



MARIN 4-H PROJECT CATALOG FALL 2023





SIGN UP TODAY!

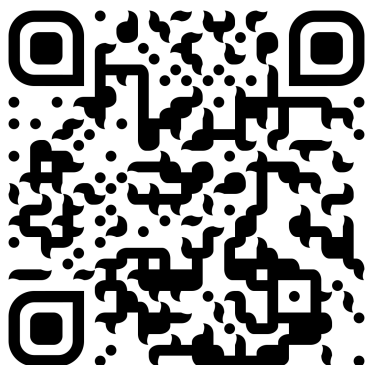
4-H YOUTH
Must be at least 5 years old on or before December 31, 2023.
Enrollment Fee \$75

4-H ADULT VOLUNTEERS
Must be at least 18 years old. New volunteers must complete training & background check.
Enrollment Fee \$30

QUESTIONS??

ENROLLMENT
Martha Martinez
Program Assistant
415-473-4206
mrtmartinez@ucanr.edu

CLUB & PROJECTS
Kayla Gulick
Program Coordinator
415-473-2641
kgulick@ucanr.edu



Read more in the UC 4-H Family Handbook at
<https://ucanr.edu/sites/UC4-H/files/271860.pdf>

4-H provides youth amazing opportunities!

"I took on the role of Club President!

Learning people's names, taking up responsibility for the meetings and collaborating with the Club

Leader taught me

communication skills and team building."





4-H Youth Member Enrollment

Thank you for your interest in becoming a 4-H youth member. Youth are eligible to participate in 4-H if they meet the following criteria:

- **Primary Member:** Must be 5 years old on or before December 31, 2023. Primary members cannot enroll in large animal projects. Youth who turn 9 on or after January 1, 2024 must participate as a primary member until the end of the program year. Primary members cannot enroll in large animal projects. Approved primary member animal projects are dogs, cats, rabbits, rats, poultry, bees, mice, embryology, entomology, marine science, pygmy and Nigerian dwarf goats and therapeutic animal projects.
- **Junior, Intermediate and Senior Members:** Must be 9 years old on or before December 31, 2023. Youth may join as long as they are not 19 years old on or before December 31, 2023. Youth who turn 19 and who are already a 4-H member may continue capstone activities through December 31, 2024. Junior members are 9 to 10 years old; Intermediate members are 11 to 13 years old; Senior members are 14 to 18 years old.

YOUTH MEMBER INSTRUCTIONS

1. Sign-up for 4-H projects, and **thanks to the Miranda Lux Foundation enrollment fees have been reduced to \$0 please continue to** <http://ucanr.edu/marinpay>
2. Submit 4-H youth member enrollment online in ZSuite at <https://4h.zsuite.org/>.
 - Enrolled in 4-H the past 5 years: Click “Forgot Password?” and complete the process to reset account and select PIN. Login to Primary profile and click Enroll Member/Volunteer Now for the applicable member. Enter all required information and submit. The youth member enrollment status will show as PENDING APPROVAL.
 - New to 4-H or enrolled before 2018-2019: Click Sign Up and create a household. Click + Household member to add individuals to the household. Enter all required information and submit. The youth member enrollment status will show as PENDING APPROVAL.
3. The application is reviewed by the County 4-H Office. When approved, notification of your 4-H youth member will be sent from Zsuite.



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program





Looking for 4-H Adult Volunteer Educators (Project Leaders)

Help 4-H youth learn and practice new skills

As a 4-H volunteer, you are important to help our youth "learn-by-doing". You will work side-by-side with 4-H youth in youth-adult partnerships, where you grow together in shared responsibility and decision-making.

Improve your own leadership skills

Volunteering in 4-H will not only benefit the youth you are working with, but you will also be able to learn and practice personal leadership skills.

Volunteers must be at least 18 years old.

INSTRUCTIONS

1. **Consider your strengths and expertise.**

What [4-H project](#) area can you organize a sequence of 6 or more hours of meetings, field trips, guest speakers, and related activities to help youth deepen their knowledge and skills?

2. **Contact the Marin County 4-H Program Coordinator to discuss your role.**

Kayla Gulick at kgulick@ucanr.edu or (415) 473-2641.

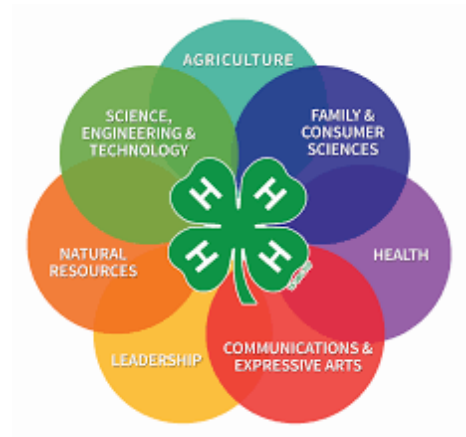
3. **Complete the interest survey at <http://ucanr.edu/marinvolunteer>.**

4. For more information click the link below:

[New Adult Volunteer Process](#)

5. Adult Volunteer Re-Appointment Process:

[Returning Adult Volunteer Process](#)





Marin County 4-H Club Meetings

- 4-H Marin Office, Novato Wednesday September, 20th 7:00pm-8:00pm.
- San Rafael Meeting/Social Monday December 18th 6:30pm-7:30pm.
- Field Day Meeting Saturday March 16th time: TBD.
- End of Year Potluck at Point Reyes Saturday May, 4th time: TBD.

Marin Calendar of Events

- Record Books Due Friday 9/8 @ 4-H Office
- Record Book Evaluation Night 9/26 @ 4-H Office
- Achievement Day - Sunday 10/15 @ 3pm - Nicasio Pumpkin Patch
- Presentation Day - Sunday 3/3 @ 2pm - Vallecito School
- Favorite Foods Day/Fashion Revue - Sunday 4/21 @ 2pm - TBD

Click link below for:

[4-H Calendar of Events and Projects](#)

UPCOMING!

National 4-H Week Oct. 1st-7th

**SUPPORT OUR 4-H COMMUNITY BY POSTING SIGNS
AND WEARING 4-H APPAREL ALL WEEK LONG!**





Project Meetings

Projects meet at their own dates, times, and locations – see catalog on the following pages.

Leadership Team

- Chair (adult): Elisabeth Wade at wadee@sonoma.edu.
- President (youth): Eva Taylor
- Vice Chair (adult): Karen Taylor at karentaylor@alumni.calpoly.edu.
- Vice President (youth): Talbot McAndrews
- Treasurer (adult): Pat Karinen at pkarinen@hotmail.com.
- Secretary (adult): Caryl Hodges at carylhodges14@gmail.com.
- Community Building Officer (youth): Summer Nelson
- Civic Engagement Officer (youth): Pyper Arnold
- Animal Science Key Leader (adult): TBD
- Civic Engagement Key Leader (adult): TBD
- Healthy Living Key Leader (adult): TBD
- STEM Key Leader (adult): TBD
- 4-H Program Coordinator: Kayla Gulick at kgulick@ucanr.edu.
- 4-H Regional Coordinator: Diego Mariscal at damariscal@ucanr.edu.
- 4-H Youth Development Advisor: Steven M. Worker at smworker@ucanr.edu.
- County Director: David Lewis at djlewis@ucanr.edu.

Join the Leadership
team!

[Leadership Roles and Responsibilities List](#)

Check out roles and responsibilities
here!





Please know that youth may sign-up for projects held anywhere in Marin County.

Advanced Dairy Cattle

Zsuite Project: Dairy Cattle

Project Leader: Nancy Grossi (nancygrossi@gmail.com)

Advanced dairy cattle for high school students that have shown in the past and are very familiar with dairy cattle care, breeding and showing.

Eligibility: Must have shown dairy cattle in the past and must be in high school.

Date and Time: TBD

Location: TBD

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: September 1, 2023



Advance Machine Sewing

Zsuite Project: Sewing

Project Leader: Christine Magtibay (jc_sky@hotmail.com)

Learn to thread the machine and patterns, fill a bobbin, keep a straight stitch.

We will do simple projects learning skills that we will use for a service project and enter into Fashion Revue.

Eligibility: Age 10 to 18 (prior sewing machine knowledge and how to work a machine)

Date and Time: 4th Wednesdays 6:00-8:00 pm (Sept-April) (No December class),

4th Wednesdays 6:00-8:00 pm (Jan- April)

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.



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Agriculture and Natural Resources

4-H Youth Development Program





American Sign Language (ASL)

Zsuite Project: American Sign Language

Project Leader: Christine Magtibay (jc_sky@hotmail.com) and Abigail Magtibay (jc_sky@hotmail.com)

Learn and review the Alphabet, counting, colors, simple greetings & new vocabulary.

