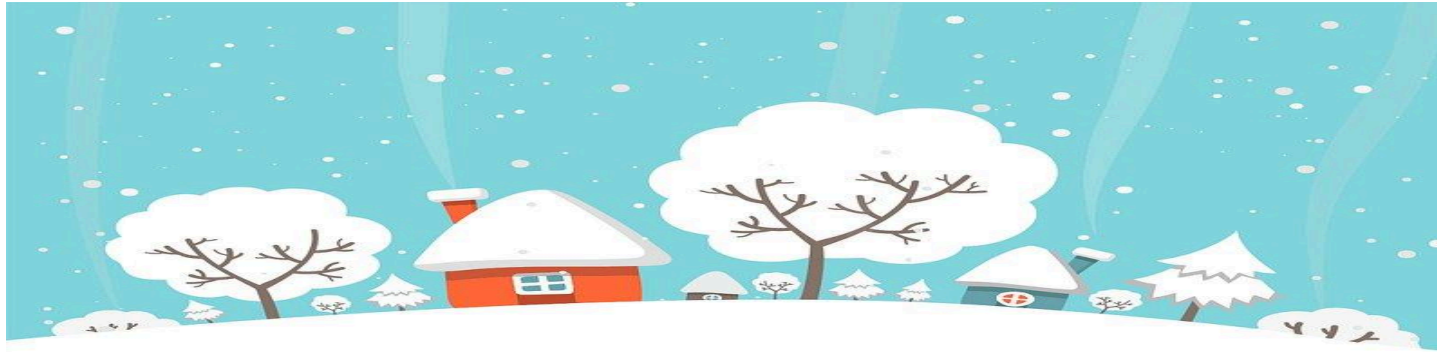


# Marin County 4-H Winter Supplement



## Knitting

Zsuite Project: knitting

Project Leader: Susan Giacomini Allan [susan@essanayfilms.com](mailto:susan@essanayfilms.com) and Lisa Westin [lisawestin@me.com](mailto:lisawestin@me.com)

Knitting for beginners and more. An introduction and exploration of knitting through projects. Skills include knit and purl stitches, decreasing and increasing, casting on and binding off, and seaming. Learn or refresh skills on garter-stitch hand warmers, then choose a next project from samples. A field trip on using natural dyes will take place at the Fibershed Learning Center.

Eligibility: Ages 8-18

Date and Time: Sunday afternoons in January: January 7, 14, 21, 28. Field trip to Fibershed is scheduled for April 2024.

Location: TBA: West Marin

Supplemental Fee: \$0

Maximum enrollment: 10

Enrollment deadline: Friday January 5th.



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Agriculture and Natural Resources

4-H Youth Development Program

## Lego Imagination

Zsuite Project: LEGOS

Project Leader: Kayla Gulick [kgulick@ucanr.edu](mailto:kgulick@ucanr.edu)

Over 6 weeks, youth will participate in various activities and challenges that will focus on lots of STEM topics, from Engineering challenges to Renewable energy. Youth will work on their own and as part of a team to build within a time limit. It is a great project for everyone, you don't have to love LEGOs to participate in Lego Imagination.

Eligibility: Age 6 to 10

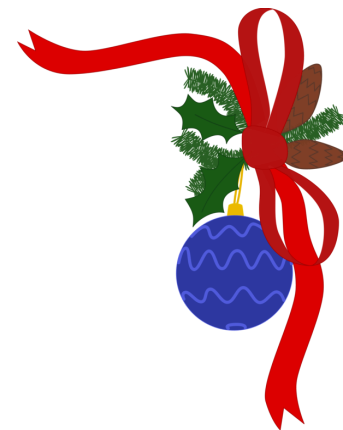
Date and Time: Wednesdays, 6:00-7:30 pm (SPRING March-May)

Location: 4-H office, 1682 Novato Blvd. 150-B

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None.



## Seasonal Charcuterie

Zsuite Project: Foods

Project Leader: Karen Taylor [bivalvedairy@gmail.com](mailto:bivalvedairy@gmail.com)

**Charcuterie** *shar-KOO-tar-ee*, is a French term for a branch of cooking devoted to prepared meat products, such as bacon, ham, sausage, terrines, galantines, ballotines, pâtés, and confit, primarily from pork. Our 4-H Charcuterie project will include these meat products but will also focus on local breads, cheeses, seasonal fruits, nuts, jams, and vegetables. Members will learn to create their own artwork with finger foods. Each project meeting will have a theme. For example the December meeting focused on the holidays. “Seasonal” Charcuterie means that we will focus on what foods are in season and/or the season of the year. Members signing up need to communicate to the 4-H leader, Karen Taylor, if they have any food allergies prior to attending any meetings.

Eligibility: Ages 5-18

Date and Time: 1st Saturday, December-May 9:00 am-12:00 pm      Location: Taylor Ranch      Supplemental Fee: \$0

Maximum enrollment: 16      Enrollment deadline: None, enroll anytime.





## Soccer For Success

Zsuite Project: sports

Project Leader: Kayla Gulick [kgulick@ucanr.edu](mailto:kgulick@ucanr.edu)

Soccer for Success helps youth improve their soccer skills through skill building drills and activities. In addition, Soccer for Success provides important nutrition education to help youth develop healthy habits on and off the field. Soccer for Success was developed by U.S. Soccer, and it is brought to Marin as part of a growing partnership between U.S. Soccer and California 4-H! Wednesday afternoons in the spring.

Eligibility: Ages 6-12

Date and Time: Wednesday 4:00-6:00 pm ( SPRING March-May)

Location: Novato School TBD

Supplemental Fee: \$0

Maximum enrollment: 16

Enrollment deadline: None, enroll anytime.



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