

# All Star Ambassador Program

All Star is the highest county award and star rank attainable in the Lake County 4-H Program. Being an All Star requires a commitment of time and energy. With the award comes recognition, honor, and responsibility.

The All Star Program is designed to recognize extraordinary accomplishments by teen members in leadership, citizenship, personal growth, and to provide opportunities for continued education, leadership and personal growth in the County 4-H Program and beyond.

All Stars are the ambassadors of the Lake County 4-H Program. You will visit 4-H clubs, reach out to the community, participate in the State 4-H Youth Leadership Conference, attend 4-H County Council meetings, and present the 4-H program to other agencies, and service organizations. Throughout your service as an All Star, new and challenging situations will be encountered. The chance to learn, to grow and to make a difference is what the All Star Program is all about!

## APPLICATION REQUIREMENTS

- ✓ Be 15 years of age by January 1 of the year you are recognized as an All Star,
- ✓ Be eligible to enroll as a 4-H member the year following the completion of the All Star Contract,
- ✓ Have achieved the rank of Gold Star/Emerald Star; & served as a Junior or Teen Leader for a minimum of two years,
- ✓ Have completed a minimum of three years 4-H,
- ✓ Be a member in good standing,
- ✓ Have demonstrated leadership abilities, citizenship concern, and maturity of judgment,
- ✓ Have a strong interest in continuing in the 4-H Youth Program,
- ✓ Be active in club and county activities and events,
- ✓ Serve as a positive role model for 4-H members and others in the community,
- ✓ Recognize the opportunities and responsibilities of an All Star,
- ✓ Submit a complete All Star Contract and current 4-H Record Book to the 4-H office. All Star contracts must be completed according to the timeline submitted to council.
- ✓ Identify an adult volunteer as a coach/mentor to assist with the All Star process.\*
- ✓ Attend council with a formal presentation of your contract and introduce yourself.
- ✓ Continue to provide monthly updates on your progress to your coach & council throughout the term of the contract.

## ACTIVE TERM OF ALL STAR

The All Star's Active Term starts after the completion of the All Star Contract and the recognition of the All Star rank by the Lake County 4-H Council. Active Term is for one year, followed by serving in an active leadership role as part of the All Star Team. Responsibilities during the Active Term include:

- ◆ Acting as MC at countywide 4-H activities, and events, for example: Awards Presentations, Fairs, Presentation Day, County Field Days, etc.
- ◆ Taking a leadership role in at least 3 of the following events or committees: Presentation Day - county or regional, Achievement Night, Kiwanis Pancake Breakfast, countywide events, workshops, camps, trainings, field days, etc.
- ◆ Being available for one full year of activity planning and leadership to the Lake County 4-H Program.

## THE RESPONSIBILITIES OF THE ALL STAR TEAM

Once an All Star, always an All Star. Following your recognition as an All Star, the first year will focus on the responsibilities of the "Active Term." The following years you will work with other Lake County All Stars to promote and enhance the 4-H Program.

The All Star Team will be called upon to assist 4-H clubs or act as 4-H representatives. The All Star Team will assist in coordinating, implementing and evaluating meetings, activities, and events in cooperation with the 4-H Staff and Lake County 4-H Council.

As an All Star your attendance and participation at county events is necessary and expected. You will be attending events at all levels: club, community, county, sectional and state. You will have an active role and relationship with the 4-H Council.

## AWARDS FUNDED BY THE LAKE COUNTY 4-H COUNCIL

- ◆ All Star emblem, pin, and magnetic name badge
- ◆ Partial reimbursement for purchase of an All Star jacket, hoodie, or tee of the All Star's choice (receipt required). Must be purchased within the 1st year of the All Star service term. Amount TBD by budget.
- ◆ Partial scholarship from the Lake County Council for a youth leadership conference. Amount TBD by budget.