The students will play games using their new ASL signs they learned.

Eligibility: Age 5 to 18

Date and Time: 3rd Wednesdays September-April (not December) 6:00-7:30 pm

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: November



Art/STEM Crafts

Zsuite Project: Arts & Crafts

Project Leader: Christine Magtibay (jc_sky@hotmail.com) and Andrea Listloff

Creative art projects, and science based crafts.

Fun memorable art and take home science craft projects.

Eligibility: 5-6 with an accompanying adult; 7-18 can be dropped off

Date and Time: 3rd Wednesdays September - April 3:00-5:00 pm (no December)

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.





Arts and Crafts

Zsuite Project: Arts & Crafts

Project Leader: Caryl Hodges (carylhodges14@gmail.com)

Arts & Crafts meetings will have themes/focus during the year:
September: Explore the work of Alex Calder and create some Wire Sculptures;
October: Create Fall themed suncatchers to decorate your windows at home;
November: Create Beeswax bowls under the guidance of our
Bee Keeping Project Leader Cecil Nielsen;
December: Enjoy our Holiday Celebration, including the
Decorated Cookie Contest, and create wonderful gifts to share with
family and friends for the holidays.
Spring meeting dates and projects will be selected by members.



Eligibility: Age 5 to 18

Date and Time: Mondays, 6:30-7:45 pm Fall dates: 10/2/23; 11/13/23; 12/11/23 Holiday Event with special
Arts & Crafts project

Spring dates: Club members will select meeting dates for Spring 2024

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program





Bee Keeping Project

Zsuite Project: Bees

Project Leader: Cecil Nielsen (crnielsen415@gmail.com)

Tyler Nielsen (Tjnielsen15@gmail.com)

This Bee Year 2023/24 we will explore an observation hive up close; learn about the bees; learn about the difference between bees and yellowjackets and what their jobs are; make posters or tri-folds of what we learn about bees and enter them at Western Weekend Fair 2024 and the Marin County Fair 2024. We will also learn how to use products of the hive – honey in cooking and using beeswax to make bowls - as well as visit an apiary in the spring.



Eligibility: Age 5-18

Date and Time: Varies by activity Fall dates: Saturday, 10/14 10:30 am-12:30 pm

Making cookies with honey; Monday, 11/13 6:30 pm-8:00 pm Beeswax bowls.

Spring dates: Club members will select meeting dates for Spring 2024

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0

Maximum enrollment: 12

Enrollment deadline: None, enroll anytime



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Agriculture and Natural Resources

■ 4-H Youth Development Program





Beginner Crochet

Zsuite Project: Crocheting

Project Leader: Gabriel Magtibay and Christine Magtibay (jc_sky@hotmail.com)

Learn the basic crochet stitches to make a drink coaster, a scarf & how to make small animals.

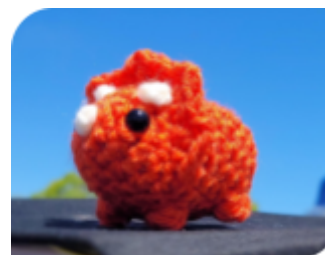
Eligibility: Ages 5-18: 5-8yrs with an accompanying adult, 9+ can be dropped off.

Date and Time: 2nd Wednesdays 3:00 pm-4:30 pm

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16 **Enrollment deadline: November**



Beginner/ Advanced Crochet

Zsuite Project: Crocheting

Project Leader: Maryjane Large (mjclarge@protonmail.com), Linda Karinen (Lcmw3@yahoo.com)

The group will learn about different yarns, basic stitches & how to read a pattern. We'll have 2 leaders along with some experienced kids to help newcomers. Crochet is a bit like playing a musical instrument, but only easier! Kids will walk away with stitches to practice.

Each month we'll learn new material to progress to the next level of difficulty. Weekly practice is recommended to get the most out of this group. Leaders will be available for questions and help between monthly meetings. By January, we hope to help everyone pick out a project to enter into the county fair. Assistance with registering projects into the fair will be provided as well.

Eligibility: Age 8-18

Date and Time: To start Wed. 9/13 7:00 pm-8:15 pm. Then continue 2nd Wed of each month

Location: TBD upon enrollment

Supplemental Fee: \$0 Maximum enrollment: 8

Enrollment deadline: None.





