



# 2017-2018 All Star Ambassador

## Body of Work plan

UNIVERSITY OF CALIFORNIA

4-H Youth Development Program Monterey County

### Applicant Information

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Name Julaine Mullaney

### Plan of Action Summary **Due by October**

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Title of Plan

Proposed start date            october 2017           

Proposed completion date            april 2018           

### Plan of Action Details and Timeline

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On a separate sheet of paper answer the following questions. (In ink or typed) There is no minimum or maximum length, but provide a clear and concise idea of what you are proposing.

1. What is the proposed title of the Body of Work?
2. List at least 2 goals for your body of work. *To teach members about learning styles and help them understand how they learn so they can better understand themselves.*
3. Give ideas of where you will present your body of work. This should be done at least 5 times to different audiences. (Could also be web based) *I will present my body of work at different clubs in the county and at county events such as Leadership Extravaganza.*

4. Write a short list of what will others do and learn from your activity. *members will play one or two games related to learning styles and from that learn about how they learn.*
5. What resources will you need (money, facilities, equipment, people, etc.)? Make a list. *paper, foam core boards, hand- outs (half sheets?), easel*
6. How will you document your plan to show the advisor and staff what you have completed with your goals? (Video, photos, letters, flyers?) I will document my plan by having photos and flyers
7. How will you know your project was successful and useful? What will be your measurement of success?

*I will know it's successful by having a county wide survey at the end.*

8. What items, if any, do you need to start? List on paper.

*Paper, foam core board,*

9. What 4-H ages will benefit, what clubs, and why will the program benefit from you effort? *All ages and clubs can benefit. The program will benefit because more people should be aware of their learning style so they can do the best they can in their school or workplace.*

10. What obstacles will you face?

*Having my arm in a cast.*

11. What things will possibly interfere or prevent you from completing your plan and how will you overcome those obstacles?

*Other time commitments, schedule conflicts. I will overcome those obstacles by working around the other commitments and planning ahead. As well as using my time wi*

## All Star Evaluation and Completion Worksheet Answers

1.- I developed a script for my presentation and created handouts, visual materials, and an activity for my presentation. I gave my presentation at various club and county events including; Leadership Extravaganza on 11-4-18, Fantastic 4-H Field Day on 2-10-18, Lockwood Community club mtg. on 2-14-18, Hilltown community club mtg. on 3-5-18, Spring community club mtg on 3-8-18, and Aromas community club mtg. On 6-1-18.

2.- I learned to that you have to be flexible a lot with plans you make and you have to adjust what you say with your audience. I learned that sometimes you have to be able to laugh at yourself when you make mistakes. I learned that even when things don't go the way you planned them you still have to give your best. Especially when you don't feel like it!!

3.- My strengths were that I knew what I wanted to do early on and I was very involved with my audience because I had an interactive activity. I can't think of any weaknesses. An unexpected thing that happened was at one of my club visits I didn't have enough paper for my activity so I told the members to use the instructions I gave them. Something I would have changed or done differently is that I wouldn't assume that I have all the necessary materials before I go to a club.

4.- I reached 5 clubs, several 4-H county events and spoke to about 150 members with my plan.

5.- Yes, I think my plan was successful overall. I reached out to members and taught them about something ( learning styles) that they maybe hadn't really had an opportunity to learn about. I created a script, handouts, visual tools, an interactive activity, planned club visits, and presented to clubs the information I had to share. I really enjoyed my presentation and loved teaching members about my subject.

I think that members learned something from my presentation and will hopefully use the information I gave them to learn more about themselves, and help their projects and clubs become the best they can be.

6.- There isn't anything that about my plan that hasn't been answered except that I really enjoyed giving my presentation and would do it again instantly. I learned so many things from the process of creating the presentation and giving it. For example: timeliness, readiness, and being flexible.

7.- I can't think of anything I would change. Some things that helped me was the support of my All Star Advisers,my fellow All Stars, and my Mom and Dad.

**WHAT'S  
YOUR  
LEARNING  
STYLE?**



*With*

*Julaine Mullaney*

## **What's Your Learning Style?**

Hello! My name is Julaine Mullaney and I am one of this year's All Stars! I am 18 years old and I have been a member of Aromas 4-H for 12 years. Today I will be sharing information about **learning styles** and you will be discovering a little bit about how you learn best. This will help you have a fun, educational experience in 4-H.

The seven main learning styles are: Visual, musical/auditory, verbal, physical/kinesthetic, logical/mathematical, social and solitary.

For today, we are going to focus on the 3 most common learning styles. They are: visual (point to eyes in poster board), auditory (point to ear on poster board) and kinesthetic (point to movement picture).

Please say them out loud with me (point to each one as you say them)

**VISUAL**

**AUDITORY**

**KINESTHETIC**

To help you understand the learning styles better, we're going to do an activity that will demonstrate each of these styles. Pay attention as you may find one style easier than the others...

### **Activity #1:**

I will now need two volunteers from the audience to help me pass out our supplies. (pick two - paper and directions)

Today, we're going to make a paper fortune teller. Has anyone made a fortune teller before? If you haven't that's ok.