## THE ALL STAR CONTRACT INCLUDES:

### 1. ALL STAR PROJECT

Plan and coordinate a 4-H All Star/Leadership activity at the county, regional, or state level. Include place, date and details of your plans on the contract.

### 2. CITIZENSHIP

Personally observe a community, county, or state government in action. Examples: municipal or superior courts; city council; county board of supervisors; school boards; fair board; planning commission; political candidates meetings. Check local newspapers or the internet for announcements of public meetings and hearings.

Document **in writing** your personal observations and interpretation of the issues discussed and the outcome of the meeting. Record date, place and government body observed. Obtain a copy of the meeting's agenda and minutes for your All Star Book

### 3. PROMOTION AND PUBLICITY OF THE 4-H PROGRAM

Complete "A" **OR** "B"

Articles or topics and notes **must be submitted to the 4-H Office Staff for approval** prior to publication or presentation.

**A. Write and submit for publication three informational articles which promote the 4-H program.**

Examples of acceptable topics may include but are not limited to the following: 4-H Program objectives and philosophy; publicity for local and countywide projects and activities; information on the formation of new 4-H clubs; plans for statewide events; state leadership conference, new projects, or citizenship

activities. Document your articles by submitting your original text and the clipping of the published article. Record the date and the name of the publication.

**B. Present two 4-H related informational talks before professional or service organizations outside 4-H, local schools or other youth groups.** Document the date, place, audience and provide a copy of the informational talk.

#### 4. EXPANSION

- φ Visit one 4-H club, other than your own, with a program to provide information or specific training such as: general 4-H; citizenship; community pride; presentations; judging; record keeping, etc.
- φ Document the date of the visit, the name of the club, and a copy of the special training or information presented.

#### 5. DOCUMENTATION - All STAR Portfolio/Binder

- ✓ Document all activity associated with the All Star Contract in an All Star Binder/Portfolio. Include the All Star Contract.
- ✓ Submit a final All Star Binder/Portfolio documenting all aspects and sections of the contract to the 4-H office 2 weeks before the next 4-H council meeting after completing All Star Contract for review by staff and council. It should be neat and well organized.
- ✓ Your portfolio/binder should include:
  - an **introduction** which details why you are applying for All Star status and a table of contents.
  - the **four sections** of the contract (project, citizenship, promotion, expansion elements)
  - a **conclusion** which should include your self-assessment and reflection on what you achieved and experienced in fulfilling your contract obligations (see self-assessment form p. 6).

It is very important that you document all of your efforts involved with the completion of your contract. (Documentation ideas: notes of meetings attended, agenda of meetings, copies of news articles, dates published, notes, handouts or flyers you designed or included in your project, etc.) Keep your records up to date at all times during your contract as the Lake County 4-H Council will need to see your progress at various stages of your contract. Be prepared to share an update on the progress of your contract at each County Council Meeting. If you are unable to attend council, please submit a brief update on your All Star Contract. Your All Star records need to be submitted to the 4-H Office in binder format. Sample copies of previously submitted records are available at the 4-H Office.

***Lack of completion of all 5 sections of the contract, the Active Term, or responsibilities of an All Star may jeopardize the standing of an All Star. If an All Star does not fulfill responsibilities, the All Star emblem and pin must be returned at the discretion of the Lake County 4-H Council and 4-H Staff.***

# ALL STAR Ambassador CONTRACT

Program Year \_\_\_\_\_

Due to the 4-H office for Star Committee review by the 1<sup>st</sup> of the month prior to 4-H Council presentation.  
This provides opportunity for revision if needed prior to the formal presentation to council.

**Please type or print neatly in ink.**

I, \_\_\_\_\_ would like to submit the following All Star Contract. I have reviewed the requirements of an All Star and understand that I am making a minimum of a two-year commitment to the Lake County 4-H program. When I have completed the five sections below, I will submit an All Star portfolio documenting my accomplishments no later than the first of the month for review. At the next Lake County 4-H Council Meeting I will present my oral self-assessment and address questions.