Beginning Hand Sewing

Zsuite Project: Sewing

Project Leader: Christine Magtibay (jc_sky@hotmail.com)
and Abigail Magtibay (jc_sky@hotmail.com)

Learn basic hand stitches through creative projects
(to sew buttons, write words, make flowers, mending techniques).
Even if you know how to sew, you will learn how to do it even better.

Eligibility: Age 5 to 18

Date and Time: 1st Wednesday 3:00-5:00 pm September-January

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.



Beginning Machine Sewing

Zsuite Project: Sewing

Project Leader: Christine Magtibay (jc_sky@hotmail.com)

Any new beginner sewer welcome, repeat beginner sewers come again, as your skills will improve & get you ready to move to the advanced machine sewing class. We will have new projects each month and will work towards a Fashion Revue project & something to enter into the fair.

Please bring your own sewing machine & parent stay for the first 2 classes so you can both learn your machine & they can continue to sew at home with your help.

Eligibility: 5-8 with an accompanying adult, 9-18 if familiar with machine ok for drop off

Date and Time: 1st Wednesdays January-May 3:00 pm-5:00 pm (5 project days)

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0 Maximum enrollment: 16 Enrollment deadline: None, enroll anytime.



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Agriculture and Natural Resources

4-H Youth Development Program



Breeding Beef Show Cattle

Zsuite Project: Beef Cattle

Project Leader: Julie Rossotti (julie@rossottiranch.com)

Improve showmanship and fitting skills for showing breeding beef cattle at Jr Livestock Shows.

Eligibility: Age 9-18

Date and Time: TBD

Location: TBD upon enrollment

Supplemental Fee: \$0 Maximum enrollment: 12

Enrollment deadline: None, enroll anytime



C is for Cooking and COOKIES

Zsuite Project: Cooking

Project Leader: Caryl Hodges (carylhodges14@gmail.com) and Iris Anselmi (pamela@pamelateresa.com)

Come learn the basic “how to’s” of cookie making.

Then explore all kinds of cookies for all occasions and from around the world.

Create your own Cookie Cookbook and a cookie jar for your home. After all, “happiness is a full cookie jar.”

Eligibility: Age 5 to 18

Date and Time: Saturdays, 1:00 pm-3:00 pm + one Monday 6:30 pm-7:45 pm

Fall dates: 10/14/23; 12/2/23; 12/11/23 (Monday) Holiday Event: Decorated Cookie Contest

Spring dates: 2/10/24; 4/27/24

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.





Dog Care and Training

Zsuite Project: Dog

Project Leader: Caryl Hodges (carylhodges14@gmail.com) and Iris Anselmi (pamela@pamelateresa.com)

Basic dog care and training: Learn and practice showmanship, obedience, rally, obstacle course and American Kennel Club (AKC) Canine Good Citizen skills. Depending on the number of dogs and sizes, we may split into 2 groups: small dog and large dog. The first meeting will be a “meet and greet” with some basic training to determine the structure of subsequent meetings. Field trips to an AKC dog show in Vallejo will be scheduled so members can see confirmation events and youth showmanship competitions. Caryl will provide directions and show schedules once these are posted.

Eligibility: Youth Age: 5-18; Dogs must have all vaccinations, some basic obedience training, and be comfortable around other dogs.

Date and Time: Sundays, 1:00 pm-2:00 pm

Fall dates: 9/10/23; 9/16/23-17/23; Vallejo Dog Show, 10/8/23; 11/26/23

Spring dates: Club members will select meeting dates for Spring 2024

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.





Environmental Outdoor Adventure

Zsuite Project: Environmental Stewardship

Project Leader:

Join the Environmental Outdoor Adventure Project and participate in hands-on activities outdoors, while also learning valuable skills during our indoor meetings at the 4-H Office. Youth will learn about first aid/safety, farming, outdoor exploration, and the project will culminate with an overnight field trip to a Marin Outdoor Education Site.

