PM: Abuse Risk Management for Volunteers

7 PM: Level 2 Reporting 7:20 PM: 2-deep Policy Video

7:25 PM: Open Forum for questions/comments/collaboration

7:45 PM Closing and Clean-Up

### <u>December 2 : New + Returning Volunteer Training In Person</u>

#### (TWO SESSIONS!! AM and PM)

Complete this instead of the eXtension training!

SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401

Auditorium doors open at 9 AM.

AM Session: Starts at 9:30 PM Completed by 12:30 Noon PM Session: Starts at 1 PM and Completed by 3:30 PM

#### AM Session:

NEW VOLUNTEERS: 9:30AM start.		NEW & RETURNING VOLUNTEERS: 11 AM start			RETURNING VOLUNTEERS: Played at Noon.
Level 1 Reporting Child Abuse & Ne- glect for UC Volun- teers (45Min)	Youth Develop-	4-H Orientation	ment for Volunteers	Short	Level 2 Reporting Child Abuse & Neglect for UC Volunteers (15Min)

#### PM Session

NEW VOLUNTEERS: 1PM st	art. NEW & RET	URNING VOLUNTEERS	RETURNING VOLUNTEERS: Played at 3PM.	
Level 1 Reporting Child Abuse & Ne- glect for UC Volun- teers (45Min) Foundatio tive Youth ment (20 N	Develop- 4-H Orientatio	n ment for Volunteers	Short	Level 2 Reporting Child Abuse & Neglect for UC Volunteers (15Min)

### **REVISED 4-H CALENDAR OF EVENTS**

## \*NEW\* December 9: SLO Co. 4-H Winter Social & Open House

Saturday December 9, 2023 Noon to 3pm

SLO UCCE Auditorium 2156 Sierra Way, San Luis Obispo CA 93401

Have fun learning about countywide opportunities/resources & eat delicious cookies with your 4-H friends!

### Open to all youth ages 5-18\* and their families.

\*4-H age determined by December 31st of the current Program Year.

Cookie exchange

All cookies/treats should be homemade.

Please bring at least 2 dozen cookies/treats (or more if you'd like!).

Print out copies of the recipe to share. (at least one to make copies from)

Arrange cookies/treats in a basket or platter (be creative!).

Festive Attire is encouraged but not required.

Prizes included for the tastiest cookie, most creative, most festive and more!

Voting done by attendees!

Counts as a "4-H Judging Contest" under the Project Learning Activity Category for SPARKS Achievement!

Master Food Preserver Demo, Tasting and sign-ups for upcoming Jam workshop.

Z Suite Enrollment Help from County Staff

Countywide Project and Event Showcase!

To include information from/on:

4-H SLO Riders(Horse Project)

SLO County Dog

Presentation Day

Fashion Review

SLO Co. 4-H Field Day

County Ambassador

And more!

EVENT Contact: Kelsey Dugan, Call/Text: 530.786.0568 | kdugan@ucanr.edu

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## **National 4-H Week Participation by SLO County 4-H Clubs**

#### **SLO COUNTY 4 H CELEBRATES NATIONAL 4 H WEEK**

On October 5th, 4-H Clubs of SLO County celebrated National 4-H week at the SLO Farmers Market. Displays were set up and decorated by Huasna Valley 4-H, including Rabbit, Sheep and Dog projects and Edna 4-H, SLO - displays included Poultry, Beekeeping, Pygmy Goats and the Horse projects in addition to the SLO County 4-H display of 4-H information. Some public participants enjoyed petting a sheep, chicken or rabbit for the first time. Many of the 4-H members educated spectators with knowledge of showing their animal or discussing care and management. Edna 4-H had a "Spin-the-Wheel Quiz Facts about 4-H. The Beekeeping project had an interactive "Guess the scent of the honey -"What does it mean if you smell BANANAS?" For those of you who missed the event - it means bees are disturbed - angry and it's best to leave. Thank you all for celebrating National 4-H week at the SLO Farmer's Market.