I agree to work closely with my designated coach \_\_\_\_\_ (name)

**I. All Star Project:** The following is my plan for a 4-H leadership activity that I will organize and conduct prior to \_\_\_\_\_ (Attach additional pages, if needed.)


**II. Citizenship:** I plan to observe the following county and/or state government in action.


**III. Promotion and Publicity of the 4-H Program:**

The following is my plan for promoting the 4-H program. (circle one)

**A.** three informational articles    **OR**    **B.** two informational talks to groups outside of 4-H.

*Include the topic and 3 subpoints for each article/talk (i.e.an outline)*


**IV. Expansion:** I will present the following educational program at the \_\_\_\_\_ 4-H Club:

**V. Documentation and Interview/Presentation after Completing Contract:**

I agree to submit documentation of all activity related my All Star Contract to my coach and via my All Start book. I will complete all 5 sections of my All Star Contract by \_\_\_\_\_ and present a complete All Star Book to the 4-H office for review on the 1<sup>st</sup> of the month before the next 4-H Council Meeting.

Signed Member: \_\_\_\_\_ date \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ date \_\_\_\_\_

Signed Designated Coach\*: \_\_\_\_\_ date \_\_\_\_\_

**TIMELINE FOR ALL STAR CONTRACTS**

Complete Dates of Timeline

- \_\_\_\_\_ All Star Contracts due to 4-H Office & Coach appointed\*
- \_\_\_\_\_ Work on fulfilling all sections of the All Star Contract
- \_\_\_\_\_ Present an up-to-date All Star book and/or report progress to 4-H Council at monthly council meetings
- \_\_\_\_\_ Complete all sections of All Star Contract by this date and submit a complete All Star Book with all documentation to 4-H Office.

Immediately after receiving the rank of All Star, meet with All Star Liaison to order jackets/t-Shirts and begin active term.

**Coaching**

*\*It is the role of the coach to review the complete contract and provide feedback and direction prior to presentations to council. The coach is also to serve as a resource when challenges arise and help ensure timely progress. The coach should be an appointed 4-H volunteer and familiar with the All Star Ambassador program and the county 4-H council.*

Name Today's Date Estimated Completion Date

Address Phone

Club/Unit Grade Age Years in 4-H (Inc. this year)

Goal (Specific, Measurable, Attainable, Realistic, Tangible) My project.

Benefits from achieving this goal (to yourself and others). Reasons for my project.

Estimated cost, time, effort.

Human and other resources needed.

Table with 2 columns: Possible Obstacles, Possible Solutions



**LAKE COUNTY 4-H ALL STAR Ambassador PROJECT**  
**SELF EVALUATION**



Name \_\_\_\_\_ Phone \_\_\_\_\_

Years in 4-H (including current year) \_\_\_\_\_ Club \_\_\_\_\_

Birthdate \_\_\_\_\_ Grade in School \_\_\_\_\_

Title of Plan or Project \_\_\_\_\_

**Instructions:** Please answer the following questions in essay format for inclusion in your ALL STAR book/binder. You may use **1 - 2 pages** to complete your summary. Present this information in your closing remarks to council when you have completed your All Star contract.

The Project

How did you complete your plan? (What happened, what did you do?)

What **life skills** did you learn or enhance from this project or plan?

If there were participants, what did they learn? How many attended?

What were the strengths and weaknesses of your plan/project?

If you could go back to the beginning and start fresh, what changes would you have made to your plan?

Overview

What have been some of the high lights of completing your All Star Contract?

What do you hope to accomplish, learn, experience as a Lake County All Star?

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Signed \_\_\_\_\_  
 Supervising 4-H Adult Volunteer/Coach

\_\_\_\_\_  
 Date

Signed \_\_\_\_\_  
 All Star Candidate

\_\_\_\_\_  
 Date