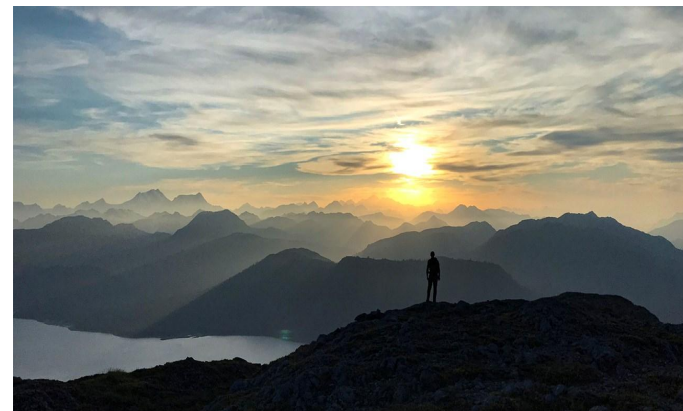
Eligibility: Age 11-18

Date and Time: TBD upon enrollment

Location: Around Marin County

Supplemental Fee: \$0

Maximum enrollment: 12 **Enrollment deadline: October 15th**



Geology

Zsuite Project: Geology

Project Leader: Douglas charlton (doug989tmm@gmail.com), Caryl Hodges (carylhodges14@gmail.com)

Field trips and meetings to learn about mineral collecting and trading.

Members will learn about rocks, minerals and geological processes like volcanism and earthquakes.

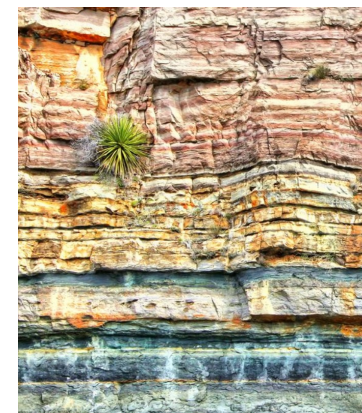
Eligibility: Age 5 to 18

Date and Time: Mondays 6:30 pm- 7:30pm. Field trips on Saturdays or Sundays Fall dates: 10/9; 12/4

Spring dates: Club members will select meeting dates for Spring 2024 including identifying potential field trip locations and dates/times.

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd.

Supplemental Fee:\$0 Maximum enrollment: 16 **Enrollment deadline: None**





H-Lane Vaqueros Advanced Horse & Pony

Zsuite Project: Horses and Ponies

Project Leader: Pat Duffy (p171duffy@aol.com) and Mimi Duffy (mimi1023@comcast.net)

Horse and pony English riding, animal care and maintenance.

The animal may be either owned or leased.

Members often compete in public speaking events and riding competitions when available.

Eligibility: Age 9 to 18; must have prior riding experience, be able to saddle and bridle independently; ability to ride a horse safely.

Date and Time: TBD

Location: 171 H Lane, Novato, CA 94945

Supplemental Fee: Additional barn & tack fees are required, paid directly by check.

Please inquire with the 4-H project leader.

Maximum enrollment: 10

Enrollment deadline: None, enroll anytime.



Jam Canning

Zsuite Project: Food Preservation

Project Leader: Christine Magtibay (jc_sky@hotmail.com) and Heather Stuckenbroker (Hstuckenbroker@gmail.com)

Learn the basics of canning jam. 6 classes to learn 5 or 6 different jams.

Students will take turns bringing in fruit & ingredients. The class will do fundraisers selling jam & will be encouraged to enter jams in 4H & the county fair.

Eligibility: 5-8 year olds with accompanying adult 9+ drop off

Date and Time: 4th Wednesdays 3:00 pm-5:00 pm (September-March) and 5th Wednesday in November.

No December class

Location: TBD Supplemental Fee: \$0 Maximum enrollment: 10 Enrollment deadline: September 30th





Public Speaking and Record Book Keeping

Zsuite Project: Public Speaking

Project Leader: Elisabeth Wade (wadee@sonoma.edu)

Public speaking in 4-H is a wonderful experience! We will learn about 4-H presentations and get ready for county, area, and state presentation days. We will also learn about record books and how we can maintain and improve our 4-H record books.

Eligibility: Age 9-18

Date and Time: Third Thursday evening of each month, 7:00 pm-8:30 pm.

First meeting Sept. 21

Location: 4-H Office, 1682 Novato Blvd.

Supplemental Fee: \$0 Maximum enrollment: 16 Enrollment deadline: None, enroll anytime



Poultry Health and Showmanship

Zsuite Project: Poultry

Project Leader: Erin Rose Charlton (erin.o.charlton@gmail.com)

Come learn about the fun and benefits of having backyard poultry. Learn about different poultry breeds, health care, and how to care for your birds, whether you have just one or a flock. Learn how to judge as well as show poultry in competitions. Bring your animal(s) to the meeting, if you have one (it is not required). Make sure animal(s) are in a cage/box carrier with a solid bottom and bring water and food. If you have a small carpet square for your animal to stand on, bring that too. Carpet squares will be provided.

