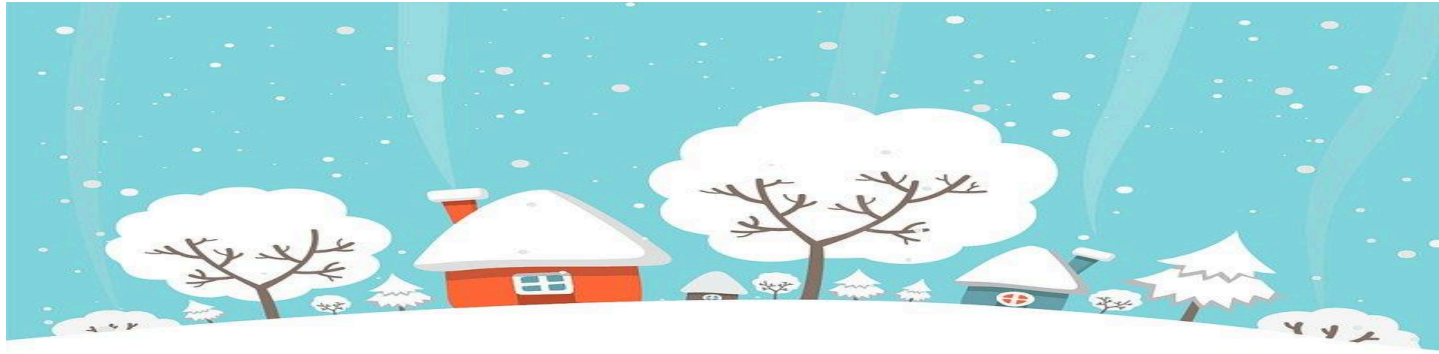# Marin County 4-H WINTER/SPRING Supplement

Knitting (Completed for 2023-2024 year)

Zsuite Project: knitting

Project Leader: Susan Giacomini Allan susan@essanayfilms.com and Lisa Westin lisawestin@me.com

Knitting for beginners and more. An introduction and exploration of knitting through projects.
Skills include knit and purl stitches, decreasing and increasing, casting on and binding off, and seaming.
Learn or refresh skills on garter-stitch hand warmers, then choose a next project from samples.
A field trip on using natural dyes will take place at the Fibershed Learning Center.

Eligibility: Ages 8-18
Date and Time: Sunday afternoons in January: January 7, 14, 21, 28. Field trip to Fibershed is scheduled for April 2024.
Location: TBA: West Marin
Supplemental Fee: $0
Maximum enrollment: 10
Enrollment deadline: Friday January 5th.

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Lego Imagination- Canceled!

Zsuite Project: LEGOS
Project Leader: Kayla Gulick kgulick@ucanr.edu

Over 6 weeks, youth will participate in various activities and challenges
that will focus on lots of STEM topics, from Engineering challenges to Renewable energy.
Youth will work on their own and as part of a team to build within a time limit.
It is a great project for everyone, you don't have to love LEGOs to participate in Lego Imagination.
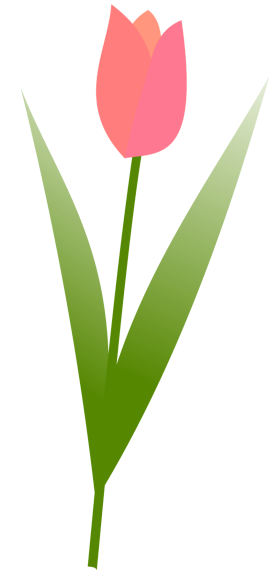
Eligibility: Age 6 to 10
Date and Time: (SUMMER 2024)
Location: 4-H office, 1682 Novato Blvd. 150-B
Supplemental Fee: $0
Maximum enrollment: 16
Enrollment deadline: None.

Seasonal Charcuterie

Zsuite Project: Foods
Project Leader: Karen Taylor bivalvedairy@gmail.com
Charcuterie _shar-KOO-tər-ee_, is a French term for a branch of cooking devoted to prepared
 meat products, such as bacon, ham, sausage, terrines, _galantines_, _ballotines_, _pâtés_,
and _confit_, primarily from pork. Our 4-H Charcuterie project will include these meat products
but will also focus on local breads, cheeses, seasonal fruits, nuts, jams, and vegetables. Members will
 learn to create their own artwork with finger foods. Each project meeting will have a theme.
For example the December meeting focused on the holidays. "Seasonal" Charcuterie means that we
will focus on what foods are in season and/or the season of the year. Members signing up need to
communicate to the 4-H leader, Karen Taylor, if they have any food allergies prior to attending any
meetings.
Eligibility: Ages 5-18
Date and Time: 1st Saturday, December-May 9:00 am-12:00 pm   Location: Bivalve Dairy Ranch   Supplemental Fee: $0
Maximum enrollment: 16   Enrollment deadline: None, enroll anytime.

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Soccer For Success

Zsuite Project: sports
Project Leader: Kayla Gulick, kgulick@ucanr.edu and
Diane Ascher on.ramp@verizon.net

Soccer for Success helps youth improve their soccer skills through skill building drills and activities. In addition, Soccer for Success provides important nutrition education to help youth develop healthy habits on and off the field. Soccer for Success was developed by U.S. Soccer, and it is brought to Marin as part of a growing partnership between U.S. Soccer and California 4-H!
Wednesday afternoons in the spring.

Eligibility: Ages 6-12
Date and Time: Wednesday 4:00-5:00 pm (SPRING April-May)
Location: San Ramon Elementary
Supplemental Fee: $0
Maximum enrollment: 16
Enrollment deadline: None, enroll anytime.

Sheep and Goat Showmanship

Zsuite Project: sheep/goat: market/meat
Project Leader: Erika Maloney, ekitten08@yahoo.com

Learn about the sheep and goat market and showmanship. This project provides Youth with a fun and hands on learning experience which develops both Sheep subject skills (such as nutrition, housing, and health care) and life skills (such as responsibility, decision-making, nurturing and communications.

Eligibility: Ages 9-18
Date and Time: Wednesday 4:30-6:00 pm, first meeting March 27th.
Location: TBD upon enrollment
Supplemental Fee: Members will need to purchase their own animal.
Maximum enrollment: 16
Enrollment deadline: None, enroll anytime.

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