We won't be adding colors, numbers or fortunes. You can add that later at home when you have more time.

Does everyone have a paper that looks like this? Ok, let's get started!

(Switch Poster)

## Fortune Teller Directions

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1. I have already done the first part for you so you should have a square piece of paper that looks like this. (hold up paper)
2. If you rotate your paper so that it looks like a diamond there should already be a crease there. Now make sure your paper is pointed so that the crease is facing you and take the other two corners without the crease and fold the paper in half, making a triangle.
3. Now that you have your triangle open it back up and take one corner of the paper and make a little triangle pointing toward the center creases. Do the same thing with the other corners until your paper looks like this. Can everybody see it? All the corners should point toward the center and now your paper should be shaped like a square. Great job!
4. Next, turn your paper over, there should be four little squares that look like window panes. Take each corner of the paper and fold them toward the center. Can you hold your papers up so I can see them? Awesome, they look good! Almost there....

5. **On one side of your fortune teller there should be squares and on the other side there should be triangles. Face the triangle side up, and fold it in half onto each other. Now open it up and fold it in half the other way. Keep it folded and make sure the opening is facing up. Take your thumb and pointer finger and put your thumb on the “front” and your pointer on the other side and push inward and up toward the center. You should now have four points facing up. The last step is taking the squares and pulling them out so your fortune teller looks like this. Great job everyone!**

Remember you can go back and add your colors, numbers and fortunes at home later. For now, let's set aside our fortune tellers and discuss what we just did.

- (With a show of hands) Did anyone notice that they were able to understand the activity better when you listened to directions? **(pause for sharing)**
- (With a show of hands) How about when you watched me demonstrate? **(pause for sharing)**
- Raise your hand if you found it easier to read the directions themselves? **(pause for sharing)**
- Can anyone tell me how easy or hard you found the activity? Why?

Now that we've done an activity, let's talk about each of those three learning styles a bit more.

**(Change poster)**

**Visual learners** (point to eye on poster) - Those of you who are visual learners rely mostly on your sense of sight. You tend to prefer seeing things written down and often use pictures, maps, graphs, charts and other visual learning tools. Visual learners generally have a good sense of direction and can often be observed doodling or drawing.

**Auditory learners** (point to the ear on the poster board) - Those of you who are auditory learners generally learn best by listening. You prefer demonstrations, videos, lectures, discussions and reading aloud. Auditory learners remember best through hearing or saying information aloud and can often be observed reading out loud to themselves.

**Kinesthetic learners** (point to the runner on the poster) - Those of you who are kinesthetic learners learn best through touching, feeling and experiencing what you are

trying to learn. You remember best by writing or physically manipulating information. Kinesthetic learners often prefer role plays, experiments and other hands on activities.

Now that we've done an activity and shared some information on these three learning styles, let's answer a few questions to see which of these styles you **might** prefer.

The 4-H program takes all of these styles into mind when creating your 4-H projects and curriculum. The 4-H way of learning is called experiential learning. That means you learn by doing.

Bring a jar of layered ingredients/cookie ingredients.

If I ASKED you to make a jar of cookie mix, who thinks they could make the jar of cookies mix just by looking at this sample? That's called what style? (**VISUAL** and point to poster)

If I explained to you the instructions and I had no pictures with the instructions and had no sample what style is that? (**AUDITORY** and point to poster)

If I told you what I wanted in the activity and had all the supplies laid out already and you had to make it, what style would that be called? (**KINESTHETIC** and point to poster)

I hope this information helps you be more successful in both 4-H and school. For those of you who are Junior or Teen leaders or want to become leaders in your clubs and projects, keep these learning styles in mind when you are planning activities. Providing members with the opportunity to learn in different ways allows them to maximize their potential for learning and experience other learning styles.

## Second Activity goes here

Did anybody learn anything new about learning styles?

Would you like to share with the group?

- Did you realize some people learn better by seeing the words on paper?
- Did anything I say spark an idea of how to teach others?
- Do you remember information better when write it down on piece of paper?
- Does anyone find that they can remember something better when they actually do the activity?

Thanks for sharing!

I hope this information helps you be more successful in both 4-H and school. For those of you who are Junior or Teen leaders or want to become leaders in your clubs and projects, keep these learning styles in mind when you are planning activities. Providing members with the opportunity to learn in different ways allows them to maximize their potential for learning and experience other learning styles.