Eligibility: Age 5 to 18

Date and Time: Mondays, 6:30pm-7:30pm

Fall dates: 9/18/23; 10/16/23; 11/27/23.

Spring dates: Club members will select meeting dates for Spring 2024

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0 Maximum enrollment: 16 Enrollment deadline: None, enroll anytime.





Rabbit and Cavy (Guinea Pig) Health and Showmanship

Zsuite Project: Rabbits and/or Cavies

Project Leader: Caryl Hodges (carylhodges14@gmail.com)

Care and handling of rabbits and cavies [Guinea pigs]: Learn about the different rabbit and cavy breeds, health care, and the role these animals have in different cultures around the world. Learn how to judge as well as show rabbits and cavies in competitions. Bring your animal(s) to the meeting, if you have one (it is not required). Make sure animal(s) are in a cage/box carrier with a solid bottom and bring water and food. If you have a small carpet square for your animal to stand on, bring that too.

Eligibility: Age 5 to 18

Date and Time: Mondays, 6:30 pm-7:30pm. Fall dates: 9/18/23; 10/16/23; 11/27/23 Spring dates: Club members will select meeting dates for Spring 2024

Location: First Congregational Church of San Rafael, 8 N. San Pedro Rd., San Rafael

Supplemental Fee: \$0 Maximum enrollment: 16. **Enrollment deadline: None, enroll anytime.**





Rocketry

ZsuiteProject: Aerospace

Project Leader: Elisabeth Wade (wadee@sonoma.edu)

Learn about model rockets! We will build and fly model rockets, and learn about how they fly and how they relate to real rockets and aerospace.

Eligibility: Age 8-18

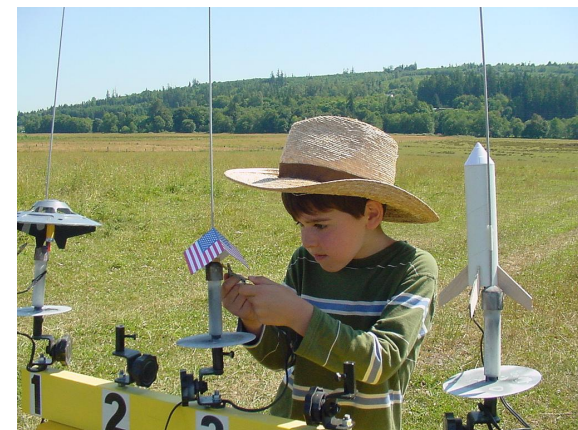
Date and Time: First meeting Saturday, Sept 23 at 10 am. Remainder TBA.

Location: 4-H office, 1682 Novato Blvd.

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: November 1.



Shooting Sports: Archery

Zsuite Project: Shooting Sports: Archery

Project Leader: Pat Karinen (p34karinen@gmail.com) and Martin Charles (Mpcharles@live.com)

Members will learn how to safely operate and maintain archery equipment as well as learn how to shoot.

Eligibility: Age 9-18

Date and Time: First meeting December 2th, every first Saturday of the month.

Location: Taylor Ranch Point Reyes.

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: New members must make the first meeting.





Shooting Sports: Shotgun

Zsuite Project: Shooting Sports: Shotgun

Project Leader: Martin Charles (Mpcharles@live.com) and
Pat Karinen (p34karinen@gmail.com)

We instruct our members in firearm safety and trap shooting skills.
shotgun September thru June once a month.

Eligibility: Age 9 and strong enough to safely point an 8 lb shotgun
Date and Time: First Meeting: Sept. 16th at 9am to noon. (Sept-June)
Thereafter, every second Saturday of the month.

Location: Valley of the Moon Trap Club Burndale Road

Supplemental Fee: \$0 Maximum enrollment: 30

Enrollment deadline: New members must make either September 16th or October 14th meetings to sign up.



Teens Leading & Learning Club

Zsuite Project: Community Service

Project Leader: Annie van den Toorn (annievanden@hotmail.com)
and Michelle Bertram (mich_bertram@yahoo.com)

Teens engage in leadership and volunteer opportunities across
Marin County with a focus on service learning

Eligibility: 13-18 year olds

Date and Time: 2nd Monday 6-7:30 September to December

Location: 1682 Novato Blvd Ste 150-B, Novato

Supplemental Fee: \$0 Maximum enrollment: 12

Enrollment deadline: None, enroll anytime.





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