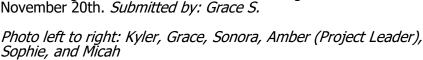




#### **4-H CLUB NEWS**

On October 9th, the Cerro Alto Poultry Project held our first meeting. We shared our names, and some

previous member discussed their past experiences with the project and new members shared what they wanted to learn this year. Our group leader Amber Quick then gave us an overview of what this year would look like, she then shared about what record books were and how to complete them as well as telling us that she would be attending the Ohio National Poultry show in November. We then discussed where to get show birds and community service. At the end of the meeting we decided that our next meeting date would be November 20th. *Submitted by: Grace S.* 





**Cerro Alto Sheep Project**—The Cerro Alto sheep group met on Monday, October 16th for the first meeting of the year. This year we have a total of 43 members! At the meeting we went over the calendar for the year and how to stay organized. We signed our sheep group contracts and member information forms. We also talked about the importance of fundraising so we can buy sheep supplies for the fairs. It's going to be a great year! Submitted by Sierra B.

#### **Youth Leadership Training**

This past Saturday, the County 4-H Ambassadors put on a youth leadership training at the 4-H office. County Ambassadors Collin S. and Sydney D.helped put on the workshop and had break out groups to help kids from other clubs learn leadership skills and how to be a club officer.





El Camino 4-H members brought their decorated pumpkins to show off at our 2nd Annual Pumpkin Contest!



### \*NEW\* 4-H COUNTYWIDE HORSE PROJECT



# 4-H Countywide Horse Project Registration Information



All 4-H youth aged 9-19 are welcome to join a 4-H Horse Project in SLO County. If members have a horse, but their club does not have a horse project, they can cross over and join one of our three project groups:



## Edna 4-H, Creston 4-H, or SLO Co Riders 4-H

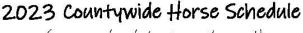




The Edna horse project meets in San Luis Obispo, the Creston horse project meets in Shandon, and the SLO Co Riders project meets east of Paso Robles. SLO Co Riders project members also organize and lead our countywide horse project events.









Nov 12 Western Riding & Trail Clinic



Dec 17 English Riding & Showmanship Clinic Jan 21 Western Field Day



Feb 25 English Field Day April 13 Back in the Saddle Open Horse Show May 5 Gymkhana Field Day





For more information contact Michelle Mitchell at slohorseproject Damail.com



## **ENROLL IN ZSUITE ENROLLMENT DATABASE**

# Enrollment Fees are paid to your 4-H Club.

Youth: \$95 annual fee

Adult: \$28 annual fee





### **ZSuite Enrollment Tip-Sheet**

Enrollment is completed online at <a href="https://4h.zsuite.org/">https://4h.zsuite.org/</a>

#### **Enrollment Process:**

	Enrolled in 4-H the past 5 years	New to 4-H or enrolled before 2018-2019				
1.	Go to https://4h.zsuite.org	1. Go to https://4h.zsuite.org				
2.	Click Forgot Password? and complete process to reset account and select PIN	2. Click Sign Up				
3.	Login to <i>Primary</i> profile	3. Create a Household				
4.	Click 'Enroll Member/Volunteer Now' for the applicable member	4. Click '+ Household' member' to add individuals to the household				
5.	Complete 4-H enrollment including units/projects and waivers	5. Complete 4-H enrollment including units/ projects and waivers				
6.	Click Submit	6. Click Submit				
7.	Pay enrollment fees to your local county 4-H office or unit leader	7. Pay enrollment fees to your local county 4-H office or unit leader				
	For Adult Volunteers:					
8.	Complete additional volunteer requirements	8. Complete additional volunteer requirements				

Contact your <u>local county 4-H office</u> for questions and support

UC ANR 4-H Youth Development Program in San Luis Obispo County University of California Cooperative Extension (UCCE) 2156 Sierra Way, Suite # C San Luis Obispo, CA 93401-4556

### **4hOnline Enrollment Info on Page 15**

## **SLO County 4-H Youth Development Program**

COUNTY 4-H WEBSITE URL: http://ucanr.edu/slo4h/

2023-2024 4-H PROGRAM YEAR

If you would like to see your 4-H Club's Activities in the County 4-H Newsletter, please submit your article and any pictures to the 4-H Office by the 15th of the Month.

Send to: Denise Harris at this email address: dharris@co.slo.ca.us