Thank you all for you

# Learning Styles

**V**isual  
SEE IT



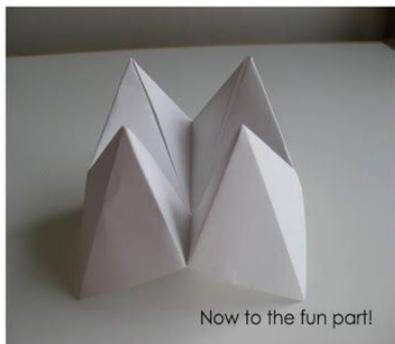
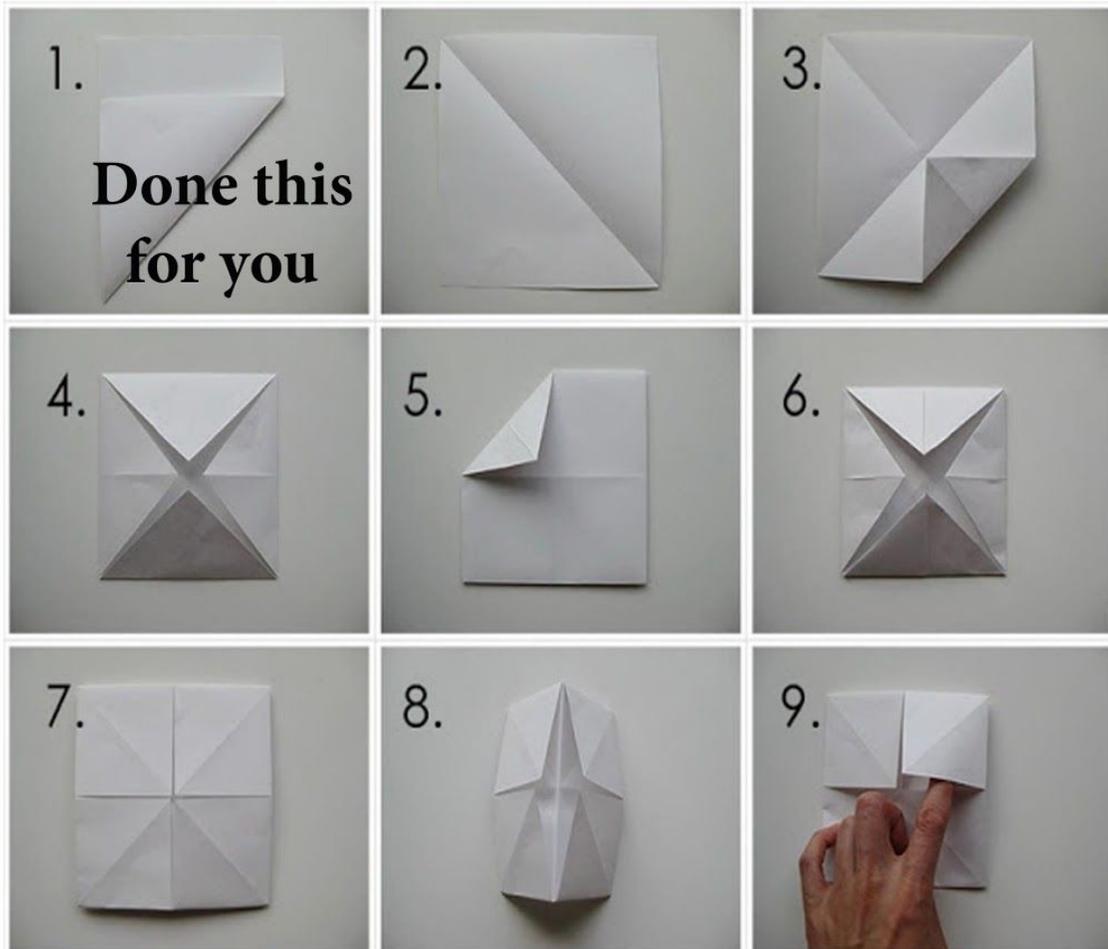
**A**uditory  
HEAR IT



**K**inesthetic  
DO IT



# How to make a fortune teller



# Learning Styles Handout

1. What kind of camp would you choose?
  - a. Art Camp
  - b. Music Camp
  - c. Sports Camp
2. Which one would you do to relax?
  - a. Read
  - b. Listen to music
  - c. Play, dance, move
3. When you meet someone new, you remember:
  - a. Their face, but not their name
  - b. Their name, but not their face
  - c. What you were doing when you met the person
4. When you need to remember a phone number, you?
  - a. Visualize the numbers in your head
  - b. Remember what it sounds like
  - c. Let your fingers pick out the numbers without thinking
5. When you are bored in the amusement park, do you?
  - a. Look around at the surroundings
  - b. Strike up a conversation
  - c. Hop up and down on the railing
6. When you are angry, do you?
  - a. Make angry gestures, expressions
  - b. Yell
  - c. Stomp around or throw things
7. The way you prefer to do something new is to:
  - a. Read the instructions
  - b. Have someone describe how to do it
  - c. Just try it and see what happens
8. Which is the most distracting to your study environment?
  - a. Lights that are too bright or dark
  - b. Unexpected noise
  - c. An uncomfortable chair

Now that you've answered each of the eight questions, let's take a few moments to go back and count how many A's, B's and C's you have. Please write each number on the side of your paper.

Your answers will give you some insight into which of these learning styles you might prefer.

If you got mostly "A's," you are probably a visual learner. You learn best by seeing something and remembering the picture in your brain.

If you got mostly "B's," you are probably an auditory learner. You learn best by hearing and talking things over.

If you got mostly "C's," you are probably a kinesthetic learner. You learn best by doing things with your body and linking concepts to movements.

Adapted from Prairie View A & M University :

<http://www.pvamu.edu/PDFFiles/agriculture/CEP/publications/4-H/Publication%20-%20Long-Learning%20Styles-8-2012.pdf>