

WHY BECOME A 4-H VOLUNTEER?

June 26-30th, 2023

Volunteer to Help Grow True Leaders

Our network of over 500,000 volunteers provide caring and supportive mentoring to all 6 million 4-H'ers, helping them grow into true leaders. Volunteers are managed through local 4-H offices so we recommend contacting your community's 4-H office to learn how you can get involved.

"You become aware that 4-H isn't just about raising an animal. It's about life skills and learning leadership, and that's what drew me in ... I was contributing to the kids and helping this organization which is helping kids grow into great citizens."

-4-H Volunteer



University of California
Agriculture and Natural Resources
4h.ucanr.edu

As a volunteer, you will partner with youth so they can:

- Discover their passions
- Adopt a growth mindset
- Practice self-reflection
- Set goals

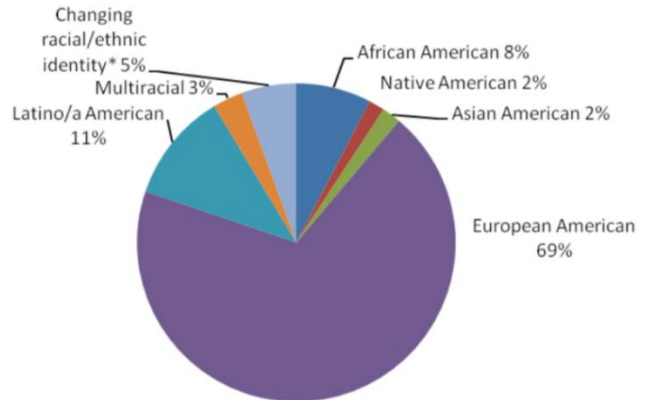


WHY ARE 4-H CAMPS IMPORTANT?

4-H camps are county-based programs that foster healthy living in the outdoors. Participating in camp programs help youth:

- build self-confidence
- meet new people
- experience new opportunities

Youth Impacts



6M TOTAL PARTICIPANTS



4-H'ers Excel

- Nearly **4x more** likely to make contributions to their communities
- About **2x more** likely to be civically active
- Nearly **2x more** likely to participate in science programs during out-of-school time
- **2x more** likely (Grade 10) and nearly **3x more** likely (Grade 12) to take part in science programs compared to girls in other out-of-school time activities
- Nearly **2x more** likely to make healthier choices



4-H	6.3M
Boys & Girls Club	4.8M
Junior Achievement	4.2M
Boy Scouts	2.8M
Girl Scouts	2.7M
Girls Inc.	0.9M
National FFA	0.5M
Big Brothers Big Sisters	0.25M

US Numbers

Life Skills

The life skills that 4-H kids learn are as diverse as the kids themselves.

- | | |
|-------------------|----------------------|
| Rocketry | Robotics |
| GPS Mapping | Agricultural Science |
| DNA Analysis | Public Speaking |
| Photography | Nutrition |
| Community Service | Leadership |



Mendocino Lake 4-H Camp Website

<http://ucanr.edu/mendolakecamp>

Lake County UCCE Website

<https://celake.ucanr.edu/>



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources